

Dietary protein restriction of pregnant rats in the F₀ generation induces altered methylation of hepatic gene promoters in the adult male offspring in the F₁ and F₂ generations

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Epidemiological studies and experimental models show that maternal nutritional constraint during pregnancy alters the metabolic phenotype of the offspring and that this can be passed to subsequent generations. In the rat, induction of an altered metabolic phenotype in the liver of the F₁ generation by feeding a protein-restricted diet (PRD) during pregnancy involves the altered methylation of specific gene promoters. We therefore investigated whether the altered methylation of PPAR α and glucocorticoid receptor (GR) promoters was passed to the F₂ generation. Female rats (F₀) were fed a reference diet (180 g/kg protein) or PRD (90 g/kg protein) throughout gestation, and AIN-76A during lactation. The F₁ offspring were weaned onto AIN-76A. F₁ females were mated and fed AIN-76A throughout pregnancy and lactation. F₁ and F₂ males were killed on postnatal day 80. Hepatic PPAR α and GR promoter methylation was significantly ($P < 0.05$) lower in the PRD group in the F₁ (PPAR α 8%, GR 10%) and F₂ (PPAR α 11%, GR 8%) generations. There were trends ($P < 0.1$) towards a higher expression of PPAR α , GR, acyl-CoA oxidase and phosphoenolpyruvate carboxykinase (PEPCK) in the F₁ and F₂ males, although this was significant only for PEPCK. These data show for the first time that the altered methylation of gene promoters induced in the F₁ generation by maternal protein restriction during pregnancy is transmitted to the F₂ generation. This may represent a mechanism for the transmission of induced phenotypes between generations.

Fetal programming: Transgeneration: Epigenetic: Liver

Developmental plasticity allows the generation of a number of phenotypes from a single genotype (Gluckman & Hanson, 2004). Epidemiological (Godfrey & Barker, 2001) and experimental (Bertram & Hanson, 2002) studies show that aspects of the prenatal environment such as maternal nutrition and stress levels provide cues that modify the phenotype of the offspring without overt reductions in fetal growth. Such nutritional cues operate within the normal range for the human population and contribute to the early-life origins of risk of chronic diseases such as the metabolic syndrome (Godfrey & Barker, 2001).

There is evidence in humans and in experimental models for non-genomic transmission between generations of induced phenotypic traits associated with an impaired capacity to maintain energy balance. The mortality from diabetes was increased in men if the paternal grandfather had been exposed to abundant nutrition during puberty (Pembrey *et al.* 2006). The daughters of women exposed to nutrient restriction and environmental stress during pregnancy as a result of the Dutch Hunger Winter showed a decreased birth weight and an increased risk of insulin resistance, and their daughters also were born with a lower birth weight (Stein & Lumey, 2000; Painter *et al.* 2005). In rats, feeding a protein-restricted diet (PRD) to the F₀ generation during pregnancy resulted in

elevated blood pressure and endothelial dysfunction (Torrens *et al.* 2002) and insulin resistance (Martin *et al.* 2000; Zambano *et al.* 2005) in the F₁ and F₂ generations, despite normal nutrition during pregnancy in the F₁ generation. The adverse effects on glucose homeostasis of feeding a PRD during pregnancy in the F₀ generation have been found in the offspring up to F₃ generation (Benyshek *et al.* 2006). The administration of dexamethasone to dams in late pregnancy induced an increased expression of the glucocorticoid receptor (GR) and its target gene phosphoenolpyruvate carboxykinase (PEPCK) in the liver of the F₁ and F₂ offspring (Drake *et al.* 2005). This effect was transmitted through both the male and female F₁ lines. These changes in gene expression were not, however, present in the F₃ generation.

