A NOTE ON CERTAIN EQUIVALENT NORMS ON TSIRELSON'S SPACE

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Abstract. We prove that the norm $\|\cdot\|_n$ of the space $T[S_n, \theta]$ and the norm $\|\cdot\|_n^M$ of its modified version $T_M[S_n, \theta]$ are 3-equivalent. As a consequence, using the results of E. Odell and N. Tomczak-Jaegermann, we obtain that there exists a $K < \infty$ such that for all $n, \|\cdot\|_n^M$ does not K- distort any subspace of Tsirelson's space T.

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1. Introduction. An important and still open question is whether or not there exists a distortable Banach space which is not arbitrarily distortable. The primary candidate for such a space is Tsirelson's space T. It is known that for every $1 < \lambda < 2$, there exists an equivalent norm on T which is a λ -distortion [11]. Tsirelson's space does not belong to any general class of Banach spaces known to be arbitrarily distortable and in fact recent results show that if there exists a distortable not arbitrarily distortable Banach space X, then X must contain a subspace with structure similar to Tsirelson's space. For these and relevant results we refer to the recently published handbooks of Banach spaces [7], [8]. Thus it is of interest to examine all known equivalent norms on T to see if they can arbitrarily distort T or any subspace of T. E. Odell and N. Tomczak-Jaegermann, [10], have begun such examination, by considering on T the equivalent norms $\|\cdot\|_n$ of the spaces $T_n = T[S_n, \frac{1}{2^n}], n \in \mathbb{N}$. They have shown that there exists a constant K > 1 so that for all $n \in \mathbb{N}$, $\|\cdot\|_n$ does not K-distort any subspace Y of T. Some conditions on the equivalent norms of T which imply that they do not distort T, were given earlier in [11]. Our work is a continuation of the work of E. Odell and N. Tomczak-Jaegermann. We consider the modified Tsirelson's space T_M and certain equivalent norms of this space. Modified Tsirelson's space T_M , was introduced by W. B. Johnson [6]. P. Casazza and E. Odell [4], have proved that T_M is isomorphic to the original one. Later S. Bellenot [3], gave an elegant argument that shows that T_M and T are 2-isomorphic. Our work is inspired by the work of S. Bellenot. We consider the norms $\|\cdot\|_n^M$ of the spaces $T_n^M = T_M[S_n, \frac{1}{2^n}]$. These norms are equivalent to the norm of T and have much more complexity than the norms of the spaces $T[S_n, \frac{1}{2^n}]$. It is known that for every $n \in \mathbb{N}$ the spaces $T[S_n, \frac{1}{2^n}]$ and $T_M[S_n, \frac{1}{2^n}]$ are 2^n -isomorphic. Our main result is that for every $0 < \theta < 1$ and every $n \in \mathbb{N}$, the spaces $T[S_n, \theta]$ and $T_M[S_n, \theta]$ are 3-isomorphic. Combining this result with the work of E. Odell and N. Tomczak-Jaegermann it follows that there exists K > 1 so that for every $n \in \mathbb{N}$ the norm $\|\cdot\|_n^M$ does not K-distort any subspace of T.

Section 2 contains the relevant terminology and background material. Otherwise our notation is standard as may be found in [9]. More detailed information about Tsirelson's space and some of its variations can be found in [5].

2. Preliminaries. We denote by c_{00} the linear space of finitely supported sequences, and by (e_i) the unit vector basis of c_{00} . If $x = \sum_i a_i e_i \in c_{00}$, then $\sup x = \{i : a_i \neq 0\}$. If *E* is a subset of \mathbb{N} , then $Ex \in c_{00}$ is defined by $Ex = \sum_{i \in E} a_i e_i$. *X*, *Y*, ... will denote separable infinite-dimensional Banach spaces.

A space $(X, \|\cdot\|)$ is arbitrarily distortable, if for all $\lambda > 1$, there exists an equivalent norm $|\cdot|$ on X such that

$$\sup\left\{\frac{|y|}{|z|}: y, z \in S_Y\right\} > \lambda \text{ for all } Y \subset X.$$
(2.1)

The norm $|\cdot|$ satisfying (2.1) is said to λ -distort X. X is λ -distortable if some norm λ -distorts X. X is distortable if it is λ -distortable for some $\lambda > 1$.

