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One of the most important problems of mankind is the controllability complexity of its physical nature, from which depend the main thing - to live. The inevitable senescence and the same inevitable final of life - it is a terrible human tragedy, poorly realized at the beginning of the life and very painfully - at the end.

The main essence of my theory and practice lies in the activation of 'norm memory matrix', 'fixed' in the organism at the finest level in terms of innate programs, to which the physical human nature is subjected.

Correction of the physical nature of the man through the special conditions creation.

The years-long professional experience of patient's reaction supervision on the psychological influence, the main peculiarity of which is the maximum focusing on the sphere of unconsciousness, will let to conclude, that each person's organism possesses written at the molecular level with the innate programs of normal regulation.

The activation of the 'norms memory matrix' is able to activate processes of regenerative changes in the original norm direction.

The excitement (activation) of norms memory matrix let to attain the results, incomparable to the action force with any other facilities, methods and devices known to the science nowadays. The allergy, osteochondrosis, peritoneal commissures and other disappears.

Unique results testify that there are no boundaries in the human organism renewal at the physiological and organic levels, which wouldn't be attained with the help of properly developed psychological programming, aimed at the sphere of unconscious.