

TRAJECTORY OF PET HEALTH / MENTAL HEALTH / CRACK FAMEMA: EXPERIENCE REPORT

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The “Programa de Educação pelo Trabalho - PET” (Education through Work Program) is one of the intersectoral actions designed to strengthen strategic areas of the “Sistema Único de Saúde - SUS” (Unified Health System) in Brazil. This program's goal is to prepare undergraduates to real local necessities so they will be fully prepared professionals when they graduate. Brazilian Ministry of Health has funded 80 PETs nationwide, focusing alcohol, crack and other drugs issues. Each PET team had a tutor, mentors and students, all of them receiving scholarships. The program lasted one year (with the possibility of being extended for one more). FAMEMA - Medicine School of Marília, was one of the 80 institutions selected nationwide for the development of this program. The program consists of weekly meetings, tutorial-based learning, study questions, discussions, analytical summaries, field practice and literature. All knowledge acquired during tutorial activity allowed students and mentors to approach the drugs topic, learn the related national policies and know local, Brazilian and global realities. From this experience several scientific searches were developed such as the “Waiting Room Program” at the Psychosocial Care Center - Alcohol and Drugs. As patients tend to be more spontaneous while waiting in a non-therapeutic room they could reveal service flaws such as inefficient reception, bond, patient-therapist relationship. The Waiting Room Project aims to turn downtime into a moment of awareness, acceptance, strengthen ties and improve treatment adherence. We emphasize that the project was discussed between service professionals and they are responsible for its implementation.