

# Dilated Virchow-Robin Space and Dopamine Transporter Imaging in the Striatum of Patients with Parkinsonism

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**ABSTRACT:** *Objective:* The radiological and clinical significance of a dilated Virchow-Robin space (dVRS) in the striatum (STR) remains unclear. We investigated the role of dVRS in STR on parkinsonism and dopamine transporter positron emission tomography (DaT-PET) findings. *Methods:* Patients with parkinsonism who underwent both brain magnetic resonance imaging and DaT-PET were included. Clinical status was evaluated by Hoehn and Yahr (HY) stage, Korean-Mini Mental Status Examination (K-MMSE), Montreal Cognitive Assessment Korea (MoCA-K), and Frontal Assessment Battery (FAB). dVRS was assessed by semi-quantitative and quantitative scales in each of the three segments of STR (caudate nuclei, anterior and posterior putamen) and was expressed as a dVRS score. DaT-PET was qualitatively assessed as either normal or abnormal in each segment. The relationship between dVRS and DaT-PET abnormality (ab-DaT-PET) was designated in each segment as either concordant or discordant. A concordant segment was defined by the presence of dVRS with ab-DaT-PET [Concordance rate (CR) = number of concordant segments/number of concordant and discordant segments]. *Results:* Eleven patients were included. There was no significant correlation between the presence of dVRS and ab-DaT-PET. The mean CR was 0.39. CR was not significantly correlated with any clinical or neuroimaging scales. The dVRS score was significantly correlated with K-MMSE, MoCA-K, and FAB ( $r = -0.675, -0.847, \text{ and } -0.868$ , respectively) but not with HY stage. *Conclusion:* dVRS in STR played no significant role on dopaminergic innervation revealed by DaT-PET and made little contribution to clinical parkinsonism; however, it was correlated with cognitive impairment.

**RÉSUMÉ:** Dilatation de l'espace périvasculaire de Virchow-Robin et imagerie du transporteur de la dopamine dans le striatum chez des patients atteints de parkinsonisme. *Objectif:* La signification radiologique et clinique d'un espace de Virchow-Robin dilaté (EVRd) dans le striatum n'est pas encore élucidée. Nous avons étudié le rôle d'un EVRd dans le striatum dans le parkinsonisme et les constatations à la tomographie par l'émission de positons du transporteur de la dopamine (DAT-scan). *Méthode:* Des patients atteints de parkinsonisme, qui ont subi une imagerie par résonance magnétique du cerveau et un DAT-scan, ont été inclus dans l'étude. L'état clinique a été évalué au moyen de l'échelle de Hoehn et Yahr (HY), du Mini-examen de l'état mental coréen (MMSE-C), du Montreal Cognitive Assessment (MoCA) test coréen et de la batterie rapide d'efficacité frontale (BREF). L'EVRd a été évalué au moyen d'échelles semi-quantitative et quantitative dans chacun des trois segments du striatum (noyau caudé, putamen antérieur et putamen postérieur) et le résultat a été exprimé au moyen d'un score EVRd. Le DAT-scan a été évalué qualitativement dans chaque segment comme étant normal ou anormal. Pour chaque segment, l'EVRd et le DAT-scan étaient classifiés comme concordants ou discordants. Un segment concordant était défini par la présence d'un EVRd et d'un DAT-scan anormal [Taux de concordance (TC) = nombre de segments concordants/nombre de segments concordants et discordants]. *Résultats:* Onze patients ont été inclus dans l'étude. Nous n'avons pas observé de corrélation significative entre la présence d'un EVRd et un DAT-scan anormal. Le TC moyen était de 0,39. Le TC n'était corrélé significativement à aucun des scores aux échelles cliniques ou de neuroimagerie. Le score de l'EVRd était corrélé significativement aux résultats du MMSE-C, du MoCA-C et de la BREF ( $r = -0,675, -0,847 \text{ et } -0,868$  respectivement), mais ne l'était pas au stage de HY. *Conclusion:* Un EVRd dans le striatum ne jouait pas un rôle significatif sur l'innervation dopaminergique mise en évidence par le DAT-scan et contribuait peu au parkinsonisme clinique ; cependant il était corrélé à l'atteinte cognitive.

