THE BRITISH JOURNAL OF PSYCHIATRY

OCTOBER 1985

Published monthly

Volume 147

Founded in 1853 as the Asylum Journal and known as the Journal of Mental Science from 1855 to 1963.

EDITOR Hugh Freeman

ASSOCIATE EDITORS

Martin Roth Kenneth Rawnsley

ASSISTANT EDITORS

Sidney Bloch Sidney Crown Gaius Davies Ian Falloon Alan Kerr Julian Leff Margaret Little Michael Reveley Henry Rollin Andrew C. Smith Philip Snaith William Spry Chris Thompson Peter Tyrer Greg Wilkinson

EDITORIAL MANAGEMENT
Jacqueline Yates

ASSISTANT
Susan Marshall

ASSISTANT FOR THE BULLETIN
Alison Campbell

Correspondence, manuscripts, books for review, for both the *Journal* and the *Bulletin* should be addressed to the Editor, 17 Belgrave Square, London SW1X 8PG (Tel 01-235 8857). See inside front cover for further instructions.

Advertising enquiries, correspondence and copy should be addressed to Mr. Peter T. Mell, Advertisement Manager, PTM Professional Publications Ltd, 282 High Street, Sutton, Surrey SM1 1PQ (Tel 01-642 0162 PBX).

Subscriptions for non-members of the College are payable directly to the printers, Headley Brothers Ltd, to whom all queries about missing or faulty copies should be addressed within six months of publication and who also supply on order Special Publications and Gaskell Books.

Annual subscription rates 1985 (12 issues post free)

Inland: Institutions £75.00; Individuals £63.00

Overseas: Institutions £103.00, US\$230.00; Individuals £86.00, US\$190.00

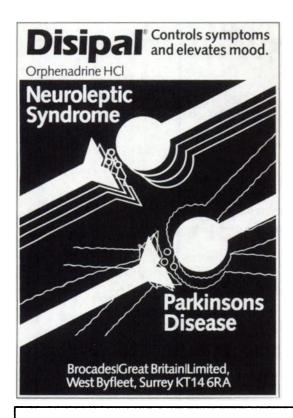
Single copies of the Journal, £7.00, US\$14.00 (post free).

USA Mailing Agents, Expediters of the Printed Word Ltd., 527 Madison Avenue, Suite 1217, New York, NY 10022. 2nd Class postage paid at New York City, NY. (USPS No. 536-870).

Back issues published in 1984 may be purchased from Headley Brothers Ltd and all previous issues from William Dawson & Sons Ltd, Cannon House, Folkestone, Kent, England (Tel 0303 57421).

Printed by Headley Brothers Ltd, Ashford, Kent TN24 8HH, England (Tel 0233 23131).

© 1985 THE ROYAL COLLEGE OF PSYCHIATRISTS



UNIVERSITY OF LONDON

Charing Cross & Westminster, St Mary's and the Middlesex Hospital Medical Schools

MRC PSYCH COURSES and EXAM TECHNIQUES WORKSHOP FOR THE MRC PSYCH

The Autumn term of the course will be held in the Postgraduate Medical Centre at Charing Cross Hospital.

Part I will take place from October 8-December 10 1985 on Tuesday afternoons from 3.00-6.15 pm. It covers: History of Psychoanalysis and Psychotherapy; Genetics, Psychology; Neuropathology of mental retardation; Pathology of senile and pre-senile dementia; Neuropathology of epilepsy; Neuropathology; Cerebral trauma; Normal and Abnormal EEG, Cognitive abilities; Psychosomatic Disorders and Normal and Abnormal Brain CAT scans.

Part II will take place from October 10-December 12 1985 from 3.00-6.15 pm. It covers: Neurotic illness; Personality disorders; Affective illness and Behaviour Therapy and psychotherapy.

The course is designed so that students may start at any of the three terms.

Exam Techniques Workshop: This workshop will run on the afternoons of Thursday 26 September and 3 October 1985. It will include instruction, practice and feedback on MCQ and essay technique, as well as practice for the clinical and viva under exam conditions. Also approved under HM(67)27.

All enquiries to P. Carroll, Department of Psychiatry, 24 St Dunstans Road, London W6, Tel (01) 748 2040 ext 3010.



