

LIORESAL®

(baclofen)
Muscle relaxant
Antispastic agent

INDICATIONS AND CLINICAL USES

Alleviation of signs and symptoms of spasticity resulting from multiple sclerosis. Spina cord injuries and other spinal cord diseases.

CONTRAINDICATIONS

Hypersensitivity to LIORESAL.

WARNINGS

Abrupt Drug Withdrawal: Except for serious adverse reactions, the dose should be reduced slowly when the drug is discontinued to prevent visual and auditory hallucinations, confusion, anxiety with tachycardia and sweating, and worsening of spasticity.

Impaired Renal Function: Caution is advised in these patients and reduction in dosage may be necessary.

Stroke: Has not been of benefit and patients have shown poor tolerability to the drug.

Pregnancy and Lactation: Not recommended as safety has not been established. High doses in rats and rabbits are associated with an increase of abdominal hernias and ossification defects in the fetuses.

PRECAUTIONS

Not recommended in children under 12 as safety has not been established.

Because sedation may occur, caution patients regarding the operation of automobiles or dangerous machinery, activities made hazardous by decreased alertness, and use of alcohol and other CNS depressants.

Use with caution in spasticity that is utilized to sustain upright posture and balance in locomotion, or whenever spasticity is utilized to obtain increased function, epilepsy or history of convulsive disorders (clinical state and EEG should be monitored), peptic ulceration, severe psychiatric disorders, elderly patients with cerebrovascular disorders, and patients receiving antihypertensive therapy.

ADVERSE REACTIONS

Most common adverse reactions are transient drowsiness; dizziness, weakness and fatigue. Others reported:

Neuropsychiatric: Headache, insomnia, euphoria, excitement, depression, confusion, hallucinations, paresthesia, muscle pain, tinnitus, slurred speech, coordination disorder, tremor, rigidity, dystonia, ataxia, blurred vision, nystagmus, strabismus, miosis, mydriasis, diplopia, dysarthria, epileptic seizures.

Cardiovascular: Hypotension, dyspnea, palpitation, chest pain, syncope.

Gastrointestinal: Nausea, constipation, dry mouth, anorexia, taste disorder, abdominal pain, vomiting, diarrhea, and positive test for occult blood in stool.

Genitourinary: Urinary frequency, enuresis, urinary retention, dysuria, impotence, inability to ejaculate, nocturia, hematuria.

Other: Rash, pruritus, ankle edema, excessive perspiration, weight gain, nasal congestion.

Some of the CNS and genitourinary symptoms reported may be related to the underlying disease rather than to drug therapy.

The following laboratory tests have been found to be abnormal in a few patients receiving LIORESAL: SGOT, alkaline phosphatase and blood sugar (all elevated).

SYMPTOMS AND TREATMENT OF OVERDOSAGE

Signs and Symptoms: Vomiting, muscular hypotonia, hypotension, drowsiness, accommodation disorders, coma, respiratory depression, and seizures.

Co-administration of alcohol, diazepam, tricyclic anti-depressants, etc., may aggravate the symptoms.

Treatment: Treatment is symptomatic. In the alert patient, empty the stomach (induce emesis followed by lavage). In the obtunded patient, secure the airway with a cuffed endotracheal tube before beginning lavage (do not induce emesis).

Maintain adequate respiratory exchange; do not use respiratory stimulants. Muscular hypotonia may involve the respiratory muscles and require assisted respiration. Maintain high urinary output. Dialysis is indicated in severe poisoning associated with renal failure.

DOSAGE AND ADMINISTRATION

Optimal dosage of LIORESAL requires individual titration. Start therapy at a low dosage and increase gradually until optimum effect is achieved (usually 40-80 mg daily).

The following dosage titration schedule is suggested:

5 mg t.i.d. for 3 days

10 mg t.i.d. for 3 days

15 mg t.i.d. for 3 days

20 mg t.i.d. for 3 days

Total daily dose should not exceed a maximum of 20 mg q.i.d.

The lowest dose compatible with an optimal response is recommended. If benefits are not evident after a reasonable trial period, patients should be slowly withdrawn from the drug (see Warnings).

AVAILABILITY

LIORESAL (baclofen) 10 mg tablets: White to off-white flat-faced, oval tablets with GEIGY monogram on one side and the identification code 23 below the monogram. Fully bisected on the reverse side.

