



Using the Mental Health Act

A Training Resource for Doctors

Prepared by the Royal College of Psychiatrists' Working Group

A good knowledge of the Mental Health Act 1983 is vital for psychiatrists to function effectively in today's mental health services, particularly since the use of compulsory admission to hospital has risen considerably over recent years. The Act also has important implications for care outside hospital. General practitioners are regularly involved in using the Act, and need to be aware of its provisions.

This training pack is intended to support the development of better training for psychiatrists seeking approval under Section 12 of the Act and to support the continuing education of psychiatrists and GPs. It comprises a 45 minute video, comprehensive written guidelines and lecture notes, together with overhead projector masters. It is intended as an aid (a) to those running training seminars within hospitals or trusts and others wishing to set up their own seminars, and (b) to individual practitioners who work in more isolated settings and who may wish to use distance learning. *Published 1997, ISBN 1 901242 09 9, 93 page text + 18 unbound presentation masters, 1 PAL video cassette 45 min length. Video cassette and text held together in a white PVC ring binder. Price £45.00 + VAT.*

Available from Book Sales, Publications Department, Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG. Credit card orders can be taken by telephone (Tel. +44(0)171 235 2351, extension 146).



Living With a Stranger

By Valerie Stillwell



This joint publication between the Royal College of Psychiatrists and the West London Health Promotion Agency is intended as a survival kit for carers of people with depression. It encourages a positive attitude towards the illness and gives an idea of what the carer can expect and how they can cope with it.

- A personal account of living with someone with depression
- Gives advice to carers on how to cope mentally, physically, emotionally, spiritually and financially
- Contains a section on where to go for help and a list of helpful organisations
- Amusingly illustrated throughout by Christine Roche

£5.00, November 1997, 56pp, ISBN 0 901242 07 2, paperback 156mm x 234mm



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