

# CNS SPECTRUMS<sup>®</sup>

The International Journal of Neuropsychiatric Medicine

## Understanding Through Animal Models

*G. Yadid*

### Social Stress in Tree Shrews as an Animal Model of Depression: An Example of a Behavioral Model of a CNS Disorder

*E. Fuchs*

### Psychostimulant-Induced Behavior as an Animal Model of Obsessive-Compulsive Disorder: An Ethological Approach to the Form of Compulsive Rituals

*D. Eilam and H. Szechtman*

### APP23 Mice as a Model of Alzheimer's Disease: An Example of a Transgenic Approach to Modeling a CNS Disorder

*D. Van Dam, E. Vloeberghs, D. Abramowski, M. Staufenbiel, and P.P. De Deyn*

### Viral Vector Mediated Overexpression of Human $\alpha$ -Synuclein in the Nigrostriatal Dopaminergic Neurons: A New Model for Parkinson's Disease

*M. Maingay, M. Romero-Ramos, and D. Kirik*

## **ALSO IN THIS ISSUE:**

### Case Report: Ziprasidone as an Augmenting Agent in the Treatment of Anxiety-Spectrum Disorders

*D.L. Crane*

### Lamotrigine in Psychiatry: Pharmacology and Therapeutics

*J.W. Jefferson*

## **NEW COLUMN:**

### Interactive Case Conference: Double Depression

*D.L. Dunner*

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NOW  
INDICATED FOR  
ADULTS

In the treatment of ADHD...

AIM

*Max —  
setting his sights  
on astronomy*

The most common adverse events in pediatric trials included loss of appetite, insomnia, abdominal pain, and emotional lability. The most common adverse events in the adult trial included dry mouth, loss of appetite, insomnia, headache, and weight loss.

The effectiveness of ADDERALL XR for long-term use has not been systematically evaluated in controlled trials. As with other psychostimulants indicated for ADHD, there is a potential for exacerbating motor and phonic tics and Tourette's syndrome. A side effect seen with the amphetamine class is psychosis. Caution also should be exercised in patients with a history of psychosis.

# HIGHER

**With efficacy that goes beyond adequate symptom control—to help them reach new heights**

- Reduces symptoms to a level comparable to that of non-ADHD children<sup>1</sup>
- Effectively addresses the core impairments of ADHD—inattention, hyperactivity, and impulsivity<sup>2</sup>
- Once-daily dosing provides day-long improvement in academic productivity and social functioning<sup>3,4</sup>

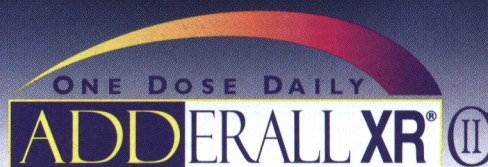
Please see references and brief summary of prescribing information on adjacent page.

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**5 mg, 10 mg, 15 mg, 20 mg, 25 mg, 30 mg CAPSULES**  
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Dextroamphetamine Sulfate Dextroamphetamine Saccharate  
Amphetamine Aspartate Monohydrate Amphetamine Sulfate

**Reach new heights**

Abuse of amphetamines may lead to dependence. Misuse of amphetamines may cause sudden death and serious cardiovascular adverse events. ADDERALL XR generally should not be used in children or adults with structural cardiac abnormalities. ADDERALL XR is contraindicated in patients with symptomatic cardiovascular disease, moderate to severe hypertension, hyperthyroidism and glaucoma, known hypersensitivity to this class of compounds, agitated states, history of drug abuse, or current or recent use of MAO inhibitors. ADDERALL XR should be prescribed with close physician supervision.

**References:** 1. Ambrosini PJ, Lopez FA, Chandler MC, et al. Safety and efficacy of ADDERALL XR in pediatric ADHD: results of an open-label community assessment trial. Poster presented at 14th Annual CHADD International Conference; October 17, 2002; Miami Beach, Fla. 2. Spencer T, Biederman J, Wilens T, et al. Pharmacotherapy of attention-deficit hyperactivity disorder across the life cycle. *J Am Acad Child Adolesc Psychiatry*. 1996;35:409-432. 3. Lopez FA, Ambrosini PJ, Chandler MC, et al. ADDERALL XR in pediatric ADHD: quality of life measures from an open-label community assessment trial. Poster presented at 14th Annual CHADD International Conference; October 17, 2002; Miami Beach, Fla. 4. Lopez FA, Chandler MC, Biederman J, et al. Long-term Adderall XR treatment improves quality of life in ADHD children. Poster presented at 156th Annual Meeting of the American Psychiatric Association; May 21, 2003; San Francisco, Calif.

**BRIEF SUMMARY:** Consult the full prescribing information for complete product information.

**ADDERALL XR® CAPSULES**

Cl II Rx Only

AMPHETAMINES HAVE A HIGH POTENTIAL FOR ABUSE. ADMINISTRATION OF AMPHETAMINES FOR PROLONGED PERIODS OF TIME MAY LEAD TO DRUG DEPENDENCE. PARTICULAR ATTENTION SHOULD BE PAID TO THE POSSIBILITY OF SUBJECTS OBTAINING AMPHETAMINES FOR NON-THERAPEUTIC USE OR DISTRIBUTION TO OTHERS AND THE DRUGS SHOULD BE PRESCRIBED OR DISPENSED SPARINGLY. MISUSE OF AMPHETAMINE MAY CAUSE SUDDEN DEATH AND SERIOUS CARDIOVASCULAR ADVERSE EVENTS.

**INDICATIONS**

ADDERALL XR® is indicated for the treatment of Attention Deficit Hyperactivity Disorder (ADHD). The efficacy of ADDERALL XR® in the treatment of ADHD was established on the basis of two controlled trials in children aged 6 to 12, and one controlled trial in adults who met DSM-IV criteria for ADHD (see CLINICAL PHARMACOLOGY), along with extrapolation from the known efficacy of ADDERALL®, the immediate-release formulation of this substance.

**CONTRAINDICATIONS**

Advanced arteriosclerosis, symptomatic cardiovascular disease, moderate to severe hypertension, hyperthyroidism, known hypersensitivity or idiosyncrasy to the sympathomimetic amines, glaucoma. Agitated states. Patients with a history of drug abuse. During or within 14 days following the administration of monoamine oxidase inhibitors (hypertensive crises may result).

