

P01-210 - **SELF DISCLOSURE, DEPRESSION, ANXIETY AND AGGRESSION IN ADOLESCENTS**

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**Objectives:** To examine the personality variable of self disclosure, and its relationship to depression, anxiety, aggression in adolescents.

**Methods:** 80 adolescent inpatients in four university affiliated hospitals and 57 healthy adolescent controls were evaluated. The following measurements were employed: Beck Depression Inventory, State and Trait Anxiety Inventory, The Impulse Control Scale, State and Trait Anger Expression Inventory, The Feeling and Acts of Violence Scale and Shulman Self Disclosure Scale.

**Results:** There were significant negative correlations between depression, anxiety, impulsivity, and self disclosure to family members and significant positive correlations between control of anger and self disclosure towards family members, in the patient group.

**Conclusions:** The ability to self-disclose may be a protective variable. A focal point of intervention in preventing and treating psychopathology in adolescents may be fostering self- disclosure.