INSTITUTE OF FAMILY THERAPY (LONDON)

TEACHING EVENTS 1985/6

The 1985/6 Teaching Events Brochure is now available. Workshops will be offered under four main headings:

A Life Cycle Approach to work with Families Family Breakdown Family Therapy Teaching Research Workshops

The Autumn term concentrates on the Life-Cycle Approach. This should be of particular interest to practitioners working with pre-school children, adolescents and adults within the family context and dealing with general issues of family dysfunction.

Details of our workshops and short courses are available from The Training Secretary, Institute of Family Therapy, 43 New Cavendish Street, London W1M 7RG. Please enclose an SAE. We are also recruiting to the 1986/7 Training Programme.

Please note that the Institute also has a library of teaching tapes for hire. Details are available from Carolyn Parker at the above address. Please enclose an SAE.

The Retreat, York

for Psychiatric Illnesses

Founded in 1792 by the Quaker, William Tuke, who established the tradition of concern for patients as individuals The Retreat is a 200-bedded private registered nursing home surrounded by extensive grounds on the outskirts of the historic City of York. It is easily reached by rail and motorways.

Care and treatment is offered for all types of psychiatric illness on the short or long term in a sympathetic and friendly atmosphere. Patients suffering from neuroses, psychoses, alcoholism and dementia are treated by the full-time consultant psychiatrists in surroundings suitable for their individual needs. Outpatient facilities are available by appointment with the consultant medical staff.

The Nursing Home is a registered charity and is able to offer inclusive care in shared accommodation from £30.00 per day or in single rooms at slightly increased charge. The Nursing Home is recognised by the main private patient schemes.

For further details apply to The Medical Director, The Retreat, York YO1 5BN (Telephone 0904 412551).

Sharing psychological skills: Training non-psychologists in the use of psychological techniques

A special issue of the British Journal of Medical Psychology quest edited by Hilton Davis and Peter Butcher

Hilton Davis & Peter Butcher. Sharing psychological skills

W. Dryden. Teaching counselling skills to non-psychologists

John Weinman & Lenka Medlik. Sharing psychological skills in the general practice setting

Keith A. Nichols. Psychological care by nurses, paramedical and medical staff: Essential developments for the general hospitals

Cliff Cunningham. Parent involvement

Hilton Davis. Training professionals in behaviour modification

William Reavley & Linda F. Herdman. Training nurses in behavioural psychotherapy

P. T. Brown & Charmian Bollinger. Training non-psychologists in the treatment of sexual dysfunction with specific reference to the training of marriage guidance counsellors

Jeffrey Garland. Adaptation skills in the elderly, their supporters and carers

Peter Butcher & Sarah de Clive-Lowe. Strategies for living: Teaching psychological self-help as adult education

Price £6.95(US\$11.95); casebound only. ISBN 0 901715 49 2

The special issue is published as part 3 of volume 58(September 1985). Price of volume 58(4 parts) £49.00(US\$90.50).

Orders and subscriptions to:

The British Psychological Society

The Distribution Centre, Blackhorse Road, Letchworth, Herts SG6 1HN, UK

UNIVERSITY OF OTAGO

and

OTAGO HOSPITAL BOARD Dunedin, New Zealand

SENIOR LECTURER IN CHILD PSYCHIATRY

Applications are invited for the post of Senior Lecturer in Child Psychiatry within the Department of Psychological Medicine of the Faculty of Medicine, Dunedin. This is a full-time University-Hospital post with University conditions of appointment, including a limited right of private practice, and carrying consultant status in the Dunedin Hospitals. Applicants should be suitably qualified psychiatrists with clinical experience and an interest in research and teaching. The appointee would be involved in a full range of undergraduate and postgraduate teaching and would be encouraged to pursue his/her own area of research interest. An exceptionally well qualified applicant may be considered for appointment at the level of Associate Professor.

Salary: NZ\$38,026-NZ\$48,824 per annum. An allowance for clinical responsibility may be payable in the light of status and duties performed.

Intending applicants are invited to write for further information from the Secretary General, Association of Commonwealth Universities (Appts), 36 Gordon Square, London WC1H 0PF, or from the Registrar of the University, P.O. Box 56, Dunedin, New Zealand.

Applications close on 29 October 1985.