The mechanism for the transgenerational transmission of induced phenotypes is not known. Stable changes to gene expression that underlie individual phenotypes are the result of the epigenetic regulation of transcription, which includes DNA methylation and covalent modifications to histones. The methylation of cytosines in CpG dinucleotides in the promoter region of genes permanently suppresses transcription (Bird, 2002). Soon after fertilization, the genome undergoes demethylation. This is followed by methylation of the

promoters of specific genes in the early embryo (Bird, 2002). Such epigenetic gene-silencing is critical for cellular differentiation and is maintained throughout the lifespan. Allele-specific silencing of imprinted genes by DNA methylation is well established (Arnaud & Feil, 2005; Lander-Diner & Cedar, 2005), and methylation patterns are resistant to demethylation during the early development of the embryo, although the underlying mechanism is unclear (Lane *et al.* 2003).

We have shown recently that feeding a PRD to pregnant rats resulted in hypomethylation and increased expression of the PPAR- α and GR1₁₀ promoters in the liver of the offspring on postnatal day 34 (Lillicrop *et al.* 2005). This shows that the induction of different metabolic phenotypes in the offspring by maternal nutrition during pregnancy in non-imprinted genes also involves an altered epigenetic regulation of gene expression. Moreover, in our previous study, this epigenetic change in the PPAR α and GR promoters was prevented by supplementing the PRD with folic acid during pregnancy (Lillicrop *et al.* 2005), which suggests that altered 1-carbon metabolism is involved in the process of inducing altered DNA methylation.

In the present study, we have tested the hypothesis that the transmission of phenotypes between the F₁ and F₂ generations involves an altered epigenetic regulation of specific genes. We report the effect of feeding a PRD during pregnancy in the F₀ generation on the methylation status and expression of the GR and PPAR α promoters, and on the expression of their respective target genes PEPCK and acyl-CoA oxidase (AOX) in the liver of the F₁ and F₂ offspring.

Materials and methods

Animal procedures

Female Wistar rats (F₀) were mated and then fed throughout pregnancy either a reference diet (RD) containing 180 g/kg (w/w) casein or an isocaloric PRD containing 90 g/kg (w/w) casein as described (Langley & Jackson, 1994; Table 1). At delivery, litters were reduced to eight pups. Dams were fed purified AIN-76A diet throughout lactation (Table 1). The offspring were weaned onto AIN-76A 28 d after birth. Male offspring (F₁) were killed on postnatal day 80. The livers were removed

immediately, frozen in liquid N and stored at -80°C . Two female F₁ offspring were selected from each litter by random removal from the cage and were mated on postnatal day 125 with males that had received adequate nutrition throughout life. F₁ females were fed AIN-76A (Table 1) throughout pregnancy and lactation. Litters were reduced to eight at birth, and the F₂ offspring were weaned at postnatal day 28. Male offspring were killed on postnatal day 80. The livers were immediately removed, frozen in liquid N and stored at -80°C . Livers were selected at random for studies of gene methylation and expression by removal from collections of stored specimens without knowledge of any aspect of the phenotype of the offspring. Liver from one offspring from each litter was studied.

Measurement of DNA methylation

The methylation status of the GR1₁₀ and PPAR α promoters was determined by methylation-sensitive real-time PCR (Lillicrop *et al.* 2005). Briefly, genomic DNA (5 μg) was isolated from liver using standard methods and treated with the methylation-sensitive restriction enzymes *Aci*I and *Hpa*II as instructed by the manufacturer (New England Biolabs (UK), Hitchin, Hertfordshire, UK). Purified DNA was then amplified by real-time PCR using the primers listed in Table 2. The reaction was carried out in a total volume of 25 μl with SYBR Green Jumpstart ready mix as described by the manufacturer (Sigma, Poole, Dorset, UK). The promoter region of the rat PPAR γ 2 gene, which contains no CpG islands and no *Aci*I or *Hpa*II recognition sites, was used as an internal control. There was no effect of maternal diet or generation on the methylation status of the hepatic PPAR γ 2 promoter. All cycle threshold (Ct) values were normalized to the internal control.

