



**UNIVERSITY
OF OXFORD**
DEPARTMENT FOR
CONTINUING
EDUCATION

COGNITIVE THERAPY IN OXFORD

A One Year Part-Time Post Qualification Course

B.P.S. RECOMMENDED

Department of Clinical Psychology
with
Oxford University Department of Psychiatry
at
The Warneford Hospital, Oxford.

COMMENCING JANUARY 1996

Fridays, 9.00 a.m. - 5.00 p.m. over three 12 week terms

Course Director:
Dr Melanie Fennell

Organisation and Training:
Dr Gillian Butler, Dr David Clark, Ms Ann Hackman,
Dr Joan Kirk, Dr Paul Salkovskis, Dr Adrian Wells

Oxford is internationally recognised as a centre of excellence in Cognitive Therapy. This course offers expert training in the theory and practice of Cognitive Therapy to qualified healthcare professionals in clinical psychology, psychiatry, medicine, social work, nursing, etc.

For further information and application forms, write to:
Dr M.J.V.Fennell, Department of Clinical Psychology,
The Warneford Hospital, Oxford OX3 7JX

Instructions to Authors

1. **Submission.** Articles written in English and not submitted for publication elsewhere, should be sent to Paul Salkovskis, Editor, *Behavioural and Cognitive Psychotherapy*, Department of Psychiatry, University of Oxford, Warneford Hospital, Oxford OX3 7JX, UK.

2. **Manuscript preparation.** Four complete copies of the manuscript must be submitted. Original figures should be supplied at the time of submission. Articles must be typed double-spaced throughout on standard sized paper (preferably A4) allowing wide margins all round. Where unpublished material, e.g. behaviour rating scales, therapy manuals, etc. is referred to in an article, copies should be submitted to facilitate review.

Manuscripts will be sent out for review exactly as submitted. Authors who want a blind review should mark two copies of their article "review copy" omitting from these copies details of authorship.

Abbreviations where used must be standard. The Système International (SI) should be used for all units; where metric units are used the SI equivalent must also be given. Probability values and power statistics should be given with statistic values and degrees of freedom [e.g. $F(1,34) = 123.07, P < 0.001$], but such information may be included in tables rather than the main text.

Spelling must be consistent within an article, either using British usage (*The Shorter Oxford English Dictionary*), or American usage (*Webster's New Collegiate Dictionary*). However, spelling in the list of references must be literal to each original publication.

Details of style not specified here may be determined by reference to the *Publication Manual of the American Psychological Association* or the style manual of the British Psychological Society.

Articles should conform to the following scheme:

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THORP, R. G. and WETZEL, R. J. (1969). *Behaviour Modification in the Natural Environment*. New York: Academic Press.
ROSKIES, E. and LAZARUS, R. S. (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds). *Behavioural Medicine: Changing Health Lifestyles*. New York: Brunner/Mazel.
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