LIORESAL D.S. 20 mg tablet: White to off-white capsule-shaped, biconvex tablets. Engraved GEIGY on one side and GW with bisect on the other.

Available in bottles of 100 tablets.

Product Monograph supplied on request.

References:

1. Cartledge, N.E.F., Hudgson, P., Weightman, D.: A comparison of baclofen and diazepam in the treatment of spasticity. *J Neurol. Sci.* 23: 17-24 (1974).
2. Young, R., Delwaide, P.: Spasticity. *New England Journal of Medicine* 304: 28-33 & 96-99 (1981).
3. From, A., Helberg, A.: A double blind trial with baclofen and diazepam in spasticity due to multiple sclerosis. *Acta Neurol. Scandinav.* 51: 158-166, (1975).

Prolopa® (levodopa/benserazide)

Rx Summary

Antiparkinsonism Agent

Indications Treatment of Parkinson's syndrome when not drug-induced.

Contraindications Known hypersensitivity to levodopa or benserazide; in patients in whom sympathomimetic amines are contraindicated; concomitantly with, or within 2 weeks of, MAOI administration; uncompensated cardiovascular, endocrine, renal, hepatic, hematologic or pulmonary disease; narrow-angle glaucoma.

Warnings Discontinue levodopa at least 12 hours before initiating 'Prolopa'. See Dosage section for substitution recommendations. Not indicated in intention tremor, Huntington's chorea or drug-induced Parkinsonism.

Increase dosage gradually to avoid CNS side effects (involuntary movements). Observe patients for signs of depression with suicidal tendencies or other serious behavioural changes. Caution in patients with history of psychotic disorders or receiving psychotherapeutic agents.

In patients with atrial, nodal or ventricular arrhythmias or history of myocardial infarction initiate treatment cautiously in hospital. Caution in patients with history of melanoma or suspicious undiagnosed skin lesions.

Safety in patients under 18 years has not been established. In women who are or may become pregnant, weigh benefits against possible hazards to mother and fetus. Not recommended for nursing mothers.

Precautions Monitor cardiovascular, hepatic, hematopoietic and renal function during extended therapy. Caution in patients with history of convulsive disorders. Upper gastrointestinal hemorrhage possible in patients with a history of peptic ulcer.

Normal activity should be resumed gradually to avoid risk of injury. Monitor intraocular pressure in patients with chronic wide-angle glaucoma. Pupillary dilation and activation of Horner's syndrome have been reported rarely. Exercise caution and monitor blood pressure in patients on antihypertensive medication. 'Prolopa' can be discontinued 12 hours prior to anesthesia. Observe patients on concomitant psychoactive drugs for unusual reactions.

Adverse Reactions Most common are abnormal involuntary movements, usually dose dependent, which necessitate dosage reduction. Other serious reactions are periodic oscillations in performance (end of dose akinesia, on-off phenomenon and akinesia paradoxa) after prolonged therapy, psychiatric disturbances (including paranoia, psychosis, depression, dementia, increased libido, euphoria, sedation and stimulation), and cardiovascular effects (including arrhythmias, orthostatic hypotension, hypertension, ECG changes and angina pectoris).

Neurologic, intellectual, gastrointestinal, dermatologic, hematologic, musculoskeletal, respiratory, genitourinary and ophthalmologic reactions have also been reported. Consult Product Monograph for complete list.

Dosage Individualize therapy and titrate in small steps to maximize benefit without dyskinesias. Do not exceed the recommended dosage range.

Initially, one capsule 'Prolopa' 100-25 once or twice daily, increased carefully by one capsule every third or fourth day (slower in post-encephalitic Parkinsonism) until optimum therapeutic effect obtained without dyskinesias. At upper limits of dosage, increment slowly at 2-4 week intervals. Administer with food.

Optimal dosage is usually 4-8 'Prolopa' 100-25 capsules daily, in 4-8 divided doses.

'Prolopa' 200-50 capsules are intended for maintenance therapy once optimal dosage has been determined using 'Prolopa' 100-25 capsules. No patient should receive more than 1000 - 1200 mg levodopa daily during the first year of treatment. 'Prolopa' 50-12.5 capsules should be used when frequent dosing is required to minimize adverse effects.