**WARNINGS**

**Psychosis:** Clinical experience suggests that, in psychotic patients, administration of amphetamine may exacerbate symptoms of behavior disturbance and thought disorder. **Long-Term Suppression of Growth:** Data are inadequate to determine whether chronic use of stimulants in children, including amphetamine, may be causally associated with suppression of growth. Therefore, growth should be monitored during treatment, and patients who are not growing or gaining weight as expected should have their treatment interrupted. **Sudden Death and Pre-existing Structural Cardiac Abnormalities:** Sudden death has been reported in association with amphetamine treatment at usual doses in children with structural cardiac abnormalities. ADDERALL XR® generally should not be used in children or adults with structural cardiac abnormalities.

**PRECAUTIONS**

**General:** The least amount of amphetamine feasible should be prescribed or dispensed at one time in order to minimize the possibility of overdose.

**Hypertension:** Caution is to be exercised in prescribing amphetamines for patients with even mild hypertension (see CONTRAINDICATIONS). Blood pressure and pulse should be monitored at appropriate intervals in patients taking ADDERALL XR®, especially patients with hypertension.

**Tics:** Amphetamines have been reported to exacerbate motor and phonic tics and Tourette's syndrome. Therefore, clinical evaluation for tics and Tourette's syndrome in children and their families should precede use of stimulant medications.

**Information for Patients:** Amphetamines may impair the ability of the patient to engage in potentially hazardous activities such as operating machinery or vehicles; the patient should therefore be cautioned accordingly.

**Drug Interactions:** **Acidifying agents—**Gastrointestinal acidifying agents (guanethidine, reserpine, glutamic acid HCl, ascorbic acid, etc.) lower absorption of amphetamines. **Urinary acidifying agents—**These agents (ammonium chloride, sodium acid phosphate, etc.) increase the concentration of the ionized species of the amphetamine molecule, thereby increasing urinary excretion. Both groups of agents lower blood levels and efficacy of amphetamines. **Adrenergic blockers—**Adrenergic blockers are inhibited by amphetamines. **Alkalinizing agents—**Gastrointestinal alkalinizing agents (sodium bicarbonate, etc.) increase absorption of amphetamines. Co-administration of ADDERALL XR® and gastrointestinal alkalinizing agents, such as antacids, should be avoided. Urinary alkalinizing agents (acetazolamide, some thiazides) increase the concentration of the non-ionized species of the amphetamine molecule, thereby decreasing urinary excretion. Both groups of agents increase blood levels and therefore potentiate the actions of amphetamines. **Antidepressants, tricyclic—**Amphetamines may enhance the activity of tricyclic antidepressants or sympathomimetic agents; d-amphetamine with desipramine or protriptyline and possibly other tricyclics cause striking and sustained increases in the concentration of d-amphetamine in the brain; cardiovascular effects can be potentiated. **MAO inhibitors—**MAOI antidepressants, as well as a metabolite of fluoxetine, slow amphetamine metabolism. This slowing potentiates amphetamines, increasing their effect on the release of norepinephrine and other monoamines from adrenergic nerve endings; this can cause headache and other signs of hypertensive crisis. A variety of toxic neurological effects and malignant hyperpyrexia can occur, sometimes with fatal results. **Antihistamines—**Amphetamines may counteract the sedative effect of antihistamines. **Antihypertensives—**Amphetamines may antagonize the hypotensive effects of antihypertensives. **Chlorpromazine—**Chlorpromazine blocks dopamine and norepinephrine receptors, thus inhibiting the central stimulant effects of amphetamines, and can be used to treat amphetamine poisoning. **Ethosuximide—**Amphetamines may delay intestinal absorption of ethosuximide. **Haloperidol—**Haloperidol blocks dopamine receptors, thus inhibiting the central stimulant effects of amphetamines. **Lithium carbonate—**The anorectic and stimulatory effects of amphetamines may be inhibited by lithium carbonate. **Meperidine—**Amphetamines potentiate the analgesic effect of meperidine. **Methanamine therapy—**Urinary excretion of amphetamines is increased, and efficacy is reduced, by acidifying agents used in methanamine therapy. **Norepinephrine—**Amphetamines enhance the adrenergic effect of norepinephrine. **Phenobarbital—**Amphetamines may delay intestinal absorption of phenobarbital; co-administration of phenobarbital may produce a synergistic anticonvulsant action. **Phenytol—**Amphetamines may delay intestinal absorption of phenytoin; co-administration of phenytoin may produce a synergistic anticonvulsant action. **Propoxyphene—**In cases of propoxyphene overdose, amphetamine CNS stimulation is potentiated and fatal convulsions can occur. **Veratrum alkaloids—**Amphetamines inhibit the hypotensive effect of veratrum alkaloids.

**Drug/Laboratory Test Interactions:** Amphetamines can cause a significant elevation in plasma corticosteroid levels. This increase is greatest in the evening. Amphetamines may interfere with urinary steroid determinations. **Cardiogenesis/Plagiarism and Impairment of Fertility:** No evidence of cardiogenicity was found in studies in which d-amphetamine (enantiomer ratio of 1:1) was administered to mice and rats in the diet for 2 years at doses of up to 30 mg/kg/day in male mice, 19 mg/kg/day in female mice, and 5 mg/kg/day in male and female rats. These doses are approximately 2.4, 1.5, and 0.8 times, respectively, the maximum recommended human dose of 30 mg/day [child] on a mg/m<sup>2</sup> body surface area basis.

Amphetamine, in the enantiomer ratio present in ADDERALL XR® (immediate-release)(d- to l- ratio of 3:1), was not clastogenic in the mouse bone marrow micronucleus test *in vivo* and was negative when tested in the *E. coli* component of the Ames test *in vitro*. d,l-Amphetamine (1:1 enantiomer ratio) has been reported to produce a positive response in the mouse bone marrow micronucleus test, an equivocal response in the Ames test, and negative responses in the *in vitro* sister chromatid exchange and chromosomal aberration assays.

Amphetamine, in the enantiomer ratio present in ADDERALL XR® (immediate-release) (d- to l- ratio of 3:1), did not adversely affect fertility or early embryonic development in the rat at doses of up to 20 mg/kg/day (approximately 5 times the maximum recommended human dose of 30 mg/day) on a mg/m<sup>2</sup> body surface area basis).

