- years of follow-up of a population-based cohort. Psychol Med 2012; 42: 1321–8
- 38 Carra G, Johnson S. Variations in rates of comorbid substance use in psychosis between mental health settings and geographical areas in the UK. A systematic review. Soc Psychiatry Psychiatr Epidemiol 2009; 44: 429–47.
- **39** Owens DC, Johnstone EC, Miller P, Macmillan JF, Crow TJ. Duration of untreated illness and outcome in schizophrenia: test of predictions in relation to relapse risk. *Br J Psychiatry* 2010; **196**: 296–301.
- **40** Office for National Statistics. *Ethnicity and National Identity in England and Wales 2011*. Office for National Statistics, 2012.
- 41 Kirkbride JB, Errazuriz A, Croudace TJ, Morgan C, Jackson D, Boydell J, et al. Incidence of schizophrenia and other psychoses in England, 1950–2009: a systematic review and meta-analyses. Plos One 2012; 7: e31660.
- 42 Power P, Iacoponi E, Reynolds N, Fisher H, Russell M, Garety P, et al. The Lambeth Early Onset Crisis Assessment Team Study: general practitioner education and access to an early detection team in first-episode psychosis. Br J Psychiatry 2007; 191 (suppl 51): s133–9.
- 43 Adebowale V. Independent Commission on Mental Health and Policing. Independent Commission on Mental Health and Policing, 2013.
- **44** Wessely S. The Camberwell Study of Crime and Schizophrenia. *Soc Psychiatry Psychiatr Epidemiol* 1998; **33** (suppl 1): S24–8.
- 45 Hickling FW, McKenzie K, Mullen R, Murray R. A Jamaican psychiatrist evaluates diagnoses at a London psychiatric hospital. *Br J Psychiatry* 1999; 175: 283–5.



Offerings

Cate Bailey

On the ward Christmas gleams in glittering delirium. She and I; the last awake, sit half watching the TV, the fallen side of her face cast in the cyanosed glow of a school nativity. Tonight she does not speak of the sun's rays burning through her, the hum of electricity in her mind, of gods or other devils.

I had a baby, she says as simply as one might offer milk with tea or spread out a clean sheet. He was taken from me.

I know these things, on paper, in files, unauthored statements of fact handed down, unquestioned, and unasked.

Almost biblical; her thirty volumes of loss.

But I do not know the sorrow, the neat, coherent stab of it.

I reach for her
And blindly graze the mollusk sheen of her forearm,
the pearly edge of scars.
I cannot bear to look at the exquisite truth —
the shear and shimmering grief
garishly illuminated with each pulse of fairy lights;
red, yellow, blue.

My bleep chimes; the false release of someone else's need. I mumble empty-handed apologies and her expression returns to a blunt vacancy. In that instant she closes like a seam; caving inward to her muted shelter, away from the taunting chorus of other people's children.

In the corridor the soft procession of dinner trolleys depart, the distant carol of crockery sinks underwater and I rush winded into the barren night.

The British Journal of Psychiatry (2015) 207, 529. doi: 10.1192/bjp.bp.114.159665