For patients previously treated with levodopa, allow at least 12 hours to elapse and initiate 'Prolopa' at 15% of previous levodopa dosage. During maintenance, reduce dosage slowly, if possible, to a maximum of 600 mg levodopa daily.

Supply 'Prolopa' 50-12.5 capsules containing 50 mg levodopa and 12.5 mg benserazide.

'Prolopa' 100-25 capsules containing 100 mg levodopa and 25 mg benserazide.

'Prolopa' 200-50 capsules containing 200 mg levodopa and 50 mg benserazide.

Bottles of 100.

Product Monograph available on request.

References: 1. Rondot P. Advantages of a Low Dosage of The Levodopa-Benserazide Combination in the Treatment of Parkinson's Disease. *Med. et Hyg.* 1981;39:3832-3835. 2. Data on file. 3. Mondal BK, Mondal KN. Parkinson's Disease in the Elderly: A Long-Term Efficacy Study of Levodopa/Benserazide Combination Therapy. *Pharmather.* 1986;4(9):571-576. 4. Ontario Drug Benefits Plan, December, 1986.

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Original Research in Medicine and Chemistry

Geigy

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L5N 2W5



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SYMMETREL® (Amantadine HCl) Antiparkinsonian Agent

INDICATIONS: The treatment of Parkinson's syndrome and in the short-term management of drug-induced extrapyramidal symptoms.

CONTRAINDICATIONS: Patients with known hypersensitivity to the drug.

WARNINGS: Patients with a history of epilepsy or other "seizures" should be observed closely for possible untoward central nervous system effects. Patients with a history of congestive heart failure or peripheral edema should be followed closely as there are patients who developed congestive heart failure while receiving SYMMETREL®. Safety of use in pregnancy has not been established. SYMMETREL® should not be used in women of childbearing potential, unless the expected benefit to the patient outweighs the possible risk to the fetus.

SYMMETREL® is secreted in the milk and should not be administered to nursing mothers.

PRECAUTIONS: The dose may need careful adjustment in patients with renal impairment, congestive heart failure, peripheral edema or orthostatic hypotension. Since SYMMETREL® is not metabolized and is mainly excreted in the urine, it may accumulate when renal function is inadequate.

Care should be exercised when administering to patients with liver disease, a history of recurrent eczematoid rash, psychosis, or severe psychoneurosis not controlled by chemotherapeutic agents. Careful observation is required when administered concurrently with central nervous system stimulants.

Patients with Parkinson's syndrome improving on SYMMETREL® should resume normal activities gradually and cautiously, consistent with other medical considerations, such as the presence of osteoporosis or phlebotrombosis. Patients receiving SYMMETREL® who note central nervous system effects or blurring of vision should be cautioned against driving or working in situations where alertness is important. SYMMETREL® should not be discontinued abruptly since a few patients with Parkinson's syndrome experienced a parkinsonian crisis, i.e., sudden marked clinical deterioration, when this medication was suddenly stopped.

The dose of anticholinergic drugs or of SYMMETREL® should be reduced if atropine-like effects appear when these drugs are used concurrently.

ADVERSE REACTIONS: Adverse reactions have occurred in patients while receiving SYMMETREL® alone or in combination with anticholinergic antiparkinson drugs and/or levodopa.

Important adverse reactions are orthostatic hypotensive episodes, congestive heart failure, depression, psychosis and urinary retention; and rarely convulsions, reversible leukopenia and neutropenia, and abnormal liver function test results.

Adverse reactions of less importance are: anorexia, anxiety, ataxia, confusion, hallucinations, constipation, dizziness (light-headedness), dry mouth, headache, insomnia, livedo reticularis, nausea, peripheral edema, drowsiness, dyspnea, fatigue, hyperkinesia, irritability, nightmares, rash, slurred speech, visual disturbance, vomiting and weakness; and very rarely eczematoid dermatitis and oculogyric episodes. Some side effects were transient and disappeared even with continued administration of the drug.