NOTICE TO ADVERTISERS

Applications for advertisement space in

The British Journal of Psychiatry should be made to:

PTM PROFESSIONAL PUBLICATIONS LIMITED

282 High Street, Sutton, Surrey SM1 1PQ

Telephone: 01-642 0162

Department of Psychiatry, University of Toronto

DIRECTOR OF CLINICAL RESEARCH

Queen Street Mental Health Centre, Toronto

Applications are invited for the position of Director of Research, Queen Street Mental Health Centre, Toronto. This is a full-time post in the Department of Psychiatry, University of Toronto based in the Queen Street Mental Health Centre. The Centre is a 600-bed teaching psychiatric hospital associated with the University of Toronto. The extensive laboratory facilities and the population served by the hospital provide potential for research in the areas of psychopharmacology and the major mental illnesses.

The Director of Research reports jointly to the Chairman, Department of Psychiatry, University of Toronto and to the Psychiatrist-in-Chief, Queen Street Mental Health Centre. The primary responsibilities are the organisation, supervision and coordination of research activities. In addition, the Director will encourage and stimulate research activity, provide supervisory support to selected hospital staff, and participate in the post-graduate training programme of psychiatric residents.

Qualifications: Licence to practice medicine in Ontario. Certification in psychiatry from the Royal College of Physicians and Surgeons of Canada or equivalent. Demonstrated experience and expertise in clinical research, preferably in the area of psychopharmacology.

The salary and academic rank of the successful applicant on appointment are negotiable.

Resumes in application for this position and requests for additional information should be addressed to: Dr. S. A. Malcolmson, Psychiatrist-in-Chief, Queen Street Mental Health Centre, 1001 Queen Street West, Toronto, Ontario, M6J 1H4. Telephone: 416/535-8501, ext. 122.

In accordance with Canadian Immigration requirements, this advertisement is directed to Canadian citizens and permanent residents.

'Equality of Opportunity for Employment'

KUWAIT

University of Kuwait Health Science Centre Faculty of Medicine

Appointment in Psychiatry

Applications are invited for the following appointments in the Faculty of Medicine:

Associate Professor

1 post 1 post

Assistant Professor

Candidates should have experience in teaching and/or research in clinical psychiatry. Preference will be given to suitable candidates who SPEAK ARABIC.

Requirements for Appointment

Applicants should possess a Ph.D. or higher professional qualification, i.e. F.R.C.S., M.R.C.P. etc. in their respective speciality and have conducted and published research in their field.

Conditions of Appointment

Salaries—Total monthly salaries will be within the following scales according to qualifications and experience (1 KD=£2.5, US\$3.2 approx).

Associate Professors with clinical appointments = KD 989—1149 (8 increments).

Associate Professors medically qualified with medical science appointments = KD 932—1092 (8 increments).

Associate Professors non-medically qualified = KD 875—1035 (8 increments).

Assistant Professors with clinical appointments = KD 768—928 (8 increments).

Assistant Professors medically qualified with medical science appointments = 724—884 (8 increments).

Assistant Professors non-medically qualified = KD 680—840 (8 increments).

Clinical supplements: In addition to the above University salaries there will be a monthly clinical supplement paid by the Ministry of Public Health for ten months' a year to medical school staff with clinical service commitments. These are:-

Associate Professor KD 150 Assistant Professor KD 100

Conference: A member is entitled to attend one academic conference a year which would be subject to the University rules and regulations.

Gratuity: There is a gratuity of one month basic salary for each year employed payable on termination of contract.

Housing: Suitably furnished, air-conditioned accommodation, electricity and water free of charge.

Travel: Air tickets are provided from the country of recruitment for the appointee, spouse and up to three dependant children under 20 years. Thereafter, return air tickets are issued annually to the country of citizenship or permanent residence. On termination of contract, air tickets are provided to the country of recruitment. A baggage and freight allowance is also provided.

Vacation: Sixty days paid annual leave and various national holidays.

Education: This is provided free in State Schools where the instruction is in Arabic. Staff who have to send their children to non-Arabic schools in Kuwait will have the tuition fees of up to a maximum of three met by the University.

Taxation: There is no income tax in Kuwait. Currency is transferable without restriction.

Method of Application

Curriculum vitae in duplicate, which should include the names of three referees, personal particulars, qualifications with dates, career history, teaching experience, research accomplishments and, where appropriate clinical experience should be sent to the Dean, Faculty of Medicine, University of Kuwait Health Science Centre, P.O. Box 24923, Safat, Kuwait, to arrive no later than 15th October 1985.



St. Mary's General Hospital

PSYCHIATRISTS

required for a 184-bed active treatment Hospital located in Timmins, Ontario with a 20-bed pyschiatric in-patient unit and active out-patient service. St. Mary's General Hospital provides pyschiatric services to this Northeastern Ontario community of 45,000 and plans for a new 340-bed District Hospital have been initiated and will provide for an expanded psychiatric service.

