

## **P-1440 - FREQUENCY OF ADMISSIONS IN AN ACUTE MENTAL HEALTH UNIT AFTER A SUICIDE ATTEMPT. ACUTE INTERVENTION DUE TO SUICIDE RISK**

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**Introduction:** For the last few years Psychiatry has been challenged with the difficult task of meeting the unstoppable social demand, and to try to find medical answers to the suffering that daily living generates. Disconnected from their past and with an uncertain future, patients often they demand instant happiness, forgetting that the job of giving sense to one's own life is the intimate task of each human being, whether they suffer from a mental illness or not.

**Objectives:** Analyze the frequency and severity of suicide attempts treated in an Acute Mental Health Unit (MHU).

**Methods:** Systematic review of cases who attended the casualty department in 2010 after a suicide attempt and finally those who that got admitted in the Acute Mental Health Unit (MHU).

**Results:** From a total of 61 men and 100 women, most attempted suicides by women were in the context of a relationship breakdown and a "manipulative" goal. Those admitted to the MHU resulted in 28% men and 15%women.

**Conclusions:** All suicide attempts are serious since they are motivated by a suffering that the person can't bear. Even the so called "manipulative", the patient's life might have been at risk. Whether we have to admit the patient for a serious vital risk or we plan an out-patient treatment, we are obliged to meet the implicit demand, often desperate, without being overwhelmed by our anguish towards death, thus beginning to articulate mature and honest ways out of situations that once were seen as impossible to solve.