**Pregnancy:** Pregnancy Category C. Amphetamine, in the enantiomer ratio present in ADDERALL XR® (d- to l- ratio of 3:1), had no apparent effects on embryofetal morphological development or survival when orally administered to pregnant rats and rabbits throughout the period of organogenesis at doses of up to 6 and 16 mg/kg/day, respectively. These doses are approximately 1.5 and 8 times, respectively, the maximum recommended human dose of 30 mg/day [child] on a mg/m<sup>2</sup> body surface area basis. Fetal malformations and death have been reported in mice following parental administration of d-amphetamine doses of 50 mg/kg/day (approximately 6 times that of a human dose of 30 mg/day [child] on a mg/m<sup>2</sup> basis) or greater to pregnant animals. Administration of amphetamine doses associated with severe maternal toxicity.

A number of studies in rodents indicate that prenatal or early postnatal exposure to amphetamine (d- or l-) at doses similar to those used clinically, can result in long-term neurochemical and behavioral alterations. Reported behavioral effects include learning and memory deficits, altered locomotor activity, and changes in sexual function. There are no adequate and well-controlled studies in pregnant women. There has been one report of severe congenital bony deformity, tracheo-esophageal fistula, and anal atresia (vater association) in a baby born to a woman who took dextroamphetamine sulfate with lovastatin during the first trimester of pregnancy. Amphetamines should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Nonteratogenic Effects:** Infants born to mothers dependent on amphetamines have an increased risk of premature delivery and low birth weight. Also, these infants may experience symptoms of withdrawal as demonstrated by dysphoria, including agitation, and significant lassitude.

**Usage in Nursing Mothers:** Amphetamines are excreted in human milk. Mothers taking amphetamines should be advised to refrain from nursing.

**Pediatric Use:** ADDERALL XR® is indicated for use in children 6 years of age and older. **Use in Children Under Six Years of Age:** Effects of ADDERALL XR® in 3-5 year olds have not been studied. Long-term effects of amphetamines in children have not been well established. Amphetamines are not recommended for use in children under 3 years of age.

**Geriatric Use:** ADDERALL XR® has not been studied in the geriatric population.

**ADVERSE EVENTS**

The premarketing development program for ADDERALL XR® included exposures in a total of 965 participants in clinical trials (635 pediatric patients, 248 adult patients, 82 healthy adult subjects). Of these, 635 patients (ages 6 to 12) were evaluated in two controlled clinical studies, one open-label clinical study, and two single-dose clinical pharmacology studies (N=40). Safety data on all patients are included in the discussion that follows. Adverse

reactions were assessed by collecting adverse events, results of physical examinations, vital signs, weights, laboratory analyses, and ECGs.

Adverse events during exposure were obtained primarily by general inquiry and recorded by clinical investigators using terminology of their own choosing. Consequently, it is not possible to provide a meaningful estimate of the proportion of individuals experiencing adverse events without first grouping similar types of events into a smaller number of standardized event categories. In the tables and listings that follow, COSTART terminology has been used to classify reported adverse events.

The stated frequencies of adverse events represent the proportion of individuals who experienced, at least once, a treatment-emergent adverse event of the type listed.

**Adverse events associated with discontinuation of treatment:** In two placebo-controlled studies of up to 5 weeks duration among children with ADHD, 2.4% (10/425) of ADDERALL XR® treated patients discontinued due to adverse events (including 3 patients with loss of appetite, one of whom also reported insomnia) compared to 2.7% (7/259) receiving placebo. The most frequent adverse events associated with discontinuation of ADDERALL XR® in controlled and uncontrolled, multiple-dose clinical trials of pediatric patients (N=595) are presented below. Over half of these patients were exposed to ADDERALL XR® for 12 months or more.

Adverse event	% of pediatric patients discontinuing (n=595)
Anorexia (loss of appetite)	2.9
Insomnia	1.5
Weight loss	1.2
Emotional lability	1.0
Depression	0.7

In one placebo-controlled 4-week study among adults with ADHD, patients who discontinued treatment due to adverse events among ADDERALL XR®-treated patients (N=191) were 3.1% (n=6) for nervousness including anxiety and irritability, 2.6% (n=5) for insomnia, 1% (n=2) each for headache, palpitation, and somnolence; and, 0.5% (n=1) each for ALT increase, agitation, chest pain, cocaine craving, elevated blood pressure, and weight loss.

**Adverse events occurring in a controlled trial:** Adverse events reported in a 3-week clinical trial of pediatric patients and a 4-week clinical trial in adults treated with ADDERALL XR® or placebo are presented in the tables below.

The prescriber should be aware that these figures cannot be used to predict the incidence of adverse events in the course of usual medical practice where patient characteristics and other factors differ from those which prevailed in the clinical trials. Similarly, the cited frequencies cannot be compared with figures obtained from other clinical investigations involving different treatments, uses, and investigators. The cited figures, however, do provide the prescribing physician with some basis for estimating the relative contribution of drug and non-drug factors to the adverse event incidence rate in the population studied.

**Table 1 Adverse Events Reported by More Than 1% of Pediatric Patients Receiving ADDERALL XR® with Higher Incidence Than on Placebo in a 584 Patient Clinical Study**

Body System	Preferred Term	ADDERALL XR® (n=374)	Placebo (n=210)
<b>General</b>	Abdominal Pain (stomachache)	14%	10%
	Accidental Injury	3%	2%
	Asthenia (fatigue)	2%	0%
	Fever	5%	2%
	Infection	4%	2%
<b>Digestive System</b>	Loss of Appetite	22%	2%
	Diarrhea	2%	1%
	Dyspepsia	2%	1%
<b>Nervous System</b>	Nausea	5%	3%
	Vomiting	7%	4%
	Dizziness	2%	0%
<b>Metabolic/Nutritional</b>	Emotional Lability	9%	2%
	Insomnia	17%	2%
	Nervousness	6%	2%
	Weight Loss	4%	0%

**Table 2 Adverse Events Reported by 5% or More of Adults Receiving ADDERALL XR® with Higher Incidence Than on Placebo in a 255 Patient Clinical Forced Weekly-Dose Titration Study\***

