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New from CPD Online

CPD ONLINE

CPD Online is an e-learning resource offered by the Royal College of Psychiatrists. The website contains a range of learning modules and podcasts that provide a flexible, interactive way of keeping up to date with progress in mental health.

College members may use CPD Online for up to 25 CPD points in the UK. Access to the modules is through annual subscription, but we offer a series of free trial modules. For more information, visit the CPD Online website: www.psychiatrycpd.org.

Recent modules

Introduction to motivational interviewing

Motivational interviewing (MI) is a patient-centred and gently directive style of interaction used to negotiate behaviour change. Within psychiatry the approach has been applied to people with dual diagnosis, obsessive-compulsive disorders, eating disorders and anxiety. This module introduces the principles of MI and provides tools and techniques for its use in clinical practice. **CPD credits: 1.5**



Introduction to nidotherapy: a video-based module

Nidotherapy is a treatment devoted to changing the environment in all its forms so that a better fit can be established between an individual and every aspect of their surroundings. This module is authored by the pioneer of nidotherapy, Professor Peter Tyrer, and uses video footage to illustrate how it can be applied in practice. **CPD credits: 1**



Clinical audit in mental health practice: CCQI module 1

Clinical audit is one of the simplest and yet most effective clinical processes, practised since the middle of the 19th century. This module – the first in a series developed in association with the College Centre for Quality Improvement (CCQI) – enables practitioners to understand the basics of clinical audit and why they should use it. **CPD credits: 1**



Quality indicators and quality improvement methods: CCQI module 2

In all aspects of healthcare it is of vital importance that the processes used are analysed for quality, and that any areas found to be lacking in quality are improved. This module (the second in the CCQI series) provides an overview of quality indicators and gives examples of methods of quality improvement. **CPD credits: 1**

