The epidemic started during the winter, and the highest number of cases were recorded in the months of June and July (due to the increased activity of both animals and humans, acting as infection reservoirs and hosts). The epidemic spread throughout most of Croatia. The known natural foci of hemorrhagic fever with renal syndrome have been the Plitivice and Slunj areas, Dinara Mountain, Velika and Mala Kapela mountains, the Zagreb area (Velika Gorica and Jastrebarsko), the Gorski Kotar area (Ogulin, Delnice), west Slavonia, and the Novska area. The disease has not been recorded in the litoral area and the Adriatic islands. The disease was also recorded in the neighboring countries of Slovenia, Bosnia and Herzegovina, Serbia, and Montenegro. The identified causative agents include Dobrava and Puumala, which are viruses of the genus Hantavirus. Rodents, including Clethrionomys glareolus (bank vole), Apodemus flavicollis (yellow-necked field mouse), Apodemus agrarius (black-striped field mouse), and Apodemus sylvaticus (wood mouse), serve as the main reservoirs for the infection in Croatia. Typical biotypes of the infection in Croatia are deciduous woods. The 2002 epidemic confirmed the presumption that most of continental Croatia is a natural focus for hemorrhagic fever with

renal syndrome. The disease usually occurs sporadically; the epidemics frequently accompany armed conflicts. Thus, soldiers are the group at the highest risk in both war and peacetime conditions. Therefore, hemorrhagic fever with renal syndrome is an important disease from the viewpoint of military epidemiology.

Keywords: Croatia; epidemiological characteristics; hemorrhagic fever with renal syndrome; hosts; reservoirs *Prehosp Disast Med* 2003:18:s(1)s20. E-mail: rosanda.mulic1@st.hinet.hr

### Epidemiological Characteristics and Military Significance of Q-Fever in Croatia

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Q-fever is an acute, febrile, rickettsial infection spread all over the world. In Croatia, Q-fever poses a considerable and long-standing public health problem. The disease primarily involves certain animal species, which transmit it easily through various routes of exchange. Also, it is commonly spread through dust. Q-fever frequently is present as an enzootic among domestic animals, occurring sporadically in occupationally exposed individuals.

Over the last 10 years (1992–2001), 406 affected persons (40 per year on average) were recorded in Croatia. The real incidence probably exceeds the number of recorded cases because of the frequently mild clinical picture, absence of suspicion of the disease, and inadequate laboratory diagnostic testing. In recent years, epidemic outbreaks of Q-fever with a high number of affected individuals over a relatively small area were observed. Although the agent causing Qfever replicates only in living cells, like sporogenic bacteria, it is highly resistant to unfavorable environmental conditions and to most of the widely used disinfectants. It can survive for a year in a desiccated biological material at a low temperature. It can also survive for a year and a half in sapless tick feces, or for two years in an infected tick. In the soil, the agent remains infective for seven to nine months at 4-6  $^{\circ}$ C, and in water for three to 36 months.

Epidemiological data are of great diagnostic importance, because the disease is highly occupation related. Data on a person's stay in a known endemic area or on contact with domestic or wild animals, especially sheep or related animals during the period of lambing, are of utmost importance. However, considering the high agent resistance, transmission of the disease does not require direct human exposure to the infectious material.

Epidemic outbreaks of the disease can occur quite easily in army units staying outdoors, in camps or for training. As there is no routinely used vaccination for either humans or animals, and as Croatia has a very long border with Bosnia and Herzegovina, where there is a known problem of Q-fever in sheep, the occurrence of the disease cannot be completely prevented. While staying outdoors, army units should avoid endemic areas, sleeping in barns, and any contact with sheep. For the rest of the population, the risk of infection can be reduced by close cooperation with veterinary services and public health institutions. If an epidemic breaks out, control measures are limited to the elimination of the sources of the infection, monitoring of the exposed group, isolation of the affected, and antibiotic therapy.

Keywords: army; Croatia; epidemics; incidence; outdoors; prevention; Q-fever; resistance; transmission Prehosp Disast Med 2003:18:s(1)s20.

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# HIV/AIDS in Complex Emergencies: The Role of Military and Peacekeepers

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In recent years, wars and complex emergencies have become increasingly common, especially in least developed areas of the world, where the impact of HIV/AIDS has been most pronounced. There is growing evidence that wars and complex emergencies produce the type of conditions that can facilitate the spread of HIV/AIDS. Social disorganization, family disruption, displacement, breakdown of protection, and gender and sexual abuse are some of the contributing factors. In many parts of the world, military personnel and peacekeepers are especially at risk for HIV/AIDS, and also find themselves in social settings in which they also can contribute to the spread of HIV/AIDS. Both military personnel and peacekeepers nevertheless may be a potential force in the prevention of HIV/AIDS as well as other health problems. The ICMH and UNFPA are collaborating with sub-Saharan African countries to explore what new roles and capacities military and peacekeeping personnel could assume, and are using a combination of training and behavioral monitoring to develop a program with national military authorities and UNDPKO. In Sierra Leone and the DRC, there already is evidence that both groups of uniformed personnel are willing to and capable of playing an outreach role.