**Keywords:** Dilated Virchow-Robin Space, Dopamine Transporter, Positron Emission Tomography, Parkinsonism, Striatum, Frontal executive dysfunction.

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Virchow-Robin space (VRS) is a subpial space surrounding the perforating arteries and arterioles of the brain, and dilated VRS (dVRS) appears as small and sharply delineated structures of cerebrospinal fluid signal intensity that follow the orientation of the perforating vessels and run perpendicular to the brain surface.<sup>1-3</sup> The presence of dVRS has been reported in both normal persons and those with various disorders such as hypertension, depression, and dementia but the clinical implications of dVRS remain controversial.<sup>2</sup>

Because the striatum (STR) is a critical region in the pathogenesis of parkinsonism, many previous studies have explored the role of dVRS in STR on parkinsonian patients and have yielded

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conflicting results.<sup>4-10</sup> Some authors suggest that dVRS is either a single pathologic feature or a clinical modifier in parkinsonian patients.<sup>7,8,11</sup> The dopamine transporter (DaT) is abundantly expressed in the striatal terminals of dopaminergic neurons and is well correlated with striatal dopamine concentrations.<sup>12</sup> Dopamine transporter positron emission tomography (DaT-PET) is a useful diagnostic tool to investigate the dopaminergic innervation of STR in patients with parkinsonism.<sup>13,14</sup>

Although DaT-PET alterations can result from structural lesions, such as an infarct to the STR, the relationship between dVRS and DaT-PET remains undetermined.<sup>15</sup> There are two types of dVRS. Type 1 dVRS presents with normal surrounding tissue, and type 2 dVRS presents with surrounding rarefaction and abnormal gliosis.<sup>4</sup> The role of dVRS on DaT-PET likely differs based on the type of dVRS.

Based on the hypothesis that dVRS plays a modifying role in parkinsonism, we aimed to investigate the influence of dVRS in STR on the clinical features and neuroimaging of parkinsonian patients.

## METHODS

### Participants

Patients were recruited from those who visited our clinic for evaluation of parkinsonism. The evaluation was done by standard protocol of our Parkinson registry, including neurological evaluation of parkinsonism, cognitive function testing and brain magnetic resonance imaging (MRI). Dopamine transporter-PET was done in those with an uncertain diagnosis. Because only a few patients exhibited dVRS in STR on their MRI, we included all patients from our registry that underwent both 1.5T MRI and DaT-PET and exhibited dVRS on their MRI, regardless of clinical diagnosis.

Parkinsonism was defined as the presence of at least two of four cardinal signs (rest tremor, rigidity, bradykinesia, and loss of postural reflexes). Clinical diagnosis of Parkinson Disease (PD) was made using the UK Parkinson's Disease Society Brain Bank Clinical Diagnostic Criteria (UKPDS).<sup>16</sup> Diagnosis of Multiple System Atrophy (MSA), Progressive Supranuclear Palsy (PSP), and Frontotemporal Dementia (FTD) were made using the consensus clinical criteria for each diagnosis.<sup>17-19</sup> A diagnosis of Vascular Parkinsonism (VaP) was made in patients with symmetric parkinsonism with predominance in the lower body and in the absence of typical features suggestive of other parkinsonian disorders.<sup>10</sup> Those with a history of stroke within one year from the time of diagnosis and those with new vascular lesions on brain MRI were excluded.

Demographic data and vascular risk factors, including hypertension, diabetes, hyperlipidemia, smoking, heart disease and history of stroke, were assessed using medical records. Motor and cognitive statuses were evaluated by Hoehn and Yahr stage (HY stage), Korean Mini-Mental Status Examination (K-MMSE), Korean version of Montreal Cognitive Assessment (MoCA-K), and Frontal Assessment Battery (FAB).

