THE JOURNAL OF MENTAL SCIENCE

(THE BRITISH JOURNAL OF PSYCHIATRY)



BY AUTHORITY OF
THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

EDITOR-IN-CHIEF

G. W. T. H. FLEMING

CO-EDITORS

Alexander Walk and P. K. McCowan

AND WITH THE ASSISTANCE OF

E. D. Adrian
E. G. Holmes
F. C. Bartlett
C. J. McCarthy
S. M. Coleman
C. J. C. Earl
Lionel S. Penrose
Sir A. Fleming
F. L. Golla
E. T. O. Slater

W. Stephenson

LONDON

J. & A. CHURCHILL, LTD

Published Four times Yearly, Ten Shillings and Sixpence net

THE JOURNAL OF MENTAL SCIENCE

Communications on general editorial matters, including MSS. for publication, books for review and other printed matter, and communications regarding the Epitome section, including journals to be abstracted, should be sent to the Editor-in-Chief, Barnwood House, Gloucester.

Communications and inquiries regarding sales should be addressed to the Publishers, Messrs. J. & A. CHURCHILL, Ltd., 104, Gloucester Place, Portman Square, London, W.1; and those regarding Advertisements to Messrs. S. & H. FRETWELL, Ltd., 92, Fleet Street, London, E.C.4. Phone: Central 5587/8.

THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

PUBLICATIONS

From MESSRS. ADLARD & SON, LTD., Bartholomew Press, Dorking.

Enquiry (History) Form, supplied in three sizes: 16 pp., 94" x 64"; 8 pp., 123" x 8" 4 pp., 16" × 10". Prices on application. Card of Practical Instruction. Prices on application.

From Bailliere, Tindall & Cox:

- "Handbook for Mental Nurses." 7th edn. 1923. Price 7/- net.
- "Manual for Mental Deficiency Nurses." 1931. Price 6/6 net.
- "Occupational Therapy Brochure." 1938. Price 1/-.

From the SECRETARY, 11 Chandos Street, London, W. 1:

- "Regulations and Rules for the Examinations for the Certificates of Proficiency in Mental Nursing and in Nursing Mental Defectives." Price 1/-. Postage 1d.
- "Syllabuses for the Examinations for the Certificates of Proficiency in Nursing Mental Defectives." Price 2d. each. Postage 1d. Examination Papers, 1928-38 (reprinted). Price 1/6. Postage 1d.

The Charter and Bye-Laws of the Association. Price 1/-. Postage 1d.

Made and printed in Great Britain.

triple-vitamin routine

in psychological illness

Loss of appetite, gastro-intestinal upsets and skin affections are commonly met with as symptoms or complications of mental disorder. Such conditions may well reflect a deficiency of one or more of the principal water soluble vitamins—B1, C and nicotinic acid—and these are the three vitamins combined in Nicorbin Tablets. Three Nicorbin Tablets daily provide adequate nutritional amounts of aneurine, ascorbic acid and nicotinic acid. The vitamin B₁ stimulates the patient's appetite; vitamin C affords protection against sub-scorbutic lesions to which the aged patient and others on restricted diet are particularly prone; nicotinic acid is effective in many cases of sore tongue, diarrhoea and dermatitis and is, of course, the specific pellagra-preventing factor. Nicorbin therefore has welldefined applications in the mixed nutritional deficiency states so often associated with psychological illness.



TABLETS In bottles of 25 and 100 Tablets

—aneurine hydrochloride I mg., ascorbic acid 25 mg., nicotinic acid 10 mg.

GLAXO LABORATORIES LTD., GREENFORD, MIDDLESEX. BYRon 3434

а

ADLARD & SON

LIMITED

BARTHOLOMEW PRESS DORKING — SURREY



PRINTERS
OF THIS ::
:: JOURNAL

ESTIMATES SUBMITTED PROMPTLY

FOUNDED IN 1766, the Firm has continued uninterruptedly, and is able to undertake ALL CLASSES OF PRINTING.

The Staff is Specially Trained in the production of all printed matter connected with Private Hospitals and Homes, Medical, Scientific and other Institutions.

Regd. Offices: 194/200 BISHOPSGATE, E.C. 2.

Tel.: DORKING 2696.

HOLME LACY HEREFORD ::

HOLME LACY HOSPITAL

FOR LADIES SUFFERING FROM NERVOUS AND MENTAL DISORDERS.

