

P-334 - PSYCHO-EMOTIONAL NEEDS OF FEMALE ADOLESCENTS IN MAZANDARAN - IRAN

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Introduction: Undoubtedly any health care system could not meeting all of needs of people. so prioritizing of the needs is necessary. Needs assessment does not mean one need is superior to another perfectly. It is determining the most important needs, determining common needs and importance of each need in health care planning. The aim of this study is to assess psycho- Emotional needs of female adolescents.

Methods: In this cross-sectional study 2010 middle and high school female adolescents were recruited from randomly selected schools in Mazandaran province-Iran. Psycho- Emotional needs of participants were assessed by completing a self-administrated culturally-sensitive Iranian Female Adolescents Health Needs Questionnaire (IFAHNQ).Data were analyzed using Pearson Correlation Coefficient, Independent T-Test, One-Way Anova and Multivariate regression.

Results: There was a meaningful relationship between psycho- Emotional needs' score of adolescents with their age and their mothers' education. Mean score of needs of urban adolescents was significantly higher than rural.

Conclusion: Ignoring adolescents' psycho- Emotional needs and not to attempting for meeting them could lead to irrecoverable serious problems in the future of adolescent mental health.