Body System	Preferred Term	ADDERALL XR® (n=191)	Placebo (n=64)
<b>General</b>	Asthenia	6%	5%
	Headache	26%	13%
<b>Digestive System</b>	Loss of Appetite	33%	3%
	Diarrhea	6%	0%
	Dry Mouth	35%	5%
	Nausea	8%	3%
<b>Nervous System</b>	Agitation	8%	5%
	Anxiety	8%	5%
	Dizziness	7%	0%
	Insomnia	27%	13%
	Tachycardia	6%	3%
<b>Cardiovascular System</b>	Tachycardia	6%	3%
<b>Metabolic/Nutritional</b>	Weight Loss	11%	0%
<b>Urogenital System</b>	Urinary Tract Infection	5%	0%

Note: The following events did not meet the criterion for inclusion in Table 2 but were reported by 2% to 4% of adult patients receiving ADDERALL XR® with a higher incidence than patients receiving placebo in this study: infection, photosensitivity reaction, constipation, tooth disorder, emotional lability, libido decreased, somnolence, speech disorder, palpitation, twitching, dyspnea, sweating, dysmenorrhea, and impotence. \*Included doses up to 60 mg.

The following adverse reactions have been associated with amphetamine use: Cardiovascular: Palpitations, tachycardia, elevation of blood pressure, sudden death, myocardial infarction. There have been isolated reports of cardiomyopathy associated with chronic amphetamine use. Central Nervous System: Psychotic episodes at recommended doses, overstimulation, restlessness, dizziness, insomnia, euphoria, dyskinesia, dysphoria, depression, tremor, headache, exacerbation of motor and phonic tics and Tourette's syndrome, seizures, strokes. Gastrointestinal: Dryness of the mouth, unpleasant taste, diarrhea, constipation, other gastrointestinal disturbances. Anorexia and weight loss may occur as undesirable effects. Allergic: Urticaria. Endocrine: Impotence, changes in libido.

**DRUG ABUSE AND DEPENDENCE**

ADDERALL XR® is a Schedule II controlled substance. Amphetamines have been extensively abused. Tolerance, extreme psychological dependence, and severe social disability have occurred. There are reports of patients who have increased the dosage to many times that recommended. Abrupt cessation following prolonged high dosage administration results in extreme fatigue and mental depression; changes are also noted on the sleep EEG. Manifestations of chronic intoxication with amphetamines may include severe dermatoses, marked insomnia, irritability, hyperactivity, and personality changes. The most severe manifestation of chronic intoxication is psychosis, often clinically indistinguishable from schizophrenia.

**OVERDOSAGE**

Individual patient response to amphetamines varies widely. Toxic symptoms may occur idiosyncratically at low doses. Symptoms: Manifestations of acute overdosage with amphetamines include restlessness, tremor, hyper-reflexia, rapid respiration, confusion, assaultiveness, hallucinations, panic states, hyperpyrexia and rhabdomyolysis. Fatigue and depression usually follow the central nervous system stimulation. Cardiovascular effects include arrhythmias, hypertension or hypotension and circulatory collapse. Gastrointestinal symptoms include nausea, vomiting, diarrhea, and abdominal cramps. Fatal poisoning is usually preceded by convulsions and coma.

Treatment: Consult with a Certified Poison Control Center for up to date guidance and advice. Management of acute amphetamine intoxication is largely symptomatic and includes gastric lavage, administration of activated charcoal, administration of a cathartic and sedation. Experience with hemodialysis or peritoneal dialysis is inadequate to permit recommendation in this regard. Acidification of the urine increases amphetamine excretion, but is believed to increase risk of acute renal failure if myoglobinuria is present. If acute severe hypertension complicates amphetamine overdosage, administration of intravenous phenolamine has been suggested. However, a gradual drop in blood pressure will usually result when sufficient sedation has been achieved. Chlorpromazine antagonizes the central stimulant effects of amphetamines and can be used to treat amphetamine intoxication.

The prolonged release of mixed amphetamine salts from ADDERALL XR® should be considered when treating patients with overdose. Dispense in a tight, light-resistant container as defined in the USP. Store at 25° C (77° F). Excursions permitted to 15-30° C (59-86° F) [see USP Controlled Room Temperature]. Manufactured for: Shire US Inc., Newport, KY 41071 Made in USA For more information call 1-800-828-2088, or visit www.adderallxr.com. ADDERALL® and ADDERALL XR® are registered in the US Patent and Trademark Office. Copyright ©2004 Shire US Inc.

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# Help Get Moving with PARCOPA

## A Proven Drug in a New Delivery System

### All the Benefits of Carbidopa-Levodopa in a New Orally Dissolving Formulation

Consider PARCOPA for Parkinson's patients who:

- **Need help due to morning rigidity**  
PARCOPA is easy to take in bed, to help patients get their morning routine moving.
- **Require strict dosing**  
PARCOPA can be taken anytime, anywhere without water or chewing.
- **Have concern about going "off"**  
PARCOPA tablets can be carried in bottles or pill cases like conventional tablets for convenient, ready availability. Patients with markedly irregular ("on-off") responses to levodopa have not been shown to benefit from carbidopa-levodopa therapy.
- **May benefit from the RapiTab™ formulation**  
The orally dissolving tablets may make it easier for patients who have trouble swallowing.

### A Therapeutic Alternative to Sinemet® Tablets

- PARCOPA is available in the same strengths as Sinemet® Tablets.
- PARCOPA can be prescribed using the same dosing and administration schedules as Sinemet® Tablets.

**PARCOPA™**  
(carbidopa-levodopa  
orally disintegrating tablets)

10 mg/100 mg • 25 mg/100 mg • 25 mg/250 mg

PARCOPA™ is contraindicated for concomitant use with nonselective monoamine oxidase (MAO) inhibitors, in patients with known hypersensitivity to any component of this drug, in patients with narrow-angle glaucoma and in patients with suspicious, undiagnosed skin lesions or a history of melanoma.

The most common adverse reactions reported with carbidopa-levodopa therapy have included dyskinesias, such as choreiform, dystonic, and other involuntary movements and nausea. Other side effects may include mental disturbances and symptoms resembling neuroleptic malignant syndrome. Individualize therapy to reduce adverse reactions.

PARCOPA™ should be used with caution in patients with severe cardiovascular or pulmonary disease, bronchial asthma, renal, hepatic or endocrine disease, and in patients with a history of myocardial infarction or peptic ulcer.