This study was approved by the Institutional Review Board of Kyung Hee University Hospital. All participants gave informed consent before the study.

### Neuroimaging

Virchow-Robin space in STR was defined as the presence of small (less than three mm) isointense signals with cerebrospinal

fluid on both T1 and T2 weighted images.<sup>1-3</sup> Dilated Virchow-Robin space was evaluated on axial MRI slices in which both the caudate nucleus (CN) and the putamen could be best visualized. Each STR was divided into three segments: CN, anterior putamen (AP), and posterior putamen (PP). Anterior putamen and PP were separated by an imaginary line from the genu of internal capsule, which was perpendicular to the anterior-posterior commissure line. The severity of dVRS was assessed in each segment using a visual semi-quantitative scale (none = 0, mild = 1, moderate = 2, and severe = 3) and a quantitative scale by counting the actual number of dVRS [0 (none), 1-9 = 1 (mild), 10-19 = 2 (moderate), and  $\geq 20 = 3$  (severe)]<sup>2,20,21</sup> The sum of the six segment scores generated the dVRS score.

Dopamine transporter-PET was performed using <sup>18</sup>F-fluorinated N-3-fluoropropyl-2beta-carboxymethoxy-3-beta-(4-iodophenyl) notropane (<sup>18</sup>F-FPCIT), as reported previously.<sup>22</sup> The DaT-PET findings in the six segments (CN, AP, and PP, bilaterally) were blindly evaluated by an expert in nuclear medicine (IKH). The findings on DaT-PET were qualitatively designated as normal (= 0) or abnormal (= 1) in each segment, and scores were then summed to generate a DaT-PET score.

Anterior-posterior gradient (APg) was assessed by comparing the severity of dVRS and DaT-PET abnormality (ab-DaT-PET) in the anterior and posterior segments. Anterior-posterior gradient was determined to be present if dVRS in the CN was less severe than in the putamen and if dVRS in the AP was not more severe than in the PP. With regards to DaT-PET, APg was present if the abnormality was absent in the CN and found in both the AP and PP or in only the PP.

The correlation between dVRS and ab-DaT-PET was designated in each segment as concordant if dVRS was present with ab-DaT-PET or as discordant if dVRS was either present with normal DaT-PET or absent with ab-DaT-PET. A concordant segment was assumed to represent pathologic dVRS in STR. Concordance rate (CR) was calculated [CR = number of concordant segments/number of concordant and discordant segments] to assess its correlation with clinical and neuroimaging scales. Patients were divided into two groups according to the mean CR value (one with CR  $\geq$  mean, and the other with CR < mean).

Leukoaraiosis (LA) was defined as the presence of hyperintense lesions in the periventricular or subcortical regions on fluid-attenuated inversion recovery MRI sequences. We evaluated LA severity based on a visual rating scale (LA score).<sup>23</sup> LA score was designated as mild (1-4) or severe (>4). We defined silent infarctions (SIs) as focal hyperintensities of three mm or larger on T2-weighted images (T2WIs) in patients without relevant history or neurologic deficit.<sup>24</sup> SIs showed hypointensity on T1-weighted images. Cerebral microbleeds (CMBs) were defined as small (less than five mm in diameter), rounded, homogeneous, and hypointense signals on the gradient echo or T2-weighted images. We differentiated CMBs from perforating vessels and iron deposition by reviewing serial images.<sup>25</sup>

### Statistical Analysis

Groups were compared using the Student's *t* test, Mann-Whitney U test or Chi-square (Fisher's exact) test. Agreement between semi-quantitative and quantitative scales on dVRS was assessed using the intraclass correlation coefficient (ICC). Correlations between neuroimaging and clinical scales were

**Table 1: Clinical diagnosis and analysis of magnetic resonance imaging and dopamine transporter positron emission tomography**

