AS34-02 - WHAT TRAINEES IN CHILD PSYCHIATRY AND GENERAL PSYCHIATRY NEED TO KNOW ABOUT TRAINING IN EUROPE

J.Beezhold^{1,2}, N.Jovanovic³, A.Podlesek⁴, BoSS International Study Group

¹Norfolk and Suffolk NHS Foundation Trust, ²University of East Anglia, Norwich, UK, ³Psychiatry, University of Zagreb, Zagreb, Croatia, ⁴Psychology, University of Ljubljana, Ljubljana, Slovenia

This presentation will cover some of the findings of the BoSS International survey of burnout and related factors amongst thousands of psychiatry trainees conducted in over 30 countries internationally.

Burnout is a significant problem amongst doctors generally, however there is very little international comparative data available, and almost none on trainees.

The preliminary study findings on burnout in trainees interested in child and adolescent psychiatry will be presented, along with some data on correlations with working circumstances, bullying, stalking, and relevant factors such as related personality traits.

Finally, some protective factors that may be useful for trainees will be discussed.