Applicants must have their Canadian Certification in Psychiatry or be certification eligible and/or equivalent.

Interested applicants are asked to contact:

Mrs. Irene Krys, Executive Director St. Mary's General Hospital 41 Pine Street North, Timmins, Ontario P4N 6K7

01

Dr. Rob Williams, Chief of Staff St. Mary's General Hospital Telephone: (705) 267-2131

CLINICAL RESEARCH TRAINING FELLOWSHIPS

Immediate and future appointments are available as research fellows at the Lafayette Clinic, Wayne State University School of Medicine. The successful candidate will be encouraged to develop his own research interests in schizophrenia and related subjects.

Other investigators with studies in affective disorders, psychoendocrinology, neurology, etc. will be available for collaboration and supervision if so desired.

For further information, send c.v. to:

Norman C. Moore, M.D. Lafayette Clinic 951 E. Lafayette Detroit Michigan 48207, USA West Midlands Institute of Psychotherapy

INTRODUCTORY COURSE IN DYNAMIC PSYCHOTHERAPY

An introductory course in DYNAMIC PSYCHOTHERAPY will be held at Uffculme Clinic, Birmingham, beginning in January 1986. The course will be held on Tuesday afternoons and will extend over a period of two years.

Throughout the two year course members will attend a small group. The first year will also include seminars on both relevant theory and practice, together with case discussions.

Those who complete the course satisfactorily will be offered Associate Membership of the West Midlands Institute of Psychotherapy.

The programme is open to members of the medical and nursing professions, social workers, probation officers and related disciplines.

Applicants may be required to attend for interview as part of the selection procedure.

Fees for the 1986/7 course will be £250 per annum.

For further information and application forms, please contact: Mrs Valerie Peake, Secretary, W.M.I.P., Uffculme Clinic, Queensbridge Road, Birmingham B13 8QD.

021-449 4481, ext. 237. Mondays, Tuesdays or Fridays only.

GASKELL

The publications section of the Royal College of Psychiatrists

ECT in Great Britain 1980: A Report to the Royal College of Psychiatrists

By John Pippard and Les Ellam. Pp 162. ISBN 0 902241 07 9

Reprinted December 1984. £8.50

Almost 95% of British psychiatrists reported on their opinion and use of this treatment in the most comprehensive medical audit ever attempted. Over half the ECT clinics in the country were inspected and the treatment observed. A prospective 3 month study of patients actually treated was also made. A unique sociological document as well as a guide to practice.

NOTICE TO ADVERTISERS

Applications for advertisement space in

The British Journal of Psychiatry should be made to:

PTM PROFESSIONAL PUBLICATIONS LIMITED

282 High Street, Sutton, Surrey SM1 1PQ

Telephone: 01-642 0162

FORENSIC PSYCHIATRISTS

Forensic Services, Department of Psychiatry, Calgary General Hospital, has positions available, including the Director of the 20-bed Inpatient Forensic Unit. Forensic Services provide assessment and treatment facilities for the courts and correctional institutions in Southern Alberta.

The Calgary General Hospital provides many unique and advanced medical, diagnostic, behavioral science and research programs. This 914-bed teaching hospital is formally affiliated with the University of Calgary.

Candidates must possess Canadian or equivalent qualifications.

Those candidates interested in the Director's position must have administrative experience and teaching and research interests.

While these positions are open to all qualified applicants, in compliance with Canadian Immigration regulations, preference will be given to Canadian citizens or landed immigrants.

Interested psychiatrists are invited to submit a recent curriculum vitae and letter of application to:

Dr. R.Hicks, Director, Department of Psychiatry Calgary General Hospital, 841 Centre Avenue East Calgary, Alberta CANADA T2E 0A1 Tel: (403) 268-9200

OR

Dr.J.Arboleda-Florez, Director, Forensic Services
Calgary General Hospital
841 Centre Avenue East
Calgary, Alberta CANADA T2E 0A1
Tel: (403) 268-9202

PRIVATE PSYCHIATRIC TREATMENT

Your Patient – when down days last for weeks and drugs don't help. Consider St. Andrew's.

