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At the present time in Ukraine the special priority has the problem of anxiety and somatoform disorders. A prevalence of clinical anxiety and phenomena of somatization neurotic disturbances in general and necessity of differential diagnostics with somatic diseases were the precondition for studying this area.

At the same time, in Ukraine the diagnosis 'Vegetative-vascular dystonia' which is ciphered G 90.8, according to ICD-10 instead of 'Neurotic stress-induced and Somatoform disorders' F40-F48 is used. It leads unreasonable treatment significant contingents of neurotic patients in neurological departments.

The 60 agoraphobia (F 40.0) patients, 40 panic disorder (PD) and 40 somatoform vegetative dysfunction of cardiovascular system integrative (SVDCS) (F45.30) patients were examined. The emotional disturbances of all these patients were investigated with the clinical and pathopsychological methods. The high level of anxiety was shown. Pathopsychologically the high level of personality anxiety and low level of neurotism and depression were identified. The system of psychotherapy correction was established, based on integrative principles, with the suggestive, cognitive-behavioral, autogenic training techniques correspondence.

Our experience showed the necessity of the integrative models of psychotherapy provided, parted on stage. On the first stage – sedative-adapting the receptions of cognitive and suggestive psychotherapy are used. There is group therapy on second-main-stage. On the third stage – supportive elements of the autogenic training mastered.

Clinical approbation integrative psychotherapy system shown the 82% high, 12%-middle, 6% - low efficacy.