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PTSD AS RISK FACTOR FOR ALCOHOL-RELATED DISORDERS

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PTSD is highly correlated with alcohol and drug abuse.

Objective: To estimate impact of PTSD on frequency of various forms of alcohol induced disorder.

Method: Research conducted during 2006 at Psychiatric Clinic in Sarajevo. It included: first group (I) of 50 patients with PTSD and alcohol induced disorders and second (II) group of 50 patients with alcohol induced disorder without PTSD.

Results: Comparing results these two groups, we found:

Alcohol intoxication: I group 11 (22%) vs. II group 15 (30%)

Alcohol withdrawal: 3 (7%) vs. 4 (8%)

Psychotic disorder with hallucinations: 11 (22%) vs. 9 (18%)

Psychotic disorder with delusions: 7 (14%) vs. 5 (10%)

Delirium: 6 (12%) vs. 9 (18%)

Amnesic disorder: 9 (18%) vs. 4 (8%)

Blackouts: 1 (2%) vs. 1 (2%);

Seizures: 2(4%) vs. 3(6%).

Conclusion: It seems that PTSD frequently caused more severe clinical forms of alcohol disorders, which should be prove in larger sample. This could be considered in prevention alcohol and PTSD as well.