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## A hereditary abnormality of the metabolism of glutathione in the red blood cells\*

The hereditary abnormality of erythrocytes first described by Beutler and assoc. in primaquine sensitive American Negroes, has also been detected in oriental Jews sensitive to hemolysis by sulphonamides, fava beans and possibly other agents.

The frequency of this erythrocyte abnormality among various communities in Israel was investigated by the glutathione stability test in a random sampled population. Individuals, whose erythrocyte glutathione (GSH) fell below 30 mg/100 cc RBC as a result of incubation with acetylphenylhydrazine were considered as abnormal.

Among 400 random sampled Ashkenazic Jews from eastern, central or western Europe this defect was not detected. However the abnormality is evidently not completely absent among this population group. Recently a case of favism in an adult Ashkenazic Jew born in Poland came to our attention. The patient's erythrocytes demonstrated glutathione instability and a severe deficiency of glucose 6 phosphate dehydrogenase.

On the other hand glutathione instability was found frequently in the erythrocytes of oriental Jews (Table 1). The highest frequency of the abnormality (above 30%) was encountered among Jews from Kurdistan, followed by those from Iraq and Persia. The geographic proximity of those places could suggest a common source for this high frequency. Frequency of about 8% was found among the Turkish Jews, but it is not certain yet whether some of them did not originate from Kurdistan or Iraq (taking into consideration the proximity of these regions and the tendency to

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Table 1 - GSH stability test in various Jewish groups in Israel

Origin of subjects	Males		Females	
	No. examined	% sensitive <sup>1</sup>	No. examined	% sensitive <sup>1</sup>
Iraq	246	25.2%	278	31.4%
Kurdistan	46	36.5%	70	37.5%
Persia	106	19.5%	137	20.7%
Turkey	79	7.6%	109	7.4%
Cochin	49	12.0%	34	11.7%
Yemen	151	6.0%	195	6.1%
North Africa	170	1.8%	250	1.2%

Subjects with glutathione instability have been detected also among Jews from Egypt, Sudan, Aden, Syria, Caucasus, Buchara, and Italy.

Table 2 - GSH stability test in various national and religious groups in Israel

Subjects	Males		Females	
	No. examined	sensitive <sup>2</sup>	No. examined	sensitive <sup>2</sup>
Karaites	26	0	15	0
Samaritans	6	0		
Arabs	120	3.3%	89	3.4%
Druses	90	5.5%	10	0
Desert Bedouins	12	1 case	17	1 case
Circasians	40	0		
Sikh (Punjab)	1	1 case		

migration). Subjects from Cochin at the south western tip of the Indian peninsula showed a frequency of about 12%, while the Yemenites about 6%. The abnormality is evidently not common among the North African Jews. Other Jewish communities have not yet been studied in sufficient numbers to allow conclusions about the relative frequency, but the abnormality has also been detected among Jewish subjects from Egypt, Sudan, Aden, Caucasus, Buchara and Italy.

The abnormality has also been detected among Arabs, desert Bedouins and Druses living in Israel. It is of interest that the single Sikh from Punjab examined by us while in transit in Israel demonstrated also this erythrocyte abnormality (table 2).

### The pattern of genetic transmission

In a paper recently published we proposed a hypothesis that the abnormality in our community is inherited through a sex linked gene with incomplete dominance. We may now add some additional evidences of the sex linkage to the chromosome X.

<sup>1</sup> Subjects, whose erythrocyte GSH fell below 30mg/100 cc RBC during incubation with acetylphenylhydrazine.

<sup>2</sup> Subjects whose erythrocyte GSH fell below 30mg/100 cc RBC during incubation with acetylphenylhydrazine.

In table 3 we present families which came to our attention through affected children. The number of families in which the abnormality was transmitted through the mother was much higher than the number of families in which the father was the only source of the pathologic gene. This finding is in accord with the sex linkage hypothesis. If we assume that in the families in which both parents were normal, the mother was a carrier of the pathologic gene without penetrance (the validity of such an assumption was discussed by us in a previous communication), the preponderance of cases with transmittance through the mother is still more striking.

