

The Journal of Psychiatric Practice http://pb.rcpsych.org

## Notice to contributors

The Psychiatric Bulletin publishes original and scientific papers, brief review articles and opinion pieces dealing with treatment of mental disorders, administration, audit and management of psychiatric services and training in psychiatry. The Psychiatric Bulletin focuses on matters relevant to everyday clinical practice and management in psychiatry. The Psychiatric Bulletin will prioritise articles that are of practical clinical relevance, topical and accessible.

All original articles are peer reviewed. Manuscripts for publication must be submitted online at http://submit-pb.rcpsych.org. A unique account will be created for each contributor using his or her email address as identification (note: ensure you use the same email address whenever logging on to the manuscript submission website). Contributors may track the progress of their submissions at any time via this website. For assistance with online submission, please email pb@rcpsych.ac.uk or telephone +44 (0)20 7235 2351. Papers should be typed double-spaced with wide margins. A good length is 1500 words. Longer papers are likely to be returned to the authors for editing before being sent to referees. A structured abstract of 100-120 words should be included with all original scientific papers. A summary of approximately 100 words should precede review articles. Authors are encouraged to limit the number of tables/figures to a maximum of three. Photographs and illustrations are welcome. For more detailed advice on referencing (Harvard system), presentation of statistical information and the style of tables and figures, please refer to instructions to authors in the *British Journal of Psychiatry*.

A Declaration of Interest must be given and should list fees and grants from, employment by, consultancy for, shared ownership in, or any close relationship with, an organisation whose interests, financial or otherwise, may be affected by the publication of your paper. This pertains to all the authors of the study.

Papers on audit must demonstrate a completed audit cycle. Correspondence is welcome; letters should be no longer than 250 words (please give word count) and include no more than three references, and no tables or diagrams. Letters should be emailed to pb@rcpsych.ac.uk and signed copies must follow by post or fax. The correspondence editor will use a standard email to inform authors if their letter is to be published or not.

If an individual patient is described, the patient should read the report before submission, and written consent must be obtained from the patient or an authorised person. Contributors should be aware of the risk of complaint by patients in respect of defamation and breach of confidentiality.

Manuscripts accepted for publication are copyedited to improve readability and to ensure conformity with house style. Contributions are accepted for publication on the condition that their substance has not been published or submitted elsewhere.

Published articles become the property of the *Bulletin* and can be published elsewhere, in full or in part, only with the written permission of the Royal College of Psychiatrists.

©2006. The Royal College of Psychiatrists. Unless so stated, material in the *Psychiatric Bulletin* does not necessarily reflect the views of the editor or the College. The publishers are not responsible for any error of omission or fact.

# **Editor:**

# Professor Tom Fahy

### **Editorial Board:**

Dr Peter Byrne

Professor David Cottrell

Dr Teifion Davies

Dr Dominic Fannon

Dr Frank Holloway

Dr Louise Howard

Dr Harry Kennedy

Dr Peter Kennedy

Professor Paul Lelliott

Professor Femi Oyebode

Dr Rosalind Ramsay

Dr Henry Rollin

Dr Mike Shooter

Dr Swaran Singh

Dr David Taylor

Professor Peter Tyrer

Dr James Warner

#### **Trainee Editor:**

Dr Sanju George

#### **Bulletin Coordinator:**

Conceição Santos Sinclair

#### **Assistant Scientific Editors:**

Amanda May Anne-Louise Clayton

The *Psychiatric Bulletin* is published monthly by the Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG (Registered Charity no. 228636).

## **Subscriptions**

Non-members of the College should contact the Subscriptions Department, Maney Publishing, Hudson Road, Leeds LS9 7DL (tel: 0113 249 7481).

Subscription rate for 2006: £79 (UK and elsewhere), \$127 (USA).
Subscription to the printed Bulletin includes unlimited free access to the online Bulletin. Online-only subscription rates: individuals £60 (\$97), institution £67 (\$106).

The paper used in this publication meets the minimum requirements of American National Standard for Information Sciences – Permanence of Paper for Printed Library Materials. ANSI 239. 48-1984.

The *Psychiatric Bulletin* is covered by the Excerpta Medica database EMBASE.

US mailing information: the *Psychiatric Bulletin* is published monthly by the Royal College of Psychiatrists. Subscription price is \$127. Second Class postage paid at Rahway, NJ. Postmaster send address corrections to Psychiatric Bulletin, c/o Mercury International, 365 Blair Road, Avenel, NJ 07001.

ISSN 0955-6036

Typeset by Dobbie Typesetting Limited, Tavistock. Printed in Great Britain by Henry Ling Limited, the Dorset Press, Dorchester.

Information about the College's publications is available at http://www.rcpsych.ac.uk.

# http://pb.rcpsych.org

## **Editorial**

121 Self-management in mental health: questions for service providers and commissioners

Justine Schneider

# **Opinion & debate**

124 Reforming forensic psychiatry and prison mental health in the former Soviet Union Robert van Voren

## **Original papers**

- 127 Treatment for the initial acute phase of firstepisode psychosis in a real-world setting Darryl Wade, Susy Harrigan, Meredith G. Harris, Jane Edwards and Patrick D. McGorry
- Has the referral of older adults with dementia changed since the availability of acetylcholinesterase inhibitors and the NICE guidelines?

  Christopher O'Loughlin and Jon Darley
- 134 Validation and development of a self-report outcome measure (MAP-sc) in opiate addiction

  Jason Luty, Vincent Perry, Oken Umoh and Donna Gormer
- 140 Drug services in England and Wales: a survey of treatment providers and their medical leads

  Nick Airey and Stuart McLaren
- 142 Examining the concept of patient satisfaction in patients with a diagnosis of schizophrenia: a qualitative study
  Richard Duggins and Ian Shaw

# Special article

 $146 \begin{array}{l} \text{Service innovations: a dedicated drug treatment} \\ \text{service for dementia} \end{array}$ 

## Bart Sheehan and Karim Saad

# **Education & training**

149 E-Mental health in Pakistan: a pilot study of training and supervision in child psychiatry using the internet

Atif Rahman, Asad Nizami, Aisha Minhas, Rashda Niazi, Munir Slatch and Fareed Minhas

## **Columns**

153 Correspondence

154 The College

Revised College procedures for ACCEA nominations for England and Wales Scottish Advisory Committee on Distinction Awards (SACDA) – Scottish Division nomination procedures Northern Ireland Clinical Excellence Awards

Honorary Fellowships Special Committee on Professional Governance

157 Obituary: Elisabeth Shoenberg

157 Review: Looking at the Assessment of Sex Offenders (DVD)

Committee (NICEAC)

and Ethics – appointments

158 Reading about

160 E-interview: Professor Sheila Hollins