Case (Sex/Age)	Diagnosis	dVRS CN	dVRS AP	dVRS PP	DaT-PET abnormality	CR	A-P gradient		Other findings in MRI (LA score)
							dVRS	DaT-PET	
Case 1 (F/73)	FTD	R mild L severe	B severe	B severe	Normal	0	-	NA	Mild LA (2)
Case 2 (M/65)	PSP	None	L severe	L mild	B CN, AP, PP	0.33	-	-	Hydrocephalus, mild LA (4)
Case 3 (F/71)	VaP	None	B mild	R severe L moderate	Normal	0	+	NA	Severe LA (12)
Case 4 (F/72)	PD	L mild	R mild L severe	None	B CN, AP, PP	0.50	-	-	Lacunar infarction (R cerebellum)
Case 5 (F/72)	PD	None	L moderate	B mild	R PP	0.33	-	+	Mild LA (3)
Case 6 (M/74)	MSA	None	None	B mild	L CN, AP, PP	0.25	+	-	Mild LA (4)
Case 7 (F/70)	PD	R mild	R severe	R severe L moderate	B AP, PP	0.50	-(L) +(R)	+	Severe LA (9), multiple silent infarcts (B subcortex, R thalamus)
Case 8 (M/77)*	PD	None	L mild	L moderate	L PP	0.50	+	+	Right middle cerebral artery infarction, hydrocephalus, mild LA (3)
Case 9 (M/69)	VaP	B severe	R severe L mild	R severe L moderate	R CN, AP L AP, PP	0.17	-	-(R) +(L)	Severe LA (10), hydrocephalus, multiple cerebral microbleeds (L thalamus and cerebellum)
Case 10 (F/65)	MSA	none	L mild	B mild	B PP	0.67	+	+	Mild LA (2)
Case 11 (M/80)	VaP	B severe	B severe	B severe	B CN, AP, PP	1.00	-	-	Severe LA (11), hydrocephalus

Abbreviations: dVRS, dilated Virchow-Robin Space; CN, caudate nucleus; AP, anterior putamen; PP, posterior putamen; DaT-PET, dopamine transporter positron emission tomography; CR, concordance rate; A-P, anterior-posterior; MRI, magnetic resonance imaging; LA, leukoaraiosis; FTD, Frontotemporal Dementia; R, right; L, left; B, bilateral; NA, not applicable; PSP, Progressive Supranuclear Palsy; VaP, Vascular Parkinsonism; PD, Parkinson Disease; MSA, Multiple System Atrophy

\*In Case 8, right caudate nucleus and putamen was not evaluated due to adjacent cerebral infarction.

**Table 2: Comparison between the patients with concordance rate  $\geq 0.39$  and  $< 0.39$** 

	All (n = 11)	CR $\geq 0.39$ (n = 5)	CR $< 0.39$ (n = 6)	p value
Age	72 (65-80)	72.0 (65.0-80.0)	71.5 (65-74)	0.662
Sex (Male/Female)	5/6	3/2	3/3	1.000
HY stage	3 (0.5-3.0)	2.50 (1.00-3.00)	1.25 (0.50-3.00)	0.329
K-MMSE	18.5 (13-29)	20.5 (15.0-25.0)	17.5 (13.0-29.0)	1.000
MoCA-K	14.5 (7-26)	14.5 (10.0-26.0)	15.5 (7.0-26.0)	0.914
FAB	9 (3-15)	7.0 (6.0-9.0)	10.5 (3.0-15.0)	0.548
DaT-PET (Normal/Abnormal)	2/9	0/5	2/4	0.455
DaT-PET score	3.5 (2.0-18.0)	5.0 (2.0-6.0)	2.0 (0-6.0)	0.158
dVRS score	6 (2-18)	8.0 (3.0-18.0)	5.5 (2.0-15.0)	0.762
LA score	4 (1-12)	5.5 (1.0-11)	4.0 (2.0-12.0)	0.610

Data expressed by median (range)

Abbreviations: CR, concordance rate; HY stage, Hoehn and Yahr stage; K-MMSE, Korean mini mental status examination; MoCA-K, Montreal Cognitive Assessment Korea; FAB, frontal assessment battery; DaT-PET, dopamine transporter positron emission tomography; dVRS, dilated Virchow-Robin Space; LA, leukoaraiosis

analyzed by Spearman's rho. The cutoff *p* value was set at 0.05. All statistical analyses were conducted using the SPSS 19.0 package for Windows (IBM Corp. Armonk, NY, USA).

