- 37 Marshall M, Lewis S, Lockwood A, Drake R, Jones P, Croudace T. Association between duration of untreated psychosis and outcome in cohorts of first-episode patients: a systematic review. Arch Gen Psychiatry 2005; 62: 975–83.
- 38 Nielssen OB, Malhi GS, McGorry PD, Large MM. Overview of violence to self and others during the first episode of psychosis. J Clin Psychiatry 2012; 73: e580–7.
- 39 Látalová K. Violence and duration of untreated psychosis in first-episode patients. Int J Clin Pract 2014; 68: 330–5.
- 40 Norman RM, Malla AK, Verdi MB, Hassall LD, Fazekas C. Understanding delay in treatment for first-episode psychosis. *Psychol Med* 2004; 34: 255–66.
- 41 Brunet K, Birchwood M, Lester H, Thornhill K. Delays in mental health services and duration of untreated psychosis. *Psychiatr Bull* 2007; 31: 408–10.
- **42** Birchwood M, Lester H, McCarthy L, Jones P, Fowler D, Amos T, et al. The UK national evaluation of the development and impact of Early Intervention Services (the National EDEN studies): study rationale, design and baseline characteristics. *Early Interv Psychiatry* 2014; **8**: 59–67.
- 43 Tanskanen S, Morant N, Hinton M, Lloyd-Evans B, Crosby M, Killaspy H, et al. Service user and carer experiences of seeking help for a first episode of psychosis: a UK qualitative study. *BMC Psychiatry* 2011; 11: 157.
- 44 Marshall M, Husain N, Bork N, Chaudhry IB, Lester H, Everard L, et al. Impact of early intervention services on duration of untreated psychosis: data from the National EDEN prospective cohort study. *Schizophr Res* 2014; **159**: 1–6.
- 45 Park AL, McCrone P, Knapp M. Early intervention for first-episode psychosis: broadening the scope of economic estimates. *Early Interv Psychiatry* 17 April 2014 (doi: 10.1111/eip.12149).
- 46 Kmietowicz Z. Nick Clegg promises to end "discrimination against mental health for good". BMJ 2014; 349: g6148.

## poem

## At the Clinic

## **Neil Ferguson**

In the waiting area between Phlebotomy and Doctor Abromovitch's Clinic, among strangers who have something in common, observe the electronic queue-machine click 90, 91, 92 one digit at a time ad infinitum. Here the space between past and future is almost visible to the naked eye. Twiddle your thumbs. No point getting anxious. Your number will be up in due course.

Stare at the walls, at the NHS posters' advice on smoking, HIV, arthritis; or at the TV – Richard & Judy Live with the sound down. Or else peruse the copy of *The Sun* left on a chair by someone who has gone before you, barely glancing at the improbable tits of Tina from Tyneside. Scandal, rape, murder, the War – it's a fucking mess, but not, while you're here, your business.

It's reassuring to be in this dull lull in your life, even if it's an antechamber to something worse. Soon enough the gent in the striped shirt, cufflinks, bow-tie, with a foreign-sounding name, will greet you and shake your hand and like an understanding headmaster convey with courteous matter-of-factness the results from your last appointment, after which everything will be different.

Selected by Femi Oyebode. Published in *The Hippocrates Prize Anthology*, Hippocrates Press, 2012. Neil Ferguson is a novelist and short-fiction writer. Visit his website at neilferguson@com © Neil Ferguson. Reprinted with permission.