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How Does the Attention Deficit/hyperactivity Disorder Evolve in Adulthood?

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# Background:

Attention Deficit/Hyperactivity Disorder (ADHD) is a common neurodevelopmental disorder of childhood characterized by inattention, impulsivity and hyperactivity. This condition affects 3% to 5% of school-aged children in the general population. It currently has a major problem about its social and especially school impact. It raises the question of his prognosis and his functional impact in adulthood.

### **Objectives:**

The aim of ours works in to determine the different evolutionary terms to adulthood of hyperactivity attention deficit disorder.

#### Methods:

Our study is a cross-sectional epidemiological survey of descriptive type covering all medical records of patients with a history of Attention Deficit / Hyperactivity Disorder (ADHD) in childhood.

#### **Results:**

We found 80 patients who had an Attention Deficit / Hyperactivity Disorder (ADHD) in childhood.

In 89.7% of cases were men, the average age at the first consultation in adult psychiatry service was 26 years. They were unmarried in 33%. They had a high school education in 28.2%.

The reasons for consultation were in 52% of cases, addictive behaviors (tobacco, alcohol, cannabis).

The ongoing medical monitoring was in 43.8%, irregular.

#### Conclusion:

Patients suffering from ADHD, should benefit of collaboration between child psychologist and psychiatrist for a proper management of trouble and prevent the negative consequences in adulthood.