**Table 3 - GSH instability in parents in families detected through children (in all cases both parents were examined)**

GSH instability	No. of families
Only in father	8
Only in mother	18
In both parents	7
No GSH instability in parents	7
Total families	40

**Table 4 - Findings in the offsprings in families, in which the father exhibited GSH instability and the mother was normal**

Findings in children	No. of families
All daughters „sensitive”	1
All daughters „sensitive” and all sons normal	7
All sons normal	3
Some daughters normal	1
All sons and daughters normal	2
Some of sons „sensitive”	1
Total families	15

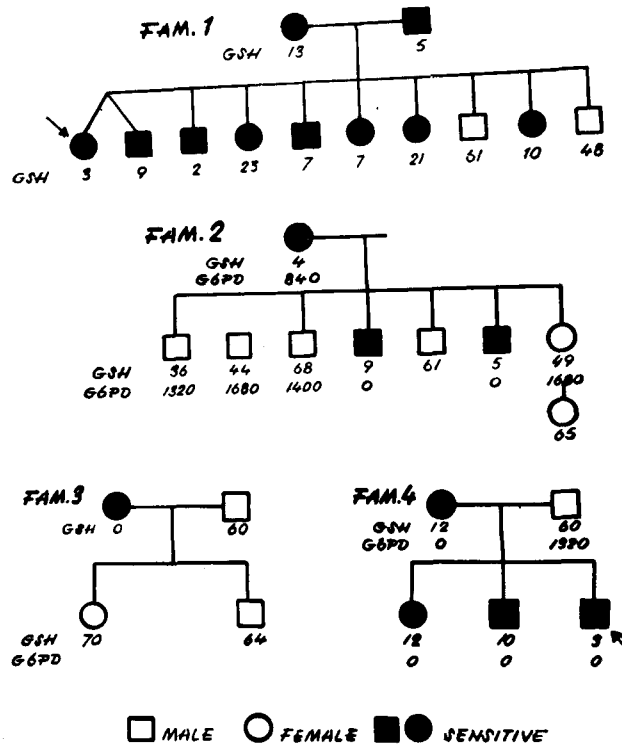
“ Sensitive ”-subjects with GSH instability.

In 15 families studied by us the father showed erythrocyte GSH instability while the mother was normal. When a certain condition is transmitted as a dominant trait with complete sex linkage to the chromosome X, all the daughters in families of the type presented in table 4 should show the abnormality, while all the sons should be normal. In 11 out of our 15 families this condition was fulfilled. The seemingly contradicting findings in the remaining 4 families might be explained by the non penetrance of the gene in some females. An alternative hypothesis for the last family in this table, in which the abnormality was found in the father and some of his sons, could be, that the gene is situated on the homologous segment of the X chromosome, so that crossovers are possible.

Expressivity of the gene in females

Childs and assoc. studying the glutathione instability in American Negroes postulated that all the females with glutathione levels below 20mg/100cc RBC (after incubation with acetylphenylhydrazine) should be considered as homozygous for the abnormal gene. However one family in their material did not conform to this postulation.

In figure 1 we present some families from our material inconsistent with the hypothesis that all females with the low GSH levels homozygous. In the families 1, 2, 3



Families incompatible with the hypothesis that all females with GSH level of 0-20 mg/100 cc RBC after incubation with acetylphenylhydrazine are homozygous.

the mothers must be heterozygous, since some of their sons were normal. In family 4 the daughter must be heterozygous as here father had normal GSH stability. These families suggest that a full expressivity of the defect might be found also in heterozygous females.

Evidence in the same direction is afforded by mathematical considerations; When the frequency of the pathologic gene was calculated for 4 different communities

(Jews from Kurdistan, Iraq, Persia and Yemen) by the "maximal likelihood method" advocated by Neel and Shull, on the assumption that all the females with GSH values 0-20 mg/100 cc RBC (after incubation with acetylphenylhydrazine) are homozygous, a great divergence between the expected and the observed values has been seen both for males and females. It suggested, that either the hypothesis of transmission by a sex linked incompletely dominant gene is incorrect, or that some females with the low GSH values are heterozygous.

**Table 5 - Correlation between the degree of GSH stability and glucose 6 phosphate dehydrogenase activity in males and females**

GSH <sup>3</sup>	Glucose 6 phosphate dehydrogenase activity <sup>4</sup>				
	Total examined	0	200-800	800-1000	1000-2500
	Number of males				
0-10	36	36			
11-20	4	4			
31-40	2				2
above 40	51				51
	Number of females				
0-10	21	14	7	0	0
11-20	14	3	9	2	0
21-30	15	0	4	7	4
31-40	12				12
above 40	46				46

Additional proof that the females with these low GSH values do not constitute a homogenous group is presented by the investigation of the glucose 6 phosphate dehydrogenase activity. It is shown in table 5 that no activity of this enzyme was demonstrated by our method<sup>5</sup> in any of the males with the GSH instability, while only a part of the females with the low GSH values have shown a similar absence of the enzyme activity. In a considerable proportion of females belonging to this GSH group intermediate levels of activity of this enzyme were demonstrated. On the basis of these findings, it would be possible to suppose that by the estimation of the glucose 6 phosphate dehydrogenase activity it would be possible to differentiate with certainty between the homo- and heterozygous females. But in our material we have already one family inconsistent with such a supposition. In the family No. 4 in fi-

<sup>3</sup> GSH mg/100 cc RBC after incubation with acetylphenylhydrazine.