This Hospital is situated in 30 acres of garden with magnificent views of the Wye Valley, and homelike surroundings.

Every facility for specialized investigation and treatment provided.

Voluntary, Temporary and Certified patients received.

Terms from Four and a Half Guineas weekly.

For further particulars apply to the Physician-Superintendent.

Telephone: Burghill 4.

Wonford House, Exeter

A Registered Hospital for treatment of mental disorders of the educated classes. Cases under certificate, voluntary and temporary patients, received for treatment. Modern methods of treatment available. Terms moderate.

Apply Medical Superintendent.

Tel. Exeter 2642

MENTAL HOSPITALS, INSTITUTIONS, HOMES, ETC.

ST. ANDREW'S HOSPITAL

FOR NERVOUS AND MENTAL **DISORDERS**

NORTHAMPTON

President: THE MOST HON. THE MARQUESS OF EXETER, K.G., C.M.G., A.D.C.

Medical Superintendent: THOMAS TENNENT, M.D., F.R.C.P., D.P.H., D.P.M.

This Registered Hospital is situated in 130 acres of park and pleasure grounds. Voluntary patients, who are suffering from incipient mental disorders or who wish to prevent recurrent attacks of mental trouble, temporary patients, and certified patients of both sexes are received for treatment. Careful clinical, blo-chemical, bacteriological, and pathological examinations. Private rooms with special nurses, male or female, in the Hospital or in one of the numerous villas in the grounds of the various branches can be provided.

WANTAGE HOUSE

This is a Reception Hospital in detached grounds with a separate entrance, to which patients can be admitted. It is equipped with all the apparatus for the complete investigation and treatment of Mental and Nervous Disorders by the most modern methods; insulin treatment is available for suitable cases. It contains special departments for hydrotherapy by various methods, including Turkish and Russian baths, the prolonged immersion bath, Vichy Douche, Scotch Douche, Electrical baths, Plombières treatment, etc. There is an Operating Theatre, a Dental Surgery, an X-Ray Room, an Ultra-Violet Apparatus, and a Department for Diathermy and High-Frequency treatment. It also contains Laboratories for biochemical, bacteriological, and pathological research. Psychotherapeutic treatment is employed when indicated. is employed when indicated.

MOULTON PARK

Two miles from the Main Hospital there are several branch establishments and villas situated in a park and farm of 650 acres. Milk, meat, fruit and vegetables are supplied to the Hospital from the farm, gardens, and orchards of Moulton Park. Occupational therapy is a feature of this branch, and patients are given every facility for occupying themselves in farming, gardening and fruit-growing.

BRYN-Y-NEUADD HALL

The seaside house of St. Andrew's Hospital is beautifully situated in a Park of 330 acres at Llanfair-fechan, amidst the finest scenery in North Wales. On the North-West side of the Estate a mile of sea-coast forms the boundary. Patients may visit this branch for a short seaside change or for longer periods. The Hospital has its own private bathing house on the seashore. There is trout-fishing in the park.

At all the branches of the Hospital there are cricket grounds, football and hockey grounds, lawn tennis courts (grass and hard courts), croquet grounds, golf courses, and bowling greens. Ladies and gentlemen have their own gardens, and facilities are provided for handicrafts, such as carpentry, etc.

For terms and further particulars apply to the Medical Superintendent (Telephone No. 2356 and 2357 Northampton), who can be seen in London by appointment.

IEIGHAM HALL, NORWICH

PRIVATE MENTAL HOME

for Nervous and Mental illness. All forms of treatment available. Fees from 4 gns. per week upwards, according to requirements. Vacancies occasionally exist at reduced fees on the recommendation of the patient's own physician.

Apply to Dr. J. A. SMALL.

TELEPHONE: NORWICH 20080.

SALISBURY **AVERSTOCK HOUSE** WILTS

PRIVATE MENTAL HOME FOR LADIES AND GENTLEMEN

Completely up to date. Lovely house and grounds (18 acres). Certified and uncertified cases taken. Facilities for going to the seaside.

ESTABLISHED OVER 200 YEARS

Apply to the Med. Supt. for illustrated brochure.

Tel.: SALISBURY 2612.

IN DEPRESSIVE STATES

The Central Nervous Stimulant of Choice



Available for prescription in packs of 24 tablets in three 'Sealtite' units of eight, as illustrated.

