

PSYCHOMETRIC PROPERTIES OF THE RUSSIAN VERSION OF THE STRESS VULNERABILITY QUESTIONNAIRE - 23QVS (SERRA, 2000), IN A SAMPLE OF 556 RUSSIAN-SPEAKING IMMIGRANTS IN PORTUGAL

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Introduction: In literature, individual vulnerability to stress is a predictive factor of a higher risk of developing stress-related disorders and mental health problems. The Stress Vulnerability Questionnaire (23QVS; Serra, 2000, 2004) is a 23-item scale, measuring vulnerability to emotional and social adverse and stressful situations, and overall life satisfaction.

Objectives: The purpose of this study was to assess the psychometric properties of a Russian version of the 23QVS in a sample of Russian-speaking immigrants residing in Portugal.

Methods: The 23QVS was administered to Russian-speaking immigrants in 12 Local Immigrant Support Centers in Portugal, along with a number of other self-report tests as part of a larger mental health status immigrants' study.

Results: The Russian version of the 23QVS has an internally consistent measure Cronbach's α , .710 for the total scale (Item 7 was excluded). PCA was carried out in order to re-examine the factor structure of the scale. Seven factors were identified, overall matching the ones foreseen by the author of the scale.

Conclusions: The findings suggest that the Russian version of the 23 QVS addressed adequately the original concepts and dimensions, and demonstrated a high level of equivalence with the original version.