

EV0759

The Portuguese participation in the Actifcare (access to timely formal care in dementia) European study: Preliminary results of systematic reviews, qualitative and quantitative data

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Introduction In the context of untimely access to community formal services, unmet needs of persons with dementia (PwD) and their carers may compromise their quality of life.

Objectives/aims The Actifcare EU-JPND project (www.actifcare.eu) focuses on access to and (non) utilization of dementia formal care in eight countries (The Netherlands, Germany, United Kingdom, Sweden, Norway, Ireland, Italy, Portugal), as related to unmet needs and quality of life. Evaluations included systematic reviews, qualitative explorations, and a European cohort study (PwD in early/intermediate phases and their primary carers; $n=453$ days; 1 year follow-up). Preliminary Portuguese results are presented here (FCT-JPND-HC/0001/2012).

Methods (1) extensive systematic searches on access to/utilization of services; (2) focus groups of PwD, carers and health/social professionals; (3) prospective study ($n=66$ days from e.g., primary care, hospital outpatient services, Alzheimer Portugal).

Results In Portugal, nationally representative data is scarce regarding health/social services utilization in dementia. There are important barriers to access to community services, according to users, carers and professionals, whose views not always coincide. The Portuguese cohort participants were 66 PwD (62.1% female, 77.3 ± 6.2 years, 55.5% Alzheimer's/mixed subtypes, MMSE 17.8 ± 4.8 , CDR1 89.4%) and 66 carers (66.7% female, 64.9 ± 15.0 years, 56.1% spouses), with considerable unmet needs in some domains.

Conclusions All Actifcare milestones are being reached. The consortium is now analyzing international differences in (un) timely access to services and its impact on quality of life and needs for care (e.g., formal community support is weaker in Portugal than in many European countries). National best-practice recommendations in dementia are also in preparation.

Abstract submitted on behalf of the Actifcare Eu-JPND consortium.

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Risk of suicidal behaviours in elderly

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Introduction Older adults constitute the age group in which suicide more often reaches its most categorical expression: consummation.

Objective Identify risk factors for suicide in older people.

Method Systematic review of the literature on the subject. The databases consulted were Dialnet and Pubmed. The descriptors used have been: "suicide", "risk factors" and "elderly", accepting the works found in English and Spanish, with a total of 501 references found after the search, from which 75 have been selected.

Results As shown in the reviewed studies, there is a progressive increase in suicide rate with age in males. The purpose of dying in the old man is usually characterized by his firm conviction, not infrequently reflexive and premeditated. In the multifactorial etiology of suicidal behaviour in this age group, the main elements to be considered would be psychosocial factors, psychiatric diseases and chronic somatic diseases, resulting in a potentiation among them due to their frequent interaction. The feeling of abandonment, the feeling of emptiness, the despair of the organic collapse and the self-perception of being a useless person, without projects, generates deterioration in the quality of life.

Conclusions In the multifactorial etiology of the suicidal behaviour of the elderly, they usually play coprotagonistic roles, loneliness, isolation, somatic illness and depression. The most likely profile of the suicidal elder would be represented by a man with a history of depressive episode after age 40, who lives alone, with a family history of depression or alcoholism and a recent loss.

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EV0761

Decrease selected graphomotor skills in early stages of Alzheimer's dementia

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Introduction In the early stages of Alzheimer's disease (AD) motor and cognitive dysfunctions has been observed.

Objectives In previous studies we have shown that AD patients present abnormalities of selected graphomotor skills, but results were vary and not conclusive. In this study, we conducted more extensive tests on a larger study group.

Aims The aim of the study is to identify which graphomotor functions are impaired in the early stages of AD.

Methods Seventy-one patients with mild and moderate AD (F.00.0, F.00.1, F.00.2) (MMSE 20.3 ± 3.8 ; age 79.1 ± 5.21) were examined. Forty-four healthy ones (C) without symptoms of dementia, matched for demographic characteristics (MMSE 29 ± 1.1 ; age 78.3 ± 4.7) were examined. Graphomotor skills were assessed by the original drawing test (the eight figures and the signature) performed in a magnetic field (resolution 2540 dpi and

1024 pressure levels). These test were implemented on a graphic tablet (Wacom Intuos) with the specialized software. The length and time of drawing, the average and maximum speed of drawing, the average and maximum momentary speed, the amplitude and frequency (with FFT spectrum analysis) of hand tremors were measured.

Results Statistical analysis of the graphomotor signal revealed differences between the AD group and the C group with respect to various parameters. The largest differences have been observed in partially automated skills such as signature, and not drawing shapes (lines, spiral, etc.). The average speed of signature and maximum momentary speed of signature is lower in the AD group.