When patients are receiving levodopa without a decarboxylase inhibitor, levodopa must be discontinued at least 12 hours before PARCOPA™ is started.

Each 10/100 mg and each 25/100 mg orally disintegrating tablet contains phenylalanine 3.4 mg; each 25/250 mg orally disintegrating tablet contains phenylalanine 8.4 mg.

Please see Brief Summary of Prescribing Information on adjacent page.

For more information visit [www.PARCOPA.com](http://www.PARCOPA.com).

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Z11201 09/04

# PARCOPA™

(carbidopa-levodopa orally disintegrating tablets)

10 mg/100 mg • 25 mg/100 mg • 25 mg/250 mg

## Rx Only

**BRIEF SUMMARY:** Before prescribing PARCOPA™, please see package insert for full prescribing information.

**INDICATIONS AND USAGE:** PARCOPA™ is indicated in the treatment of the symptoms of idiopathic Parkinson's disease (paralysis agitans), postencephalitic parkinsonism, and symptomatic parkinsonism which may follow injury to the nervous system by carbon monoxide intoxication and/or manganese intoxication. PARCOPA™ is indicated in these conditions to permit the administration of lower doses of levodopa with reduced nausea and vomiting, with more rapid dosage titration, with a somewhat smoother response, and with supplemental pyridoxine (Vitamin B<sub>6</sub>). In some patients, a somewhat smoother antiparkinsonian effect results from therapy with carbidopa-levodopa than with levodopa. However, patients with markedly irregular ("on-off") responses to levodopa have not been shown to benefit from carbidopa-levodopa therapy. Although the administration of carbidopa permits control of parkinsonism and Parkinson's disease with much lower doses of levodopa, there is no conclusive evidence at present that this is beneficial other than in reducing nausea and vomiting, permitting more rapid titration, and providing a somewhat smoother response to levodopa. Certain patients who responded poorly to levodopa have improved when carbidopa-levodopa was substituted. This is most likely due to decreased peripheral decarboxylation of levodopa which results from administration of carbidopa rather than to a primary effect of carbidopa on the nervous system. Carbidopa has not been shown to enhance the intrinsic efficacy of levodopa in parkinsonian syndromes. In considering whether to give PARCOPA™ to patients already on levodopa who have nausea and/or vomiting, the practitioner should be aware that, while many patients may be expected to improve, some do not. Since one cannot predict which patients are likely to improve, this can only be determined by a trial of therapy. It should be further noted that in controlled trials comparing carbidopa-levodopa with levodopa, about half of the patients with nausea and/or vomiting on levodopa improved spontaneously despite being retained on the same dose of levodopa during the controlled portion of the trial.

**CONTRAINDICATIONS:** Nonspecific monoamine oxidase (MAO) inhibitors are contraindicated for use with PARCOPA™. These inhibitors must be discontinued at least two weeks prior to initiating therapy with PARCOPA™. PARCOPA™ may be administered concomitantly with the manufacturer's recommended dose of an MAO inhibitor with selectivity for MAO type B (e.g., selegiline HCl) (See PRECAUTIONS, Drug Interactions). PARCOPA™ is contraindicated in patients with known hypersensitivity to any component of this drug, and in patients with narrow-angle glaucoma. Because levodopa may activate a malignant melanoma, PARCOPA™ should not be used in patients with suspicious, undiagnosed skin lesions or a history of melanoma. **WARNINGS: When PARCOPA™ (carbidopa-levodopa orally disintegrating tablets) is to be given to patients who are being treated with levodopa, levodopa must be discontinued at least twelve hours before therapy with PARCOPA™ (carbidopa-levodopa orally disintegrating tablets) is started. In order to reduce adverse reactions, it is necessary to individualize therapy. See DOSAGE AND ADMINISTRATION section before initiating therapy.** The addition of carbidopa with levodopa in the form of PARCOPA™ reduces the peripheral effects (nausea, vomiting) due to decarboxylation of levodopa; however, carbidopa does not decrease the adverse reactions due to the central effects of levodopa. Because carbidopa permits more levodopa to reach the brain and more dopamine to be formed, certain adverse CNS effects, e.g., dyskinesias (involuntary movements), may occur at lower dosages and sooner with PARCOPA™ than with levodopa alone. Levodopa alone, as well as PARCOPA™, is associated with dyskinesias. The occurrence of dyskinesias may require dosage reduction. As with levodopa, PARCOPA™ may cause mental disturbances. These reactions are thought to be due to increased brain dopamine following administration of levodopa. All patients should be observed carefully for the development of depression with concomitant suicidal tendencies. Patients with past or current psychoses should be treated with caution. PARCOPA™ should be administered cautiously to patients with severe cardiovascular or pulmonary disease, bronchial asthma, renal, hepatic or endocrine disease. As with levodopa, care should be exercised in administering PARCOPA™ to patients with a history of myocardial infarction who have residual atrial, nodal, or ventricular arrhythmias. In such patients, cardiac function should be monitored with particular care during the period of initial dosage adjustment, in a facility with provisions for intensive cardiac care. As with levodopa, treatment with PARCOPA™ may increase the possibility of upper gastrointestinal hemorrhage in patients with a history of peptic ulcer. **Neuroleptic Malignant Syndrome (NMS):** Sporadic cases of a symptom complex resembling NMS have been reported in association with dose reductions or withdrawal of therapy with carbidopa-levodopa. Therefore, patients should be observed carefully when the dosage of PARCOPA™ is reduced abruptly or discontinued, especially if the patient is receiving neuroleptics. NMS is an uncommon but life-threatening syndrome characterized by fever or hyperthermia, Neurological findings, including muscle rigidity, involuntary movements, altered consciousness, mental status changes, other disturbances, such as autonomic dysfunction, tachycardia, tachypnea, sweating, hyper- or hypotension, laboratory findings, such as creatine phosphokinase elevation, leukocytosis, myoglobinuria, and increased serum myoglobin have been reported. The early diagnosis of this condition is important for the appropriate management of these patients.

