

ventions, but it is not yet clear what are the mechanisms of effectiveness of integrated treatment. It is important that future research shift from studies of group efficacy to individual efficacy of treatments, in the perspective of precision medicine. Issues related to individual predictors of effectiveness and of interactions between specific pharmacologic, specific cognitive remediation technique and individual patients' characteristics should be furtherly addressed.

**Disclosure:** In the last two years, Prof Vita received, directly or indirectly, support for clinical studies or trials, conferences, consultancies, Congress presentations, advisory boards from: Angelini, Boehringer Ingelheim, Innovapharma, Janssen-Cilag, Lundbeck,

**Keywords:** schizophrénia; pharmacological treatment; Cognitive dysfunctions; Cognitive remediation

## W0019

### Discussion on Assessment and Treatment of Cognitive Impairment and New Developments of Cognitive Remediation in Schizophrenia.

T. Wykes

King's College London, Institute Of Psychiatry, Psychology And Neuroscience, London, United Kingdom  
doi: 10.1192/j.eurpsy.2022.165

Cognitive impairment is conceptualised in different ways and the discussion will highlight differences and similarities. The importance of these cognitive impairments for choosing specific or generic cognitive remediation therapies will be highlighted as well as the need to consider social cognition and metacognition as potentially more important ingredients for improving recovery.

**Disclosure:** No significant relationships.

**Keywords:** schizophrenia; cognitive remediation; psychological therapy

### How can we Improve Psychiatric Training in Women's Mental Health?

## W0020

### What are the Training Needs of Mental Health and other Healthcare Professionals in Women's Mental Health?

E. Sönmez Güngör

Erenköy Mental Health Training and Research Hospital, Psychiatry, İstanbul, Turkey  
doi: 10.1192/j.eurpsy.2022.166

Women's mental health deals with, but not limited to, various aspects of psychiatric disorders in women, across the lifespan. The differential influence of gender and gender related indirect factors on mental ill-health has been researched and established for at least three decades. However, this topic is seldomly considered to be included in the structured curricula of psychiatric training. Several institutions provide temporary, CME-linked courses and

other training opportunities. Yet, in many countries it is not part of a core program, whereas in common mental disorders, it is women who predominate. In this talk, a special focus will put on the training needs of psychiatrists and other mental health professionals regarding women's mental health, especially perinatal mental health and psychopharmacology during pregnancy and lactation. Another important aspect is the impact of intimate partner violence on the mental (and general) wellbeing of women, which despite being encountered by around 1 out of 3 women worldwide, is still poorly addressed and treated. Some other contemporary aspects such as the mental health of immigrant women, will also be discussed.

**Disclosure:** No significant relationships.

**Keywords:** women's mental health; training in psychiatry; perinatal mental health

## W0021

### Recent Trends in Russian Psychiatry with Particular Emphasis on Training in Women's Mental Health

N. Semenova<sup>1\*</sup> and N. Ilina<sup>2</sup>

<sup>1</sup>Moscow Research Institute of Psychiatry, Laboratory Of Psychological Counseling And Psychotherapy, Moscow, Russian Federation and <sup>2</sup>Psychiatry and Psychotherapy Centre "Granatmc MC", Administration, Moscow, Russian Federation

\*Corresponding author.

doi: 10.1192/j.eurpsy.2022.167

There will be two main foci to this presentation. Firstly, Designing and implementing a new educational program entitled "Women victims of domestic violence: Detection, clinic, help" – that is mainly based on the teaching of several modules, WPA International Curriculum for Mental Healthcare Providers on Violence Against Women. Our program is a follow-on to the one held during the COVID-19 pandemic restrictions, at which interest was expressed in sharing ideas and resources. Secondly, Informing on the recent trends in Russian perinatal psychiatry. This covers the psychiatric training in the assessment domain, case management, and service evaluation. We will introduce and review some resources for use in women's mental health practicals, propose innovative pedagogical structures for practical teachings, such as Problem Based Learning, 'Vicarious Learning,' and encourage discussion of how the practical aspects of women's mental health teaching can be supported and enhanced. Teaching modules and training pathways will be delivered ("not too much; not too little and in the right order"), and dimensions of quality in continuing professional development in women's mental health (i.e., Sophistication, Credibility, Timeliness, and Utility) will be outlined. This will be followed by a discussion exploring the different prioritization of the teaching modules across various organizations. We urge our audience to consider it is time for psychiatric training in women's mental health to move from the margins to the center.

**Disclosure:** No significant relationships.

**Keywords:** training pathways; psychiatric training; women's mental health; Russian psychiatry