<sup>4</sup> Glucose 6 phosphate dehydrogenase activity in units/100 RBC/min.

<sup>5</sup> The activity of the glucose 6 phosphate dehydrogenase was estimated by the increase of optical density at 340mM of a mixture which contained tris buffer, hemolyzate incubated previously for 60 minutes at 37°, glucose 6 phosphate, triphosphopyridine nucleotide and MgCl<sub>2</sub>.

gure 1 the daughter with no demonstrable activity of this enzyme should be considered heterozygous because of her normal father (unless he is not her real father).

The consideration of our material suggests, that in the heterozygous females a complete range of variability of expressivity of the defect may be encountered, from full dominance to non penetrance.

It is possible to postulate, that perhaps some additional factor, unknown to us yet is conditioning the degree of expressivity in females.

### Summary

The frequency of a hereditary abnormality of erythrocytes characterised by a deficiency in glucose 6 phosphate dehydrogenase and glutathione instability, has been investigated in various population groups in Israel. The highest frequencies of this abnormality have been detected among Jews from Kurdistan, Iraq and Persia. It is also relatively common in other oriental (sefardic) Jewish communities, as well as among Arabs, desert Bedouins and Druses.

Up to now only one case of this erythrocyte defect has been found among Jews of Ashkenazic origin. The same abnormality has also been found in a Sikh from Punjab.

The hereditary pattern of transmission and evidences of sex linkage are presented. The problem of expressivity of the abnormal gene in heterozygous females is discussed.

### RIASSUNTO

Ricerche sono state effettuate in vari gruppi etnici in Israele sulla frequenza di un difetto ereditario degli eritrociti, caratterizzato da deficienza in glucosio-6-fosfato deidrogenasi e da un'instabilità del glutatione stesso.

La più alta frequenza di questa anomalia è presente negli Ebrei provenienti dal Kurdistan, dall'Iraq e dalla Persia. È pure relativamente comune tra le altre comunità ebraiche orientali (sefarditi), come pure tra Arabi, Beduini e Drusi.

Per conoscenza, soltanto un caso di questo difetto eritrocitario è stato trovato tra Ebrei di origine non orientale (Askenaziti). La stessa anomalia era presente pure in un Sikh del Punjab.

Si presentano in questo lavoro lo schema genetico di trasmissione e l'evidenza di un « sex-linkage ». Si discute pure il problema dell'espressività del gene anormale in individui di sesso femminile eterozigoti.

### RÉSUMÉ

La fréquence d'une anomalie héréditaire des érythrocytes, caractérisée par une déficience en glucose 6-phosphate déhydrogenase et en une instabilité du glutathion a été étudiée dans les divers groupes ethniques en Israel. La fréquence la plus élevée de cette anomalie a été constatée parmi les Juifs originaires du Kurdistan, de l'Iraq et de Perse. Elle est aussi relativement fréquente parmi les Juifs provenant d'autres communautés orientales (Séphardiques) et également parmi les Arabes, les Bedouins du desert et les Druses.

Jusqu'à présent un seul cas de cette anomalie érythrocytaire a été trouvé chez un juif d'origine Ashkénaze. La même anomalie a été trouvée chez un Sikh de Punjab.

La mode de transmission héréditaire et l'évidence de liaison au sexe sont présentés.

Sont discutés également les problèmes de l'expressivité du gène anormal dans les femelles hétérozygotes.

### ZUSAMMENFASSUNG

Die Haeufigkeit einer erblichen Anomalie der roten Blutkoerperchen, bestehend in einem Mangel an Glucose-6-Phosphate-Dehydrogenase und einer fehlenden Stabilitaet des Glutathions, wurde in verschiedenen Bevoelkerungsgruppen in Israel untersucht. Die groesste Haeufigkeit dieser Anomalie wurde unter Juden aus Kurdistan, Iraq und Persien angetroffen. Die Anomalie ist auch relative haeufig unter anderen orientalischen (Sefardischen) Juden, als auch unter Arabern, Wuesten-Beduinen und Drusen.

Bis her wurde nur ein einziger Fall dieses Erythrocytendefects unter Juden Ashkenazischen Ursprunges vorgefunden. Die gleiche Anomalie wurde auch in einem Sikh aus Punjab beobachtet.

Die Vererbungsgesetze und der Nachweis einer Geschlechtsbedingung dieser Anomalie wurden beschrieben. Die Frage der Erscheinungsform des abnormalen Genes in heterozygoten Frauen wird diskutiert.