# Behavioural and Cognitive Psychotherapy Instructions to Authors

### Submission to Behavioural and Cognitive Psychotherapy

Articles written in English and not submitted for publication elsewhere should be sent via http://mc.manuscriptcentral.com/babcp.

#### Manuscript preparation

A Word document of the manuscript must be submitted electronically and original figures can be supplied as attachments.

Articles must be typed double-spaced throughout allowing wide margins all round. Where unpublished material e.g. behaviour rating scales, therapy manuals etc, is referred to in an article, copies should be submitted as an additional document to facilitate review.

Attention should be paid to the Editorial Statement that is accessed online at http://journals.cambridge.org/action/displayMoreInfo?jid=BCP&type=ifc

Submissions will be sent out for review exactly as submitted. Authors who want a blind review should indicate this at the point of submission of their article, omitting details of authorship and other information. Submission for blind review is encouraged.

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Details of style not specified here may be determined by reference to the *Publication Manual of the American Psychological Association* or the style manual of the British Psychological Society.

Articles should conform to the following scheme:

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- (b) Abstract. The abstract should include up to six keywords that could be used to describe the article. This should summarize the article in no more than 200 words, and should be structured under the headings: Background: Aims: Method: Results: Conclusions
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Kaltenthaler, E., Parry, G. and Beverley, C. (2004). Computerized cognitive behaviour therapy: a systematic review. *Behavioural and Cognitive Psychotherapy*, 32, 31–55. doi:10.1017/S135246580400102X.

Tharp, R. G. and Wetzel, R. J. (1969). Behaviour Modification in the Natural Environment. New York: Academic Press.

Roskies, E. and Lazarus, R. S. (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds), Behavioural Medicine: changing health lifestyles. New York: Brunner/Mazel.

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- (i) Figures. Original drawings or prints must be submitted for each line or half-tone illustration. Figures should be clearly labelled and be camera-ready wherever possible.

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