Considering NMS as a possible diagnosis and ruling out other acute illnesses (e.g., pneumonia, systemic infection, etc.) is essential. This will be especially complex if the clinical presentation includes both serious medical illness and untreated or inadequately treated extrapyramidal signs and symptoms (EPS). Other important considerations in the differential diagnosis include central anticholinergic toxicity, heat stroke, drug fever, and primary central nervous system (CNS) pathology. The management of NMS should include: 1) intensive symptomatic treatment and medical monitoring and 2) treatment of any concomitant serious medical problems for which specific treatments are available. Dopamine agonists, such as bromocriptine, and muscle relaxants, such as dantrolene, are often used in the treatment of NMS; however, their effectiveness has not been demonstrated in controlled studies. **PRECAUTIONS: General:** As with levodopa, periodic evaluations of hepatic, hematologic, cardiovascular, and renal function are recommended during extended therapy. Patients with chronic wide-angle glaucoma may be treated cautiously with PARCOPA™ provided the intraocular pressure is well controlled and the patient is monitored carefully for changes in intraocular pressure during therapy. **Information for Patients: Phenylethanolamine:** Phenylethanolamine patients should be informed that PARCOPA™ contains phenylethanolamine 3.4 mg per 25/100 orally disintegrating tablet, 3.4 mg per 10/100 orally disintegrating tablet, and 8.4 mg per 25/250 orally disintegrating tablet. Patients should be instructed not to remove PARCOPA™ tablets from the bottle

until just prior to dosing. With dry hands, the tablet should be gently removed and immediately placed on the tongue to dissolve and be swallowed with the saliva. The patient should be informed that PARCOPA™ is an immediate-release formulation of carbidopa-levodopa that is designed to begin release of ingredients within 30 minutes. It is important that PARCOPA™ be taken at regular intervals according to the schedule outlined by the physician. The patient should be cautioned not to change the prescribed dosage regimen and not to add any additional antiparkinson medications, including other carbidopa-levodopa preparations, without first consulting the physician. Patients should be advised that sometimes a "wearing-off" effect may occur at the end of the dosing interval. The physician should be notified if such response poses a problem to lifestyle. Patients should be advised that occasionally, dark color (red, brown, or black) may appear in saliva, urine, or sweat after ingestion of PARCOPA™. Although the color appears to be clinically insignificant, garments may become discolored. The patient should be advised that a change in diet to foods that are high in protein may delay the absorption of levodopa and may reduce the amount taken up in the circulation. Excessive acidity also delays stomach emptying, thus delaying the absorption of levodopa. Iron salts (such as in multi-vitamin tablets) may also reduce the amount of levodopa available to the body. The above factors may reduce the clinical effectiveness of the levodopa or carbidopa-levodopa therapy.

**NOTE:** The suggested advice to patients being treated with PARCOPA™ is intended to aid in the safe and effective use of this medication. It is not a disclosure of all possible adverse or intended effects. **Laboratory Tests:** Abnormalities in laboratory tests may include elevations of liver function tests such as alkaline phosphatase, SGOT (AST), SGPT (ALT), lactic dehydrogenase, and bilirubin. Abnormalities in blood urea nitrogen and positive Coombs test have also been reported. Commonly, levels of blood urea nitrogen, creatinine, and uric acid are lower during administration of carbidopa-levodopa than with levodopa. Carbidopa-levodopa may cause a false-positive reaction for urinary ketone bodies when a test tape is used for determination of ketonuria. This reaction will not be altered by boiling the urine specimen. False-negative tests may result with the use of glucose-oxidase methods of testing for glucosuria. Cases of falsely diagnosed pheochromocytoma in patients on carbidopa-levodopa therapy have been reported very rarely. Caution should be exercised when interpreting the plasma and urine levels of catecholamines and their metabolites in patients on levodopa or carbidopa-levodopa therapy. **Drug Interactions:** Caution should be exercised when the following drugs are administered concomitantly with PARCOPA™ (carbidopa-levodopa orally disintegrating tablets). Symptomatic postural hypotension has occurred when carbidopa-levodopa was added to the treatment of a patient receiving antihypertensive drugs. Therefore, when therapy with PARCOPA™ is started, dosage adjustment of the antihypertensive drug may be required. For patients receiving MAO inhibitors (Type A or B), see CONTRAINDICATIONS. Concomitant therapy with selegiline and carbidopa-levodopa may be associated with severe orthostatic hypotension not attributable to carbidopa-levodopa alone (see CONTRAINDICATIONS). There have been rare reports of adverse reactions, including hypertension and dyskinesias, resulting from the concomitant use of tricyclic antidepressants and carbidopa-levodopa. Dopamine D<sub>2</sub> receptor antagonists (e.g., phenothiazines, butyrophenones, risperidone) and isoniazid may reduce the therapeutic effects of levodopa. In addition, the beneficial effects of levodopa in Parkinson's disease have been reported to be reversed by phenytoin and papaverine. Patients taking these drugs with PARCOPA™ should be carefully observed for loss of therapeutic response. Iron salts may reduce the bioavailability of levodopa and carbidopa. The clinical relevance is unclear. Although metoprololamide may increase the bioavailability of levodopa by increasing gastric emptying, metoprololamide may also adversely affect dose control by its dopamine receptor antagonistic properties. **Carcinogenesis, Mutagenesis, Impairment of Fertility:** In a two-year bioassay of carbidopa and levodopa, no evidence of carcinogenicity was found in rats receiving doses of approximately two times the maximum daily human dose of carbidopa and four times the maximum daily human dose of levodopa. In reproduction studies with carbidopa and levodopa, no effects on fertility were found in rats receiving doses of approximately two times the maximum daily human dose of carbidopa and four times the maximum daily human dose of levodopa. **Pregnancy: Pregnancy Category C:** No teratogenic effects were observed in a study in mice receiving up to 20 times the maximum recommended human dose of carbidopa and levodopa. There was a decrease in the number of live pups delivered by rats receiving approximately two times the maximum recommended human dose of carbidopa and approximately five times the maximum recommended human dose of levodopa during organogenesis. Carbidopa and levodopa caused both visceral and skeletal malformations in rabbits at all doses and ratios of carbidopa/levodopa tested, which ranged from 10 times/5 times the maximum recommended human dose of carbidopa/levodopa to 20 times/10 times the maximum recommended human dose of carbidopa/levodopa. There are no adequate or well-controlled studies in pregnant women. It has been reported from individual cases that levodopa crosses the human placental barrier, enters the fetus, and is metabolized. Carbidopa concentrations in fetal tissue appeared to be minimal. Use of PARCOPA™ in women of child-bearing potential requires that the anticipated benefits of the drug be weighed against possible hazards to mother and child. **Nursing Mothers:** It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when PARCOPA™ is administered to a nursing woman. **Pediatric Use:** Safety and effectiveness in pediatric patients have not been established. Use of the drug in patients below the age of 18 is not recommended.