SYMPTOMS AND TREATMENT OF OVERDOSAGE: Limited data are available concerning clinical effects and management of SYMMETREL® overdosage. An elderly patient with Parkinson's syndrome who took an overdose of 2.8 g of SYMMETREL® in a suicidal attempt, developed acute toxic psychosis, urinary retention, and a mixed acid-base disturbance. The toxic psychosis was manifested by disorientation, confusion, visual hallucinations and aggressive behaviour. Convulsions did not occur, possibly because the patient had been receiving phenytoin prior to the acute ingestion of SYMMETREL®.

There is no specific antidote. For acute overdosing, general supportive measures should be employed, along with immediate gastric lavage or induction of emesis. Fluids should be forced, and if necessary, given I.V. The pH of the urine has been reported to influence the excretion rate of SYMMETREL®. Since the excretion rate of SYMMETREL® increases rapidly when the urine is acidic, the administration of urine acidifying fluids may increase the elimination of the drug from the body. Blood pressure, pulse, respiration and temperature should be monitored. The patient should be observed for possible development of arrhythmias, hypotension, hyperactivity, and convulsions; if required, appropriate therapy should be administered. Blood electrolytes, urine pH and urinary output should be monitored. If there is no record of recent voiding, catheterization should be done. The possibility of multiple drug ingestion by the patient should be considered.

DOSAGE AND ADMINISTRATION: Parkinson's Syndrome: Initial dose is 100 mg daily for patients with serious associated medical illnesses or who are receiving high doses of other antiparkinson drugs. After one to several weeks at 100 mg once daily, the dose may be increased to 100 mg twice daily. When SYMMETREL® and levodopa are initiated concurrently, SYMMETREL® should be held constant at 100 mg daily or twice daily while the daily dose of levodopa is gradually increased to optimal dose. When used alone, the usual dose of SYMMETREL® is 100 mg twice a day.

Patients whose responses are not optimal with SYMMETREL® at 200 mg daily may benefit from an increase to 300 mg daily in divided doses. Patients who experience a fall-off of effectiveness may regain benefit by increasing the dose to 300 mg daily; such patients should be supervised closely by their physicians.

DOSAGE FORMS: Capsules: (bottles of 100) - each red, soft gelatin capsule contains 100 mg of amantadine HCl. Syrup: (500 mL) - each 5 mL (1 teaspoonful) of clear colorless syrup contains 50 mg of amantadine HCl.

References:

1. Schwab RS, Poskanzer DC, England AC Jr., Young RR: Amantadine in Parkinson's disease. JAMA 1972;227:7.

Product monograph available on request.

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CPP

It only takes a moment to show how much you care.

Precious moments. To help a grandchild learn. To share something of your day ... your knowledge, your love and care. Moments that add up to being remembered, forever.

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and measurable assistance to ongoing cancer research programmes.

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Du Pont Pharmaceuticals
Mississauga, Ontario
L5M 2J4

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ACADEMIC ADULT NEUROLOGIST:

Full time appointment available in Division of Neurology, Department of Medicine, University of Saskatchewan. Demonstrated capabilities in teaching and research, with special interest in EEG and epilepsy is desirable. Applicant must have a fully unrestricted license to practise medicine in Canada. In accordance with Canadian Immigration requirements, priority will be given to citizens and permanent residents of Canada. Forward CV with names of three referees to:

DR. R.M. BALA, CHAIRMAN
DEPARTMENT OF MEDICINE
UNIVERSITY OF SASKATCHEWAN
SASKATOON, CANADA
S7N 0X0

NEUROPATHOLOGIST

**VICTORIA HOSPITAL
THE UNIVERSITY OF WESTERN ONTARIO
LONDON, ONTARIO**

Applications are invited for a Neuropathologist to join the established Neuropathology Unit at **Victoria Hospital, London, Ontario, Canada.**

Applicants should have an interest in diagnostic neuropathology with a special interest in either pediatric neuropathology and/or neoplasia and must have independent research ability. Victoria Hospital is a large teaching Hospital with a strong Department of Pathology and active research programmes in Neurological Sciences. Research facilities are available and the academic appointment is in the Department of Pathology, The University of Western Ontario.

Applicants must be eligible to work in Canada and must have qualifications permitting medical registration in the Province of Ontario and must hold an FRCP(C) or be able to obtain it within two years.

