


Decision-making depends on language: A meta-analysis of the Foreign Language Effect

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Research Article

Cite this article: Del Maschio N, Crespi F, Peressotti F, Abutalebi J, Sulpizio S (2022). Decision-making depends on language: A meta-analysis of the Foreign Language Effect. *Bilingualism: Language and Cognition* **25**, 617–630. <https://doi.org/10.1017/S1366728921001012>

Received: 28 January 2021
Revised: 22 October 2021
Accepted: 22 October 2021
First published online: 2 February 2022

Keywords:

Foreign-language effect; bilingualism; meta-analysis; emotion; decision-making

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Abstract

In the present meta-analysis, we investigated the robustness and the magnitude of the Foreign Language Effect (FLE) – that is, the putative effect of language context (native versus foreign language) on decision-making. We also investigated whether the FLE is moderated by language experience – measured by second language age of acquisition and proficiency – or by methodological choices – the types of decision problems adopted, the presentation modality of the tasks administered, and the perspective in which problems are framed. Our results showed a reliable FLE, which was not moderated by language experience or methodological choices. We discuss our findings in relation to available theories of FLE, and indicate possible future directions to improve our understanding of the interplay between bilingualism and decision-making.

Introduction

As decision-makers in complex and volatile scenarios, we are constantly faced with the need to choose between alternative courses of action based on probabilistic cues and conflicting information. In addition to individual difference variables (e.g., demographic characteristics, cognitive ability, decision-making styles), psychological research has recently indicated that the language in which decisions are made is a contextual factor able to influence decision outcomes. In particular, systematically different choices have been reported when decision problems are presented in a native (L1) vs a foreign (L2) language. The systematic effect of language context on decision making has been termed *Foreign Language Effect* (FLE) (Keysar, Hayakawa & An, 2012).

Given that decisions are frequently presented to people in a second language in modern globalized societies, the implications of FLE for socio-economic and public health policies are obviously far-reaching. It has even been proposed that language could be used as a “nudge” to improve people’s decisions and guide interventions of policy makers (e.g., Costa, Vives & Corey, 2017). As appealing as this prospect may seem, however, the robustness, the magnitude, and the etiology of the FLE across extant research are yet to be tested. A meta-analysis on the current state of the literature would help setting the perimeter of the phenomenon, while exploring the potential contribution of moderator variables. Here, we present a comprehensive meta-analysis of studies on FLE on decision-making under conditions of risk and moral conflict.

A FLE was documented in decision-making involving risky prospects, where the decision maker cannot predict the outcome of a choice but knows the probabilities of all outcomes for alternative options (e.g., Hadjichristidis, Geipel & Savadori, 2015; Winkler, Ratitamkul, Brambley, Nagarachinda & Tiencharoen, 2016). One of the most popular paradigms in studies on the FLE on decision-making under risk is the *Asian Disease Problem* (Tversky & Kahneman, 1981). In this paradigm, the decision maker is confronted with a situation in which people can be saved from a pandemic disease by choosing between two alternative medicines. Although the consequences of the choice are identical in terms of number of saved lives, participants presented with one of two versions of the problem appear risk-seeking – i.e., they favor the riskier option – when the choice is framed in terms of losses (e.g., “400.000 out of 600.000 people will die”), and risk-averse – i.e., they favor the safer option – when the choice is framed in terms of gains (e.g., “200.000 out of 600.000 people will be saved”). This **FRAMING EFFECT** – the systematic tendency to make choices based on the form in which options are presented – has been shown to diminish when using an L2 (Costa, Foucart, Arnon, Aparici & Apesteguia, 2014a; Keysar et al., 2012).

A FLE was documented also in moral dilemmas (e.g., Costa et al., 2014a; Geipel, Hadjichristidis & Surian, 2015a), where the decision maker can usually predict the outcome of a choice, knows the probabilities of all outcomes for alternative options, but is “pulled in

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contrary directions by rival moral reasons” (Christensen & Gomila, 2012, p. 1251). For example, in the *Footbridge Dilemma* (Foot, 1978), an innocent bystander on a footbridge must be sacrificed to save five workers on a track from an out-of-control trolley moving in their direction. The decision maker, who must choose between sacrificing or not sacrificing the bystander, is confronted with two options: a) rejecting harm despite failing to maximize the number of saved lives, in accordance with the deontological perspective that the morality of actions is based on their intrinsic nature; b) maximizing the number of saved lives despite deliberately committing a harmful act, in accordance with the utilitarian perspective that the morality of actions is based on their outcomes. Whilst most respondents choose not to kill the bystander, utilitarian behavior has been reported to increase when the dilemma is presented in an L2 (e.g., Brouwer, 2019; Cipolletti, McFarlane & Weissglass, 2016; Geipel et al., 2015a).

Several explanatory hypotheses have been proposed to account for the FLE. In the following section, we synthesize the main ones.

Etiology of the FLE

Enhanced cognitive control

Dual-system theories in decision-making (e.g., Kahneman, 2003) and moral psychology (e.g., Greene, Morelli, Lowenberg, Nystrom & Cohen, 2008) propose that two systems are involved in decision-making processes: a fast, automatic, intuitive, and largely emotion-driven system (System 1), and a slower, systematic, deliberative and cognitively-controlled system that is also more effortful (System 2). According to Kahneman (2011), every contextual feature that increases mental stress or cognitive load, such as processing problems in a foreign language, could favor System 2 processes and/or reduce the influence of System 1 (but see Conway & Gawronski, 2013, who reported that cognitive load reduced participants’ utilitarian inclinations). Therefore, the FLE would be associated to a reduced reliance on System 1 and/or to an increased reliance on System 2. In particular, a foreign language context would promote the types of cognitive-controlled mechanisms that support more analytical appraisals and utilitarian decisions. The enhanced cognitive control hypothesis seems to suggest that the FLE will be beneficial to reasoning (or, at worst, neutral) in most circumstances. However, some results have disconfirmed this prediction (e.g., Geipel, Hadjichristidis & Surian, 2016), also showing that a foreign language context does not necessarily reduce cognitive biases when participants are presented with emotionally neutral tasks (e.g., Geipel et al., 2015a; Mækelæ & Pfuhl, 2019; Vives, Aparici & Costa, 2018). Moreover, using a process-dissociation approach, Hayakawa, Tannenbaum, Costa, Corey and Keysar (2017) reported that a foreign language reduced deontological inclinations and did not increase utilitarian tendencies. By interpreting these findings as a result of a dissociation process, the authors suggested that a foreign language may affect moral choice not through increased deliberation, but by dampening emotional reactions associated with the violation of deontological rules. Using the same process-dissociation approach, other studies reported that, when processing moral dilemmas in a foreign language, participants showed reduced levels of both utilitarian and deontological inclinations (Białek, Paruzel-Czachura & Gawronski, 2019; Muda, Niszczota, Białek & Conway, 2018).