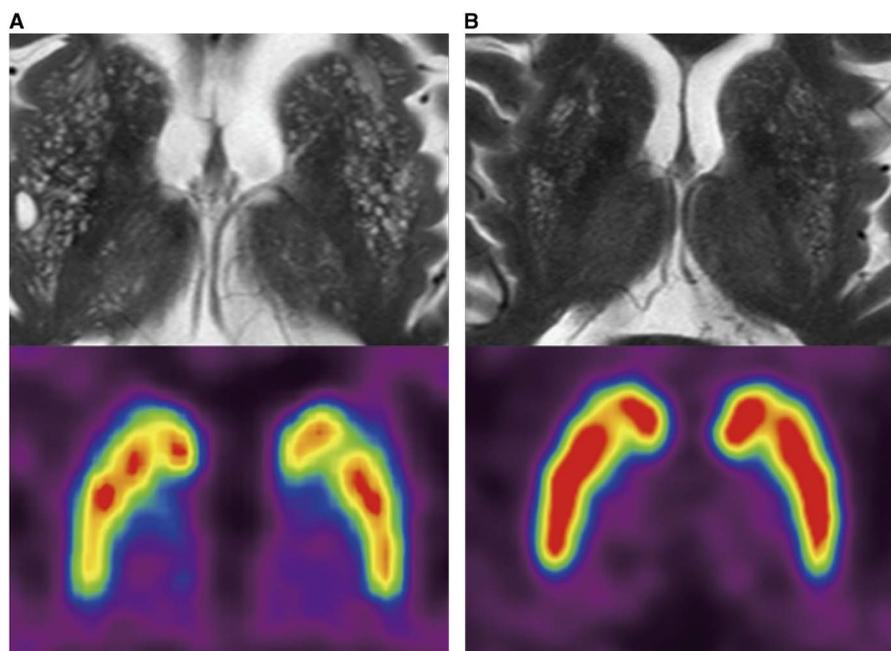
## RESULTS

Eleven patients were included in this study. Clinical diagnoses and major neuroimaging findings are summarized in Table 1. The mean CR was 0.39. Demographics, clinical scales and

neuroimaging findings are compared between those with CR  $\geq 0.39$  and CR  $< 0.39$  (Table 2).

Representative concordant and discordant cases are shown in Figure 1. We observed dVRS in 42 of 63 segments and ab-DaT-PET in 33 of 63 segments. Three segments from case eight were excluded from the analysis due to a lesion associated with adjacent ischemic stroke (Table 1).

Anterior-posterior gradient of dVRS and ab-DaT-PET was present in five cases (nine sides; Table 1). Anterior-posterior gradient



**Figure 1:** Concordance between dopamine transporter scan (DaT-PET) abnormality and dilated Virchow-Robin space (dVRS).

(A) A concordant case. DaT-PET shows abnormal findings and brain magnetic resonance imaging (MRI) shows moderate to severe degree of dVRS in the bilateral caudate nucleus, anterior and posterior putamen. (B) A discordant case. DaT-PET shows normal findings, whereas brain MRI shows variable dVRS in the caudate nucleus and putamen.

**Table 3: Correlation coefficient between concordance rate and clinical or neuroimaging scales**

	HY stage	FAB	K-MMSE	MoCA-K	DaT-PET score	dVRS score	LA score
R	0.426	0.056	0.211	0.284	0.620	-0.058	-0.160
<i>p</i> value	0.192	0.887	0.559	0.427	0.056	0.873	0.659

Abbreviations: R, correlation coefficient; HY stage, Hoehn and Yahr stage; K-MMSE, Korean mini mental status examination; MoCA-K, Montreal Cognitive Assessment Korea; FAB, frontal assessment battery; DaT-PET, dopamine transporter positron emission tomography; dVRS, dilated Virchow-Robin Space; LA, leukoaraiosis

was common in those with PD or MSA. In one case with PD and another with MSA, AP<sub>g</sub> of dVRS was concordant with that of ab-DaT-PET. In VaP, there was only one case (two sides) with AP<sub>g</sub> of dVRS and another (one side) with AP<sub>g</sub> of ab-DaT-PET.