If *M* is a subset of \mathbb{N} , we denote the set of all finite subsets of *M* by $[M]^{<}$. For *E*, *F* \subset \mathbb{N} , we write *E* < *F* (respectively *E* \leq *F*), if max *E* < min *F* (resp. max *E* \leq min *F*) or if either one is empty. A subset $\mathcal{F} \subset [\mathbb{N}]^{<}$ is hereditary if $G \in \mathcal{F}$ whenever $G \subset F \in \mathcal{F}$. \mathcal{F} is spreading if whenever $F = \{n_1, \ldots, n_k\} \in \mathcal{F}$ with $n_1 < \cdots < n_k$ and $m_1 < \cdots < m_k$ satisfies $n_i \leq m_i$ for $1 \leq i \leq k$, then $\{m_1, \ldots, m_k\} \in \mathcal{F}$. \mathcal{F} is compact if it is compact in the product topology in $2^{\mathbb{N}}$. A set \mathcal{F} of finite subsets of \mathbb{N} is called regular if it has all three properties. Given $\mathcal{F} \subset [\mathbb{N}]^{<}$, a sequence of finite subsets $\{E_1, \ldots, E_n\}$ is said to be \mathcal{F} -admissible (resp. \mathcal{F} -allowable) if $\{\min E_1, \ldots, \min E_n\} \in \mathcal{F}$ and $E_i \cap E_j = \emptyset$ for $i \neq j$). Similarly the vectors $x_i \in c_{00}$, $i = 1, \ldots, n$ are said to be \mathcal{F} -admissible (resp. allowable) if the sequence $\{\sup x_1, \ldots, \sup x_n\}$ is \mathcal{F} -admissible (resp. allowable).

If \mathcal{M} and \mathcal{N} are regular subsets of $[\mathbb{N}]^{<}$ we let

$$\mathcal{M}[\mathcal{N}] = \left\{ \bigcup_{i=1}^{k} F_i : F_i \in \mathcal{N} \text{ for all } i \text{ and } \{F_1, \dots, F_k\} \text{ is } \mathcal{M}\text{-admissible} \right\},\$$

and

$$(\mathcal{M})^3 = \{M_1 \cup M_2 \cup M_3 : M_1 < M_2 < M_3 \text{ and } M_1, M_2, M_3 \in \mathcal{M}\}.$$

The Schreier families S_n , $n \in \mathbb{N}$, were introduced in [1], and are defined as follows: $S_0 = \{\{n\} : n \in \mathbb{N}\} \cup \{\emptyset\}, S_1 \equiv S = \{F \subset \mathbb{N} : \#F \le \min F\}$, where #F denotes the cardinality of F. For $n \ge 1$, $S_{n+1} = S_1[S_n]$. It is easy to see that the Schreier families are regular families of finite subsets of \mathbb{N} .

We shall consider also the modified Schreier families S_n^M , $n \in \mathbb{N}$, and their relation to the original ones. Their definition and their relation to the original ones are given in the following lemma from [2] whose proof is provided since the relation of S_n and S_n^M and especially the relation (2.3) below is an essential tool in our proof.

LEMMA 2.1. [2] For $n < \omega$ define the family S_n^M inductively as follows: $S_0^M = S_0 = \{\{n\} : n \in \mathbb{N}\} \cup \{\emptyset\}, S_1^M = S_1 = \{F \subset \mathbb{N} : \#F \le \min F\}$ and for $n \ge 1$,

$$S_{n+1}^{M} = \left\{ \bigcup_{i=1}^{k} F_{i} : F_{i} \in S_{n}^{M} \text{ for all } i \text{ and } \{F_{1}, \dots, F_{k}\} \text{ is } S\text{-allowable} \right\} \cup \{\emptyset\}.$$

Then $S_{n}^{M} = S_{n} \text{ for all } n \in \mathbb{N}.$

Proof. The proof of the lemma is an immediate consequence of the following.

CLAIM. If A_1, \ldots, A_k , $k \in \mathbb{N}$, are pairwise disjoint non-empty sets in S_n with $\min A_1 < \cdots < \min A_k$, then there exist non-empty sets $A'_1 < \cdots < A'_k$ in S_n such that $\bigcup_{i=1}^k A_i = \bigcup_{i=1}^k A'_i$ and $\min A_i \le \min A'_i$ for $i = 1, \ldots, k$.

