

**Methods** The literature was accessed in order to investigate the status of clinical early intervention services throughout the world. In terms of Greece, a naturalistic research was added to the literature one, since there are not enough published data available.

**Results** Hundreds of early intervention programs exist in Australia, Europe, North America and Asia, designed to provide early and sustained care with less prescription not only soon after psychosis has been diagnosed but in a prodromal state as well, like the outreach and support in South London (OASIS) team. In Greece, four early intervention services have been established since 2007, without funding, and they still operate in a volunteer basis. Furthermore, the field about ultra-high risk subjects in Greece remains neglected.

**Conclusions** The specialized services play an important role in the prevention and proper clinical management of the illness and its outcome with a positive impact on the economy. Greece needs to recognize the significance of this issue in order to enhance public health and welfare.

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## EV1000

### CEVUP program: An analytical epidemiological cohort study

P.F. Bazziconi\*, C. Lemey, L. Bleton, M. Walter

CHRU de Brest, Pôle de Psychiatrie, Brest, France

\* Corresponding author.

**Introduction** Over the past few years, several teams have built programs to detect patient at clinical high-risk state for psychosis and to develop interventions at an early stage of psychiatric troubles. The aim of this study is to provide an overview of the functioning and the results obtained by the specialized program developed in Brest, France (CEVUP).

**Methods** We retrospectively analyzed the medical records of patients addressed to the CEVUP between June 2010 and April 2014. Data were double collected by two different investigators and we tested the inter-raters reliability. We included 49 help-seeking patients, aged from 15 to 30 years old, addressed by psychiatrists and general practitioners. The initial evaluation included a clinical evaluation, CAARMS scale, Rorschach test and neurocognitive tests. Subjects were classified in two groups: not at risk for developing psychosis (NA) or at risk for developing psychosis (AR).

**Results** The main results at initial evaluation showed that 16 (32.7%) patients were AR and 33 (67.3%) NA. Among AR patients, 8 (24%) developed psychosis in two years against 2 (12.5%) for NA patients. These patients have psychiatric comorbidities, essentially depression or anxiety. Secondly, there are more disturbances of psychomotor and affective development in subjects AR: 14 (41.1%) against 7 (20.5%) in group NA.

**Conclusion** The present study describes the procedures and the main results established by a specialized program for patient at high risk to develop psychosis. The characteristics of the sample remain consistent with descriptions of such populations worldwide.

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## EV1001

### Relationship between values of the health care and cognitive beliefs about body, illness and treatment: Is there “hypochondriac discourse” in the society?

M. Kovyazina<sup>1,\*</sup>, E. Rasskazova<sup>2</sup>, A. Tkhostov<sup>1</sup>, N. Varako<sup>1</sup>

<sup>1</sup> Lomonosov Moscow State University, Department of Psychology, Moscow, Russia

<sup>2</sup> Lomonosov Moscow State University and Mental Health Research Center laboratory of Medical Psychology, Department of Psychology, Moscow, Russia

\* Corresponding author.

**Introduction** Social values of health and health care are considered as important factors of health behavior as well as sources of self-regulation in health and illness. However, emphasize on medicine, health and body that is widespread in mass media nowadays may increase hypochondriac-like beliefs and behavior as well as the risk for unexplained somatic symptoms in some individuals.

**Objectives** Analysis of mass media revealed four models of health care value: health as a depletable resource requiring conservation, health as fragile value requiring protection and control, health as a necessary source of success and happiness, health as requiring periodic restoration by alternative medicine.

**Aim** was to investigate the relationship between these models and beliefs about body, illness and treatment.

**Methods** One hundred and thirteen adults without history of mental or severe somatic illnesses filled checklist of values of health care, Cognitive Attitudes about Body And Health Scale (Rief et al., 1998), Compliance-related Self-Efficacy Scale (Tkhostov and Rasskazova, 2012).

**Results** The models of health as a depletable resource and as fragile value are dominated in the sample. Agreement with these models of health care is, on the one hand, related to willingness to seek medical help and follow treatment, but, on the other hand, to an excessive attention to bodily sensations, somatosensory amplification, monitoring and catastrophization about bodily sensations.

**Conclusions** Possible pathways linking “hypochondriac discourse” in the society in its various forms and cognitive beliefs typical for hypochondria and somatoform disorders will be discussed. Research supported by Russian Foundation for fundamental research, project 17-06-00849.

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## EV1002

### Assessment the probability of formation burnout syndrome among health care workers

S. Kuzmina\*, K. Yakhin, Z. Berkheeva

Kazan State Medical University, Psychiatry, Kazan, Russia

\* Corresponding author.

**Aim** Study of psychosocial risk factors in the formation of burnout syndrome.

**Material and method** Based on a questionnaire developed by WHO experts for the European model of “health management, environment and security in the workplace”, conducted surveys 246 health care workers. Individual attention was paid to health, physical activity and nutrition.

**Results** Survey conducted of the medical personnel showed high prevalence among them psychophysical, social and psychological, behavioral symptoms that allows to think of high probability of formation of a syndrome of professional burning out. Part of medical workers who have one complaint in each group of symptoms (psychophysiological, sociological-psychological, behavioral) – 18,7%. Part of HCW with two and more complaints in each group – 39% (Table 1). Prevalence of psychophysiological, sociological and psychological, behavioral symptoms among health care emergency workers is different (Table 2).