

## **BRITISH ASSOCIATION FOR BEHAVIOURAL PSYCHOTHERAPY**

**Chairman:** Dr. J. Marzillier

**Chairman Elect:** Prof. A. Mathews

**Honorary Treasurer:**

Mr. I. Burnside,  
Dept. of Psychology,  
Pinderfields Hospital,  
Wakefield, Yorkshire.

**Membership Secretary:**

Mr. H. W. Lomas,  
Craig House,  
Bank Street, Bury.  
BL9 OBA

**Honorary Secretary:**

Mr. J. Ferguson,  
Dept. of Psychology,  
Andrew Duncan Clinic,  
Edinburgh Hospital,  
Morningside Park,  
Edinburgh EH10

**Founder President:** Dr. V. Meyer

The British Association for Behavioural Psychotherapy was founded in 1972. It is a multidisciplinary organisation and full membership is restricted to members of the helping professions—psychiatrists, psychologists, social workers, nurses, probation officers, teachers, etc. It's aim is to promote the advancement of the theory and practice of behavioural psychotherapy.

### **SUBSCRIPTION RATES**

The membership fee is £4 per year if paid by standing order or £5 per year if paid by cheque. "Behavioural Psychotherapy" is free to B.A.B.P. members, £4.00 per year for non-members and £5.00 per year for libraries and other institutions.

### **B.A.B.P. BRANCH SECRETARIES**

**LONDON**

Miss L. Parkinson,  
Dept. of Psychology,  
Institute of Psychiatry,  
DeCrespigny Park,  
London SE5 8AF

**MIDLAND**

Mr. D. C. Rowan,  
Midland Nerve Hospital,  
Elvetham Road,  
Edgbaston B15 2NJ.

**CARDIFF**

Dr. A Kellam,  
Whitchurch Hospital,  
Whitchurch,  
Cardiff CF4 7XB

**OXFORD**

Miss V. Rezin,  
Warneford Hospital,  
Oxford.

**LEEDS**

Miss L. Armitage,  
Psychology Dept.,  
St. James Hospital,  
Leeds 9.

**MANCHESTER**

Mr. R. Curtis,  
Dept. of Psychology,  
Burchill Hospital,  
Rochdale, Lancs.

**WESSEX**

Mr. R. Holland,  
Alton Health Centre,  
Alton,  
Hants.

**NORTH WALES**

Dr. P. Woods,  
Broughton Hospital,  
Broughton,  
Clwyd.

**WEST SCOTLAND**

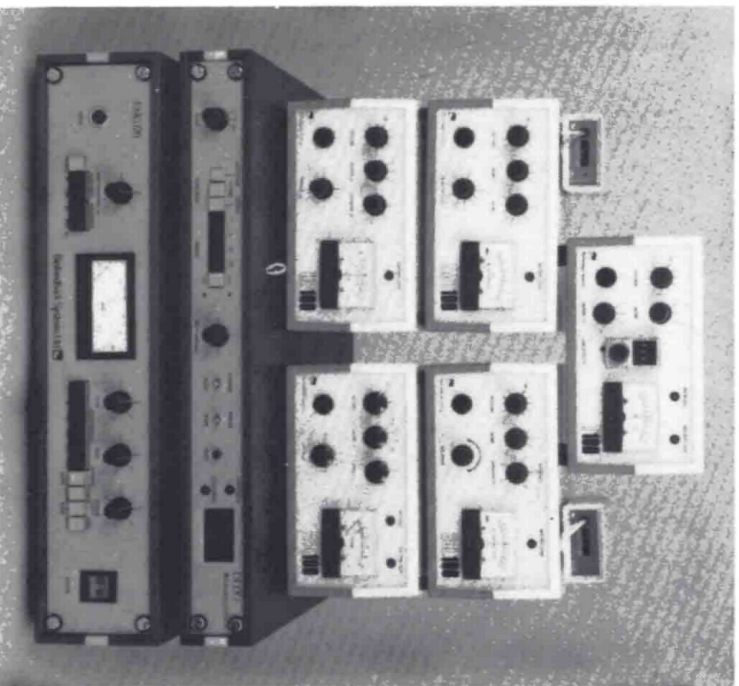
Ms. E. O'Shaughnessy,  
Psychology Dept.,  
Gartnavel Royal Hospital,  
Great Western Road,  
Glasgow G12 OXH

Copyright (C) 1979 B.A.B.P.

**ISSN 0141—3473**

Unless otherwise stated, the views expressed in this Journal are those of the contributors and not necessarily those of the Executive Committee.

# A comprehensive range of biofeedback instruments for clinical ambulatory and research application



Biofeedback Systems markets a range of instruments covering the major feedback modalities, which are functionally engineered to the highest specifications. They all conform to HTM8 electrical safety standards, the only units to meet this requirement, and are backed by a comprehensive five year guarantee. Supplied to more than 250 hospitals and universities in the U.K., they are reliable and flexible in use.

The 80 SERIES are designed for ambulatory use outside the clinic being small, easy to operate and battery-powered. The 100 SERIES are for routine clinical application with portability ensured by compact size and single battery operation. Each unit incorporates feedback facilities appropriate to the modality, with auditory feedback through an internal speaker and visual feedback through a panel-mounted meter. The mains operated 120 SERIES with unsurpassed feedback, data collection and output facilities are suited for use in the most demanding research and clinical applications.

- \*SCL80 SCL100 skin conductance monitors for use in anxiety reduction, phobias and stress-related disorders.
  - \*EMG80 EMG100 EMG120 electromyographs for use in relaxation therapy, tension headache and muscular disorders.
  - \*T100 temperature monitor for application in migraine, anxiety and circulatory disorders.
  - \*EEG100 electroencephalograph for application in neuroses and relaxation training.
  - \*HR100 heart rate monitor for use in the treatment of hypertension and cardiac arrhythmias
  - \*DI120 digital integrator for use with the EMG120.
- For further information about these instruments and for details of books and tape cassettes on biofeedback please contact:  
Biofeedback Systems Limited, 6 Lower Ormond Street,  
Manchester M1 5GF. Tel: 061 236 1283

Name .....

Address .....

 Biofeedback Systems Ltd

Biofeedback involves the use of sensitive electronic instruments which detect and feed back information on physiological functions of which the patient is not normally aware. This information, available in an auditory or visual form, enables the patient to learn conscious control of the physiological functions associated with many disorders.