Measurement of mRNA expression

mRNA expression was determined by real-time RTPCR amplification (Harris *et al.* 2002). Briefly, total RNA was isolated from cells using TRIZOL reagent (Invitrogen, Paisley, Renfrewshire, UK), and 0.1 μg was used as a template to prepare cDNA using 100 U Moloney murine leukaemia virus reverse transcriptase. The primer sequences are listed in Table 2. The PCR reaction

Table 1. Composition of the diets fed

| | F ₀ pregnancy diets | | Diet fed to F ₀ dams during lactation and to F ₁ and F ₂ offspring |
|------------------------------------|--------------------------------|-------------------------|---|
| | Reference diet | Protein-restricted diet | AIN-76A |
| Casein (g/kg) | 180 | 90 | 200 |
| Folic acid (mg/kg) | 1 | 1 | 2 |
| Corn starch (g/kg) | 425 | 482 | 150 |
| Sucrose (g/kg) | 213 | 243 | 500 |
| Choline chloride (g/kg) | 2 | 2 | 2 |
| DL-Methionine (g/kg) | 5 | 5 | 3 |
| Vitamin mix† (g/kg) | 5 | 5 | 5 |
| Mineral mix‡ (g/kg) | 20 | 20 | 20 |
| Cellulose (g/kg) | 50 | 50 | 50 |
| Corn oil (g/kg) | 100 | 100 | 50 |
| Total metabolizable energy (MJ/kg) | 20.2 | 19.9 | 15.5 |

† Vitamin mix: thiamine hydrochloride 2.4 mg/kg, riboflavin 2.4 mg/kg, pyridoxine hydrochloride 2.8 mg/kg, nicotinic acid 12.0 mg/kg, D-calcium pantothenate 6.4 mg/kg, biotin 0.01 mg/kg, cyanocobalamin 0.003 mg/kg, retinyl palmitate 6.4 mg/kg, DL-tocopherol acetate 79.9 mg/kg, cholecalciferol 1.0 g/kg, menaquinone 0.02 mg/kg.

‡ Mineral mix: calcium phosphate dibasic 11.3 g/kg, NaCl 1.7 g/kg, potassium citrate monohydrate 5.0 g/kg, K₂SO₄ 1.2 g/kg, MgSO₄ 0.5 g/kg, MgCO₃ 0.1 g/kg, ferric citrate 0.1 g/kg, ZnCO₃ 36.2 mg/kg, CuCO₃ 6.8 mg/kg, KIO₃ 0.2 mg/kg, sodium selenite 0.2 mg/kg, chromium potassium sulphate 12.5 mg/kg.

Table 2. PCR primers for analysis of promoter methylation and mRNA expression

| Gene | Forward primer | Reverse primer |
|-----------------------------|-----------------------|-------------------------|
| Methylation-sensitive PCR | | |
| GR1 ₁₀ | TCCTCCATTTTTCGAGCTC | CCACCGCAGCCAGATAAAC |
| PPAR- γ ₂ | GTCTCTGCTCTGGTAATTC | AAGGCTTGTGGTCATTGAG |
| PPAR α | CGACTGTGAGGAGCAAGG | CCCAGGTCTCTTCTTCAG |
| mRNA expression | | |
| GR1 ₁₀ | TGACTTCCTTCTCCGTGACA | GGAGAATCCTCTGCTGCTTG |
| PPAR α | CTGGTCAAGCTCAGGACACA | AAACGGATTGCATTGTGTGA |
| AOX | CCAATCACGCAATAGTTCTGG | CGCTGTATCGTATGGCGAT |
| PEPCK | AGCTGCATAATGGTCTGG | GAACCTGGCGTTGAATGC |
| Ribosomal 18S | GTAACCCGTTGAACCCATT | CCATCCAATCGGTAGTAGTAGCG |

Primers designed by QIAGEN Ltd UK, Crawley, UK.

AOX, acyl-CoA oxidase; GR1₁₀, glucocorticoid receptor; PEPCK, phosphoenolpyruvate carboxykinase.

was carried out in a total volume of 25 μ l with SYBR Green Jumpstart ready mix as described by the manufacturer (Sigma). mRNA expression was normalized using the house-keeping gene ribosomal 18S RNA using the change in Δ Ct method (Bustin, 2000). There was no effect of maternal diet or generation on the mRNA expression of 18S ribosomal RNA.

