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STUDY OF THE RELATIONSHIP BETWEEN ATTACHMENT STYLES AND SYMPTOMS OF BORDERLINE PERSONALITY DISORDER: STUDY ON NON-CLINICAL SAMPLES

S. Asadnia¹, M. Abbasi Layegh¹, F. Sepehrian Azar¹, S. Saadatmand¹, S. Nobakht²

¹Psychology, Urmia University, Urmia, Iran; ²Psychology, PNU University, Tehran, Iran

Background and aim: Many psychotic and personality disorders of children are the result of deprivation of maternal care or lack of reliability of a child with the attached individual. Since attachment problems are one of the features of borderline personality disorder, this study aims at studying the relationship between attachment styles and symptoms of borderline personality disorder in non-clinical samples.

Materials and Methods: The present study was conducted as a survey and it was descriptive. Therefore, a sample of 300 individuals were randomly selected and tested. Participants responded to adult attachment styles and symptoms of borderline personality questionnaire. The data were analyzed using one way analysis of variance.

Results: The results revealed that people with avoidant attachment styles compared to those with secure attachment and ambivalent insecure attachment style got the highest score in borderline personality disorder symptoms.

Discussion and Conclusion: The results obtained in this study are somewhat consistent with this idea that environmental factors such as attachment styles have an important role in the development of borderline personality disorder also these findings are in accordance with with previous research in clinical samples and in line with the theory of attachment styles in borderline personality disorder are debatable.

Keywords: Attachment styles, symptoms of borderline personality disorder, Schizotypal Trait Questionnaire-B