

An accessible guide for people with OCD and their loved ones, featuring self-help chapters based on Graded Exposure therapy.

"In this book, Professor Drummond delivers authoritative guidance on how to recognise the symptoms of OCD and what to do about it, in terms of treatments that work with a particular focus on self-management. In so doing, she manages to combine the most up to date research advances with a pragmatic, common-sense approach, all articulated with the clarity and compassion for which she is renowned and illuminated by a wealth of personal 'stories' that bring the book to life."

Professor Naomi A. Fineberg, Professor of Psychiatry, University of Hertfordshire

9781009001946 | Paperback cambridge.org/EverythingOCD



INSTRUCTIONS FOR CONTRIBUTORS

SUBMISSION OF MANUSCRIPTS

Manuscripts should be submitted online via our manuscript submission and tracking site, http://www.editorialmanager.com/psm/. Full instructions for electronic submission are available directly from this site. To facilitate rapid reviewing, communications for peer review will be electronic and authors will need to supply a current e-mail address when registering to use the system.

Papers for publication from Europe (except those on genetic topics, irrespective of country), and all papers on imaging topics, should be submitted to the UK Office.

Papers from the Americas, Asia, Africa, Australasia and the Middle East (except those dealing with imaging topics), and all papers dealing with genetic topics, irrespective of country, should be sent to US Office.

Generally papers should not have text more than 4500 words in length (excluding these sections) and should not have more than a combined total of 5 tables and/or figures. Papers shorter than these limits are encouraged. For papers of unusual importance the editors may waive these requirements. A structured abstract of no more than 250 words should be given at the beginning of the article using the headings: Background; Methods; Results; Conclusions. The name of an author to whom correspondence should be sent must be indicated and a full postal address given in the footnote. Any acknowledgements should be placed at the end of the text (before the References section).

Declaration of Interest: A statement must be provided in the acknowledgements listing all financial support received for the work and, for all authors, any financial involvement (including employment, fees, share ownership) or affiliation with any organization whose financial interests may be affected by material in the manuscript, or which might potentially bias it. This applies to all papers including editorials and letters to the editor.

Contributors should also note the following:

- 1. S.I. units should be used throughout in text, figures and tables.
- 2. Authors should spell out in full any abbreviations used in their manuscripts.
- 3. Foreign quotations and phrases should be followed by a translation.
- 4. If necessary, guidelines for statistical presentation may be found in: Altman DG, Gore SM, Gardner MJ & Pocock SJ (1983). Statistical guidelines for contributors to medical journals. *British Medical Journal* 286, 1489–1493.

REFERENCES The APA referencing system should be used in the text and a complete list of References cited given at the end of the article. In a text citation of a work by more than two authors cite the first author's name followed by et al. In the References section. Where several references are cited together they should be listed in rising date order. The References section should be supplied in alphabetical order listing all authors up to 7 in number, or the first 6 authors plus the last author, date, article title, journal title in full, volume, page numbers and/ or DOI. (authors' names in bold, journal titles in full), following the text. Some examples follow:

Journal article with DOI:

Nevin, A. (1990). The changing of teacher education special education. Teacher Education and Special Education: The Journal of the Teacher Education Division of the Council for Exceptional Children, 13(3-4), 147-148. doi:XXX

Light, M. A., & Light, I. H. (2008). The geographic expansion of Mexican immigration in the United States and its implications for local law enforcement. Law Enforcement Executive Forum Journal, 8, 73–82. doi:XXX

Journal article without DOI (when DOI is not available):

Good, C. D., Johnsrude, I. S., Ashburner, J., Henson, R. N. A., Firston, K. J., & Frackowiak, R. S. J. (2001). A voxel-based morphometric study of ageing in 465 normal adult human brains. NeuroImage, 14, 21–36. Retrieved from http://xxxx

No retrieval date is needed.

Journal article with DOI, more than seven authors:

Gilbert, D. G., McClernon, F. J., Rabinovich, N. E., Sugai, C., Plath, L. C., Asgaard, G., ... Botros, N. (2004). Effects of quitting smoking on EEG activation and attention last for more than 31 days and are more severe with stress, dependence, DRD2 A1 allele, and depressive traits. Nicotine and Tobacco Research, 6, 249–267. doi:XXX

Citations for Websites:

Simmons, B. (2015, January 9). The tale of two Flaccos. Retrieved from http://grantland.com/the-trian...