Proof of the Claim. It is done by induction on \mathbb{N} . For n = 0 it is trivial. Suppose it is true for *n*.

Let $A_1, \ldots, A_k, k \in \mathbb{N}$, be pairwise disjoint non-empty sets in S_{n+1} and min $A_1 < \ldots < \min A_k$. Each A_i is of the form $A_i = \bigcup_{j=1}^{m_i} B_j^i$ where $B_j^i \in S_n$ and, for each i, $m_i \leq B_1^i < B_2^i < \cdots < B_{m_i}^i$. Let $\{B_j\}_{j=1}^{m_1+\cdots+m_k}$ be a rearrangement of the family $\{B_j^i: i = 1, \ldots, k, j = 1, \ldots, m_i\}$, which satisfies min $B_1 < \min B_2 < \cdots < \min B_{m_1+\cdots+m_k}$. It is easy to see that, for every i,

$$\min A_i = \min B_1^i \le \min B_{m_1 + \dots + m_{i-1} + 1}.$$
(2.2)

By the inductive assumption, there exists sets B'_j , $j = 1, ..., m_1 + \cdots + m_k$, with $B'_j \in S_n$, $\bigcup_{j=1}^{m_1 + \cdots + m_k} B'_j = \bigcup_{j=1}^{m_1 + \cdots + m_k} B_j$ and such that $B'_1 < B'_2 < \cdots < B'_{m_1 + \cdots + m_k}$ and min $B_j \leq \min B'_j$ for $j = 1, ..., m_1 + \cdots + m_k$. For i = 1, ..., k, we set

$$A'_i = \bigcup_{j=m_1+\dots+m_{i-1}+1}^{m_1+\dots+m_i} B'_j.$$

Then, $A'_1 < A'_2 < \cdots < A'_k$, $\bigcup_{i=1}^k A'_i = \bigcup_{i=1}^k A_i$, and for each $i = 1, \dots, k$ we have by (2.2),

$$m_i \leq \min B_{m_1 + \dots + m_{i-1} + 1} \leq \min B_{m_1 + \dots + m_{i-1} + 1}$$

so $A'_i \in S_{n+1}$. Moreover, using (2.2) again, we see that

$$\min A_i \leq \min B_{m_1+\dots+m_{i-1}+1} = \min A'_i.$$

This completes the proof of the Claim. The lemma follows.

If \mathcal{F} is a regular family of finite subsets of \mathbb{N} and θ is number with $0 < \theta < 1$, the Tsirelson space $T[\mathcal{F}, \theta]$ is the completion of c_{00} under the implicit norm

$$\|x\| = \max\left\{\|x\|_{\infty}, \theta \sup\left\{\sum_{i=1}^{k} \|E_i x\| : (E_i)_{i=1}^{k} \text{ is } \mathcal{F}\text{-admissible}\right\}\right\}.$$

The modified Tsirelson space $T_M[\mathcal{F}, \theta]$ is the completion of c_{00} under the implicit norm

$$\|x\|_M = \max\left\{\|x\|_{\infty}, \theta \sup\left\{\sum_{i=1}^k \|E_i x\|_M : (E_i)_{i=1}^k \text{ is } \mathcal{F}\text{-allowable}\right\}\right\}.$$

The classical Tsirelson's space is $T \equiv T[S_1, \frac{1}{2}]$, and we write $\|\cdot\|$ for the norm of T. We also consider the modified Tsirelson's space $T_M \equiv T_M[S, \frac{1}{2}]$, whose norm is denoted by $\|\cdot\|_M$. Our main concern are the spaces $T_n \equiv T[S_n, \frac{1}{2^n}]$ and their modified

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version $T_n^M \equiv T_M[S_n, \frac{1}{2^n}]$. We shall denote the norms of these spaces by $\|\cdot\|_n$ and $\|\cdot\|_n^M$ respectively. It is clear from the definitions that $\|x\|_n \leq \|x\|_n^M$ for every $x \in c_{00}$.

We shall also make use of the following alternative definition of the norm of $X = T[\mathcal{F}, \theta]$ and $X_M = T_M[\mathcal{F}, \theta]$, where \mathcal{F} is a regular family of finite subsets of \mathbb{N} , and θ is a number with $0 < \theta < 1$.

