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PSYCHOSOMATIC DISEASES AND DEPRESSION WITH GENERAL PRACTICE PHYSICISTS

N. Ilic

Psychiatri, Health Centre -Nis, Nis, Serbia

The psychosomatic diseases belong to the group of the most spread disorders in the contemporary medical practice. Answer to the question--what is the spread of those disorders and depression with general practice physicians, we have looked for by means of a research performed in February 2008 in the Health Centers Nis and "Vozdovac"-Belgrade.

As the research instruments, we have used an anonymous questionnaire about the psychosomatic diseases and depressivity self-estimation scale (ZUNG). Those papers were filled by 36 of physicians and general practitioners, male and female, aged 30-55 years.

The thirteen of the total 36 polled doctors (36.11%) were found to be affected by psychosomatic diseases. Ten doctors suffer from hypertension (76.92%), two of them has ulcer (15.38%) and one doctor have diabetes(7.69%). Two of them are found not to be depressive(15.38%),three ones are depressive in remission (23.07%), four doctors are depressive with other disorders (30.76%),and four of them need depression medical treatment (30.76).

The depression in total number of polled doctors(36) is distributed as follows:

Four without depression (11.11%), eight with depression in remission (22.22%), eighteen with depression followed by other disorders (50%) and six of pooled showed depression that needs medical treatment (16.66%).

In the polled group, that offered psychosomatic illness, there is one third with depression that need medical treatment(30.76%)-this is two-times more (in percents) than of those in the total number of polled doctors(16.66%).