Reduced emotionality

Another hypothesis is that the FLE would depend on the reduced emotionality of decision-making contexts when these are framed

in a foreign language. There is a two-step argument behind this hypothesis. On the one hand, emotions would promote intuitive, gut-feeling decisions that might cause biased reasoning (Greene, Nystrom, Engell, Darley & Cohen, 2004; Haidt, 2007). On the other hand, there is evidence for weakened emotional responses while processing an L2 (for reviews, see Caldwell-Harris, 2015; Pavlenko, 2017). On these grounds, the reduced emotionality account proposes that actively thinking in a foreign language would lead to decisions that are less distorted by emotional reactions (e.g., Keysar et al., 2012). The relative emotionality of a native vs a foreign language has been argued to be modulated by factors such as age of acquisition (AoA), language proficiency, language use and immersion, and (emotional) context of learning (Caldwell-Harris, 2015; Degner, Doycheva & Wentura, 2012; Dewaele, 2010; Sheikh & Titone, 2016). Recent findings also suggest that the extent to which the FLE occurs in proficient bilinguals can be influenced by the modality in which moral dilemmas are presented (auditory vs written) (Brouwer, 2019, 2020). Brouwer (2020), for example, reported an effect of foreign language when a sample of Dutch–English bilinguals listened to moral dilemmas in Dutch or English, but failed to report an effect when a different sample of Dutch–English bilinguals read the same dilemmas. One might speculate that the oral modality is the one through which language is learnt by children and most commonly used for day-to-day communication. Therefore, accessing semantic information through speech in L1 vs L2 may elicit a stronger emotional response in L1 than L2. Conversely, these differences may decrease when the same information is accessed and processed in a written format.

Reduced access to social norms

It was originally assumed that the framing effect of language would be visible only in case of emotionally-grounded biases (e.g., Costa et al., 2014a). However, optimal vs suboptimal decisions associated – respectively – with L2 and L1 may not necessarily depend on emotional distance. For example, emotion and FLE were recently dissociated in a study by Miozzo, Navarrete, Ongis, Mello, Giroto and Peressotti (2020), who showed that proficiently spoken Italian and Venetian (a regional language of Italy) elicited similar emotional responses, but yielded different decisions on both the *Asian Disease Problem* and the *Footbridge Dilemma*. As suggested by Geipel et al. (2015a, b), the discrepant decisions induced by native and foreign languages may also be due to a reduced accessibility of normative knowledge in foreign languages. It has been argued that individuals are usually exposed to normative knowledge early in life through social interactions mediated by their native language. Since episodic memories have been shown to include a trace of the language of encoding (e.g., Marian & Neisser, 2000; Schrauf & Rubin, 2000), a moral conflict presented in L1 may trigger greater language-dependent access to sociocultural and moral norms than a conflict presented in L2.

Potential moderating factors of the FLE magnitude

Foreign language effects were not reported ubiquitously in the literature. The inconsistency among previous studies may depend upon a number of factors. Here, we identified two groups of factors that could influence the magnitude of the FLE: 1) participants’ bilingual background; and 2) methodological design features.

Participants' bilingual background

The FLE may be influenced by variability along the main quantifiable dimensions in which bilingual experience can be partitioned (i.e., L2 AoA, L2 proficiency, L2 exposure). Differences in bilinguals' language background are known to affect bilingual language processing (for review, see Del Maschio & Abutalebi, 2019). It is therefore reasonable to hypothesize that differences in L2 experience will also modulate processing differences in decision-making when using the L1 vs an L2, with repercussions on the FLE. A role of L2 AoA in modulating language framing has been posited by emotion-based explanations of language effects (e.g., Costa et al., 2014a), as well as by accounts that hypothesize a reduced accessibility of normative knowledge through foreign languages (e.g., Geipel, Hadjichristidis & Surian, 2015b). Under both accounts, no FLE is expected when both languages are acquired early in similar contexts. On the one hand, a language learned in childhood should be especially emotional due to the emotional contexts of learning that are pervasive in childhood (see Caldwell-Harris, 2015). On the other hand, the occurrence of a FLE in e.g. a group of sequential bilinguals who learned their second language at school, compared to, say, a group of early or simultaneous bilinguals, may be attributable to a reduced access to moral and social norms when using the foreign language (Geipel et al., 2015a, 2015b). Another factor which has been proposed to modulate the FLE is L2 proficiency. Since emotional responses are expected to be equally intense with equally proficient languages (e.g., Anooshian & Hertel, 1994; Dewaele, 2004; Pavlenko, 2017), emotionally-grounded effects of language framing would tend to decrease in proficient L2 speakers. Alternatively, the cognitive load associated with processing problems in a foreign language would simply be reduced in fluent bilinguals, resulting in smaller differences in decision-making with a native and a foreign language (see Hayakawa et al., 2017). Nevertheless, the absence of the FLE in early and proficient bilinguals is debated (see Białek & Fugelsang, 2019; Brouwer, 2020; Dylman & Champoux-Larsson, 2020; Miozzo et al., 2020). It is also possible that the relative frequency of daily use of L1 and L2 may affect the FLE. Even if the number of studies in the FLE literature that have specifically addressed this question is scarce, one may expect the FLE to decrease in bilingual individuals who are used to frequently dealing with decision problems in an L2. Conversely, situations in which the same problems are not faced with the same frequency in L1 and L2 should lead to a stronger FLE.

Methodological design features

In addition to the linguistic profile of bilingual participants, inconsistent results may also depend upon methodological design features of individual studies. Methodological choices include the types of problems adopted (i.e., decision problem vs moral dilemma), the presentation modality of the tasks administered to participants (i.e., auditory vs written), and the perspective in which problems are framed (i.e., personal vs impersonal). With regard to putative effects of problem type, facing problems under conditions of risk in L1 vs L2 may elicit different analytic strategies and/or different emotional responses than facing moral dilemmas in L1 vs L2. Different underlying mechanisms regulating decision-making under conditions of risk and moral conflict may be partially responsible for the inconsistency in detecting the FLE across previous studies. The occurrence and magnitude of the FLE may also depend on the modality in

which problems and dilemmas are presented. As previously mentioned (see the *Etiology of the FLE*), the presentation modality of moral dilemmas has been shown to influence the occurrence of the FLE in proficient bilinguals (Brouwer, 2019, 2020). Another factor that appears to be important for the presence of the FLE is the distinction between personal and impersonal dilemmas. Under an emotion-based account of the language effect, Costa, Foucart, Hayakawa, Aparici, Apesteguia, Heafner, and Keysar (2014b) argued that a foreign language should induce more utilitarian decisions than a native language, and that the FLE may be stronger for personal vs impersonal dilemmas. However, some results have disconfirmed this prediction. For instance, this pattern was not replicated on the (impersonal) Switch dilemma (e.g., Cipolletti et al., 2016; Costa et al., 2014b). Moreover, Geipel et al. (2015b) presented multiple personal and impersonal dilemmas to participants, and reported that a FLE was present on some impersonal dilemmas and absent on some personal ones. The authors interpreted these findings as indicating that the FLE only occurs when dilemmas violate social or moral norms.

