

Depression: Challenge for the '90s

Edited by

Joseph Mendels and Eugene S. Paykel

Published by The Royal College of Psychiatrists

# THE BRITISH JOURNAL OF PSYCHIATRY

**SUPPLEMENT NUMBER 26** 

VOLUME 165, 1994

## Depression: Challenge for the '90s

Proceedings of the 1st International Conference on Mood Disorders, London, 2 April 1993

Edited by

JOSEPH MENDELS and EUGENE S. PAYKEL

Publication of this supplement was made possible by the kind help of Bristol-Myers Squibb

# The British Journal of Psychiatry

December 1994

Volume 165

Suppl. 26

Founded in 1853 as the Asylum Journal and known as the Journal of Mental Science from 1858 to 1963

### Editor Greg Wilkinson

The British Journal of Psychiatry is published monthly by the Royal College of Psychiatrists, a registered charity (number 228636). The BJP publishes original work in all fields of psychiatry. All communications, including manuscripts for publication, should be sent to the Editor, British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG.

Full instructions to authors are given at the beginning of this issue.

#### **Subscriptions**

Non-members of the College should contact the Publications Subscription Department, Royal Society of Medicine Press, 1 Wimpole Street, London W1M 8AE (tel. 071 290 2928). Annual subscription rates for 1994 (12 issues post free) are as follows:

Europe (including UK): institutions £144, individuals £126
US: institutions \$295, individuals \$200
Elsewhere: institutions £170, individuals £134
Full airmail is £36/US\$64 extra.
Singles copies of the Journal are £12, \$20 (post free).

Payment should be made out to the British Journal of Psychiatry.

Queries from non-members about missing or faulty copies should be addressed within six months to the same address; similar queries from College members should be addressed to the Registration Subscription Department, The Royal College of Psychiatrists, 17 Belgrave square, London SW1X 8PG.

#### **Back issues**

Back issues published before 1993 may be purchased from William Dawson & Sons Ltd, Cannon House, Folkestone, Kent (tel. 0303 850 101).

#### Advertising

Correspondence and copy should be addressed to Peter T. Mell, Advertising Manager, PTM Publishers Ltd, 282 High Street, Sutton, Surrey SM1 1PQ (tel. 081 642 0162, fax 081 643 2275).

#### **US Mailing Information**

The British Journal of Psychiatry is published monthly by the Royal College of Psychiatrists. Subscription price is \$295. Second class postage paid at Rahway, NJ. Postmaster send address corrections to the British Journal of Psychiatry, c/o Mercury Airfreight International Ltd Inc., 2323 Randolph Avenue, Avenel, New Jersey 07001.

#### © 1994 The Royal College of Psychiatrists

<sup>⊙™</sup> The paper used in this publication meets the minimum requirements of American National Standard for Information Sciences – Permanence of Paper for Printed Library Materials. ANSI Z39.48–1984.

Typeset by Dobbie Typesetting Ltd, Tavistock, and Henry Ling Ltd.

Printed by Henry Ling Ltd, The Dorset Press, 23 High East Street, Dorchester, Dorset DT1 1HD.

Published by the Royal College of Psychiatrists

#### Contents

List of contributors	4
Introduction JOSEPH MENDELS	5
Historical overview of outcome of depression EUGENE S. PAYKEL	6
Depression: a long-term illness MARTIN B. KELLER	9
Lifetime risk of depression HANS-ULRICH WITTCHEN, BÄRBEL KNÄUPER and RONALD C. KESSLER	16
Major depression, dysthymia and depressive personality disorder ROBERT M. A. HIRSCHFELD	23
Long-term treatment of depression STUART A. MONTGOMERY	31
Antidepressants: partial response in chronic depression JAN FAWCETT	37
Psychotherapy in the maintenance treatment of depression MYRNA M. WEISSMAN	42