

SYMPTOMS AND TREATMENT OF OVERDOSAGE

In acute **TOPAMAX** (topiramate) overdose, if the ingestion is recent, the stomach should be emptied immediately by lavage or by induction of emesis. Activated charcoal has not been shown to adsorb topiramate *in vitro*. Therefore, its use in overdose is not recommended. Treatment should be appropriately supportive. Hemodialysis is an effective means of removing topiramate from the body. However, in the few cases of acute overdose reported, including doses of over 20 g in one individual, hemodialysis has not been necessary.

DOSAGE AND ADMINISTRATION

Adults

The recommended total daily dose of **TOPAMAX** (topiramate) as adjunctive therapy is 200-400 mg/day in two divided doses. It is recommended that therapy be initiated at 50 mg/day, followed by titration to an effective dose. Doses above 400 mg/day have not been shown to improve responses and have been associated with a greater incidence of adverse events. The maximum recommended dose is 800 mg/day. Daily doses above 1,600 mg have not been studied. Titration should begin at 50 mg/day. At weekly intervals, the dose should be increased by 50 mg/day and taken in two divided doses. Dose titration should be guided by clinical outcome. Some patients may achieve efficacy with once-a-day dosing.

THE RECOMMENDED TITRATION RATE IS:

	AM Dose	PM Dose
Week 1	none	50 mg
Week 2	50 mg	50 mg
Week 3	50 mg	100 mg
Week 4	100 mg	100 mg
Week 5	100 mg	150 mg
Week 6	150 mg	150 mg
Week 7	150 mg	200 mg
Week 8	200 mg	200 mg

TOPAMAX Tablets can be taken without regard to meals. Tablets should not be broken.

Geriatrics

See PRECAUTIONS section.

Pediatrics

As yet there is limited experience on the use of **TOPAMAX** (topiramate) in children aged 18 years and under and dosing recommendations cannot be made for this patient population.

Patients with Renal Impairment

In renally impaired subjects (creatinine clearance less than 70 mL/min/1.73m²), one half of the usual adult dose is recommended. Such patients will require a longer time to reach steady-state at each dose.

Patients Undergoing Hemodialysis

Topiramate is cleared by hemodialysis at a rate that is 4 to 6 times greater than a normal individual. Accordingly, a prolonged period of dialysis may cause topiramate concentration to fall below that required to maintain an anti-seizure effect. To avoid rapid drops in topiramate plasma concentration during hemodialysis a supplemental dose of topiramate may be required. The actual adjustment should take into account 1) the duration of dialysis period, 2) the clearance rate of the dialysis system being used, and 3) the effective renal clearance of topiramate in the patient being dialyzed.

Patients with Hepatic Disease

In hepatically impaired patients topiramate plasma concentrations are increased approximately 30%. This moderate increase is not considered to warrant adjustment of the topiramate dosing regimen. Initiate topiramate therapy with the same dose and regimen as for patients with normal hepatic function. The dose titration in these patients should be guided by clinical outcome, i.e., seizure control and avoidance of adverse effects. Such patients will require a longer time to reach steady-state at each dose.

PHARMACEUTICAL INFORMATION

i) Drug Substance

Proper Name: topiramate

Chemical Name: 2,3,4,5-bis-O-(1-methylethylidene)-β-D-fructopyranose sulfamate

Molecular Formula: C₁₂H₁₂NO₆S

Molecular Weight: 339.36

Description: Topiramate is a white crystalline powder having a bitter taste. Topiramate is most soluble in alkaline solutions containing sodium hydroxide or sodium phosphate with a pH of 9 to 10. It is freely soluble in acetone, chloroform, dimethylsulfoxide and ethanol. The solubility in water is 9.8 mg/mL. Its saturated solution has a pH of 6.3.

ii) Composition

TOPAMAX (topiramate) contains the following inactive ingredients: lactose monohydrate, pregelatinized starch, microcrystalline cellulose, sodium starch glycolate, magnesium stearate, purified water, carnauba wax, hydroxypropyl methylcellulose, titanium dioxide, polyethylene glycol, polysorbate 80 and may contain synthetic iron oxide.

iii) Stability and Storage Recommendations

TOPAMAX Tablets should be stored in tightly closed containers at controlled room temperature (15 to 30°C). Protect from moisture.

AVAILABILITY OF DOSAGE FORMS

TOPAMAX (topiramate) is available as embossed tablets in the following strengths as described below:

25 mg:	white, round, coated tablets containing 25 mg topiramate.
100 mg:	yellow, round, coated tablets containing 100 mg topiramate.
200 mg:	salmon-coloured, round, coated tablets containing 200 mg topiramate.

Supplied: Bottles of 60 tablets with desiccant.

Product Monograph available on request

REFERENCES:

1. Faught E et al. Topiramate placebo-controlled dose-ranging trial in refractory partial epilepsy using 200-, 400-, and 600-mg daily dosages. *Neurology* 1996; 46:1684-90. 2. **TOPAMAX** (topiramate) Product Monograph. Janssen-Ortho Inc., 1997. 3. Walker MC and Sander JWAS. Topiramate: a new antiepileptic drug for refractory epilepsy. *Seizure* 1996; 5: 199-203. 4. Shorvan SD. Safety of topiramate: adverse events and relationships to dosing. *Epilepsia* 1996; 37(Suppl 2): S18-22.

