

COMORBID PSYCHIATRIC DISORDER AND PHYSICAL DISORDER IN THE ELDERLY

R. Ennaoui, R. Jomli, Y. Zgueb, F. Nacef

Department of Psychiatry, Razi Hospital, Tunis, Tunisia

Introduction: With aging, the risk of many diseases increases. The prevalence of somatic diseases in psychiatric patients is high. This comorbidity is more common than the subject is old.

Objectives: The aim of our study was to determine the different somatic pathologies associated with various psychiatric disorders in the elderly.

Patients and methods: This is a retrospective study conducted in the outpatient hospital razi, involving 90 patients aged consultant during 2011. The data were collected from patient records.

Results: Ninety patients were found during the study period. The average age of patients was 77.5 years. The sex ratio (M / F) was 1.04. The majority of consultants had an iron status of married (51.1%) and widowed (41.1%). 63% of patients were retired and 49% of cases were low socioeconomic level. Personal psychiatric histories were found in 12% of patients consultants. 51 patients (56.6%) had somatic pathology associated with psychiatric disorders.

Conclusions: Elderly patients' organic disease is unknown in most cases and is a causal or aggravating the mental disorder.