**ADVERSE REACTIONS:** The most common adverse reactions reported with carbidopa-levodopa therapy have included dyskinesias, such as choreiform, dystonic, and other involuntary movements and nausea. The following other adverse reactions have been reported with carbidopa-levodopa: *Body as a Whole:* chest pain, asthma. *Cardiovascular:* cardiac irregularities, hypotension, orthostatic effects including orthostatic hypotension, hypertension, syncope, phlebitis, palpitation. *Gastrointestinal:* dark saliva, gastrointestinal bleeding, development of duodenal ulcer, anorexia, vomiting, diarrhea, constipation, dyspepsia, dry mouth, taste alterations. *Hematologic:* agranulocytosis, hemolytic and non-hemolytic anemia, thrombocytopenia, leukopenia. *Hypersensitivity:* angioedema, urticaria, pruritus, Henoch-Schönlein purpura, bullous lesions (including pemphigus-like reactions). *Musculoskeletal:* back pain, shoulder pain, muscle cramps. *Nervous System/Psychiatric:* psychotic episodes including delusions, hallucinations, and paranoid ideation, neuroleptic malignant syndrome (see WARNINGS), bradykinetic episodes ("on-off" phenomenon), confusion, agitation, dizziness, somnolence, dream abnormalities including nightmares, insomnia, paresthesia, headache, depression with or without development of suicidal tendencies, dementia, increased libido. Convulsions also have occurred; however, a causal relationship with carbidopa-levodopa has not been established. *Respiratory:* dyspnea, upper respiratory infection. *Skin:* rash, increased sweating, alopecia, dark sweat. *Urogenital:* urinary tract infection, urinary frequency, dark urine. *Laboratory Tests:* decreased hemoglobin and hematocrit; abnormalities in alkaline phosphatase, SGOT (AST), SGPT (ALT), lactic dehydrogenase, bilirubin, blood urea nitrogen (BUN), Coombs

test; elevated serum glucose; white blood cells, bacteria, and blood in the urine. Other adverse reactions that have been reported with levodopa alone and with various carbidopa-levodopa formulations, and may occur with PARCOPA™ are: *Body as a Whole:* abdominal pain and distress, fatigue. *Cardiovascular:* myocardial infarction. *Gastrointestinal:* gastrointestinal pain, dysphagia, sialorrhea, flatulence, bruxism, burning sensation of the tongue, heartburn, hiccups. *Metabolic:* edema, weight gain, weight loss. *Musculoskeletal:* leg pain. *Nervous System/Psychiatric:* ataxia, extrapyramidal disorder, falling, anxiety, gait abnormalities, nervousness, decreased mental acuity, memory impairment, disorientation, euphoria, biphosphorus (which may be taken as an early sign of excess dosage; consideration of dosage reduction may be made at this time), trismus, increased tremor, numbness, muscle twitching, activation of latent Horner's syndrome, peripheral neuropathy. *Respiratory:* pharyngeal pain, cough. *Skin:* malignant melanoma (see also CONTRAINDICATIONS), flushing. *Special Senses:* oculogyric crises, diplopia, blurred vision, dilated pupils. *Urogenital:* urinary retention, urinary incontinence, priapism. *Miscellaneous:* bizarre breathing patterns, faintness, hoarseness, malaise, hot flashes, sense of stimulation. *Laboratory Tests:* decreased white blood cell count and serum potassium; increased serum creatinine and uric acid; protein and glucose in urine.

**OVERDOSAGE:** Management of acute overdosage with PARCOPA™ is the same as management of acute overdosage with levodopa. Pyridoxine is not effective in reversing the actions of PARCOPA™. General supportive measures should be employed, along with immediate gastric lavage. Intravenous fluids should be administered judiciously and an adequate airway maintained. Electrocardiographic monitoring should be instituted and the patient carefully observed for the development of arrhythmias; if required, appropriate anti-arrhythmic therapy should be given. The possibility that the patient may have taken other drugs as well as PARCOPA™ should be taken into consideration. To date, no experience has been reported with dialysis; hence, its value in overdosage is not known. Based on studies in which high doses of levodopa and/or carbidopa were administered, a significant proportion of rats and mice given single oral doses of levodopa of approximately 1500-2000 mg/kg are expected to die. A significant proportion of infant rats of both sexes are expected to die at a dose of 800 mg/kg. A significant proportion of rats are expected to die after treatment with similar doses of carbidopa. The addition of carbidopa in a 1:10 ratio with levodopa increases the dose at which a significant proportion of mice are expected to die to 3360 mg/kg. **DOSE AND ADMINISTRATION: Instructions for Use/Handling PARCOPA™ Tablets:** Just prior to administration, GENTLY remove the tablet from the bottle with dry hands. IMMEDIATELY place the PARCOPA™ Tablet on top of the tongue where it will dissolve in seconds, then swallow with saliva. Administration with liquid is not necessary. The optimum daily dosage of PARCOPA™ must be determined by careful titration in each patient. PARCOPA™ is available in a 1:4 ratio of carbidopa to levodopa (PARCOPA™ 25/100) as well as 1:10 ratio (PARCOPA™ 25/250 and PARCOPA™ 10/100). Tablets of the two ratios may be given separately or combined as needed to provide the optimum dosage. Studies show that peripheral dopa decarboxylase is saturated by carbidopa at approximately 70 to 100 mg a day. Patients receiving less than this amount of carbidopa are more likely to experience nausea and vomiting.

