

P01-273 - ANXIETY AND HOPE IN THE RELATIVES OF THE PATIENTS IN INTENSIVE CARE UNIT

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Objectives: The this study was carried out to determine the anxiety and hope status of the relatives of the patients in intensive care unit.

Methods: First degree relatives of 116 patients in the intensive care unit of a hospital were involved in the present study. The data of the research was collected using a personal information form, the Spielberger State Anxiety Scale and Hope Scale.

Results: It was found that the relatives of the patients were anxious. There was a statistically significant negative relationship between the numbers of visit by the relatives of the patients and their hope scores ($r=-.357$, $p=.000$). The more they visited the patient the more they lost hope. It was found that hope score was low in the patient's relatives who were female, spouse or parents of the patient, anxiety was high and hope was low in the patient's relatives who were literate and who had low income, hope was high in the patient's relatives who lived in a city and who had social security.

Conclusions: The first-degree relatives of the patients in the intensive care unit experience anxiety. As the number of visits by the relatives of the patients increases, their hopes about the recovery of the patient decrease. Therefore, continuous communication with the medical personnel and being continuously informed about the status of the patient will be helpful for the relatives of the patients in the intensive care unit to deal with the present situation.

Keywords: Intensive care, anxiety, hope, patient relative