The present study

The primary objective of this meta-analysis is to assess the magnitude of the FLE by integrating behavioral evidence from both decision problems and moral dilemmas. To provide an estimate of the overall size of the FLE is critical, since previous findings about the occurrence and magnitude of the FLE are mixed. A further aim of this work is to examine whether and to what extent factors related to participants' bilingual background (i.e., L2 AoA, L2 proficiency, L2 exposure) and methodological design features (i.e., Problem type, Task modality, Personal/Impersonal distinction) moderate meta-analytic results. Overall, establishing the boundaries and generalizability of FLE may possibly pave the way for a unitary account of the mechanisms underlying the effects of foreign languages on decision processing.

Materials and methods

Data collection and preparation

This meta-analysis is based on the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) Statement guidelines (<http://www.prisma-statement.org/>; Liberati, Altman, Tetzlaff, Mulrow, Gøtzsche, Ioannidis, Clarke, Devereaux, Kleijnen & Moher, 2009; Moher, Liberati, Tetzlaff, Altman & Prisma Group, 2009). PRISMA's goal is to improve the quality and the reliability of systematic reviews and meta-analyses by providing a set of common rules and recommendations for authors. PRISMA guidelines suggest to follow a 27-item checklist and report a flow diagram of the literature search and paper inclusion (Fig. 1). To identify all the available articles on the FLE, we performed an on-line literature search in three different databases – Scopus, Pubmed, and Web of Science –, which represent the main resources for psychological research. To be as inclusive as possible, the following input search keywords were used: “foreign language effect OR foreign-language effect”. Only studies written in English and published between 2012 and May 2020 were included (no article published before 2012 was found). This first search returned a total of 128 results. After this first step, we looked for any additional undetected article by inspecting the reference lists of the oldest articles (i.e., those published in 2012) or looking for peers' recommendations, and 2 further articles were found.

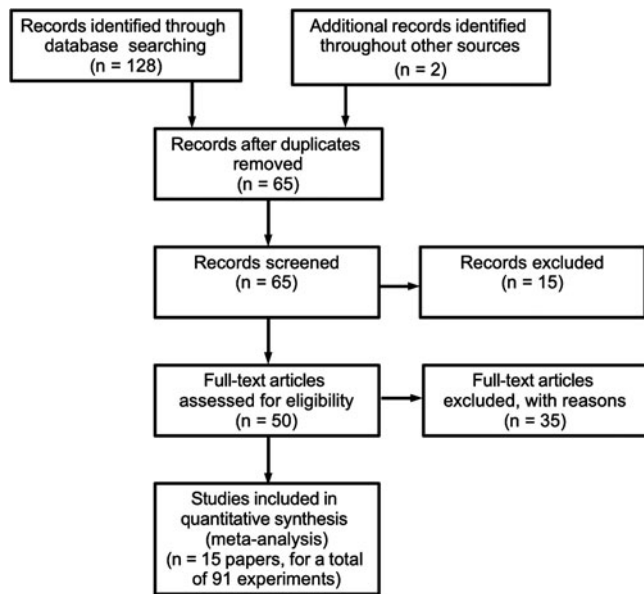


Fig. 1. PRISMA flow diagram of the literature search (<http://www.prismastatement.org/>).

From the initial set, we removed the duplicates, obtaining 65 results. A first screening based on title and abstract was independently conducted by two authors based on the following inclusion criteria: 1) empirical studies; 2) healthy adult bilinguals. Only peer-reviewed published journal articles were included. This first screening lead to a total of 50 eligible articles. These articles were then fully read to check whether they satisfied the inclusion criteria, which were extended to include the following: 3) testing the FLE, 4) using decision problems or moral dilemmas. Moreover, some exclusion criteria were also applied at this stage: 1) dependent variables different from the decision taken by participants (e.g., emotional response, degree of perceived morality); 2) presence of qualitative data/analyses only. We did not set any restriction on the specific languages spoken by each bilingual sample. The final sample included 15 articles (see Fig. 1), all multi-experiments studies. We assume that these studies were approved by their respective Ethics Committees prior to data collection.

Data classification

From each study, we aimed at extracting the following pieces of information: sample size, participants' L1 and L2, L2 AoA, L2 proficiency, L2 exposure, Problem type (decision problem or moral dilemma – the problems and dilemmas of each study are reported in the Supplementary Materials), Task modality (auditory or written), Number of participants performing the task for each language (L1, L2), Number of participants choosing the emotional option for each language (i.e., choice due to a bias in decision problems and deontological choice in moral dilemma), Number of participants opting, in each language, for the unbiased choice in decision problems and the utilitarian choice in moral dilemmas. These pieces of information are reported in Table 1.

In all experiments the manipulation was between-participants. L2 AoA was mostly measured by asking participants to self-report the onset age of L2 learning. In a few cases, it was defined by a

label (e.g., childhood, late) or not reported. With regard to L2 proficiency, there was some heterogeneity in the way it was measured across studies. All studies except one reported subjective measures on a Likert scale. However, there was large variability in the highest value (from 5 to 30). To make the different scales comparable, each proficiency score was normalized using the following formula: $(x-a)/(b-a)$, with x = the to-be-normalized score, a = the minimum value of the scale, b = the maximum value of the scale. Finally, most studies did not provide a quantitative measure of L2 exposure. A qualitative inference seems to suggest that participants had a low L2 exposure in approximately half of the included studies, whereas the exposure was high in the remaining studies.

