



11th AEP Congress  
**Stockholm**  
**4-8 May 2002**  
Association of  
European Psychiatrists

AEP NEWS

## **Continuous Medical Education (CME) Educational Courses and Workshops at the 11th AEP Congress (Stockholm, 4–8 May 2002)**

High-quality education is a prerequisite for professional development in psychiatry and has been requested by several organizations during recent years. National psychiatric associations often do not have sufficient resources for specialist and CME courses.

To stimulate and harmonize educational activities in different European countries, the AEP Task Force for Education approached experienced lecturers and selected a list of CME courses and workshops to be presented at the 11th AEP Congress in Stockholm. The contents of the courses and workshops have been approved by the AEP Accreditation Committee. Thus, all the course and workshop participants will get CME points (one point per hour). Moreover, each participant will receive an AEP CME Diploma.

The programme and the contents of the courses and workshops are summarized below.

**CMEC01 – The care and custody of children by mothers with psychiatric illness**

Director: I. Brockington

Date: May 4, 11:30–14:30 and 15:00–18:00

Objectives: To review the problems arising when mothers with psychiatric illness are in charge of young infants, including the risks of abuse and neglect, methods of investigation, and solutions. To compare the administrative and legal arrangements made by different European countries to deal with these problems.

**CMEC02 – Suicide prevention in psychiatric practice**

Director: D. Wasserman

Date: May 4, 11:30–14:30

Objectives: Recognition of risk groups and risk situations for suicide and knowledge of suicide-risk assessment and pharmacological and psychological treatment options for suicidal patients.

**CMEC03 – How to write and publish a scientific paper**

Director: P. Munk-Jorgensen

Date: May 4, 11:30–14:30

Objectives: To give the participant the basic knowledge needed for writing a manuscript for an international peer-reviewed journal.

**CMEC04 – Risk assessment and prediction of criminal recidivism in psychiatric patients**

Director: N. Nedopil

Date: May 4, 11:30–14:30

Objectives: Enable clinicians to make risk assessments of patient violence and criminal recidivism of forensic patients more professionally.

**CMEC05 – OCD – Bridging the treatment gap**

Director: S. Andréewitch

Date: May 4, 11:30–14:30

Objectives: To improve diagnostic and treatment skills in the management of OCD.

**CMEC06 – Trends in the drug treatment of schizophrenia**

Director: F.-A. Wiesel

Date: May 4, 15:00–18:00

Objectives: To increase the understanding of differences between the new antipsychotics and the classical drugs. To present how knowledge of brain neurotransmission can be used to optimise drug treatment of patients with schizophrenia.

**CMEC07 – Research methods in psychiatric epidemiology**

Director: M. Prince

Date: May 4, 15:00–18:00

Objectives: To achieve in all students a basic understanding of the core principles underlying good research practice in psychiatric epidemiology, including the importance of formulating a hypothesis, choosing an appropriate study design, and using valid and reliable measurement technology. In particular, students should understand the role of the researcher through careful design, analysis and statistical inference in clarifying the chain of causal relationships leading to disease, and how chance, bias and confounding can each distort the truth.

## CMEC08 – Treatment of sexual abusers

Director: P. Cosyns

Date: May 4, 15:00–18:00

Objectives: Diagnosis of paraphilia and implementation of a comprehensive cognitive behavioural treatment program for sexual abusers.

## CMEC09 – Teaching general practitioners about depression

Director: C. Stefanis

Date: May 4, 15:00–18:00

Objectives: Make participants aware of the nature of the materials included in the WPA/PTD programme. Enable the participants to use the materials developed for the programme in the training of general practitioners. Enable the participants to plan training activities concerning the recognition and treatment of depressive disorders in their country.

## CMEC10 – Liaison psychiatry: identifying and treating psychiatric problems in a medical population

Director: F. Creed

Date: May 5, 8:00–11:00

Objectives: To enable psychiatrists to establish a procedure so that a hierarchy of psychiatric problems is established within medical populations. This will ensure that the most needy receive treatment and appropriate patients are referred to psychiatric services.