[Authors are requested to print-out and keep a copy of any online-only material, in case the URL changes or is no longer maintained.]

FIGURES AND TABLES Only essential figures and tables should be included. Further tables, figures, photographs and appendices, may be included with the online version on the journal website. To ensure that your figures are reproduced to the highest possible standards, Cambridge Journals recommends the following formats and resolutions for supplying electronic figures. Please ensure that your figures are saved at final publication size and are in our recommended file formats. Following these guidelines will result in high quality images being reproduced in both the print and the online versions of the journal. **Line artwork:** Format: tif or eps, Colour mode: black and white (also known as 1-bit), Resolution: 1200 dpi; **Combination artwork (line/tone):** Format: tif or eps, Colour mode: grayscale (also known as 8-bit), Resolution: 800 dpi; **Black and white halftone artwork:** Format: tif, Colour mode: grayscale (also known as 8-bit), Resolution: 300 dpi; **Colour mode:** CMYK colour, Resolution: 300 dpi. All photographs, graphs, and diagrams should be referred to as figures and should be numbered consecutively in Arabic numerals. Captions for figures should be typed double-spaced on separate sheets. *Tables* Tables should be numbered consecutively in the text in Arabic numerals and each typed on a separate sheet after the References section. Titles should be typed above the table.

PROOFS Page proofs will be sent to the author designated to receive correspondence, corrections other than to printer's errors may be charged to the author. The corresponding author of each paper will receive a PDF file of their article.