Data analysis

Analyses were run with the *meta* package (Schwarzer, 2007) and the *dmeter* package (Harrer, Cuijpers, Furukawa & Ebert, 2019) in the R software (version 3.3.2). To investigate the FLE, we calculated the likelihood – expressed as Odd Ratio – to observe the emotional choice when problems were presented in L2 with respect to when they were presented in L1¹. In other words, for moral dilemmas, we calculated the probability to make the deontological choice in L2 than in L1, whereas for decision problems we calculated the probability to make an emotional choice in L2 than in L1 when the problem is presented in the loss frame condition (e.g., for the *Asian disease problem*, this corresponds to the *400 people will die* option, see Appendix for the full problem; note that this is also the result on which studies in the literature focus). We thus calculated L2 to L1 emotional choice odd ratios and corresponding two-tailed 95% confidence intervals for each experiment and then combined them to provide a pooled odds ratio and test for the overall effect (Z statistic). An odds ratio value greater than 1.0 indicates a higher tendency to opt for an unbiased choice in L2 than in L1, whereas a value equal to 1.0 corresponds to no difference between the two languages.

Because of the large heterogeneity among studies' characteristics (e.g., the problems and dilemmas adopted in each study, in addition to differences related to the participants' bilingual language background), data were analyzed using the Hartung-Knapp-Sidik-Jonkman (HKSJ) mixed-effects model (IntHout, Ioannidis & Borm, 2014). To test for heterogeneity, the Q test and the I^2 was considered. The Q test measures variability between the effect sizes in the sample of studies (Hedges & Olkin, 1985). The I^2 is an index of the percentage of total variation (between effect sizes) across studies due to heterogeneity rather than chance (Higgins & Thompson, 2002). Values of 25%, 50%, and 75% have been described as indicating low, moderate and high heterogeneity, respectively (Higgins, Thompson, Deeks & Altman, 2003).

To investigate the presence of possible bias in the dataset, we examined the funnel plot and its asymmetry with the Egger's t test (Egger, Smith, Schneider & Minder, 1997). The funnel plot represents the standard error (i.e., a measure of study precision) against the odd ratios of each individual study. In the absence of publication bias, one would expect the funnel plot be symmetrical with studies symmetrically distributed around the center. An asymmetry, instead, would be suggestive of the presence of a possible bias. In this case, to evaluate the impact of the bias, Duval

¹Note that we opted for the emotional/deontological (instead of the rational/utilitarian) decision because it may be easier to interpret also by who is not familiar with the FLE literature

Table 1. Characteristics of the studies included in the analysis.

ID	Author	Year	Journal	Exp	Problem	Nr PP		Nr PP		Age	Education	L1	L2	AoA	Proficiency	Task Modality	Problem Type
						L1 E	UNB	L2 E	UNB								
1	Costa et al.	2014	Cognition	1	Asian disease problem	41	21	31	31	20.6	University student	Spanish	English	7.1	4.9 (7)	Written	DM
1	Costa et al.	2014	Cognition	1	Asian disease problem	20	15	11	19	22.04	University student	Arab	Hebrew	6.2	6.2 (7)	Written	DM
1	Costa et al.	2014	Cognition	2	Discount	40	30	27	37	20.1	University student	Spanish	English	9	4.85 (7)	Written	DM
1	Costa et al.	2014	Cognition	1	Financial crisis	31	40	37	43	21	University student	Spanish	English	8	4.75 (7)	Written	DM
1	Costa et al.	2014	Cognition	2	Ticket lost	64	7	48	22	21	University student	Spanish	English	8	4.75 (7)	Written	DM
2	Miozzo et al.	2020	Cognition	2	Asian disease problem	32	18	17	30	30.6	NA	Italian	Venetian	childhood	9.2 (10)	Oral	DM
2	Miozzo et al.	2020	Cognition	3	Footbridge dilemma	68	43	86	28	41.5	NA	Italian	Venetian	childhood	9 (10)	Oral	MD
2	Miozzo et al.	2020	Cognition	4	Footbridge dilemma	347	61	316	136	36.6	NA	Italian	Bergamasque	childhood	8.1 (10)	Oral	MD
3	Keysar et al.	2012	Psychol Sci	1a	Asian disease problem	17	14	10	20	22	University student	English	Japanese	17	4.2 (7)	Written	DM
3	Keysar et al.	2012	Psychol Sci	1b	Asian disease problem	6	27	12	17	23	University student	Korean	English	12	4.4 (10)	Written	DM
3	Keysar et al.	2012	Psychol Sci	1c	Asian disease problem	15	10	4	22	22	University student	English	French	16	3.8 (10)	Written	DM
3	Keysar et al.	2012	Psychol Sci	2	Loss aversion (bets)	10	19	13	26	23	University student	Korean	English	12	3.8 (10)	Written	DM
3	Keysar et al.	2012	Psychol Sci	3	Loss aversion (bets)	6	8	4	10	19	University student	English	Spanish	13	19 (30)	Oral	DM
4	Brouwer	2019	J Multiling Multicul	1	Crying baby	19	11	18	12	27.8	University student	Dutch	English	19	3.5 (5)	Oral	MD
4	Brouwer	2019	J Multiling Multicul	2	Crying baby	7	23	9	21	27.8	University student	Dutch	English	19	3.5 (5)	Written	MD
4	Brouwer	2019	J Multiling Multicul	1	Footbridge dilemma	27	3	19	11	27.8	University student	Dutch	English	19	3.5 (5)	Oral	MD
4	Brouwer	2019	J Multiling Multicul	2	Footbridge dilemma	7	23	9	21	27.8	University student	Dutch	English	19	3.5 (5)	Written	MD
4	Brouwer	2019	J Multiling Multicul	1	Lost wallet	26	4	19	11	27.8	University student	Dutch	English	19	3.5 (5)	Oral	MD
4	Brouwer	2019	J Multiling Multicul	2	Lost wallet	30	0	24	6	27.8	University student	Dutch	English	19	3.5 (5)	Written	MD
4	Brouwer	2019	J Multiling Multicul	1	Switch dilemma	14	16	9	21	29.5	University student	Dutch	English	19	3.5 (5)	Oral	MD

(Continued)

Table 1. (Continued.)