Study	Placebo (n)	5 mg (n)	10 mg (n)	20 mg (n)
Study 6*	35% (100)	—	54% (106)	63% (202)
Study 7†	29% (112)	—	43% (109)	62% (215)
Total	208/695	232/494	482/985	722/1195
Weighted Average	30%	47%	49%	60%
Range	25-42%	44-67%	43-67%	55-78%

Headache relief was defined as a decrease in headache severity from severe or moderate to mild or none. n = total number of patients who received treatment. *Comparisons between sumatriptan doses not conducted. †p ≤ 0.05 versus placebo. ‡p ≤ 0.05 versus lower sumatriptan doses. §p ≤ 0.05 vs 5 mg. ¶not evaluated.

As shown in the table above, optimal rates of headache relief were seen with the 20 mg dose. Single doses above 20 mg should not be used due to limited safety data and lack of increased efficacy relative to the 20 mg single dose.

Within the range of 5-20 mg, an increase in dose was not associated with any significant increase in the incidence or severity of adverse events other than taste disturbance (See Adverse Reactions).

The nasal spray should be administered into one nostril **only**. The device is a ready to use single dose unit and **must not** be primed before administration. Patients should be advised to read the patient instruction leaflet regarding the use of the nasal spray device before administration.

STABILITY AND STORAGE RECOMMENDATIONS IMITREX Tablets should be stored at 2°C to 30°C. IMITREX Injection and Nasal Spray should be stored between 2°C to 30°C and protected from light.

COMPOSITION IMITREX TABLETS contain 100 mg or 50 mg sumatriptan (base) as the succinate salt. IMITREX Tablets also contain lactose, microcrystalline cellulose, croscarmellose sodium and magnesium stearate.

IMITREX INJECTION contains 6 mg sumatriptan (base) as the succinate salt in an isotonic sodium chloride solution.

IMITREX Nasal Spray contains 5 mg, 10 mg or 20 mg of sumatriptan base (as the hemisulphate salt formed *in situ*) in an aqueous buffered solution containing monobasic potassium phosphate, anhydrous dibasic sodium phosphate, sulphuric acid, sodium hydroxide, and purified water.

AVAILABILITY OF DOSAGE FORMS IMITREX TABLETS 100 mg are pink film-coated tablets available in blister packs containing 6 tablets, packed in a cardboard carton. IMITREX TABLETS 50 mg are white film-coated tablets available in blister packs containing 6 tablets.

Each tablet contains 100 mg or 50 mg sumatriptan (base) as the succinate salt.

IMITREX INJECTION is available in pre-filled syringes containing 6 mg of sumatriptan base, as the succinate salt, in an isotonic solution (total volume = 0.5 mL). Syringes are placed in a tamper-evident carrying/disposal case. Two pre-filled syringes plus an autoinjector are packed in a patient starter kit. A refill pack is available containing 2 x 2 pre-filled syringes in a carton.

IMITREX INJECTION is also available to physicians or hospitals in a single dose vial (total volume = 0.5 mL) containing 6 mg of sumatriptan base, as the succinate salt.

IMITREX Nasal Spray 5 mg and 20 mg are each supplied in boxes of 6 nasal spray devices (3 X 2 devices). Each unit dose spray supplies 5 and 20 mg, respectively, of sumatriptan (base) as the hemisulphate salt.

Product Monograph available to physicians and pharmacists upon request. Please contact Glaxo Wellcome Inc., 7333 Mississauga Road N, Mississauga, Ontario, L5N 6L4.

IMITREX® (sumatriptan succinate/sumatriptan nasal spray) is a registered trade mark of Glaxo Group Limited, Glaxo Wellcome Inc., licensed use. †The appearance, name, colour, shape and size, of the IMITREX® Nasal Spray device is a trade-mark of Glaxo Group Limited, Glaxo Wellcome Inc., licensed use. Full prescribing information available upon request. Please contact the Glaxo Wellcome Customer Response Centre at 1-800-268-0324.

REFERENCES:

1. Product Monograph of IMITREX®, Glaxo Wellcome Inc., 1996. 2. Ryan R et al. The efficacy and tolerability of sumatriptan 5, 10 and 20 mg nasal sprays in the acute treatment of repeated attacks of migraine. Presented at the 7th International Headache Congress. Sept. 16-20, 1995. Toronto, Canada. 3. Becker WJ et al. A placebo-controlled, dose-defining study of sumatriptan nasal spray in the acute treatment of migraine. Presented at the 7th International Headache Congress. Sept. 16-20, 1995. Toronto, Canada.

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CCPP **GlaxoWellcome**

IMITREX®
SUMATRIPTAN NASAL SPRAY

See pages xiv, xv.

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 **TOPAMAX**
topiramate