## CMEC11 – Philosophy and psychiatry: vulnerability and values

Director: G. Stanghellini

Date: May 5, 8:00–11:00

Objectives: To improve the clinician's and the researcher's knowledge about epistemological and ethical issues in this field and to give the clinician and researcher new instruments derived from philosophical anthropology and ethics in order to understand the condition of the schizophrenic person and prevent acute phenomena and chronicity.

## CMEC12 – Delusions: diagnosis and treatment

Director: M. Musalek

Date: May 5, 8:00–11:00

Objectives: Definition and diagnosis, pathogenesis, position in contemporary classification, integrative treatment of delusions.

## CMEC13 – Introduction to cognitive psychotherapy

Director: S. Moorey

Date: May 5, 8:00–11:00

Objectives: To give participants an introduction to the cognitive model and methods as applied to common psychiatric conditions and to review the evidence for the effectiveness of cognitive therapy.

## CMEC14 – Functional magnetic resonance imaging (fMRI) in psychiatry: from basic knowledge to clinical applications

Director: T. Dierks

Date: May 5, 8:00–11:00

Objectives: To gain practicable understanding of the principles of fMRI, research paradigms, analysis techniques and possible clinical applications in psychiatry.

## CMEC15 – Psychopathology and treatment of hallucinations

Director: S. Opjordsmoen

Date: May 5, 14:00–17:00

Objectives: To be able to define and delineate hallucinations as a psychopathological concept with dimensional and categorical aspects, to learn how to use rating scales with good psychometric properties in the assessments, to gain knowledge of the neurobiology based on neuroimaging techniques and modern treatment. Moreover, to get to know about course and outcome in hallucinatory states.

## CMEC16 – Transcranial magnetic stimulation: a new tool in neuropsychiatry

Director: L. Grunhaus

Date: May 5, 14:00–17:00

Objectives: TMS is a developing technology that will most certainly play a role in the future of neuropsychiatry. This course has been developed to provide clinicians with the basic knowledge of TMS. The topics selected for presentation will guide the clinician through the complexities of this fascinating tool.

## CMEC17 – PET imaging of brain neurotransmission

Director: L. Farde

Date: May 5, 14:00–17:00

Objectives: To provide a basic insight in the methodology and clinical potentials of PET imaging in psychiatry.

## CMEC18 – Community psychiatry in Britain and Sweden: comparisons in service delivery between different countries

Director: M. Turner

Date: May 5, 14:00–17:00

Objectives: The course will encourage clinician reflection on the style of their own service delivery, and promote the sharing of different models of care.

## CMEC19 – The cost-effectiveness of psychiatric treatments: an evidence-based approach

Director: A. McIntosh

Date: May 5, 14:00–17:00

Objectives: Familiarise attendees with the fundamental principles of economic analysis. Introduce the main types of study design used in economic analysis and the potential strengths and limitations associated with each.

Enable attendees to be able to critically appraise economic analysis articles themselves.

CMEC20 – How to set up and evaluate a community mental health service for the severely mentally ill

Director: G. Thornicroft

Date: May 6, 8:00–11:00

Objectives: To understand the principles underlying the development of community mental health services, and the methods which can be used to evaluate their cost-effectiveness.

CMEC21 – Philosophical counseling: Plato and Prozac

Director: L. Marinoff

Date: May 6, 8:00–11:00 and 14:00–17:00

Objectives: Introduction to and methods in philosophical counselling

CMEC22 – Interpersonal psychotherapy (IPT) of depression

Director: T. Gruetter

Date: May 6, 8:00–11:00

Objectives: Good medical practice in the psychotherapy of depression. Interpersonal approach within treatment of depression. Dual aims of IPT: symptom remission and interpersonal problem-solving (attributed to current depression). Focused short-term psychotherapeutic work in a here-and-now framework.

CMEC23 – Managing depression in older people

Director: C. Katona

Date: May 6, 8:00–11:00

Objectives: By the end of this course, the participant should be able to formulate a rational management plan for a range of clinical scenarios involving older people with a depressive episode.

CMEC24 – Smoking cessation in psychiatric patients

Director: A. Batra

Date: May 6, 8:00–11:00

Objectives: To discuss hypotheses on smoking behaviour in psychiatric patients and enable participants to offer smoking cessation strategies for psychiatric patients.