ID	Author	Year	Journal	Exp	Problem	Nr PP L1 E	Nr PP L1 UNB	Nr PP L2 E	Nr PP L2 UNB	Age	Education	L1	L2	AoA	Proficiency	Task Modality	Problem Type
4	Brouwer	2019	J Multiling Multicul	2	Switch dilemma	2	28	8	22	29.5	University student	Dutch	English	19	3.5 (5)	Written	MD
4	Brouwer	2019	J Multiling Multicul	1	Taxes	22	8	13	17	29.5	University student	dutch	English	19	3.5 (5)	Oral	MD
4	Brouwer	2019	J Multiling Multicul	2	Taxes	23	7	23	7	29.5	University student	Dutch	English	19	3.5 (5)	Written	MD
4	Brouwer	2019	J Multiling Multicul	1	Vitamins	16	14	18	12	29.5	University student	Dutch	English	19	3.5 (5)	Oral	MD
4	Brouwer	2019	J Multiling Multicul	2	vitamins	16	14	12	18	29.5	University student	Dutch	English	19	3.5 (5)	Written	MD
5	Cavar & Tytus	2018	J Multiling Multicul	1	Boat	16	14	16	14	37.3	Non academic	Croatian	German	9.27	10.4 (12)	Written	MD
5	Cavar & Tytus	2018	J Multiling Multicul	1	Footbridge dilemma	25	5	23	7	37.3	Non academic	Croatian	German	9.27	10.4 (12)	Written	MD
5	Cavar & Tytus	2018	J Multiling Multicul	1	Hostage	22	8	22	8	37.3	Non academic	Croatian	German	9.27	10.4 (12)	Written	MD
5	Cavar & Tytus	2018	J Multiling Multicul	1	Soldier	19	11	11	19	37.3	Non academic	Croatian	German	9.27	10.4 (12)	Written	MD
5	Cavar & Tytus	2018	J Multiling Multicul	1	Submarine	15	15	17	13	37.3	Non academic	Croatian	German	9.27	10.4 (12)	Written	MD
5	Cavar & Tytus	2018	J Multiling Multicul	1	Surgeon	29	1	26	4	37.3	Non academic	Croatian	German	9.27	10.4 (12)	Written	MD
6	Winkel et al.	2016	J Cogn Psychol	1	Asian disease problem	32	18	25	27	19.8	University student	Thai	English	7.9	4.4 (10)	Written	DM
6	Winkel et al.	2016	J Cogn Psychol	1	Financial crisis	26	24	20	31	19.8	University student	Thai	English	7.7	4.5 (10)	Written	DM
7	Geipel et al.	2015	Plos One	1a	Footbridge dilemma	30	9	21	16	22.08	University student	Italian	English	10.7	3.3 (5)	Written	MD
7	Geipel et al.	2015	Plos One	1b	Footbridge dilemma	30	9	20	9	22.08	University student	Italian	German	13.3	3.8 (5)	Written	MD
7	Geipel et al.	2015	Plos One	2	Footbridge dilemma	56	6	77	22	22.08	University student	Chinese	English	NA	3.1 (5)	Written	MD
7	Geipel et al.	2015	Plos One	1a	Trolley dilemma	18	21	10	27	23.41	University student	Italian	English	10.7	3.3 (5)	Written	MD
7	Geipel et al.	2015	Plos One	2	Trolley dilemma	18	21	11	18	23.41	University student	Italian	German	13.3	3.8 (5)	Written	MD
7	Geipel et al.	2015	Plos One	1b	Trolley dilemma	27	35	43	56	23.41	University student	Chinese	English	NA	3.1 (5)	Written	MD

8	Hayakawa et al.	2019	Q J Exp Psychol	1	Taking a bet	38	64	29	66	37	NA	Polish	English	15	5.1 (7)	Written	DM
8	Hayakawa et al.	2019	Q J Exp Psychol	1	Taking a bet	52	6	46	13	32	NA	Polish	English	18	4.7 (7)	Written	DM
8	Hayakawa et al.	2019	Q J Exp Psychol	2	Taking a bet	27	10	32	9	20	NA	Chinese	English	9	3.7 (7)	Written	DM
8	Hayakawa et al.	2019	Q J Exp Psychol	3	Taking a bet	4	21	4	23	30	NA	Spanish	English	12	3.8 (7)	Written	DM
9	Corey et al.	2017	J Exp Psychol Learn	1a	Button dilemma	45	55	34	68	18–40	University student	Spanish	English	6.8	4.5 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	1b	Disable footbridge dilemma	60	36	58	43	18–40	University student	Spanish	English	6.5	5.1 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	2a	Footbridge dilemma	86	20	60	44	18–40	University student	English	Spanish	6.5	5 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	2b	Footbridge dilemma	71	30	55	48	18–40	University student	Spanish	English	6.8	4.7 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3a	Footbridge dilemma	164	34	137	64	18–40	University student	Spanish	English	7.1	5 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3b	Footbridge dilemma	57	40	40	60	18–40	University student	Spanish	English	6.8	4.7 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3c	Footbridge dilemma	64	39	56	42	18–40	University student	Spanish	English	6.5	5 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3d	Hospital dilemma	25	68	16	66	18–40	University student	Spanish	English	6.1	4.7 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3e	Injury footbridge dilemma	75	42	60	46	18–40	University student	Spanish	English	6.8	4.7 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	2a	Switch dilemma	28	78	14	90	18–40	University student	English	Spanish	6.5	5 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	2b	Switch dilemma	46	152	98	103	18–40	University student	Spanish	English	7.1	5 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3a	Switch dilemma	22	78	25	77	18–40	University student	Spanish	English	6.8	4.5 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3b	Switch dilemma	22	81	24	74	18–40	University student	Spanish	English	6.5	5 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3c	Switch dilemma	36	64	34	67	18–40	University student	Spanish	English	6.5	5.1 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3d	Switch dilemma	42	75	33	68	18–40	University student	Spanish	English	6.8	4.7 (7)	Written	MD
9	Corey et al.	2017	J Exp Psychol Learn	3d	Terrorist dilemma	66	27	37	43	18–40	University student	Spanish	English	6.1	4.75 (7)	Written	MD
10	Cipolletti et al.	2016	Philos Psychol	1	Button dilemma	13	60	24	56	21.2	University student	English	Spanish	NA	NA	Written	MD

(Continued)

Table 1. (Continued.)

