

## The Problem of Rehabilitation of Children and Adolescents with Mental Disorders in Russia

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**Introduction:** Assistance to children and adolescents with mental health disorders is very acute problem in Russia today.

**Objectives:** A team approach is the most effective method (E.V. Koren, 2011; Iu.V. Popov, Iu.A. Iakovleva, S.V. Semenova, 2012).

**Aim:** To examine the problem of rehabilitation of children with mental disorders.

**Methods:** 80 parents of mental disease's children and 86 were examined by special questionnaires were developed in the department of Adolescent Psychiatry of St. Petersburg Bekhterev Research Institute

**Results:** 41.9 % (36) of the teachers believed that children and adolescents with mental disorders may attend mass child garden and the school, 32.6 % (28) didn't agree with that. 37.2 % (32) of the teachers believed that intercourse with a sick child is unlikely to be useful and pleasant for children. Therefore, following an acute problem is the fear of parents to contact a psychiatrist: 28 parents (35%) took their children to psychiatrist by their own initiative, some other professionals (pediatrician, general practitioner, neurologist or psychologist) encouraged applying to a psychiatrist in 44 cases (55%), 8 parents (10%) asked for advice after strong recommendations from teachers. One of the main signs of psychiatrist's competence for 64 parents (80%) was the appointment of additional medical research techniques. 53 parents (66,3%) were convinced that a doctor for a diagnosis of mental disorder had to examine the child several times.

**Conclusions:** Interaction of parents, teachers and psychiatrist is need for improving the effectiveness of children rehabilitation