**Usual Initial Dosage:** Dosage is best initiated with one tablet of PARCOPA™ 25/100 three times a day. This dosage schedule provides 75 mg of carbidopa per day. Dosage may be increased by one tablet every day or every other day, as necessary, until a dosage of eight tablets of PARCOPA™ 25/100 a day is reached. If PARCOPA™ 10/100 is used, dosage may be initiated with one tablet three or four times a day. However, this will not provide an adequate amount of carbidopa for many patients. Dosage may be increased by one tablet every day or every other day until a total of eight tablets (2 tablets q.i.d.) is reached. **How to Transfer Patients from Levodopa: Levodopa must be discontinued at least twelve hours before starting PARCOPA™ (carbidopa-levodopa orally disintegrating tablets).** A daily dosage of PARCOPA™ should be chosen that will provide approximately 25 percent of the previous levodopa dosage. Patients who are taking less than 1500 mg of levodopa a day should be started on one tablet of PARCOPA™ 25/100 three or four times a day. The suggested starting dosage for most patients taking more than 1500 mg of levodopa is one tablet of PARCOPA™ 25/250 three or four times a day. **Maintenance:** Therapy should be individualized and adjusted according to the desired therapeutic response. At least 70 to 100 mg of carbidopa per day should be provided. When a greater proportion of carbidopa is required, one tablet of PARCOPA™ 25/100 may be substituted for each tablet of PARCOPA™ 10/100. When more levodopa is required, PARCOPA™ 25/250 should be substituted for PARCOPA™ 25/100 or PARCOPA™ 10/100. If necessary, the dosage of PARCOPA™ 25/250 may be increased by one-half or one tablet every day or every other day to a maximum of eight tablets a day. Experience with total daily dosages of carbidopa greater than 200 mg is limited. Because both therapeutic and adverse responses occur more rapidly with PARCOPA™ than with levodopa alone, patients should be monitored closely during the dose adjustment period. Specifically, involuntary movements will occur more rapidly with PARCOPA™ than with levodopa. The occurrence of involuntary movements may require dosage reduction. Biphosphorus may be a useful early sign of excess dosage in some patients. **Addition of Other Antiparkinsonian Medications:** Standard drugs for Parkinson's disease, other than levodopa without a decarboxylase inhibitor, may be used concomitantly while PARCOPA™ is being administered, although dosage adjustments may be required. **Interruption of Therapy:** Sporadic cases of a symptom complex resembling Neuroleptic Malignant Syndrome (NMS) have been associated with dose reductions and withdrawal of carbidopa-levodopa. Patients should be observed carefully if abrupt reduction or discontinuation of PARCOPA™ is required, especially if the patient is receiving neuroleptics. (See WARNINGS.) If general anesthesia is required, PARCOPA™ may be continued as long as the patient is permitted to take fluids and medication by mouth. If therapy is interrupted temporarily, the patient should be observed for symptoms resembling NMS, and the usual daily dosage should be administered as soon as the patient is able to take oral medication.

Manufactured by:

**SCHWARZ**  
P H A R M A  
M H W 3000 WVI 53201, USA

By: CIMA LABS INC.\*  
Eden Prairie, MN 55344, USA

PARCOPA™ uses CIMA® U.S. Patent Nos. 6,024,981 and 6,221,392.

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# CNS SPECTRUMS<sup>®</sup>

The International Journal of Neuropsychiatric Medicine

## Table of Contents

- 181 Introduction: Understanding Through Animal Models**  
Gal Yadid, PhD, *Bar-Ilan University*
- 182 Social Stress in Tree Shrews as an Animal Model of Depression: An Example of a Behavioral Model of a CNS Disorder**  
Eberhard Fuchs, PhD, *University of Göttingen*
- 191 Psychostimulant-Induced Behavior as an Animal Model of Obsessive-Compulsive Disorder: An Ethological Approach to the Form of Compulsive Rituals**  
David Eilam, PhD, *Tel-Aviv University*; and Henry Szechtman, PhD, *McMaster University*
- 207 APP23 Mice as a Model of Alzheimer's Disease: An Example of a Transgenic Approach to Modeling a CNS Disorder**  
Debby Van Dam, MSc, *University of Antwerp*; Ellen Vloeberghs, MSc, *University of Antwerp*; Dorothee Abramowski, MSc, *Novartis Institutes for BioMedical Research*; Matthias Staufenbiel, PhD, *Novartis Institutes for BioMedical Research*; and Peter Paul De Deyn, MD, PhD, *University of Antwerp*
- 235 Viral Vector Mediated Overexpression of Human  $\alpha$ -Synuclein in the Nigrostriatal Dopaminergic Neurons: A New Model for Parkinson's Disease**  
Matthew Maingay, MSc, *Lund University*; Marina Romero-Ramos, PhD, *Lund University*; and Deniz Kirik, MD, PhD, *Lund University*
- 224 Lamotrigine in Psychiatry: Pharmacology and Therapeutics**  
James W. Jefferson, MD, *Madison Institute of Medicine, Inc.*
- CASE REPORT**
- 176 Ziprasidone as an Augmenting Agent in the Treatment of Anxiety Spectrum Disorders**  
By Daniel L. Crane, MD, FAPA, *New York University*

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CNS Spectrums' editorial mission is to address relevant neuropsychiatric topics, including the prevalence of comorbid diseases among patients, and original research and reports that emphasize the profound diagnostic and physiologic connections made within the neurologic and psychiatric fields. The journal's goal is to serve as a resource to psychiatrists and neurologists seeking to understand and treat disturbances of cognition, emotion, and behavior as a direct consequence of central nervous system disease, illness, or trauma.

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8/04

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The International Journal of Neuropsychiatric Medicine

## Table of Contents

### Departments/Monthly Columns

#### **FROM THE EDITOR'S DESK**

- 170 Found in Translation**  
By Jack M. Gorman, MD

#### **CLINICAL UPDATES IN NEUROPSYCHIATRY**

- 171 News from the Field of Neuroscience**
- *Bio-Barcode Test Shows Promise in Diagnosing Alzheimer's Disease*
  - *Anxiety Can Lead to Disability in Elderly Women*
  - *Antibodies in Cerebrospinal Fluid Possibly Associated with Neuropsychiatric Systemic Lupus Erythematosus*
  - *Cardiovascular Risk Factors May Contribute to Late-Life Dementia Risk*

#### **INTERACTIVE CASE CONFERENCE**

**NEW COLUMN**

- 174 Double Depression**  
*An interactive feature of case presentations*  
By David L. Dunner, MD, FACP

#### **CME QUIZ**

- 247** The quiz on advances toward the development of animal models of CNS disorders is CME-accredited by Mount Sinai School of Medicine for 3.0 credit hours.

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