<i>ID</i>	<i>Author</i>	<i>Year</i>	<i>Journal</i>	<i>Exp</i>	<i>Problem</i>	<i>Nr PP L1 E</i>	<i>Nr PP L1 UNB</i>	<i>Nr PP L2 E</i>	<i>Nr PP L2 UNB</i>	<i>Age</i>	<i>Education</i>	<i>L1</i>	<i>L2</i>	<i>AoA</i>	<i>Proficiency</i>	<i>Task Modality</i>	<i>Problem Type</i>
10	Cipolletti et al.	2016	Philos Psychol	2	Footbridge dilemma	27	7	24	22	21.2	University student	English	Spanish	NA	NA	Written	MD
10	Cipolletti et al.	2016	Philos Psychol	3	Switch dilemma	6	28	9	37	21.2	University student	English	Spanish	NA	NA	Written	MD
11	Muda et al.	2018	J Exp Psychol Learn	1	Incongruent-congruent dilemma	18	65	32	51	20.9	University student	Polish	English	NA	> 5 (10)	Written	MD
12	Brouwer	2020	Biling-Lang Cogn	1	Crying baby	35	40	36	43	25.5	High education	Dutch	English	9	4 (5)	Oral	MD
12	Brouwer	2020	Biling-Lang Cogn	2	Crying baby	49	26	35	44	25.5	High education	Dutch	English	9	4 (5)	Written	MD
12	Brouwer	2020	Biling-Lang Cogn	1	Footbridge dilemma	49	26	22	57	25.5	High education	Dutch	English	9	4 (5)	Oral	MD
12	Brouwer	2020	Biling-Lang Cogn	2	Footbridge dilemma	60	15	65	14	25.5	High education	Dutch	English	9	4 (5)	Written	MD
12	Brouwer	2020	Biling-Lang Cogn	1	Lost wallet	33	42	37	42	25.5	High education	Dutch	English	9	4 (5)	Oral	MD
12	Brouwer	2020	Biling-Lang Cogn	2	Lost wallet	6	69	6	73	25.5	High education	Dutch	English	9	4 (5)	Written	MD
12	Brouwer	2020	Biling-Lang Cogn	1	Switch dilemma	41	34	43	36	25.5	High education	Dutch	English	9	4 (5)	Oral	MD
12	Brouwer	2020	Biling-Lang Cogn	2	Switch dilemma	19	56	26	53	25.5	High education	Dutch	English	9	4 (5)	Written	MD
12	Brouwer	2020	Biling-Lang Cogn	1	Taxes	28	47	36	43	25.5	High education	Dutch	English	9	4 (5)	Oral	MD
12	Brouwer	2020	Biling-Lang Cogn	2	Taxes	64	11	49	30	25.5	High education	Dutch	English	9	4 (5)	Written	MD
12	Brouwer	2020	Biling-Lang Cogn	1	Vitamins	32	43	22	57	25.5	High education	Dutch	English	9	4 (5)	Oral	MD
12	Brouwer	2020	Biling-Lang Cogn	2	Vitamins	54	21	48	31	25.5	High education	Dutch	English	9	4 (5)	Written	MD
13	Costa et al.	2014	Plos One	1a	footbridge dilemma	0	40	8	32	21	University student	Korean	English	14	2.85 (5)	Written	MD
13	Costa et al.	2014	Plos One	1b	Footbridge dilemma	17	44	27	34	21	University student	English	Spanish	14	2.85 (5)	Written	MD
13	Costa et al.	2014	Plos One	1c	Footbridge dilemma	16	37	18	36	21	University student	English	French	14	2.85 (5)	Written	MD
13	Costa et al.	2014	Plos One	1d	Footbridge dilemma	2	16	14	4	21	University student	Spanish/English	Hebrew	14	2.85 (5)	Written	MD

13	Costa et al.	2014	Plos One	2a	Footbridge dilemma	32	148	79	101	21	University student	Spanish/English	Spanish/English	10.8	4,76(7)	Written	MD
13	Costa et al.	2014	Plos One	2b	Switch dilemma	147	36	146	36	21	University student	Spanish/English	Spanish/English	10.8	4,76(7)	Written	MD
14	Shin & Kim	2017	CrossMark	1a	Switch dilemma	38	43	31	49	20,2	University student	Korean	English	9.6	4,37(9)	Written	MD
14	Shin & Kim	2017	CrossMark	1b	Fumes	20	61	32	48	20,2	University student	Korean	English	9.6	4,37(9)	Written	MD
14	Shin & Kim	2017	CrossMark	1c	Transplant	80	1	58	22	20,2	University student	Korean	English	9.6	4,37(9)	Written	MD
14	Shin & Kim	2017	CrossMark	1d	Crying baby	46	35	28	62	20,2	University student	Korean	English	9.6	4,37(9)	Written	MD
15	Dylman & Champoux-Larsson	2020	Cognition	1a	Asian disease problem	122	47	117	45	27,6	University student	Swedish	English	10	7.5(10)	Written	DM
15	Dylman & Champoux-Larsson	2020	Cognition	1b	Asian disease problem	35	14	25	23	33,3	University student	Swedish	French	late	5.2(10)	Written	DM
15	Dylman & Champoux-Larsson	2020	Cognition	2a	Footbridge dilemma	88	14	82	14	32,8	University student	Swedish	English	10	7.6(10)	Written	MD
15	Dylman & Champoux-Larsson	2020	Cognition	2b	Footbridge dilemma	82	12	56	25	33,7	University student	Swedish	French	4.6(10)		Written	MD
15	Dylman & Champoux-Larsson	2020	Cognition	3a	Footbridge dilemma	130	28	116	31	33,6	University student	Swedish	Norwegian	NA	5.1(10)	Written	MD
15	Dylman & Champoux-Larsson	2020	Cognition	3b	Footbridge dilemma	130	30	113	22	33,7	University student	Norwegian	Swedish	NA	6.2(10)	Written	MD

Note: ID = The number identifies experiments belonging to the same article; Author = first author's surname; Year = year of article publication; Exp = number of the experiment as reported in the article; Problem = specific problem used in the experiment; Nr PP L1 E = number of participants in the L1 condition that chose the emotional option; Nr Pp L1 UNB = number of participants in the L1 condition that chose the unbiased option; Nr PP L2 E = number of participants in the L2 condition that chose the emotional option; Nr PP L2 UNB = number of participants in the L2 condition that chose the unbiased option; Age = participants' mean age; Education = level of education as reported in the article; L1 = first language spoken by participants; L2 = second language spoken by participants; AoA = participants' L2 AoA (as reported in the article); Proficiency = participants' L2 (as reported in the article; the number in parentheses indicates the maximum value of the scale); Task modality = the modality in which the problems were presented; Problem Type = DM: Decision Making, MD = Moral Dilemma

and Tweedie's (2000) trim-and-fill method was used. This method makes the funnel plot symmetrical by adding/omitting hypothetical studies to the plot when needed. In this way, the method provides an adjusted estimate of the effect size, which can be compared with the original one, thereby being informative on how much this effect is sensitive to the presence of (potential) missing studies. Note that although this method allows to investigate how sensitive the observed effect is to the presence of potential missing studies, it is not a way to calculate the actual values of the missing studies.

Finally, in order to test for the possible effects of inter-individual differences in L2 and methodological choices on the FLE, a series of meta-regressions were run which tested the effects of the following factors: L2 AoA, L2 proficiency, Problem type (decision problem vs moral dilemma), Task modality (auditory vs written) and the perspective in which problems are framed (personal vs impersonal).

