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CPD ONLINE

CPD Online is an e-learning resource offered by the Royal College of Psychiatrists. The website contains a range of learning modules and podcasts that provide a flexible, interactive way of keeping up to date with progress in mental health. College members may use CPD Online for up to 25 CPD points in the UK. Access to the modules is through annual subscription, but we offer a series of free trial modules. For more information, visit the CPD Online website: www.psychiatrycpd.org.

Recent modules and podcasts

Hoarding disorder: symptoms, diagnosis and management

Traditionally, hoarding was considered a symptom of obsessive-compulsive disorder (OCD), but in 2013, DSM-5 introduced hoarding disorder as a new diagnostic entity. This module covers the clinical presentation of hoarding disorder, its epidemiology and aetiology. It also explains how to carry out a diagnostic assessment and discusses the current best evidence-based strategies for treatment and multi-agency management. **CPD credits: 1**



Podcast Crystalline methamphetamine: risks, harms and interventions

In recent years, concerns about crystalline methamphetamine use have increased in many countries. Taking the drug regularly can lead to dependence, anxiety, depression, psychosis and, in some cases, overdose deaths. Professor Michael Farrell discusses the associated harms and possible preventive strategies. **CPD credits: 0.5**



Podcast People who hear voices – what happens to them?

Dr Kelly Dieren discusses the findings of her latest research published in the academic journal *Psychological Medicine*, which follows up a group of adults who hear voices but who are not formally diagnosed as psychotic. What happens to these people over a time? **CPD credits: 0.5**



Rapid tranquillisation in children and adolescents

This module will help you to understand how to manage violence in young people and adolescents. It outlines the rapid tranquillisation (RT) guidance for this age group, including the different classes of medication used in RT and their routes of administration. You will also learn about post-RT monitoring and become aware of special circumstances that require additional consideration when RT is used. **CPD credits: 1**