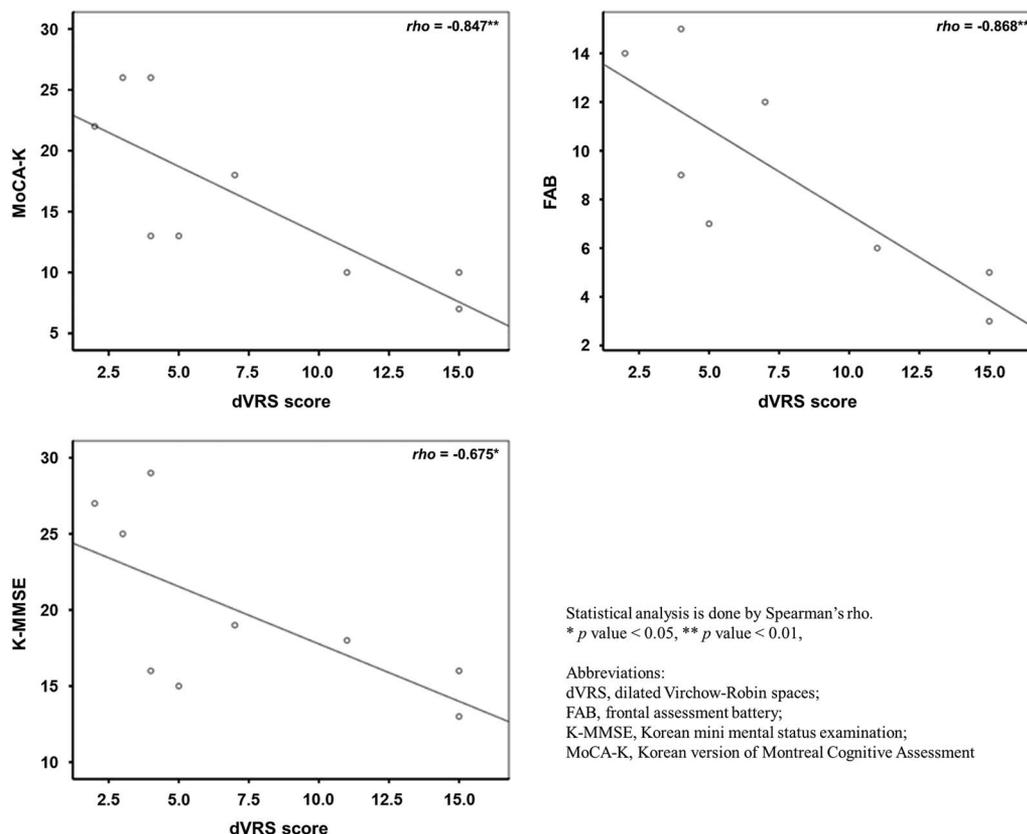
The conformity between scoring scales for dVRS was excellent (ICC = 0.964, *p* value < 0.001). The quantitative dVRS scale was evaluated on only one axial slice because the same dVRS could be counted repeatedly in more than one slice. In addition, an accurate count of dVRS could be limited by imaginary segmentation of STR. Thus, we used a visual semi-quantitative scale for further statistical analysis.

There was no significant correlation between the presence of dVRS and ab-DaT-PET. No neuroimaging or clinical scales were significantly correlated with CR (Table 3). There were no

significant differences in clinical features and neuroimaging findings between those patients with CR  $\geq 0.39$  and CR < 0.39 (Table 2). Leukoaraiosis, mild hydrocephalus, CMBs, and cerebral infarctions were variably present in brain MRI scans of certain individuals (Table 2). The dVRS score was strongly correlated with MoCA-K and FAB and moderately correlated with K-MMSE; however, it was not correlated with age, LA score, or HY stage (Figure 2).