Those interested, please send curriculum vitae, a list of publications and the names of three referees to:

Marvin S. Smout, M.D., FRCP(C)
Chief Pathologist
Victoria Hospital
375 South Street
P.O. Box 5375
London, Ontario N6A 4G5

NEURO-ONCOLOGY FELLOWSHIP

A clinical fellowship in neuro-oncology is available for neurologists and neurosurgeons at the LRCC and UWO teaching hospitals. The program offers post-residency training in the treatment of primary brain tumour, neurological complications of cancer and cancer pain and experience in the design and conduct of clinical trials. Please correspond with:

J. Gregory Cairncross, M.D.,
The London Regional Cancer Centre,
790 Commissioners Road East,
London, Ontario N6A 4L6
Canada

NEUROPATHOLOGIST

Applications are invited for appointment as a staff neuropathologist at The Hospital for Sick Children which is affiliated with the University of Toronto. The Hospital for Sick Children has busy neurosurgical and neurological divisions producing substantial diagnostic material. Therefore, experience in pediatric neuropathology is an asset. Academically oriented neuropathologists interested in the development of an independent research program are encouraged to apply. Other responsibilities include teaching at the undergraduate and postgraduate level.

Salary and academic appointment will be commensurate with experience and qualifications. The physician must be certified or eligible for certification by the Royal College of Physicians and Surgeons of Canada.

In accordance with Canadian immigration regulations, the advertisement is directed in the first instance to Canadian citizens and permanent residents.

Please reply with curriculum vitae and three letters of reference to: Dr. Laurence E. Becker, Department of Pathology (Neuropathology), The Hospital for Sick Children, Room 3120, 555 University Avenue, Toronto, Ontario M5G 1X8.

Neurologist: Ontario A Certified Neurologist is needed to serve a catchment area of 84,000 residents in association with a 398-bed accredited modern hospital. The area is served by a broad range of specialists, including 6 Internists with sub-specialty interests. Cambridge is a pleasant progressive city, located in the heart of Southern Ontario, and provides a very high standard of living, including excellent social, recreational and educational facilities. For more information contact: Dr. George Mathai (519) 623-2830 or send a resume to:

Secretary
Neurologist Search Committee
Cambridge Memorial Hospital
700 Coronation Blvd.
Cambridge, Ontario
N1R 3G2

CLINICAL AND RESEARCH NEUROPHYSIOLOGIST

Position available in the Division of Neurosurgery and the Spinal Cord Injury Treatment, Research and Prevention Centre, Toronto Western Hospital, University of Toronto. Applicants should have a Ph.D. in neurophysiology, neuropsychology or related discipline. Experience and interest in clinical research and basic science research related to evoked potentials as a monitoring adjunct is essential. The position involves participation in clinical and experimental studies of spinal cord injury, neuro-oncology, including posterior fossa tumours, and cerebrovascular disease. The successful applicant would supervise technicians and assist in the administration of an intraoperative monitoring service which provides evoked potential and other clinical neurophysiological tests to neurosurgical patients. Salary and University position depend upon qualifications and experience. In accordance with Canadian immigration requirements, priority will be given to Canadian citizens and permanent residents. Reply with curriculum vitae and names of two references to Charles H. Tator, M.D., Ph.D., Head, Division of Neurosurgery, Toronto Western Hospital, Room 2-003, Edith Cavell Wing, 399 Bathurst Street, Toronto, Ontario, Canada M5T 2S8

EASTERN STATE HOSPITAL

Eastern State Hospital is a 392 bed J.C.A.H.O. accredited facility serving Eastern Washington.

Currently, the hospital has psychiatric vacancies in its forensic, geriatric and adult psychiatric programs.

Applicants should have an excellent knowledge of psychopharmacology, the ability to be comfortable working in an interdisciplinary setting and relate well to mental health centers and the community.

Benefits are excellent, including vacation, holidays, sick leave, life insurance, medical/dental insurance and generous administrative leave for continuing medical education. Salary: \$85,740 plus additional compensation for on call duty.

The hospital is situated 20 minutes from Spokane in the heart of the Pacific Northwest. Spokane offers a wide range of cultural and educational opportunities including symphony, civic theater, two four year colleges, two community colleges, and Eastern Washington University.

Nearby mountains and lakes, within less than an hour's drive, offer excellent skiing, fishing, sailing and hunting. Several public as well as private golfing facilities are in the immediate vicinity.