Inductively, we define a subset $K = \bigcup_{i=0}^{\infty} K_i$ of B_{X^*} as follows:

$$K_0 = \{\pm e_n : n \in \mathbb{N}\}.$$

Assume that K_j has been defined. We set

$$K_{j+1} = K_j \cup \{ \theta(f_1 + \dots + f_d) : d \in \mathbb{N}, f_i \in K_j, i = 1, \dots, d, \\ \text{and } (f_i)_{i=1}^d \text{ is } \mathcal{F}\text{-admissible} \}.$$

Let $K = \bigcup_{i=0}^{\infty} K_i$. Then K is a norming set for X that is, for $x \in X$,

$$\|x\| = \sup_{f \in K} \langle x, f \rangle.$$

The norming set $K^M = \bigcup_{j=0}^{\infty} K_j^M$ of X_M is defined similarly to K, namely $K_0^M = \{\pm e_n : n \in \mathbb{N}\}$ and for $j \ge 0$,

$$K_{j+1}^M = K_j^M \cup \{ \theta(f_1 + \dots + f_d) : d \in \mathbb{N}, f_i \in K_j^M, i = 1, \dots, d,$$

and $(f_i)_{i=1}^d$ is \mathcal{F} -allowable}.

In what follows, by a tree \mathcal{T} we shall mean a finite set of finite sequences of positive integers, partially ordered by the relation

$$\alpha \prec \beta$$
 iff α is an initial segment of β ,

and with the following property: For every $\alpha \in \mathcal{T}$, $\{\beta : \beta \prec \alpha\} \subseteq \mathcal{T}$. The elements of \mathcal{T} are called nodes. \mathcal{T} has a unique root, the empty sequence which we denote by 0. The length or level of a sequence $\alpha \in \mathcal{T}$ is denoted by $|\alpha|$. The height of \mathcal{T} , denoted by $h(\mathcal{T})$, is the maximum length of the nodes of \mathcal{T} . If $\alpha \in \mathcal{T}$ we denote $S_{\alpha} =$ $\{\beta \in \mathcal{T} : \alpha \prec \beta \text{ and } |\beta| = |\alpha| + 1\}$. The elements of S_{α} are called immediate successors of α . If $\alpha \in \mathcal{T}$ and $S_{\alpha} = \emptyset$ we say that α is terminal node. If $\alpha, \beta \in \mathcal{T}$ and $\beta \prec \alpha$ we say that β is a predecessor of α or α is a successor of β .

Let K be the norming set of the space $T[\mathcal{F}, \theta]$ and K^M be the norming set of its modified version $T_M[\mathcal{F}, \theta]$.

DEFINITION 2.2. Let $\phi \in K$ (resp. $\phi \in K^M$). An analysis of ϕ is a subset $\{f_{\alpha}\}_{\alpha \in \mathcal{T}}$ of *K* (resp. K^M), indexed by a tree \mathcal{T} of finite height, such that:

 $(1) \phi = f_0$

(2) For every $0 \le s \le h(\mathcal{T})$, the elements of the set $\{f_{\alpha} : \alpha \in \mathcal{T} \text{ and } |\alpha| = s\}$ are disjointly supported and $\bigcup_{|\alpha|=s} \operatorname{supp} \phi$.

(3) For every $\beta \in \mathcal{T}$, either $f_{\beta} = \pm e_{m_{\beta}}^{*}$ for some $m_{\beta} \in \mathbb{N}$, if β is a terminal node of \mathcal{T} , or $f_{\beta} = \theta \sum_{\alpha \in S_{\beta}} f_{\alpha}$, and the set $\{f_{\alpha} : \alpha \in S_{\beta}\}$ is \mathcal{F} -admissible (resp. \mathcal{F} -allowable).

It is easy to see that every $\phi \in K$ has an analysis. One of the main properties of the norming set is that it is closed under projections on subsets of \mathbb{N} , (i.e. if $f \in K$ and $E \subset \mathbb{N}$ then $Ef \in K$). This gives us also that (e_i) is an unconditional basis.

Given a functional f and an analysis $(f_{\alpha})_{\alpha \in \mathcal{T}}$ of f, we shall adopt the terminology of the tree for the functionals, i.e. we shall call the functionals f_{α} nodes, if $\beta \prec \alpha$ we shall say that f_{α} is successor of f_{β} and so on.

