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**Topic: EPV01 - e-Poster 01: Addictive Behaviours**

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**Profile of the Patients with Psychiatric Medication Abuse in a Mental Health Center.**

**D. Rentero Martin**<sup>1</sup>, F. Arias Horcajadas<sup>1</sup>, L. Hernández Arroyo<sup>1</sup>, N. Mesa Rodas<sup>1</sup>, P. Nava García<sup>1</sup>, S. Puerta Rodríguez<sup>1</sup>, M. Nieves Carnicer<sup>1</sup>

<sup>1</sup>Psychiatry, Hospital Universitario 12 de Octubre, Madrid, Spain

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**Objectives:**

There is an increasing demand for treatment for dependence on different psychiatric medication like benzodiazepines. The goal is to determine the user's profile that is attended in a mental health center.

**Material/Methods:**

We obtained a sample of 30 users, divided into two groups: A) main drug benzodiazepines, B) primary drug others.

Sociodemographic, psychiatric and drug use variables are collected, making a descriptive retrospective analysis, using means for quantitative variables and proportions for categorical variables.

**Results:**

Group A is composed mainly of women (63.6%) of average age 46 years, and the group B of males (75%) with slightly higher average age (48 years). In group A and B the average level of education is primary/secondary education. Overall, they do not work and are single, having more pensioners and separated in group B.

In both groups, more than half have a history of affective disorders, often followed by anxiety disorders, with higher prevalence in group A (54.6% vs 36.8%), and personality disorders (77.3% and 75%).

In reference to group B, the primary drug of abuse is mostly alcohol. In general there is higher prevalence of nicotine dependence.

**Conclusion:**

The profile of group A is a middle-aged woman who presents comorbidity with affective and personality disorders. The profile of group B is a middle-aged man, alcohol dependent, with earlier onset of use and with personality disorder.

**Bibliography:**

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