CMEC25 – Early symptoms and signs in cognitive decline in clinical practice

Director: A. Wallin

Date: May 6, 14:00–17:00

Objectives: To provide knowledge about early manifestations of the most common dementia disorders.

CMEC26 – Cognitive behavior therapy in anxiety disorders

Director: L.-G. Ost

Date: May 6, 14:00–17:00

Objectives: To provide an update on advances in the molecular genetics and pharmacogenetics of schizophrenia that will be broadly intelligible to psychiatrists and

to outline the likely impact that the sequencing of the human genome will have on this area.

CMEC27 – Molecular genetics of schizophrenia: an update

Director: M. Owen

Date: May 6, 14:00–17:00

Objectives: To provide an update on advances in molecular genetics and pharmacogenetics of schizophrenia that will be broadly intelligible to psychiatrists and to outline the likely impact that the sequencing of the human genome will have on this area.

CMEC28 – Alcohol dependence

Director: K. Mann

Date: May 6, 14:00–17:00

Objectives: The course will enable psychiatrists to diagnose alcohol abuse and dependence, to use brief intervention, to apply current scientific discoveries in the best interest of the patients, and to support their efforts to be respected like subjects suffering from other diseases.

CMEC29 – Psychogeriatrics

Director: C.-G. Gottfries

Date: May 7, 8:00–11:00

Objectives: Define content of psychogeriatric care. Epidemiological and diagnostic aspects. Limits to psychiatry, somatogeriatrics, neurology, and internal medicine. Clinical organisation. Education of doctors and staff. International outlook.

CMEC31 – Treatment of conduct disorders in children through parent training

Director: S. Scott

Date: May 7, 8:00–11:00

Objectives: Increase intervention skills and knowledge of the evidence base.

CMEC32 – How to develop a programme against stigma and discrimination because of schizophrenia

Director: N. Sartorius

Date: May 7, 8:00–11:00

Objectives: At the end of the course the participants should be able to start a programme against stigma and discrimination in their setting.

CMEC33 – ADHD throughout life

Director: S. Tyano

Date: May 7, 14:00–17:00

Objectives: To support the novel knowledge about Attention Deficit and Hyperactivity Disorder (ADHD) throughout life, according to the different stages of life.

CMEC34 – Structural and functional magnetic resonance imaging in psychiatry

Director: S. Lawrie

Date: May 7, 14:00–17:00

Objectives: To familiarise attendees with the main techniques and study designs used in structural and

functional MRI, to inform critical appraisal of such studies and to enable people to plan their own studies.  
CMEC35 – The basics of light therapy: indications and practical aspects of light therapy

Director: B. Kjellman

Date: May 7, 14:00–17:00

Objectives: Upon completion of the course, the participant will: understand how to establish a valid diagnosis of SAD and Sub-SAD; recognize indications for light therapy; become familiar with rating scales and when to use them; understand contraindications for light therapy; become familiar with equipment available in treatment; understand the importance of timing in light therapy; understand the long-term aspects of light therapy.

CMEC36 – Neuroanatomy for psychiatrists

Directors: L. Heimer, Y. Hurd

Date: May 7, 14:00–17:00

Objectives: To give the participants a reasonable understanding of the neuroanatomical structures and circuits known to be crucially involved in major neuropsychiatric disorders.

IW01 – Treatment of depression in older people

Directors: T. Sunderland, A. Joubert

Date: May 5, 14:00–17:00

Sponsored by: The Lundbeck Institute

Approved by the AEP Accreditation Committee. One CME point per hour.

IW02 – Current and future approaches to dementia

Directors: T. Sunderland, A. Joubert

Date: May 6, 08:00–11:00

Sponsored by: The Lundbeck Institute

Approved by the AEP Accreditation Committee. One CME point per hour.

IW03 – Basic and clinical aspects of the treatment of major depressive disorder

Directors: H. Ågren, T.H. Svensson

Date: May 7, 14:00–17:00

Sponsored by: Pharmacia Sweden AB

Approved by the AEP Accreditation Committee. One CME point per hour.