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Cover picture

Untitled (2009).

Ben Haydon

(b. 1970)

'I was born in 1970 and am largely a self-taught artist. I use my artwork as a means of staying well. The painting is about coping with the highs and lows of schizophrenia and drinking on the streets and being stuck in a rut.'

'I have used the dog to represent the lows and euphoric smiling devil as the highs in an abstract form in oils and spray paint, my main two chosen media that I work in. The red lines around the edge symbolise the prison of the mind and a route to self destruction with a black background as an expression of the dark side.'

With thanks to Beth Elliott at the Bethlem Gallery, London.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG, UK or bjp@rcpsych.ac.uk