Results

A total of 91 experiments were included in the analysis, totaling 13,886 participants – 6,928 tested in L1 and 6,958 tested in L2.

The qualitative analysis of the data summarized in Table 1 shows that most of the experiments (68%) involved participants speaking English as L2. The L1 distribution, instead, is more heterogeneous, with no language showing a large prevalence – the most used language is Dutch, which appears in 26% of the experiments. With regard to the type of task adopted, the majority of experiments (79%) used moral dilemmas. In these studies, the most used dilemma was the *Footbridge dilemma*, immediately followed by the *Switch dilemma*, which respectively occurred in 27% and 13% of the studies using dilemmas. The studies using decision problems (21% of the total) made large adoption of the *Asian Disease Problem*, which occurred in 47% of the studies using problems. Finally, with regard to the task modality, the vast majority of studies (82%) presented the task in a written format, with the auditory format being rarely adopted.

The forest plot in Figure 2 shows odds ratios for individual studies and the pooled odds ratio. The inspection of the last column (weight) indicates that all studies similarly contributed to the pooled effect, with weights ranging from a minimum of 0.3% (Costa et al., 2014b, *Footbridge dilemma*) to a maximum of 1.4% (e.g., Miozzo et al., 2020, *Footbridge dilemma*). Looking at the odds ratios for individual studies, the vast majority was in the expected direction.

The pooled odds ratio (OR) was significant (OR = 1.34, 95% CI [1.1 1.60], $z = 3.16$, $p = .001$). The result indicates that participants facing decision problems and moral dilemmas in their L2 are more likely to opt for unbiased or utilitarian decisions than those facing problems and dilemmas in their L1. Significant heterogeneity was found among studies ($Q(90) = 331.45$, $p < .001$; $I^2 = 72.8\%$). Thus, we also looked at the prediction interval, which is particularly useful when high heterogeneity is reported. As indicated by IntHout, Ioannidis, Rovers, and Goeman (2016), “the prediction interval presents the heterogeneity in the same metric as the original effect size measure” (p. 1), estimating where the effect is to be expected for 95% of similar future studies. In our study, the prediction interval is [0.29 6.11]. Other than being wider than the CI, it also includes values smaller than 1. This indicates that a new similar study on FLE might also find a different result from that of our meta-analysis, i.e., either no effect of the language on the rational-vs-emotional option

selection, or even a less likely unbiased option for problems presented in L2 than in L1. However, most of the prediction interval develops above the value of 1, suggesting that the great majority of similar future studies should be able to find the FLE.

Figure 3 reports the funnel plot. The inspection of the figure reveals that there are few studies with a large standard error – this is probably related to the large sample typically adopted in the FLE literature. Notably, the studies showing the larger standard error are also those reporting a larger odds ratio – instead, they are expected to scatter widely at the bottom of the graph (e.g., Sterne, Becker & Egger, 2005). Studies with medium-to-large standard error showing no effect or an opposite effect are completely missing. Moreover, the studies seem to be non-symmetrically distributed, showing a right prevalence. To evaluate the possible presence of publication bias, we ran the Egger's test. The result was not significant ($t < 1$, $p > .3$), indicating no evidence for a publication bias.

As a last step, we tested the effect of possible factors in moderating the FLE. None of them showed a significant result (L2 AoA: $\beta = .01$, $SE = .01$, $z = 1.03$, $p > .3$; L2 proficiency: $\beta = -.69$, $SE = .88$, $z < 1$, $p > .4$; Problem type: $\beta = -.28$, $SE = .22$, $z = -1.23$, $p > .2$, and Task modality: $\beta = -.23$, $SE = .24$, $z < 1$, $p > .3$; Personal/impersonal distinction: $\beta = .19$, $SE = .18$, $z = 1.03$, $p > .3$).

Discussion

The present meta-analysis investigated the effects of foreign languages on decision-making under conditions of risk and moral conflict. Given the upsurge of new studies and the increasing interest within research in the psychology of judgment and decision-making, we aimed to quantify the reliability and strength of previous findings by synthesizing prior research. In addition, we were able to examine whether the overall size of the FLE was moderated by variables related to bilingual language experience (i.e., L2 AoA, L2 proficiency) and methodological design features (i.e., Problem type, Task modality, Personal/impersonal distinction).

Results revealed a small but significant FLE, indicating that participants facing problems and dilemmas in their L2 are more likely to produce unbiased judgments than participants facing problems or dilemmas in their L1. Put differently, a native and a foreign language would differentially impact heuristics and biases, with the latter being less conducive to framing effects and costly mistakes. As with any meta-analysis, the possibility exists that, if the literature synthesized is affected by some selection bias (e.g., publication bias), the conclusions drawn from published research might be overstated (see Rothstein, Sutton & Borenstein, 2005). In the present study, although the funnel plot shows some asymmetry, the Egger's test seems to disconfirm that such asymmetry comes from publication bias. The funnel plot asymmetry may be caused by between-study heterogeneity, which is moderately high in our meta-analysis. A look at the prediction interval data suggests that, although we cannot rule out the possibility that future studies on the FLE might find a different result from that of our meta-analysis (i.e., a null or negative result), the majority of similar studies should be able to detect the an effect of foreign language.

It has been proposed that the occurrence or magnitude of the FLE may be conditional upon characteristics related to the linguistic profile of bilingual participants. For example, both emotion-based explanations of the FLE and accounts that hypothesize a reduced accessibility of normative knowledge in foreign languages hypothesize a potential role of AoA in

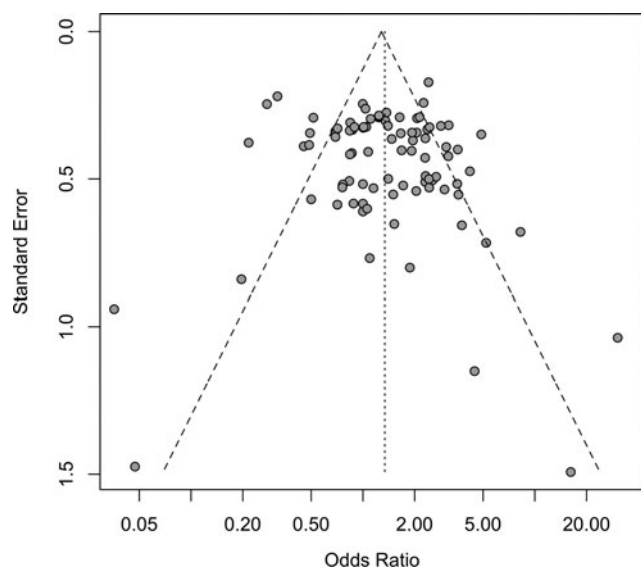


Fig. 3. Funnel plot of the meta-analysis; each circle represents a study. The white triangle represents the region where 95% of the studies would be expected. The vertical line represents the pooled effect resulting from the meta-analysis (i.e., OR = 1.32).