Statistical comparisons

Normalized Ct values are presented as proportion of the RD group in the F₁ generation (mean (SEM); *n* 6 offspring per F₀ dietary group, one offspring per litter). Analysis of the covariate by independent variable interaction showed that the homogeneity of the regression slopes could be assumed for each of the genes studied. Therefore, ANOVA was used to assess the effects of diet and generation on promoter methylation status and mRNA expression. The extent of interactions between the diet of the F₀ dams and the generation of the offspring was determined by two-way ANOVA. Comparisons of DNA methylation and mRNA expression between F₀ dietary groups and generations of offspring were by one-way ANOVA with Dunnett's *post hoc* test (two-sided) using the RD F₁ group as the reference.

Results

DNA methylation

The results of measurements of the methylation status of the GR1₁₀ promoter, which is expressed in liver, and of the PPAR α promoter are summarised in Fig. 1. Analysis by two-way ANOVA showed that there was no significant effect of generation or interaction between F₀ diet and generation on the methylation of the GR1₁₀ or PPAR α promoters. There was, however, a significant effect of diet ($P < 0.001$) on the methylation status of both genes. Methylation of the GR1₁₀ promoter was significantly lower ($P < 0.05$) in the liver of the male offspring of the F₀ PRD group in the F₁ (10.2%) and F₂ (7.9%) generations compared with the F₀ RD group. Methylation of the PPAR α promoter was significantly lower in the liver of the male offspring of the F₀ PRD group in the F₁ (8.2%) and F₂ (10.5%) generations compared with the F₀ RD group. There were no significant differences between the F₁ and F₂ generations within a F₀ maternal dietary group.

mRNA expression

The results of measurements of mRNA expression are summarised in Table 3. Analysis by two-way ANOVA showed

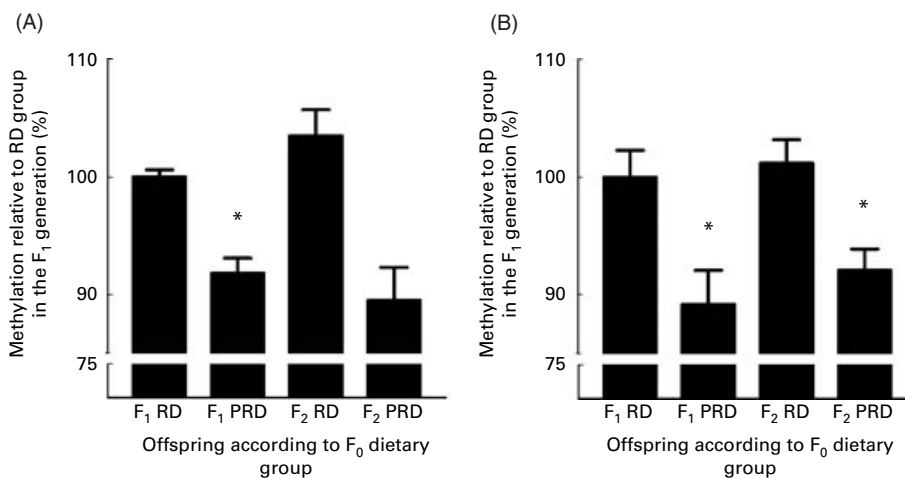


Fig. 1. Effect of maternal protein intake during pregnancy in the F₀ generation on hepatic (A) PPAR α and (B) glucocorticoid receptor promoter methylation in the F₁ and F₂ male offspring. Values are means with their standard errors normalized to the offspring of the F₁ reference diet (RD) group (six per group). PRD, protein-restricted diet. * Mean values were significantly different between maternal diets within a generation by one-way ANOVA with Dunnett's *post hoc* test (two-sided) using the RD F₁ group as a reference: $P < 0.05$.