DEFINITION 2.3. Let $f = (f_{\alpha})_{\alpha \in \mathcal{T}}$ be a subsequence of c_{00} indexed by a tree \mathcal{T} . We say that f or \mathcal{T} is admissible, if for every $\alpha \in \mathcal{T}$ and every $\beta, \gamma \in S_{\alpha}$ with minsupp $f_{\beta} < \text{minsupp } f_{\gamma}$ it holds that supp $f_{\beta} < \text{supp } f_{\gamma}$.

It is easy to see that if \mathcal{T} is admissible and $(\beta_i)_{i \leq n}$ are the nodes in a level of \mathcal{T} such that (minsupp $f_{\beta_i})_{i \leq n}$ is an increasing sequence, we have that $\operatorname{supp} f_{\beta_i} < \operatorname{supp} f_{\beta_{i+1}}$ for every i < n.

The norms $\|\cdot\|_n^M$ are equivalent to the norm $\|\cdot\|_M$ of T_M and it holds that

$$\|x\|_{n}^{M} \le \|x\|_{M} \le 2^{n-1} \|x\|_{n}^{M}.$$
(2.3)

From (2.3) and the 2-equivalence of the norms $\|\cdot\|$ and $\|\cdot\|_M$, ([3, 4]), we get that the norms $\|\cdot\|_n^M$ are equivalent norms on *T*. Let us explain (2.3).

Let f be a functional in the norming set of $T_M[S_n, \frac{1}{2^n}]$ and $(f_\alpha)_{\alpha \in \mathcal{T}}$ be an analysis of f. Using the definition of the modified Schreier family S_n^M , and in particular that $S_n^M = \underbrace{S_1^M[\cdots[S_1^M]\cdots]}_{n-times}$ we define a functional h in the norming set of the space T_M

and an analysis $(h_{\beta})_{\beta \in \mathcal{T}_1}$ of h, so that for every node $f_{\alpha}, \alpha \in \mathcal{T}$, with $|\alpha| = k$ there exists a node $h_{\beta}, \beta \in \mathcal{T}_1$ with $|\beta| = kn$ and $f_{\alpha} = h_{\beta}$. This gives us that the norming set of the space $T_M[S_n, \frac{1}{2^n}]$ is contained in the norming set of the space $T_M[S, \frac{1}{2}]$, and thus the left hand inequality.

In order to get the right hand inequality, for every f in the norming set of the space $T_M[S, \frac{1}{2}]$ and $(f_{\alpha})_{\alpha \in \mathcal{T}}$ an analysis of f, we transform its analysis so that the terminal nodes have levels $n, 2n, 3n, \ldots$

More precisely, let f be a functional and $(f_{\alpha})_{\alpha \in T}$ be an analysis of f. For $x = \sum a_i e_i \in c_{00}$ we set $A = \operatorname{supp} x \cap \{i : e_i^* \text{ is a terminal node of } f\}$. Then we have that

$$f(x) = \sum_{i \in A} \frac{a_i}{2^{r_i}}$$
(2.4)

where r_i is the level of the terminal node e_i^* , $i \in A$ (we may assume that $f(e_i) \ge 0$ and $a_i \ge 0$ since the basis is unconditional).

If $r_i \notin \{n, 2n, ...\}$ we replace e_i^* by $\frac{1}{2l_i}e_i^*$ where $0 < l_i < n$ and $r_i + l_i \in \{n, 2n, ...\}$. This gives us a new tree \mathcal{T}_1 in which all terminal nodes have levels n, 2n, ... Next, for every node f_α with $|\alpha| = 0, n, 2n, ...$ we consider as its immediate successors the S_n -allowable set, $\{f_\beta : \alpha \prec \beta, \beta \in \mathcal{T}_1 \text{ and } |\beta| = |\alpha| + n\}$. This gives us a functional h in the norming set of $T_M[S_n, \frac{1}{2^n}]$, which has the same support as f. This follows from the replacement of the terminal nodes of f. Since every terminal node e_i^* of f have been moved down l_i levels and $0 \le l_i \le n - 1$, we get that

$$f(x) = \sum_{i \in A} \frac{a_i}{2^{r_i}} \le \sum_{i \in A} 2^{l_i} \frac{a_i}{2^{r_i + l_i}} \le 2^{n-1} h(x) \le 2^{n-1} \|x\|_n^M.$$

From (2.4) it is clear that if we change the position of a terminal node in the tree without changing its level, the estimation remains the same. This will be the main ingredient in the proof for the equivalence of the norms $\|\cdot\|_n$ and $\|\cdot\|_n^M$.