In addition, the cost of living and price of housing are below the national average.

Interested psychiatrists should contact Mr. Tom Fritz, collect (509) 299-4351 or P.O. Box A, Medical Lake, WA 99022, for further information.

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References: 1. CDTI 2. Goodman and Gilman, Sixth Edition.

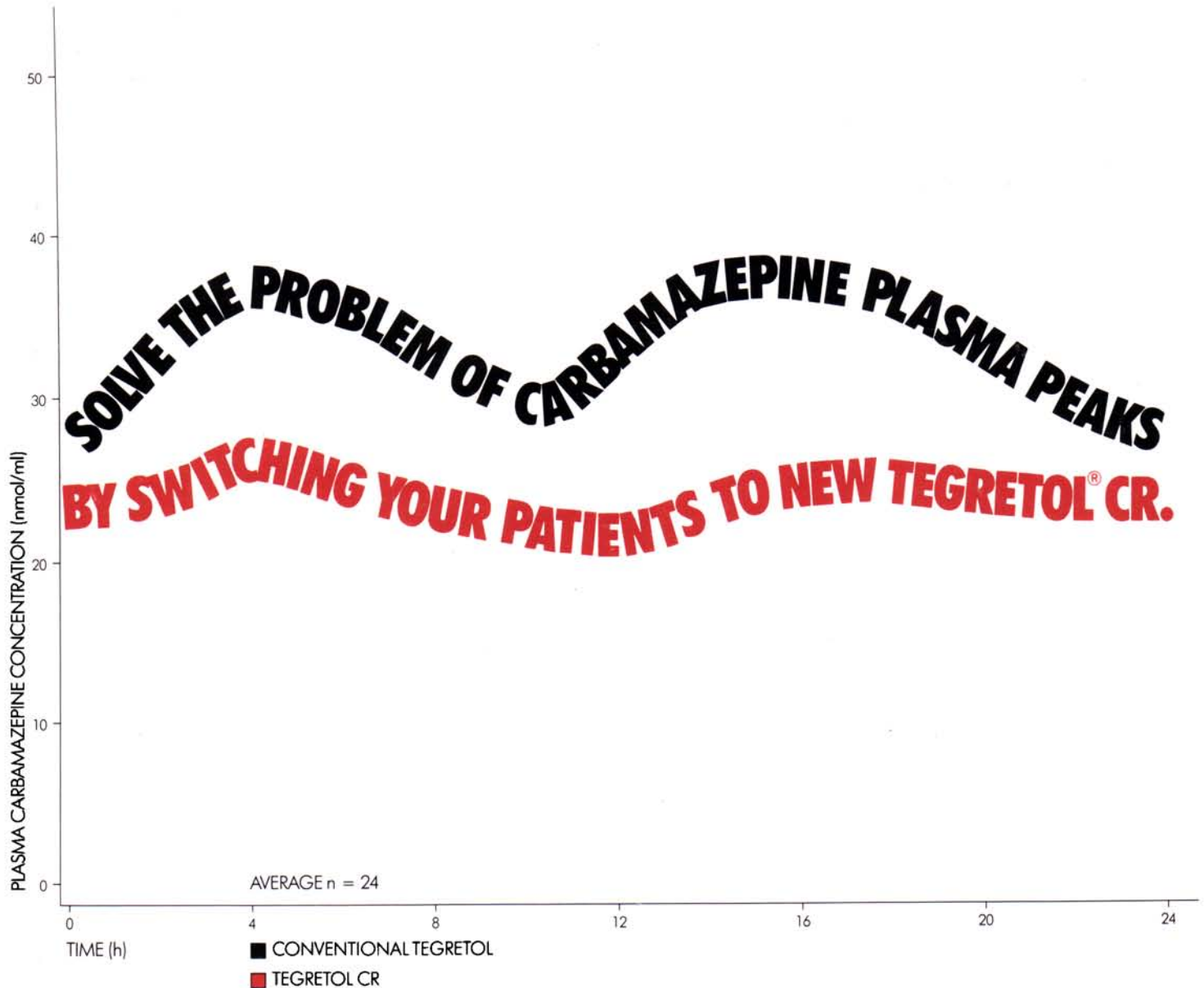
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For brief prescribing information see page xvii