Table 3. Measurements of hepatic mRNA expression
(Mean values and their standard errors for six male offspring in each F₀ dietary group in each generation)

| | mRNA expression (% , compared with F ₁ reference diet group) | | | | | | | | ANOVA |
|-------------------|---|------|-------------------------|------|----------------|------|-------------------------|------|-------|
| | F ₁ | | | | F ₂ | | | | |
| | Reference diet | | Protein-restricted diet | | Reference diet | | Protein-restricted diet | | |
| | Mean | SEM | Mean | SEM | Mean | SEM | Mean | SEM | |
| PPAR α | 100.0 | 15.0 | 129.4 | 15.8 | 106.2 | 5.1 | 143.8 | 33.2 | 0.093 |
| GR1 ₁₀ | 100.0 | 24.0 | 115.0 | 18.2 | 105.6 | 14.4 | 130.9 | 24.4 | 0.080 |
| AOX | 100.0 | 14.0 | 164.8 | 7.6 | 101.2 | 19.8 | 204.6 | 37.3 | 0.039 |
| PEPCK | 100.0 | 16.0 | 158.7* | 14.9 | 107.4 | 6.4 | 172.8* | 13.2 | 0.023 |

AOX, acyl-CoA oxidase; GR1₁₀, glucocorticoid receptor; PEPCK, phosphoenolpyruvate carboxykinase.

*Mean values were significantly different between maternal diets within a generation by one-way ANOVA with Dunnett's *post hoc* test (two-sided) using the reference diet F₁ group as a reference: $P < 0.05$.

that there was no significant interaction effect between generation and F₀ dietary group on the expression of any of the genes measured. Analysis by one-way ANOVA showed that there were no significant differences in the expression of any of these genes between the F₁ and F₂ generations with an F₀ maternal dietary group. There was no significant effect of F₀ maternal diet on the expression of PPAR α or GR1₁₀ in the F₁ or F₂ generations, although there were trends ($P < 0.1$) towards higher mRNA expression in the PRD group in the F₁ (29% and 15%, respectively) and F₂ (44% and 31%, respectively) compared with the F₁ RD group. Two-way ANOVA showed that there was a significant effect of the F₀ maternal diet on the expression of AOX ($P = 0.016$) and PEPCK ($P = 0.006$). For AOX, one-way ANOVA showed a significant difference between groups, although this did not reach statistical significance in pairwise comparisons. There were, however, trends (ANOVA $P < 0.05$) towards higher AOX mRNA expression in the PRD group in the F₁ (65%) and F₂ (105%) generations, although these did not reach statistical significance in pairwise comparisons (Table 3). PEPCK expression was significantly ($P < 0.05$) greater in the PRD group in the F₁ (59%) and F₂ (73%) generations (Table 3).

Discussion

The results of this study show for the first time that the altered methylation of gene promoters induced in the F₁ offspring by maternal protein restriction during pregnancy is transmitted to the F₂ offspring.

The majority of studies on the induction of an altered metabolic phenotype by maternal dietary restriction in humans and in experimental models have focused on the first-generation offspring. There is, however, evidence from epidemiological studies (Stein & Lumey, 2000; Painter *et al.* 2005), and in particular from animal models (Martin *et al.* 2000; Torrens *et al.* 2002; Zambrano *et al.* 2005; Benyshek *et al.* 2006), that the phenotype induced in the offspring of the F₁ generation can be transmitted to subsequent generations.

