Volume 9 Number 3 August 2012 ISSN 1749-3676

Journals affiliated to International Psychiatry African Journal of Psychiatry Arab Journal of Psychiatry

# International psychiatry

# Guest editorial

Principled mental health law?
Tony Zigmond

# Thematic papers – Mental health and conflict in the Middle East

- 55 **Introduction** David Skuse
- 55 War and the crisis of mental health in Afghanistan Yousuf A. Rahimi and S. Azimi
- Rebuilding mental health services in Iraq Mohammed Al-Uzri, Riadh Abed and Mohammed Abbas
- The Egyptian revolution seen through the eyes of a psychiatrist
  Nahla Nagy

# Mental health law profiles

- 62 **Introduction** George Ikkos
- Mental health legislation in Nigeria: current leanings and future yearnings Adegboyega O. Ogunlesi and Adegboyega Ogunwale

64 Mental health legislation in Egypt

Nasser Loza and Mohamed El Nawawi

# Research papers

- The 'revolving door': a profile of acute admissions at a South African psychiatric hospital Zahir Vally and Nasera Cader
- An evaluation of training in brief cognitive—behavioural therapy in a non-Englishspeaking region: experience from India A. K. Gupta and H. Aman
- 72 Self-burning in Iraqi Kurdistan:
  proportion and risk factors
  in a burns unit
  Nazar M. Mohammad Amin,
  Nashmeel Rasool Hamah
  Ameen, Reem Abed and
  Mohammed Abbas
- 75 Correspondence
- 77 Forthcoming international events





Volume 9 Number 3 August 2012 ISSN 1749-3676

Journals affiliated to International Psychiatry: African Journal of Psychiatry

African Journal of Psychiatry Arab Journal of Psychiatry

# **Editor**

Hamid Ghodse

#### Deputy editor

David Skuse (Section Editor – Theme)

#### Associate editors

Walid Sarhan

(Editor, Arab Journal of Psychiatry)

Christopher Szabo (Editor, African Journal of Psychiatry)

# Administrative support

Joanna Carroll Elen Cook Chris Naughton Andrew Morris

#### Mission of International Psychiatry

The journal is intended primarily as a platform for authors from low- and middle-income countries, sometimes writing in partnership with colleagues elsewhere. Submissions from authors from International Divisions of the Royal College of Psychiatrists are particularly encouraged.

# Editorial board

Michel Botbol

Nick Bouras

France

UK (Section Editor – Special papers)

Katy Briffa

UK

Jorge Calderon

Chile

Rakesh Chadda

India

Santosh Chaturvedi

India

George Christodoulou

Greece John Cox

UK (Assistant Editor)

Anna Datta Ireland

Oluwole Famuyiwa

UK

Peter Hughes

UK (Section Editor – News and notes)

George Ikkos

UK (Section Editor – Mental health

law profiles)

Rachel Jenkins

UK (Section Editor – Research papers)

Stephen Kisely Australia

Australia

Marinos Kyriakopoulos

UK

Nasser Loza Egypt (Assistant Editor)

M. Akmal Makhdum

UK

Amit Malik UK (Section Editor – Correspondence)

Donald Milliken

Canada

Gholam Reza Mir-Sepassi

Iran

R. N. Mohan

UK

Hellme Najim

-

David Ndetei Kenva

ricinyo

Sean O'Domhnaill

Ireland

Olufemi Olugbile

Nigeria

Eleni Palazidou

. . .

Vikram Patel

India

Sundararajan Rajagopal

India

Mohamed Omar Salem United Arab Emirates

Shekhar Saxena

Switzerland (Assistant Editor)

Fabrizio Schifano

UK (Section Editor – Country profiles)

promes)

Emma Stanton

USA

Samuel Stein

0.1

Allan Tasman

USA

John Tsiantis

Greece Xin Yu China

# **Subscriptions**

International Psychiatry is published four times a year.

For subscriptions non-members of the College should contact:

Publications Subscriptions Department, Maney Publishing, Suite 1C, Joseph's Well, Hanover Walk, Leeds LS3 1AB, UK tel. +44 (0)113 243 2800; fax +44 (0)113 386 8178; email subscriptions@maney.co.uk

For subscriptions in North America please contact: Maney Publishing North America, 875 Massachusetts Avenue, 7th Floor, Cambridge, MA 02139, USA tel. 866 297 5154 (toll free); fax 617 354 6875; email maney@maneyusa.com

Annual subscription rates for 2011 (four issues, post free) are £28.00 (US\$50.00). Single issues are £8.00 (US\$14.40), post free.

Design © The Royal College of Psychiatrists 2012.

For copyright enquiries, please contact the Director of Publications and Website, Royal College of Psychiatrists

All rights reserved. No part of this publication may be reprinted or reproduced or utilised in any form or by any electronic, mechanical or other means, now known or hereafter invented, including photocopying and recording, or in any information storage or retrieval system, without permission in writing from the publishers.

The views presented in this publication do not necessarily reflect those of the Royal College of Psychiatrists, and the publishers are not responsible for any error of omission or fact.

The Royal College of Psychiatrists is a charity registered in England and Wales (228636) and in Scotland (SC038369).

International Psychiatry was originally published as (and subtitled) the Bulletin of the Board of International Affairs of the Royal College of Psychiatrists. Printed in the UK by Henry Ling Limited at the Dorset Press, Dorchester DT1 1HD.

The paper used in this publication meets the minimum requirements for the American National Standard for Information Sciences – Permanence of Paper for Printed Library Materials, ANSI Z39.48-1984.

# **Notice to contributors**

International Psychiatry publishes original research, country profiles, mental health law profiles and thematic overviews, dealing with mental health policy, promotion and legislation, the administration and management of mental health services, and training in psychiatry around the world. Correspondence as well as items for the news and notes column will also be considered for publication. The journal aims to be a platform for work that is generally underrepresented in the literature, especially psychiatry research and opinion from low- and middle-income countries.

Manuscripts for publication must be submitted electronically to the Editor (hghodse@sghms.ac.uk), with a copy sent to the Secretariat (ip@rcpsych. ac.uk). The maximum length for papers is 1500 words; correspondence should not be longer than 500 words. The Harvard system of referencing should be used.

Manuscripts accepted for publication are copy-edited to improve readability and to ensure conformity with house style. Authors whose first language is not English are encouraged to contribute; our copy-editor will make any necessary corrections, in consultation with the authors.

Contributions are accepted for publication on the condition that their substance has not been published or submitted elsewhere. Once a paper is accepted for publication, all its authors are required to disclose any potential conflict of interest. Completion of the form developed by the International Committee of Medical Journal Editors for this purpose (www.icmje.org/coi\_disclosure.pdf) is mandatory.

#### About our peer-review process

All articles submitted will be peer-reviewed to ensure that their content, length and structure are appropriate for the journal. Research papers and special papers are reviewed by a minimum of two peers. Not all papers will be accepted for publication, but our peer-review process is intended to assist our authors in producing articles for worldwide dissemination. Wherever possible, our expert panel of assessors will help authors to improve their papers to maximise their impact when published.