Samples and literature on signed request of physicians.

In depressive conditions 'Dexedrine' may be relied on to increase the patient's accessibility to treatment, to effect a remarkable improvement in mood and outlook, and to aid him in regaining a normal grip on life and living. The striking preponderance of its central nervous effect over its weak peripheral activity makes 'Dexedrine' virtually a single-action drug. Patients are ordinarily spared the disturbing consciousness of 'drug stimulation,' and thus 'Dexedrine' is especially suitable for the highly-strung, the emotionally unstable, convalescents, men and women undergoing the climacteric, and the aged.

'DEXEDRINE'

TABLETS

(5 mg. dextro-amphetamine sulphate)

MENLEY & JAMES, LTD., 123 COLDHARBOUR LANE, LONDON, S.E.5

02s

For Smith, Kline & French Laboratories

CLIFFDEN, TEIGNMOUTH

FOR THE EARLY TREATMENT OF NERVOUS DISORDERS AND PATIENTS
. . NEEDING REST AND CARE . .

A well appointed House with spacious balconies and extensive views of the South Devon Coast. Beautiful Garden and own Dairy in 35 acres.

In the same grounds,

ROWDENS, a comfortable house with lovely views

Private road to the beach

There is also a charming house,

EBWORTHY, MANATON,

situated in 25 acres, 1,100 ft. up for bracing moorland air.

Resident Physicians:

BERTHA M. MULES, M.D., B.S. ANNE S. MULES, M.R.C.S., L.R.C.P.

Telephones: TEIGNMOUTH 289 & 537.

THE

INTERNATIONAL JOURNAL– **PSYCHO-ANALYSIS**

Founded by

ERNEST JONES

Official Organ of the International Psycho-Analytical Association Edited by

JOHN RICKMAN

W. HOFFER W. C. M. SCOTT

With the assistance of C. P. OBERNDORF (New York)

Contents of Volume XXVIII, Part 2, 1947

ORIGINAL PAPERS:

Notes on Psycho-Analysis and Integrative Living	•••	Brierley, M.
Narcissistic Equilibrium		Hart, H. H.
The Super-ego and other Internal Objects		Stephen, A.
Abstracts. Book Reviews. Publications Received.	Obituary.	Bulletin of the

Editorial Communications should be sent to the Editor, Dr. John Rickman, 3 Berkeley Court, Baker Street, N.W. I, or to Dr. C. P. Oberndorf, 112 West 59th Street, New York.

Business Communications should be sent to the Publishers, Baillière, Tindall & Cox, 7 & 8 Henrietta Street, Covent Garden, London, W.C. 2

The Annual Subscription is 30s. per Volume of Two Double-Parts

Published for the Institute of Psycho-Analysis by

BAILLIERE, TINDALL & COX

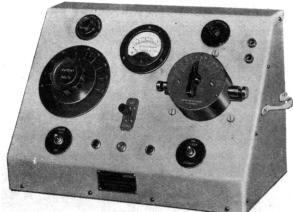
7 & 8 Henrietta Street, London, W.C. 2

ELECTRIC CONVULSION THERAPY

for treatment of Melancholia, Mental & Psychiatric Disorders
(EDISWAN MODEL)

MEDICAL OBSERVATIONS:

Many thousands of cases have been successfully treated by this method including sufferers from I N VO L UT I O N A L MELANCHOLIA, CLIMACTERIC DEPRESSION, RECENTMANIA, ACUTE PSYCHOSES AND OTHER PSYCHIATRIC DISORDERS.



An apparatus constructed to specification of Mr. GREY WALTER. The ideal method for inducing epileptiform seizures. Administration is simple, speedy and effective. Complete amnesia of patient. Apparatus is portable and is in use in more than 250 Hospitals.

Please write for brochure describing technique together with clinical data and bibliography.

COX-CAVENDISH ELECTRICAL CO., LTD.

Phone:] 45-47 Marylebone High Street, London, W. I [WELbeck 2886-7

Northumberland House Green Lanes, Finsbury Park, N. 4

A PRIVATE HOSPITAL for the treatment of Mental and Nervous illnesses. Conveniently situated and easy of access from all parts. Six acres of grounds, facing Finsbury Park. Voluntary and Temporary Patients received without certification. E.C.T., Group Psychotherapy. : Insulin Coma Unit.

Trained Resident and Visiting Staff.