We have previously shown that an increased expression of GR1₁₀ and PPAR α in the liver of the offspring on postnatal day 34 as a result of feeding a PRD in pregnancy is due to

hypomethylation of the respective gene promoters (Lillycrop *et al.* 2005). Our current findings show that the methylation status of the GR1₁₀ and PPAR α promoters was reduced in the F₁ and F₂ offspring of the F₀ PRD dams. One possible explanation is that the level of methylation of the GR1₁₀ and PPAR α promoters was set during the development of the F₁ generation and that this is maintained through gamete production, through demethylation of the maternal and paternal genomes after fertilization and during gene specific remethylation in the early embryo. If so, this implies that the process which results in the hypomethylation of GR1₁₀ and PPAR α in the liver also induces a stable reduction of methylation of these genes in the germ cells. As the F₁ females, but not the males with which they were mated, had been exposed to nutritional constraint during pregnancy, our findings suggest that the transmission of GR1₁₀ and PPAR α hypomethylation must have occurred via the female genome and that this was sufficient to alter the methylation of the promoters of these genes in the livers of the F₂ males. Studies of the expression of intracisternal A-type particles show that the methylation of these repetitive sequences is resistant to demethylation during preimplantation development, and it has been suggested that such resistance may explain the inheritance of patterns of gene imprinting (Lane *et al.* 2003). If the level of methylation of non-imprinted genes was also 'protected' during post-fertilization demethylation, this might explain how patterns of GR1₁₀ and PPAR α methylation induced in the F₁ generation may be transmitted to the F₂ generation.

One alternative explanation is that prenatal undernutrition induced changes in the F₁ females that constrained the intrauterine environment experienced by the F₂ male offspring, and that hypomethylation of the PPAR α and GR1₁₀ promoters was thus induced *de novo* in the male offspring in each generation. This seems unlikely because of the similarity in the degree of hypomethylation induced in the F₁ and F₂ generations. It might be anticipated that if promoter hypomethylation were induced *de novo* in each generation, it would result in different levels of methylation because of differences in the degree of environmental constraint. However, a single environmental challenge in the F₀ generation might be expected to induce a similar level of promoter methylation in both generations if the effect on the F₁ generation were transmitted to the F₂ generation.

Feeding a PRD during pregnancy in the F₀ generation induced a trend towards an increased expression of PPAR α and GR1₁₀, and their respective target genes AOX and PEPCK, in the liver of the F₁ and F₂ offspring at day 80, although only the increase in PEPCK expression reached statistical significance. The trend in the expression is consistent with reduced methylation of the GR1₁₀ and PPAR α promoters. We have previously shown that feeding a PRD during pregnancy significantly increased the expression of PPAR α , GR1₁₀ and AOX in the liver of the F₁ offspring on postnatal day 34 due to hypomethylation of the GR1₁₀ and PPAR α promoters (Lillicrop *et al.* 2005), and others have shown increased gluconeogenesis in this model (Burns *et al.* 1997).

One possible explanation for the difference between our previous report (Lillicrop *et al.* 2005) and the present study in the extent to which hypomethylation of the GR and PPAR α promoters altered the expression of GR1₁₀ and PPAR α , and of their target genes AOX and PEPCK, is that the transcription of PPAR α and GR is responsive to environmental stimuli such as dietary fat intake and stress, respectively. In the absence of a dietary or stress challenge, the elevated levels of transcription found in recently weaned animals (Lillicrop *et al.* 2005) may have diminished by day 80. For example, in the rat, hepatic PPAR α expression decreases after weaning due to the reduction in fat intake (Panadero *et al.* 2000). In addition, PPAR α expression is less sensitive to dietary fat intake in adult liver than neonates (Panadero *et al.* 2005). Nevertheless, feeding the PRD diet to F₀ dams induced in the F₁ and F₂ offspring the potential for an exaggerated response to stress or dietary fat.

These findings suggest that the transmission of an altered metabolic phenotype as a result of prenatal nutritional constraint to at least one subsequent generation is the result of an induction of altered epigenetic regulation of gene expression in both the F₁ and F₂ generations. This may also explain the transmission of induced phenotypes from the F₁ to F₂ generation in other experimental systems, such as increased hepatic GR expression and PEPCK activity as a result of exposure of the F₀ dams to dexamethasone in late gestation (Drake *et al.* 2005). If this occurs in humans, as indicated by epidemiological studies (Stein & Lumey, 2000; Painter *et al.* 2005), the findings would suggest that the nutrition of pregnant women has a critical impact not only on the health of their children, but also on subsequent generations.

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