PSYCHOLOGICAL MEDICINE

EEG Power spectra and subcortical pathology in chronic

1491

1501

1509

1517

1527

1538

1548

1560

1569

1578

1587

disorders of consciousness

CONTENTS

INVITED REVIEW Depression: why drugs and electricity are not the answer

Depression: why drugs and electricity are not the answer			
Read J & Moncrieff J	1401	Lutkenhoff ES, Nigri A, Sebastiano DR, Sattin D, Visani E, Rosazza C,	
INVITED COMMENTARY		D'Incerti L, Bruzzone MG, Franceschetti S, Leonardi M, Ferraro S & Monti MM	1
Depression is both psychosocial and biological; antidepressants are both effective and in need of improvement; psychiatrists are both caring human beings and doctors who prescribe medications. Can we all agree on this? a commentary on 'Read & Moncrieff – depression: why drugs and electricity are not the answer'		The puzzle of quality of life in schizophrenia: putting the pieces together with the FACE-SZ cohort Ehrminger M, Roux P, Urbach M, André M, Aouizerate B, Berna F, Bohec A-L, Capdevielle D, Chéreau I, Clauss J, Dubertret C, Dubreucq J, Fond G, Honciuc R-M, Lançon C, Laouamri H, Leigner S, Mallet J,	
Pariante CM	1411	Misdrahi D, Pignon B, Rey R, Schürhoff F, Members of the FACE-SCZ	
COMMENTARIES		Group, Passerieux C & Brunet-Gouet E	1
Beyond problematic binaries in mental healthcare: a commentary on Read & Moncrieff – depression: why drugs and electricity are not the answer		Comparing psychotic experiences in low-and-middle-income- countries and high-income-countries with a focus on measurement invariance Jaya ES, Wüsten C, Alizadeh BZ, van Amelsvoort T, Bartels-Velthuis AA,	
Aftab A, Huda AS & Meechan C	1414	van Beveren NJ, Bruggeman R, Cahn W, de Haan L, Delespaul P,	
ECT is evidence-based – a commentary on depression: why drugs and electricity are not the answer		Luykx JJ, Myin-Germeys I, Kahn RS, Schirmbeck F, Simons CJP, van Haren NE, van Os J, van Winkel R, Fonseca-Pedrero E, Peters E,	
Meechan CF, Laws KR, Young AH, McLoughlin DM & Jauhar S	1416	Verdoux H, Woodward TS, Ziermans TB & Lincoln TM	1
Towards a psychiatry fit for purpose. Commentary on: Read and Moncrieff (2022) 'Depression: why drugs and electricity are not the answer'		A randomized controlled trial of cognitive remediation and long-acting injectable risperidone after a first episode of schizophrenia: improving cognition and work/school functioning	
Bracken P	1419	Nuechterlein KH, Ventura J, Subotnik KL, Gretchen-Doorly D,	
Commentary on 'Depression: why drugs and electricity		Turner LR, Casaus LR, Luo J, Boucher ML, Hayata JN, Bell MD & Medalia A	1
are not the answer': We have created a public health disaster Timimi S	1421	Association between genetic and socioenvironmental risk for	
Major depression is a serious and potentially fatal brain syndrome	1421	schizophrenia during upbringing in a UK longitudinal cohort	
Goldberg JF & Nasrallah HA	1423	Newbury JB, Arseneault L, Caspi A, Moffitt TE, Odgers CL, Belsky DW, Sugden K, Williams B, Ambler AP, Matthews T & Fisher HL	1
INVITED LETTER REJOINDER	1120	Context and contact: a comparison of patient and family	
Messing about with the brain: a response to commentaries		engagement with early intervention services for psychosis in India and Canada	
on 'Depression: why electricity and drugs are not the answer'	1 100	lyer SN, Malla A, Taksal A, Maraj A, Mohan G, Ramachandran P,	
Moncrieff J & Read J	1426	Margolese HC, Schmitz N, Joober R & Rangaswamy T	1
ORIGINAL ARTICLES Depression and memory function – evidence from cross-lagged		Relationships between attention to emotion and anxiety among a community sample of adolescents	
Jindra C, Li C, Tsang RSM, Bauermeister S & Gallacher J	1428	Mullin BC, Holzman JBW, Pyle L, Perks EL, Chintaluru Y, Gulley LD, Haraden DA & Hankin BL	1
Familial coaggregation of major psychiatric disorders in	1420	Subgenual activation and the finger of blame: individual	
disorder: a nationwide population-based study Wang HE, Cheng C-M, Bai Y-M, Hsu J-W, Huang K-L, Su T-P, Tsai S-J, Li C-T, Chen T-J, Leventhal BL & Chen M-H	1437	differences and depression vulnerability Lythe KE, Gethin JA, Workman CI, Lambon Ralph MA, Deakin JFW, Moll J & Zahn R Relationship between jumping to conclusions and clinical	1
Adjunctive bright light treatment with gradual advance in unipolar major depressive disorder with evening chronotype – A randomized controlled trial Chan JWY, Lam SP, Li SX, Chau SWH, Chan SY, Chan NY, Zhang JH & Wing YK	1448	outcomes in people at clinical high-risk for psychosis Catalan A, Tognin S, Kempton MJ, Stahl D, de Pablo SG, Nelson B, Pantelis C, Riecher-Rössler A, Bressan R, Barrantes-Vidal N, Krebs M-O, Nordentoft M, Ruhrmann S, Sachs G, Rutten BPF, van Os J, de Haan Lieuwe, van der Gaag M, EU-GEI High	
Alexithymia in autism: cross-sectional and longitudinal		Risk Study, Valmaggia LR & McGuire P	1
associations with social-communication difficulties, anxiety and depression symptoms Oakley BFM, Jones EJH, Crawley D, Charman T, Buitelaar J, Tillmann J, Murphy DG, Loth E & The EU-AIMS LEAP Group	1458	Does smoking cause lower educational attainment and general cognitive ability? Triangulation of causal evidence using multiple study designs	
Psychological distress from early adulthood to early old age:	1400	Gage SH, Sallis HM, Lassi G, Wootton RE, Mokrysz C, Davey Smith G & Munafò MR	1
evidence from the 1946, 1958 and 1970 British birth cohorts Gondek D, Bann D, Patalay P, Goodman A, McElroy E, Richards M & Ploubidis GB	1471	Evaluating the mental health impacts of the COVID-19 pandemic: perceived risk of COVID-19 infection and childhood trauma predict adult depressive symptoms in urban South Africa	
Evaluation of gray matter reduction in patients with typhoon-related posttraumatic stress disorder using	1471	Kim AW, Nyengerai T & Mendenhall E	1
causal network analysis of structural MRI Chen HJ, Qi R, Ke J, Qiu J, Xu Q, Zhong Y, Lu GM & Chen F	1481		

Cambridge Core





MIX Paper from responsible sources FSC[®] C007785