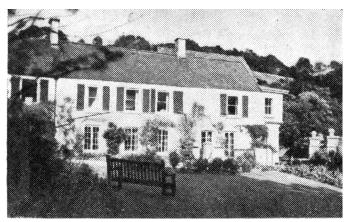
Telephone: Stamford Hill 7866/7 (2 lines.) Telegrams: "Subsidiary, London." For further particulars apply to the Medical Superintendent,

ROBERT M. RIGGALL,

Member, British Psycho-Analytical Society.

BARNWOOD HOUSE

GLOUCESTER



CRICKLEY COURT-ONE OF THE SEPARATE VILLAS

A REGISTERED HOSPITAL for the CARE and TREATMENT of LADIES and GENTLEMEN suffering from NERVOUS and MENTAL DISORDERS. Within two miles of the Western and London Midland Regional Railway Stations at Gloucester, the Hospital is easily accessible by rail from London and all parts of the United Kingdom. It is beautifully situated at the foot of the Cotswold Hills, and stands in its own grounds of over 300 acres. Voluntary Patients of both sexes are also received for treatment. Special accommodation is also provided at three villa residences, all of which stand in their own grounds and are entirely separate from the main Hospital. All the most modern methods of treatment including electric shock and prefrontal leucotomy are used.

For Terms, etc., apply to

G. W. T. H. FLEMING, M.R.C.S., L.R.C.P., D.P.M., Physician Superintendent,

who may be seen in London by appointment

Telephone: No. 66207 Gloucester



Greatest anti-convulsant action, least hypnotic effect

EPTOIN is a preparation of soluble phenytoin supplied as sugar-coated tablets containing 0.1 gm. for the treatment of epilepsy. It possesses powerful anti-convulsant action and low hypnotic effect. Clinical results indicate that Eptoin greatly reduces the number of se zures in cases which have proved refractory to other forms of therapy.

EPTOIN BRAND

SOLUBLE PHENYTOIN for Epilepsy

Further information gladly sent on request to the Medical Department BOOTS PURE DRUG CO. LTD., NOTTINGHAM, ENGLAND



ELIXIR GABAIL

The Ideal Sedative in all Nervous Affections

Elixir Gabail combines the sedative action of Bromide and Chloral Hydrate with the nervine and anti-spasmodic deodorised Valerianate. Pharmaceutically it is as pleasant and palatable as it is efficacious from the therapeutic standpoint, the disagreeable odour and flavour of the Valerian having been completely removed without in any way impairing its therapeutic value.

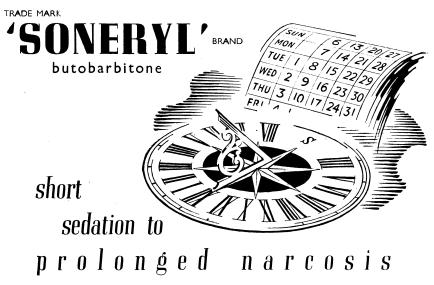
In Hysteria and Psychasthenia it relieves nervous excitement and produces a calm state of mind that is conducive to rapid recovery. It is also of value in states of temporary emotional excitement, in Hypochondriasis and Melancholia.

Dosage: One tablespoonful in water twice or thrice daily. As a hypnotic: two tablespoonfuls in water at bedtime.

Supplied in bottles of 187 c.c. and in bulk for Hospital use.

Literature and Samples on request.

THE ANGLO-FRENCH DRUG Co. Ltd. 11-12, Guilford Street, London, W.C. 1



One of the advantages of 'Soneryl' is the ease with which, by graduating the dose, the degree of action may be varied from the mildly sedative to the deeply hypnotic.

This is of particular interest in psychiatric practice for it enables the one drug to be used as a hypnotic in all the mental states from simple anxiety to intractable psychosis. It may be given for long periods with the minimal side-effects.

Generally 'Soneryl' is given orally in tablets (grains $l\frac{1}{2}$ in each), but for cases where it is impracticable to give the drug by mouth, suppositories containing three, five or ten grains of 'Soneryl' are available.

Supplies: Tablets in containers of 12, 25, 100 and 500 Suppositories in boxes of 5



manufactured by

MAY & BAKER LTD.

🛚 distributors 🍿

PHARMACEUTICAL SPECIALITIES (MAY & BAKER) LTD. DAGENHAM

47228

[Facing first matter