P02-220 - PERSONALITY AS PREDICTOR OF HAPPINESS IN MALE ATHLETE AND NON-ATHLETE STUDENTS OF ISFAHAN UNIVERSITY

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Despite increasing interest in psychology of happiness,there have been few studies on personality correlates of happiness.This study examined the personality (EPQ)correlates of happiness(CHI)on Isfahan University male students and role of participating in sport activities.The results showed that athletes. in spite of being happy were no significantly different than non-athletes.Correlational analysis in two groups showed extraversion,and neuroticism to be a major correlate of happiness.Regressions performed separately for happiness was remarkably a predictor of happinees by extraversion and neuroticism traits of personality.However,other personality traits,athlete and non-athlete characteristics and variable did not predict happiness.

Keywords: Personality, predictor, happiness, male athlete, non-athlete students.