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The approach of the psychic can be done from the scientific incidence or from the religious incidence. Unfortunately in the last decades, exists more and more a mixture between different and even multiple religious models and scientific elements. Or, it have to be understood that the religious model is based on revelation and faith and is an element belonging to the culture and to the cultural dimensions of the different population groups, with a very important determinism over the behavioral models. These religious models cannot be confused and also cannot be put in antithesis with the models of scientific knowledge, which are based on experiment, repeatability and logical argumentation. Or, right such a scientific model evolve in time, making optimized approximations, beginning from the material support of the neuro-psychical functions to the informational processes. The piece of information itself has levels of different complexity, beginning from the statistic level, semantic level, Gnostic level and heuristic level, the last being specifically human. The role of the speech and of the reflected thinking becomes not only an argument of the human thinking for psychiatrists and psychologists but also an argument of the apparition of human being for anthropologists. This kind of approach, of strict scientific informational modeling has to counteract the circulating pseudo-models with positive and negative energies, which cannot be scientific defined. We highlight that it doesn't exist any contradiction between our religious beliefs and our scientific knowledge, being totally different and disjunctive fields, which can not get in reciprocal contradiction.