to both training and clinical practice, with particular emphasis on informed consent.

Tom was born in The Curragh, County Kildare, to Peter, an Irish army ophthalmologist, and Kathleen, a housewife. After education in Castleknock School in Dublin, he read medicine at University College Dublin and qualified in 1959. He pursued further training in medicine and psychiatry in Birmingham with Professor Sidney Brandon and then Newcastle upon Tyne with Professor Martin Roth, where he met Ann (née Colvin), an anaesthetist, whom he married in 1967. He returned to Dublin as Clinical Director at St Loman's Hospital in 1968. He received his Doctorate in Medicine (MD) in 1969 for work on the phenomenology of depression in hospital and the community.

Tom spent a sabbatical year at White Plains Hospital, New York, in 1971, after which he was offered an Associate Professorship with a guaranteed Chair of Psychiatry at Cornell University within 2 years. Instead, he took up the Chair of Psychiatry at Galway in 1975. Over the course of his career, Tom made substantial contributions to clinical practice, undergraduate teaching, postgraduate training and academic research in the areas of head injury, anxiety disorders, post-traumatic stress disorder and suicide.

A gifted speaker, Tom brought extraordinary creative and critical rigour to academic psychiatry in Ireland and was responsible in no small part for the high academic standards in Irish psychiatry at the start of the 21st century. In September 2001, he retired as Clinical Director of the West Galway Psychiatric Service and from the Chair of Psychiatry in Galway.

He loved living in the West of Ireland with Ann and his family. He took great pleasure in a number of activities, including travelling wine regions of France, horses and the Galway Blazers, fishing rivers and Lough Corrib for salmon and trout, golf, gardening, watching rugby and reading Irish history. His family remember how grateful he was to have had the opportunity to work and live in an area he called 'a great part of the world'.

He is survived by his wife, their daughters Kathleen, Bebe and Alice and four grandchildren, Aoife, Orla, Joseph and Lilian.

## Reference

1 Latey RH, Fahy TJ. Electroconvulsive Therapy in the Republic of Ireland, 1982: A Report to the Irish Division of the Royal College of Psychiatrists. Galway University Press, 1982.

Brendan D. Kelly

doi:10.1192/bjb.2023.36



© The Author(s), 2023. Published by Cambridge University Press on behalf of the Royal College of Psychiatrists. This is an Open Access article, distributed under the terms of the Creative Commons Attribution licence (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted re-use, distribution and reproduction, provided the original article is properly cited.

## Robert (Bob) Bluglass, CBE, DPM, FRCPsych., FRCP (London)

Formerly Emeritus Professor of Psychiatry, University of Birmingham, UK



Robert Bluglass, who died aged 91 on 1 August 2022, was a pioneer of modern forensic psychiatry in the UK. He was one of the first consultants in forensic psychiatry, establishing the Midland Centre for Forensic Psychiatry at All Saints' Hospital Birmingham as the first regional forensic psychiatry service. He became the Clinical Director of the Reaside Clinic when it opened in October 1987 as the regional secure unit for the West Midlands region. Reaside Clinic was and remains a centre of excellence, providing a modern forensic psychiatry service. Bluglass remarked in his valedictory address that 'it took fourteen years of monthly project team meetings and planning conferences to design and build the Reaside Clinic' and he credited the 1975 Butler Report (Report of the Committee on Mentally Abnormal Offenders) for its vision and considerable influence on the development of secure units.

Jointly with Paul Bowden, Bluglass edited *Principles and Practice of Forensic Psychiatry*, which was published in 1990. This was a monumental work of 1500 pages, with contributions from 150 psychiatrists and scholars. It is widely regarded as the first comprehensive textbook of the field. In the Preface,





Bluglass and Bowden wrote 'The field of operation is the overlap, interface and interaction of psychiatry and the law in all its aspects; criminal behaviour, civil litigation, family law, the diagnosis, care and treatment of psychiatric patients where the disorder is associated with abnormalities of behaviour, legislation and numerous other problems such as the management of violence and the study of sexual deviance' (p. vii). The scope of the book was wide, with chapters on criminology, responsibility, the relationship between mental disorder and crime, personality disorder, and violent behaviour and its management. Bluglass himself contributed seven chapters.

Jointly with Peter Fallon QC, Brian Edwards and Granville Daniels, Bluglass presented the Report of the Committee of Inquiry into the Personality Disorder Unit, Ashworth Special Hospital in January 1999 to the Secretary of State for Health, Frank Dobson. The inquiry had arisen in the context of the allegations of a former patient, Steven Daggett, about the misuse of substances and alcohol, financial irregularities, possible paedophilic activity and the availability of pornographic material on the Personality Disorder Unit. The report concluded that these allegations were largely accurate. The Report was damning of Ashworth Special Hospital and concluded that the Personality Disorder Unit was a deeply flawed creation and that there were gross failures in the care and management of a large group of patients with severe personality disorder. The Report made 58 recommendations about the hospital, its security and the wider problems of dealing with violent criminals with personality disorders. It suggested that the Personality Disorder Unit, where the activities took place, should be managed in smaller units of no more than 8 to 12 patients. It recommended that the Department of Health and the Home Office develop new, regional special units for people with severe personality disorders. The report also called for a change to the Mental Health Act 1983 which would remove the classification 'psychopathic disorder' and replace it with 'personality disorder'. Mr Dobson, rejecting the inquiry's proposal to close Ashworth, said that the problem lay in management, not in the bricks and mortar, and argued that there was no practical alternative in the short term to the three special hospitals in the UK: Ashworth, Rampton and Broadmoor.

Robert Bluglass was born in Golders Green, North London, in 1930, the elder of two children. His father Henry was the chief accountant at M. Samuel & Co merchant bank. His mother Fave (née Griew) was an artist. The family was evacuated to Warwickshire during the Second World War and Bluglass remained as a boarder at Warwick School when the family returned to London. He studied medicine at the University of St Andrews and completed his house jobs at Dundee Royal Mental Hospital, where he later trained with Professor Sir Ivor Batchelor, whom he found inspiring even if demanding. Bluglass completed his MD on the prevalence of psychiatric disorders among the inmates of Perth prison and investigated the value of establishing a forensic psychiatry service in the east of Scotland. He was appointed consultant psychiatrist in 1967 and Professor of Psychiatry at the University of Birmingham in 1979.

Bluglass was closely involved in the revision of the Mental Health Act 1959 that resulted in the Mental Health Act 1983. He commuted weekly to the House of Commons and this work resulted in *A Guide to the Mental Health Act 1983*, published in 1983. He was Vice President of the Royal College of Psychiatrists from 1983 to 1985. He was awarded a CBE in 1995.

He enjoyed watercolour painting and visits to Italy in his retirement. He inherited a keen artistic eye from his mother, Faye. Each year he and his wife would join a group of medical painters in Tuscany.

He is survived by his wife, Kerry (née Montgomery), who is a psychiatrist and former senior clinical lecturer at the University of Birmingham, a son, Charles, a daughter, Amanda, and two grandchildren, Luke and Maya.

Femi Ovebode 🙃

doi:10.1192/bjb.2023.37



© The Author(s), 2023. Published by Cambridge University Press on behalf of the Royal College of Psychiatrists. This is an Open Access article, distributed under the terms of the Creative Commons Attribution licence (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted re-use, distribution and reproduction, provided the original article is properly cited.