## DISCUSSION

In our study, we observed the presence of dVRS in various parkinsonian disorders, including PD. Although PD is considered to be a presynaptic disorder that leaves the STR least affected, in a pathologic study, 18 of 76 (23.7%) patients with pathologically



**Figure 2:** Correlations between dilated Virchow Robin space (dVRS) score and clinical and neuroimaging findings. There is strong correlation between the dVRS score and Frontal Assessment Battery (FAB) and between the dVRS score and Korean version of Montreal Cognitive Assessment (MoCA-K), and moderate correlation between the dVRS score and Korean Mini-Mental Status Examination (K-MMSE).

confirmed PD and 3 of 24 cases (12.5%) with other etiologies had striatal pathology, including dVRS; however, the clinical implications of dVRS are obscure.<sup>6</sup>

In a previous study, the globus pallidus ipsilateral to the limbs exhibiting more severe motor symptoms showed more dVRS, suggesting a pallidotomy-like effect of dVRS on the contralateral limbs.<sup>8</sup> There was a pathology-proven case of axial-dominant parkinsonism with isolated dVRS in STR that showed no response to levodopa.<sup>7</sup> These studies suggested that dVRS could affect parkinsonian symptoms. However, in a recent case series of PD with large dVRS, dVRS was not associated with ab-DaT-PET but was correlated with atypical clinical features.<sup>11</sup> In our study, the severity of parkinsonism, evaluated by HY stage, was not correlated with the dVRS score, excluding a significant role of dVRS in clinical parkinsonism.

Because type 2 dVRS is associated with greater pathologic change, type 2 was suggested to be associated with clinical parkinsonism, whereas type 1 was a feature of normal aging.<sup>4,5,7</sup> Recently, dVRS was suggested to be a marker of inflammation.<sup>26</sup> Thus, type 2 dVRS may affect dopaminergic terminals in STR, resulting in decreased <sup>18</sup>F-FPCIT uptake in DaT-PET, while type 1 dVRS may simply push dopaminergic terminals aside, leaving <sup>18</sup>F-FPCIT uptake unaffected. To test this hypothesis, we studied the relationship between dVRS and ab-DaT-PET. First, the correlation between the presence of dVRS and ab-DaT-PET was studied, which was found to be insignificant. Second, we studied whether APg of dVRS coincided with APg of ab-DaT-PET. Concurrence between APg of dVRS and ab-DaT-PET was observed in only two (three sides) out of four patients (eight sides) with PD, suggesting a minimal pathologic contribution of dVRS to ab-DaT-PET. Moreover, CR, a representation of type 2 dVRS, was not correlated with clinical parkinsonism. Thus, all the results showed that dVRS did not play an important role in ab-DaT-PET and clinical parkinsonism, suggesting that the majority of observed dVRS may be type 1.

Dilated VRS severity was reported to be correlated with cognitive dysfunction.<sup>2</sup> Our study also showed a significant correlation between dVRS and cognitive function tests. Frontal function was shown to be best correlated with dVRS severity (Spearman's rho between FAB and the dVRS score = -0.868,  $p < 0.01$ ). Our results reaffirm the role of STR in frontal function via the frontal-STR loop.<sup>27</sup>

In this study, we demonstrated the universality of dVRS in various parkinsonian disorders, the discrepancy between dVRS and ab-DaT-PET, and the possible cognitive contribution of dVRS. Our study is limited by the small number of subjects, heterogeneous clinical diagnoses and the inability to discriminate between two types of dVRS. Further studies using more sophisticated MRI techniques in a larger number of patients are necessary for a more comprehensive understanding of the role of dVRS.

## DISCLOSURES

Dokyung Lee does not have anything to disclose. Il Ki Hong does not have anything to disclose. Tae-Beom Ahn does not have anything to disclose.

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