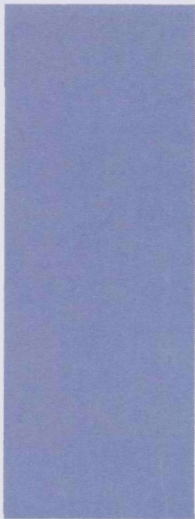


BEHAVIOURAL
AND COGNITIVE
PSYCHOTHERAPY



Volume 25
Numbers 1-4

1997

BABCP

Journal of the British
Association for Behavioural
and Cognitive Psychotherapies

BEHAVIOURAL AND COGNITIVE PSYCHOTHERAPY

AN INTERNATIONAL
MULTIDISCIPLINARY JOURNAL
FOR THE HELPING PROFESSIONS

EDITOR

Paul M Salkovskis
Behavioural and Cognitive Psychotherapy
Department of Psychiatry
University of Oxford
Warneford Hospital
Oxford OX3 7JX, UK

EDITORIAL ASSISTANT

Muriel Lumb

ASSOCIATE EDITORS

Janet Carr (*London, UK*)
Eileen Gambrill (*Berkeley, California, USA*)
Kurt Hahlweg (*Munich, Germany*)
Peter Higson (*Denbigh, UK*)
Roger McAuley (*Belfast, UK*)
Lars-Göran Öst (*Uppsala, Sweden*)
Nick Tarrrier (*Manchester, UK*)
Adrian Wells (*Oxford, UK*)

BOOK REVIEW EDITORS

Max Birchwood (*Birmingham, UK*)
Susan Robinson (*Birmingham, UK*)

EDITORIAL ADVISORY BOARD

Nada Aniċ (*Croatia*), Eiríkur Örn Arnarson (*Iceland*), Kelly Brownell (*USA*),
Isobel Caro (*Spain*), Jean Cottraux (*France*), Edward Craighead (*USA*), Paul Eelen (*Belgium*),
Paul Emmelkamp (*Netherlands*), K Gunnar Gotestam (*Norway*), Jeffrey Gray (*UK*),
Iver Hand (*Germany*), Ray Hodgson (*UK*), David Horne (*Australia*), Neil Jacobsen (*USA*),
Derek Jehu (*UK*), Philip Kendall (*USA*), Maria Kopp (*Hungary*), Peter Lee (*Hong Kong*),
Isaac Marks (*UK*), Andrew Mathews (*USA*), Jim Orford (*UK*), José Pinto Gouveia (*Portugal*),
A Desmond Poole (*UK*), Jack Rachman (*Canada*), Sten Ronnberg (*Sweden*),
Enzo Sanavio (*Italy*), Gudrun Sartory (*Germany*), Fraser Watts (*UK*),
Hans-Ulrich Wittchen (*Germany*), G Terry Wilson (*USA*), William Yule (*UK*).

Papers should be submitted, in accordance with the Instructions to Authors on the inside back cover, to the Editor at the Editorial Address Books, etc, for review should be sent to Max Birchwood or Susan Robinson, Department of Clinical Psychology, All Saints Hospital Lodge Road, Birmingham B18 5SD, UK. All other correspondence concerning the journal to: Wisepress Ltd, The Old Lamp Works, 25 High Path, Merton Abbey, London SW19 2JL. Correspondence concerning membership of the British Association for Behavioural and Cognitive Psychotherapies should be addressed to: BABCP, The Old Lamp Works, 25 High Path, Merton Abbey, London SW19 2JL.

BEHAVIOURAL AND COGNITIVE PSYCHOTHERAPY ISSN 1352-4658, Volume 25, 1997, published quarterly by Wisepress Ltd at The Old Lamp Works, 25 High Path, Merton Abbey, London SW19 2JL. Annual subscription price including postage: £80.00 Europe and US\$150.00 elsewhere. Subscription orders should be sent to Wisepress Ltd (Tel: 0181-715 1812 Fax: 0181-715 1727). Send notices of change of address to the publisher at least 6-8 weeks in advance, including both old and new addresses.

© 1997 British Association for Behavioural and Cognitive Psychotherapies

Copyright reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the copyright owner.

<https://doi.org/10.1017/S1352465800018508> Published online by Cambridge University Press

C o n t e n t s

The four separate issues of Volume 25 have been combined in this single publication. Contents of Numbers 1 to 4 follow.