Keywords: behavioral monitoring; complex emergencies; contributing factors; HIV/AIDS; military; peacekeeping; prevention; sub-Saharan Africa; social disorganization; training; war Prehosp Disast Med 2003:18:s(1)s21. E-mail: mcarballo@icmh.ch

How Can the Clinical Laboratory Prepare Against Environmental Contamination and Bioterrorism? Ildikó Endreffy, PhD; L. Sved, MD; I. Kopcso, MD; F. Molnar

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The bioterrorist events took place in the United States, but they had a worldwide impact. In Europe, security agencies are calling for concerted global action to strengthen the public health response to the threat of international bioand radio-nuclear logical. chemical, terrorism. Cooperation within the European Union (EU) proved essential and inevitable. In a border-free space in which produce, products, services, and people can circulate, it is essential that appropriate mechanisms and arrangements are put in place to ensure prompt notification and exchange of information in case of threats and attacks; action at the source to stem the spread of disease and environmental contamination; mutual assistance for diagnosis and management of cases; and laboratory and epidemiological investigations.

Aims and tasks include: (1) develop capacities; (2) educate and train laboratory technicians; (3) train lab techs to use polymerase chain reaction (PCR), chromatograms, etc.; (4) train lab techs in forensic microbiology; and (5) improve analytic techniques for toxins, etc.

Keywords: bioterrorism; clinical training; contamination; diagnosis; environment; European Union; information; laboratories; management; notification; techniques

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### Mass Poisoning with Carbon Monoxide

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Professionals who respond to large-scale emergency situations often find themselves under a considerable amount of stress. The authors present a case report on mass poisoning with carbon monoxide in view of the EMD response and on-the-spot problem solving due to the (non-) existing disaster plan within the University Medical Centre in Ljubljana, Slovenia.

Keywords: carbon monoxide; crisis; disaster; emergencies, largescale; plan; poisoning; professionals; response

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## Benchmarking EMS Systems: A Contribution to a Comprehensive Public Health Monitoring System (A Working Report on the European Emergency Data Project)

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Due to different historical developments, there are various types of prehospital Emergency Medical Services (EMS) across Europe. While some EMS systems are based on the provision of prehospital emergency care by paramedics and emergency medical technicians, others are organized around the central role of emergency physicians. There are systems that provide as much care as possible at the scene of emergency, whereas other systems aim at minimizing the on-scene and transport time. When it comes to comparing and benchmarking EMS systems in Europe, these differences become obvious and need to be carefully taken into account. Differences in outcomes cannot be explained only by medical performance, but also by system design. The analysis of resource utilization also cannot be assessed without considering the whole system.

A benchmarking study started in 1994 compared the clinical and economic performance of three European EMS systems (Birmingham, UK; Santander, Spain; and Bonn, Germany)—the first European Emergency Data (EED) project. The study design was developed against the background of the different systems, using standardized scores and measurements such as the ICD coding system, the Glasgow Coma Scale (GCS), the Mainz Emergency Evaluation Score (MEES), and other outcome scores.

Basically, the study revealed the best medical performance of the three EMS systems in Bonn, whereas the system in Birmingham was characterized by the best economic performance and optimized allocation of resources.

The results of the above study form the scientific basis for the ongoing European Emergency Data (EED) project, which is funded by the European Commission (grant agreement no.: SPC.2002299). The study comprises 12 European EMS systems and one associated partner system from the U.S. The main objective of the project is to define a common set of European EMS indicators for health monitoring, including indicators of health status of emergency patients on the one hand, and on resources, performance, and utilization of the EMS system on the other.

This presentation provides an overview of the development of the EED project, starting with a summary of the first EED project on benchmarking and concluding with a status quo of the current project. Preliminary results of this ongoing project contain a set of indicators for health monitoring based on EMS data that are available in each of the project partner's EMS systems.

Keywords: benchmarks; benefits; comparisons; data; effectiveness; efficacy; Emergency Medical Services (EMS); European Emergency Data system (EED); monitoring

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#### International Activity of the Council on Cooperation in the Field of Public Health of NIS Countries for Emergencies and Acts of Terrorism Prevention and Relief

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The Council on Cooperation in the field of public health of NIS countries is a profile working body of the NIS Executive Committee. During its regular sessions (twice each year), the Council considers the most urgent topics in

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