For details: The Medical Director, FREEPOST St. Andrew's Hospital, Northampton NN1 5DG Telephone Northampton (0604) 29696



AMERICAN JOURNAL OF PSYCHIATRY

Volume 142, Number 9

September 1985

Presidential Papers: 1985

- 1003 Presidential Address: Our Patients' Future in a Changing World: The Imperative for Psychiatric Involvement in Public Policy; John A. Talbott
- 1009 Response to the Presidential Address: Unity Amidst Diversity: Future Challenges; Carol C. Nadelson
- 1014 John A. Talbott, M.D., One Hundred Thirteenth President, 1984-1985; Melvin Sabshin

Special Article

1017 Overview: Toward a Dysregulation Hypothesis of Depression; Larry J. Siever and Kenneth L. Davis

Regular Articles

- 1032 Imipramine in the Treatment of Agoraphobia: Dose-Response Relationships; Matig Mavissakalian and James Perel
- 1037 A Profile of Clients Referred for Psychiatric Evaluation for Social Security Disability Income and Supplementary Security Income: Implications for Psychiatry; Sam Okpaku
- 1043 Ethics in the Practice of Psychiatry: Update on the Results of Enforcement of the Code; Robert A. Moore
- 1047 Does Community Care for the Mentally Ill Make a Difference? A Tale of Two Cities; Morton Beiser, James H. Shore, Ron Peters, and Ellie Tatum
- 1053 Should Physician Training Centers Offer Formal Psychiatric Assistance to House Officers? A Report on the Major Findings of a Prototype Program; Daniel B. Borenstein

Brief Communications

- 1061 Psychological Autopsy of Completed Suicide in Children and Adolescents; Mohammad Shafii, Shahin Carrigan, J. Russell Whittinghill, and Ann Derrick
- 1065 Correlation Between Serum and Salivary Cortisol Levels in Depressed and Nondepressed Children and Adolescents; Patrick M. Burke, Robert J. Reichler, Elizabeth Smith, Kathy Dugaw, Elizabeth McCauley and Jeffrey Mitchell
- 1067 Mania in Two Sisters With Similar Cerebellar Disturbance; Kashinath G. Yadalam, Anil K. Jain, and George M. Simpson
- 1070 Posttraumatic Stress Disorder: A Thirty-Year Delay in a World War II Veteran; Craig Van Dyke, Nathan J. Zilberg, and John A. McKinnon
- 1074 Miranda Comes to the Hospital: The Right to Remain Silent in Civil Commitment; Robert D. Miller, Gary J. Maier, and Michael Kaye
- 1078 Family Expressed Emotion and Relapse in Schizophrenia in 24 Urban American Patients; Ronald A. Moline, Sant Singh, Alan Morris, and Herbert Y. Meltzer
- 1081 Naltrexone-Induced Dysphoria in Former Opioid Addicts; Thomas J. Crowley, Janice E. Wagner, Gary Zerbe, and Marilyn Macdonald
- 1085 Contrasting Models for Combined Medical and Psychiatric Inpatient Treatment; Barry S. Fogel, Alan Stoudemire, and Jeffrey L. Houpt
- 1089 A Study of 10 Men Charged with Patricide; James M. Cravens, John Campion, Alec Rotholc, Fred Covan, and Robert A. Cravens
- 1092 Patterns of Psychiatric Consultation in a Chinese General Hospital; Chenyeh Zuo, Lingling Yang, and Chung-Chou Chu

Clinical and Research Reports

- 1095 Serial ECG Measurements at Controlled Plasma Levels of Nortriptyline in Depressed Children; Barbara Geller, Zia Q. Farooki, Thomas B. Cooper, Elisabeth C. Chestnut, and Anne S. Abel
- 1097 Specificity of the TRH Test for Major Depression in Patients With Serious Cocaine Abuse; Charles A. Dackis, Todd W. Estroff, Donald R. Sweeney, A. L. C. Pottash, and Mark S. Gold
- 1099 The Limited Usefulness of Nasopharyngeal EEG Recording in Psychiatric Patients; Venkat Ramani, Ruth B. Loewenson, and Fernando Torres
- 1101 Depression After Treatment With Thiazide Diuretics for Hypertension; Fumihiko Okada
- 1103 Subjective Memory Complaints in Geriatric Depression; Daniel A. Plotkin, Jim Mintz, and Lissy F. Jarvik
- 1106 Effect of Methadone Plus Neuroleptics on Treatment-Resistant Chronic Paranoid Schizophrenia; David A. Brizer, Neil Hartman, John Sweeney, and Robert B. Millman
- 1108 Metoprolol for Intermittent Explosive Disorder; Jeffrey A. Mattes