insufficient or irrelevant to determine what decisions are made in a given language. Differences in L2 learning context or an individual's identification with the L2 speech community and culture, variables not necessarily associated with a specific age group, might play a role but go unnoticed. Alternatively, the occurrence or magnitude of the FLE may be influenced by the age of initial immersion or the age of significant exposure to a foreign language, rather than the age of acquisition itself. If the variables above mentioned may be difficult to measure (see e.g., Birdsong, 2018), we were not even able to test the potential contribution of the amount of L2 exposure (usually indexed by the current frequency of L2 input at time of testing) due to the lack of a clear quantification across studies. A task for future research is then, on the one hand, to investigate FLE in early and late bilinguals who learned their second language in non-formal settings; on the other hand, to conceptualize AoA as a 'meta-variable' – that is, a cluster of quantifiable features – rather than simply as the onset age of L2 learning.

Another factor which is supposed to modify the relationship between language setting and decision-making is L2 proficiency. It has been argued that, when foreign languages are spoken proficiently, systematic differences in decision-making associated with L1 and L2 might tend to disappear (but see e.g., Brouwer, 2020; Dylman & Champoux-Larsson, 2020; Miozzo et al., 2020). Since emotional responses have been shown to be equally intense with equally proficient languages (Caldwell-Harris, 2015; Harris, 2004; Pavlenko, 2017), emotionally-grounded effects of language framing would broadly decrease in proficient bilingual speakers. An alternative explanation is that the cognitive load associated with comprehending the foreign language text of a decision problem or a moral dilemma would be simply reduced in a fluent bilingual, levelling out differences in decision processing associated with L1 and L2 (see Hayakawa et al., 2017). Notwithstanding a sufficient variability in our sampled data, we did not find a moderating effect of L2 proficiency on the FLE. We thus failed to support (as well as to discriminate between) prior hypotheses on the potential effect of this variable on the FLE. Our finding is also in line with results from a recent

meta-analysis by Circi, Gatti, Russo and Vecchi (2021), where proficiency in the foreign language was not found to moderate the magnitude of the observed FLE. One explanation may be that very few primary studies employed objective measures of proficiency; while most relied on subjective self-reports, which also differed from each other in many ways, making comparisons across studies problematic. Since previous research has suggested that the relationship between self-reports and objective measures of proficiency tends to vary depending on the tests being used and the languages assessed (see e.g., Marian, Blumenfeld & Kaushanskaya, 2007), a recommendation for future studies is to assess language knowledge with objective measures and standardized instruments. Importantly, the assessment of language knowledge should not be restricted to L2, but be extended to individual differences in native language attainment. L1 proficiency may vary greatly between individuals (e.g., Dąbrowska, 2019), and this possibility is utterly overlooked in our sample data. It is also worthwhile to mention that, like Circi and colleagues (2021), we were only able to evaluate the mean proficiency of each sample in each experiment, thus reducing the inter-individual variability in this factor.

It was possible that the FLE would be also moderated by problem type (i.e., decision problem vs moral dilemma), task modality (i.e., auditory vs written) and the perspective in which problems are framed (i.e., personal vs. impersonal). Effects of problem type, task modality, and personal/impersonal distinction would help understanding the robustness of the FLE, revealing that it may be enhanced or inhibited as a function of risk vs moral conflict or environmental differences. In the present meta-analysis, neither a moderating effect of problem type, nor moderating effects of task modality and personal/impersonal distinction were detected. With respect to problem type, the lack of an effect might hint at the existence of common mechanisms regulating decision-making under conditions of risk and moral conflict. With regard to task modality, Brouwer (2019) failed to report an effect of foreign language when Dutch-English bilinguals read moral dilemmas in Dutch or English, but reported the effect when a different sample of Dutch-English bilinguals listened to the same dilemmas. Here, since the vast majority of sampled studies presented the task in a written format, the lack of a significant effect might simply depend on skewed data. As for the personal/impersonal distinction, our data does not seem to support the reasoning that the FLE may be stronger for personal than impersonal dilemmas. The lack of a moderating effect may (cautiously) be interpreted as indicating that, rather than by an attenuation of emotions associated with a personal perspective, the FLE in moral decision-making is conditional upon the violation of social or moral norms (see e.g., Geipel et al., 2015b).

A limitation of the present meta-analysis may possibly be identified in the heterogeneity of the studies included. A high heterogeneity may stem from the large differences showed by the studies and experiments at multiple levels – e.g., the languages spoken by participants, the differences in the variables describing L2 experience, and the problems adopted. Of note, a high heterogeneity might in fact suggest the presence of some moderating variables. Although we failed to report any moderator effect, for some of them this might be due to the nature of the variables tested. For example, variables measuring L2 experience were sub-optimally distributed, with some values being little represented (e.g., the vast majority of studies used late bilinguals with an intermediate level of proficiency). Moreover, for task modality, almost all studies used a written presentation format, making the two

levels of the factor largely unbalanced. These limitations should be overcome by future empirical investigations.

Finally, a possible route for future research regards a potential moderating effect of language distance on the occurrence or magnitude of the FLE. It is indeed possible that typological similarity between (a bilingual's) two languages plays an additional role in shaping judgments in conditions of risk and moral conflict. A precondition to test this hypothesis, however, is to gather sufficient consensus towards a working metric of typological similarity between languages.

Conclusions

There are still several pending issues relating to the FLE that need to be tackled to push forward research and its potential applications. We reported a significant effect of FL across decision-making contexts involving risk and moral conflict. However, we failed to report any effect of the moderator variables that prior research allowed us to test, which did not help to challenge interpretations to previous FLE findings. In order to adjudicate between alternative accounts, future research will have to further investigate the potential impact of bilingual experience by carefully measuring participants' L2 proficiency and exposure, as well as by considering more extreme groups such as simultaneous bilinguals. Also, alternative accounts may be ruled out by integrating behavioral evidence with physiological and neuroimaging data, as well as by extending FLE research to other decision-making contexts and classes of heuristics.

Supplementary Material. For supplementary material accompanying this paper, visit <https://doi.org/10.1017/S1366728921001012>

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