Behavioural and Cognitive Psychotherapy Instructions to Authors

Submission to Behavioural and Cognitive Psychotherapy

Articles written in English and not submitted for publication elsewhere should be sent via http://mc.manuscriptcentral.com/babcp.

Manuscript preparation

A Word document of the manuscript must be submitted electronically and original figures can be supplied as attachments.

Articles must be typed double-spaced throughout allowing wide margins all round. Where unpublished material e.g. behaviour rating scales, therapy manuals etc, is referred to in an article, copies should be submitted as an additional document to facilitate review.

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Submissions will be sent out for review exactly as submitted. Authors who want a blind review should indicate this at the point of submission of their article, omitting details of authorship and other information. Submission for blind review is encouraged.

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Spelling must be consistent within an article, either using British usage (The Shorter Oxford English Dictionary), or American usage (Webster's New Collegiate Dictionary). However, spelling in the list of references must be literal to each original publication.

Details of style not specified here may be determined by reference to the *Publication Manual of the American Psychological Association* or the style manual of the British Psychological Society.

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- (b) Abstract. This should summarize the article in no more than 250 words, and should be structured under the headings: Background: Aims: Method: Results: Conclusions. The abstract should also include up to six keywords that could be used to describe the article.
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Tharp, R. G. and Wetzel, R. J. (1969). Behaviour Modification in the Natural Environment. New York: Academic Press.

Roskies, E. and Lazarus, R. S. (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds), Behavioural Medicine: changing health lifestyles. New York: Brunner/Mazel.

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Behavioural and Cognitive **Psychotherapy**

Contents

ACCELERATED PUBLICATION Cognitive Therapy for Social Anxiety Disorder in Adolescents: A Development Case Series Leigh, E. & Clark, D. M.	1
MAIN ARTICLES Linking Illness in Parents to Health Anxiety in Offspring: Do Beliefs about Health Play a Role? Alberts, N. M., Hadjistavropoulos, H. D., Sherry, S. B. & Stewart, S. H.	18
Cognitive Vulnerabilities for Depression and Anxiety in Childhood: Specificity of Anxiety Sensitivity and Rumination Brown, H. M., Meiser-Stedman, R., Woods, H. & Lester, K. J.	30
A Qualitative Study to Explore Patients', Carers' and Health Professionals' Views to Culturally Adapt CBT for Psychosis (CBTp) in Pakistan Naeem, F., Habib, N., Gul, M., Khalid, M., Saeed, S., Farooq, S., Munshi, T., Gobbi, M., Husain, N., Ayub, M. & Kingdon, D.	43
Self-Confidence and Paranoia: An Experimental Study Using an Immersive Virtual Reality Social Situation Atherton, S., Antley, A., Evans, N., Cernis, E., Lister, R., Dunn, G., Slater, M. & Freeman, D.	56
A Survey of Attitudes towards Computerized Self-Help for Eating Disorders within a Community-Based Sample McClay, CA., Waters, L., Schmidt, U. & Williams, C.	65
The Reliability and Validity of the Clinical Perfectionism Questionnaire in Eating Disorder and Community Samples	79

Egan, S. J., Shafran, R., Lee, M., Fairburn, C. G., Cooper, Z., Doll, H. A., Palmer, R. L. & Watson, H. J.

Exploring the Role of Mental Imagery in the Experience of Self-injury: An Interpretative Phenomenological Analysis Dargan, P., Reid, G. & Hodge, S.	92
Cognitive Emotion Regulation as a Mediator between Posttraumatic Stress Symptoms and Hypomanic Personality within a Non-Clinical Population Steel, C.	104
BRIEF CLINICAL REPORTS Treating Multiple Incident Post-Traumatic Stress Disorder (PTSD) in an Inner City London Prison: The Need for an Evidence Base Campbell, C. A., Albert, I., Jarrett, M., Byrne, M., Roberts, A., Phillip, P., Huddy, V. & Valmaggia, L.	112
Approach-Avoidance Attitudes Associated with Initial Therapy Appointment Attendance: A Prospective Study Murphy, E., Mansell, W., Craven, S. & McEvoy, P.	118
Parental Bonding and Body Mass Index in a Female Community Sample: The Mediating Role of Eating Disorder Thoughts and Core Beliefs Cooper, M. J. & Young, E.	123
BOOK REVIEW	128

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