Number 1

Melanie J V Fennell <i>Low Self-Esteem: A Cognitive Perspective</i>	1
Jane Wardle, Peter Hayward, Anna Higgitt, Chris R Brewin & Jeffrey Gray <i>Causes of Agoraphobia: The Patient's Perspective</i>	27
Peter Muris & Harald Merckelbach <i>Treating Spider Phobics with Eye Movement Desensitization & Reprocessing: A Controlled Study</i>	39
Martine Bouvard, Jean Cottraux, Evelyne Mollard, Muriel Arthus, Stella Lachance, Jeanine Guerin, Alain Sauteraud & Sai-Nan Yao <i>Validity & Factor Structure of the Obsessive Compulsive Thoughts Checklist</i>	51
Myra Cooper, Patsy Holly & Simon Hampson <i>A Specialist Unit for Difficult to Manage Patients: Preliminary Findings</i>	67
Brief Clinical Report	
Gerhard Andersson & Hans-Christian Larsen <i>Cognitive-Behavioural Treatment of Tinnitus in Otosclerosis: A Case Report</i>	79
Book Reviews	83
Editorial Statement	100

Number 2

Harald Merckelbach, Ineke Wessel & Robert Horselenberg <i>The Accuracy of Autobiographical Memory: A Replication of Barclay & Wellman (1986)</i>	103
Myra Cooper <i>Cognitive Theory in Anorexia Nervosa and Bulimia Nervosa: A Review</i>	113
Clinical Section	
Emma Dunmore, David M Clark & Anke Ehlers <i>Cognitive Factors in Persistent versus Recovered Post-Traumatic Stress Disorder after Physical or Sexual Assault: A Pilot Study</i>	147
Alfred Lange, René Richard, Jette Kiestra & Elien van Oostendorp <i>Cognitive Treatment Through Positive Self-Verbalization: A Multiple Case Study</i>	161
Derek Milne & Penny Netherwood <i>Seeking Social Support: An Observational Instrument and Illustrative Analysis</i>	173
Peter Griffiths & Harriet Livingstone <i>Non-Manometric Biofeedback for Idiopathic Faecal Retention in Childhood: A Case Study</i>	187
Brief Clinical Reports	
Gary L Sidley, Kim Whitaker, Rachel M Calam & Adrian Wells <i>The Relationship Between Problem-Solving and Autobiographical Memory in Parasuicide Patients</i>	195
Keith W Brown, Therese McGoldrick & Robin Buchanan <i>Body Dysmorphic Disorder: Seven Cases Treated with Eye Movement Desensitization and Reprocessing</i>	203
Book Reviews	209

Number 3

Hélène Letarte, Robert Ladouceur, Mark Freeston & Josée Rhéaume <i>Incentive to Suppress a Natural Thought</i>	219
Dietmar Schulte <i>Behavioural Analysis: Does It Matter?</i>	231
Clinical Section	
Richard G Moore & Ivy-Marie Blackburn <i>Cognitive Therapy in the Treatment of Non-Responders to Antidepressant Medications: A Controlled Pilot Study</i>	251
Chris Williams, Steve Williams & Kevin Appleton <i>Mind Maps: An Aid to Effective Formulation</i>	261
Peter Kinderman & Richard P Bentall <i>Attributional Therapy for Paranoid Delusions: A Case Study</i>	269
Brief Clinical Reports	
Paul Rogers & Simon Darnley <i>Self-Monitoring, Competing Response and Response Cost in the Treatment of Trichotillomania: A Case Report</i>	281
Anne E M Speckens, Philip Spinhoven, Albert M van Hemert, Jan H Bolk & Keith E Hawton <i>Cognitive Behavioural Therapy for Unexplained Physical Symptoms: Process and Prognostic Factors</i>	291
Book Reviews	295
Editorial Statement	305

Number 4

Editorial	307
Anna Spenceley & Bill Jerrom <i>Intrusive Traumatic Childhood Memories in Depression: A Comparison Between Depressed, Recovered & Never Depressed Women</i>	309
Brigitte Boon, Wolfgang Stroebe, Henk Schut & Anita Jansen <i>Does Cognitive Distraction Lead to Overeating in Restrained Eaters?</i>	319
Ian A James & Katherine Kendell <i>Unfinished Processing in the Emotional Disorders: The Zeigarnik Effect</i>	329
Clinical Section	
Anke S Van Peski-Oosterbaan, Philip Spinhoven, Yanda van Rood, A J Willem Van der Does & Albert J V Brusckhe <i>Cognitive Behavioural Therapy for Unexplained Non-Cardiac Chest Pain: A Pilot Study</i>	339
Saeed Wahass & Gerry Kent <i>The Modification of Psychological Interventions for Persistent Auditory Hallucinations to an Islamic Culture</i>	351
Mikloš Biro, Zdenka Novović & Vesna Gavrilov <i>Coping Strategies in PTSD</i>	365
Ronald Siddle, Douglas Turkington & Robert E J Dudley <i>Cognitive Behaviour Therapy in a Case of Organic Hallucinosi</i>	371
Book Reviews	381
Reviewers	387