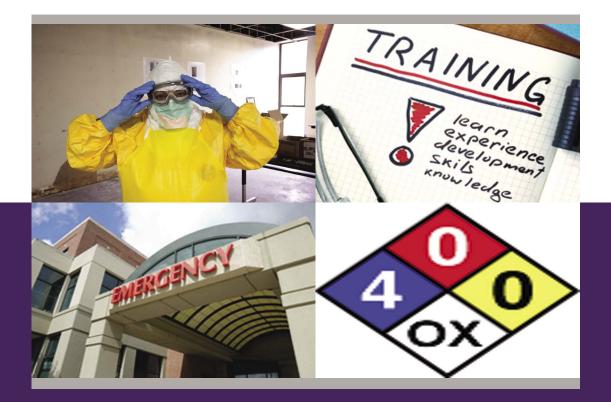
## DISASTER MEDICINE and PUBLIC HEALTH PREPAREDNESS

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The Medical Reserve Corps (MRC) is a national network of community-based groups of volunteers—medical and public health professional and others—who assist their communities in activities that promote and strengthen public health, emergency response, and community resiliency.

Whether you wish to volunteer, be a partner, or just learn more, you simply need to locate and contact the MRC unit nearest you. Here's how to find your MRC:

1. Visit the MRC national Web site at:

#### http://www.medicalreservecorps.gov

- 2. Click on the map at the lower left-hand side of the homepage, where it says, "Find a Unit."
- **3.** On the following page, you may search for your MRC by entering your address or zip code.
- 4. Once you have located the MRC unit nearest you, click on the MRC's name to read their profile and access contact information.
- 5. Call and/or email your local MRC Leader to get started!





## Connect with the MRC

Consider learning more about starting an MRC in your community—or find out who to talk to in your local government to see that happen! Contact the Medical Reserve Corps Program for more information and additional guidance.

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