3. The spaces T_n and T_n^M are 3-isomorphic. We consider the regular families $\mathcal{A}_n = \{F \subset \mathbb{N} : \#F \leq n\}, n \in \mathbb{N}$, of finite subsets of \mathbb{N} . Let $\mathcal{F}_n = \mathcal{S}_n[\mathcal{A}_2]$. First we shall consider the auxiliary space $Y = T[\mathcal{S}_n[\mathcal{A}_2], \frac{1}{2^n}]$. We prove in Proposition 3.2, that

the spaces T_n and Y are 3-isomorphic. Next we show, Proposition 3.4, that given a functional f in the norming set of the space T_n^M , we can produce a functional g in the norming set of the space Y, that dominates the estimation of f for every $x \in c_{00}$. This will give us that the norm of the space T_n^M is dominated by the norm of the space Y. From the 3-equivalence of the norms of the spaces Y and T_n we get that the spaces T_n and T_n^M are 3-isomorphic.

We begin with an auxiliary lemma.

LEMMA 3.1. Let $n \in \mathbb{N}$. Then it holds that $\mathcal{F}_n[\mathcal{A}_3] = [\mathcal{S}_n[\mathcal{A}_2]][\mathcal{A}_3] \subset (\mathcal{S}_n)^3$.

Proof. We shall prove the result by induction on $n \in \mathbb{N}$. For n = 1,

 $[\mathcal{S}_1[\mathcal{A}_2]][\mathcal{A}_3] = \mathcal{S}_1[\mathcal{A}_2[\mathcal{A}_3]] = \mathcal{S}_1[\mathcal{A}_6].$

Let $k \leq m_1 < \cdots < m_k$ and

$$m_i \le \lambda_{(i-1)6+1} < \lambda_{(i-1)6+2} < \lambda_{(i-1)6+3} < \lambda_{(i-1)6+4} < \lambda_{(i-1)6+5} < \lambda_{6i} < m_{i+1}$$

for every i = 1, ..., k. We set $G = \{\lambda_1, ..., \lambda_{6k}\}$. From the assumptions we have that $k \leq G$. We consider the sets

$$F_1 = \{k, k+1, \dots, 2k-1\}, \quad F_2 = \{2k, 2k+1, \dots, 4k-1\},\$$

$$F_3 = \{4k, 4k+1, \dots, 7k-1\}.$$

Each of the sets F_i , i = 1, 2, 3 belongs to the family S since $\#F_i \le \min F_i$. We may write $G = \bigcup_{i=1}^3 G_i$ where $G_i = \{\lambda_{j+1-k} : j \in F_i\}$ for i = 1, 2, 3. Then G_i is a spreading of F_i and hence belongs to the Schreier family S. Thus $G \in (S_1)^3$.

Assume that the result holds for *n*, i.e. $\mathcal{F}_n[\mathcal{A}_3] = [\mathcal{S}_n[\mathcal{A}_2]][\mathcal{A}_3] \subset (S_n)^3$. Then we have that

$$\mathcal{F}_{n+1}[\mathcal{A}_3] = [\mathcal{S}_{n+1}[\mathcal{A}_2]][\mathcal{A}_3] = \mathcal{S}_1[\mathcal{S}_n[\mathcal{A}_2]][\mathcal{A}_3] = \mathcal{S}_1[\mathcal{F}_n[\mathcal{A}_3]] \subset \mathcal{S}_1[(\mathcal{S}_n)^3] \subset (\mathcal{S}_{n+1})^3$$

The last inclusion relation, i.e. $S_1[(S_n)^3] \subset (S_{n+1})^3$, follows immediately from the associativity of the operation $\mathcal{M}[\mathcal{N}]$, and the fact that $(\mathcal{M})^3 = \mathcal{A}_3[\mathcal{M}]$.

PROPOSITION 3.2. For every $x \in c_{00}$ we have the inequality

$$||x||_n \leq ||x||_Y \leq 3||x||_n$$
.

Proof. An easy inductive argument, using that $S_n \subset S_n[\mathcal{A}_2]$, gives us that the norming set of $T_n = T[S_n, \frac{1}{2^n}]$ is contained in the norming set of $Y = T[S_n[\mathcal{A}_2], \frac{1}{2^n}]$, and hence the left hand inequality.