Conclusions This method allows for quantitative and objective measurement of the biophysical signal and assessment of the graphomotor skills.

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EV0762

The diagnostic value of saccadic profile in Alzheimer's disease

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Introduction Appearing in the early stages of the disease pathological changes in different parts of the brain in Alzheimer's disease (AD) subjects cause disruption of neural circuits between the cortex and the basal ganglia. It may affect the ocular movement disturbances.

Objectives In previous studies we have shown that AD patients present abnormalities of saccadic eye movements. In this study, we conducted for the first time the advanced quantitative analysis profile of saccades on a large study group.

Aims The aim of this study is to find the features and the values of parameters in patients with AD differ from healthy individuals using quantitative measurement methods that could help in the future to differentiate people with an uncertain diagnosis.

Methods Seventy-one patients with mild and moderate AD (age 79.1 ± 5.21) were examined. Forty-four healthy ones (C) without symptoms of dementia, matched for sex, age and education level (age 78.3 ± 4.7) were examined. In this study we made use of the Saccadometer Advanced (ACI, Cambridge, UK), allowing the measurement of eye position with the time resolution of 1 ms (1000 Hz).

Results Statistically significant differences between AD and C groups were found ($P < 0.05$). The analysis of saccadic profile allows to differentiate Alzheimer's disease. The rising slope duration and the rising slope percent is lower in AD group, but the falling slope duration and the falling slope percent is larger in AD group.

Conclusions AD patients have much smaller slope in the rising phase of the saccade. The results show that the use of saccadometry may improve diagnosis of the AD.

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EV0763

Quality of life and depression in caregivers of patients with cancer

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Background Most elderly patients, with cancer are cared for, by a family member who may be affected by various stressors that can influence their health and quality of life (QOL).

Objectives To explore depression, quality of life and its related factors among caregivers of elderly patients with cancer.

Methodology This is a descriptive and analytical cross-sectional study including 40 primary caregivers of old patients aged 65 or older, with cancer in oncologic radiotherapy service in university hospital Habib Bourguibain Sfax, Tunisia. The short form health survey (SF-36) and Beck inventory (13 items) were used to assess respectively QOL and depression.

Results The average age of caregivers was 44.62 years. The sex ratio (M/F) was 0.9. Most of caregivers (75%) had impaired QOL (score < 66.7). The two main components of SF-36 were altered with a standard score of 45 for the physical component and 41.1 for mental component. According to Beck inventory, Depression was present in 67.6% of cases. Impaired QOL of life was significantly correlated with somatic illnesses in the caregiver ($P = 0.016$), advanced stage of cancer ($P = 0.01$), financial difficulties ($P = 0.04$), the non-cohabitation with the patient before the disease ($P = 0.031$) and depression ($P = 0.00$).

Conclusion According to our study, caregiving can have a negative effect on the caregiver's mental and physical health. Assistance and information from healthcare professionals are the key to improving the ability of caregivers to cope with caring for older patients with cancer.

Disclosure of interest The authors have not supplied their declaration of competing interest.

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EV0764

Pain assessment in people with dementia

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Introduction Assessing and quantifying the experience of pain in elderly with cognitive impairment is particularly challenging and important.

Objectives To describe the overall profile and to identify the prevalence and characteristics of pain among demented elderly.

Methods A descriptive study including 60 institutionalised elderly aged 65 and older in the retirement home, Sfax, Tunisia. Data collection was conducted using questionnaire exploring socio-demographic and medical data. Mini-mental state examination (MMSE) and Katz index of independence in activities of daily living (ADL) were used to assess respectively mental status and dependence for ADL. Verbal Descriptor Scale (VDS) and elderly behavioural scale (ECPA) were used to evaluate pain. Thirty-two elderly were included and the inclusion criteria were: Age ≥ 65 and MMSE score ≤ 20.

Results The average age of cognitively impaired residents was 74.2 years with a slight male predominance (57%). They were mostly illiterate (83%) and 56.3% of subjects were single. Almost two-thirds were admitted voluntarily and the average length of stay was 4.8 days. The ADL scale has shown that 65.6% were dependent. According to the VDS, the majority of demented subjects (93.8%) did not feel and express pain, 3% of residents with dementia had mild pain, 2.2% had moderate pain and 1.1% had severe pain. Whereas, the hetero evaluation (ECPA) concluded that 72% of demented elderly actually had pain with severe pain in 18.8% of cases.