For the right hand inequality we shall prove that for every functional f in the norming set $K = \bigcup_{j=0}^{\infty} K_j^Y$ of the space Y there exist three functionals g_1, g_2, g_3 in the norming set of the space $T_n = T[S_n, \frac{1}{2^n}]$ so that

$$f(x) \le g_1(x) + g_2(x) + g_3(x), \quad \bigcup_{i=1}^3 \operatorname{supp} g_i \subset \operatorname{supp} f \text{ and } g_1 < g_2 < g_3.$$
 (3.1)

For $f = e_k^* \in K_0^Y$ (3.1) trivially holds. Assume that the result holds for every $f \in K_j^Y$, and let $f = \frac{1}{2^n} \sum_{i \in F} f_i \in K_{j+1}^Y$. Then we have that {minsupp $f_i : i \in F$ } $\in S_n[\mathcal{A}_2]$ and the functionals $(f_i)_{i \in F} \subset K_i^Y$ have successive support.

By the inductive hypothesis for every $i \in F$ there exist three functionals g_i^1, g_i^2, g_i^3 in the norming set of the space $T[S_n, \frac{1}{2n}]$ so that (3.1) holds for f_i and g_i^1, g_i^2, g_i^3 i.e.

$$f_i(x) \le g_i^1(x) + g_i^2(x) + g_i^3(x), \quad \bigcup_{j=1}^3 \operatorname{supp} g_i^j \subset \operatorname{supp} f_i \text{ and } g_i^1 < g_i^2 < g_i^3.$$
 (3.2)

We have that {minsupp $f_i : i \in F$ } $\in S_n[A_2]$ and therefore

{minsupp g_i^1 , minsupp g_i^2 , minsupp $g_i^3 : i \in F$ } $\in [\mathcal{S}_n[\mathcal{A}_2]][\mathcal{A}_3]$.

From Lemma 3.1 we have that {minsupp g_i^1 , minsupp g_i^2 , minsupp $g_i^3 : i \in F$ } $\in (S_n)^3$. Therefore the functional $\frac{1}{2^n} \sum_{i \in F} (g_i^1 + g_i^2 + g_i^3)$ can be written as the sum of the three successive functionals $g_k = \frac{1}{2^n} \sum_{A_k} g_i^j$, k = 1, 2, 3, where $A_1 < A_2 < A_3$ are such that $A_1 \cup A_2 \cup A_3 =$ {minsupp g_i^1 , minsupp g_i^2 , minsupp $g_i^3 : i \in F$ } $\in (S_n)^3$. It follows from (3.2) that

$$f(x) = \frac{1}{2^n} \sum_{i \in F} f_i(x) \le \frac{1}{2^n} \sum_{i \in F} (g_i^1 + g_i^2 + g_i^3)(x) = (g_1 + g_2 + g_3)(x),$$
$$\bigcup_{i=1}^3 \operatorname{supp} g_i \subset \operatorname{supp} f \text{ and } g_1 < g_2 < g_3.$$

Therefore (3.1) holds for f and g_1, g_2, g_3 . This completes the proof.

REMARK 3.3. Let us observe that Proposition 3.2 is independent of the number $\frac{1}{2^n}$, that is, it holds also for the norms of the spaces $T[S_n, \theta]$ and $T[S_n[\mathcal{A}_2], \theta]$, for every $0 < \theta < 1$.

Let f be a functional in the norming set of the space $T_M[S_n, \frac{1}{2^n}]$ and $(f_\alpha)_{\alpha \in \mathcal{T}}$ be an analysis of f. In the next proposition, following the analysis of f, we shall construct a functional g in the norming set of the space $Y = T[S_n[\mathcal{A}_2], \frac{1}{2^n}]$ which gives the same estimation as f. As a consequence we get that $||x||_n^M \leq ||x||_Y$, for every $x \in c_{00}$. Our proof is based on the properties of the tree, and the basic tool in the proof is the notion of the good terminal node, Definition 3.5. The definition of a good terminal and Lemma 3.6, with slight modifications, have been taken from [3], Theorem 2.1, where the terminology good leaf is used instead. Our proof is a descendant of the proof in [3].

PROPOSITION 3.4. Let f be a functional in the norming set of the space $T_M[S_n, \frac{1}{2^n}]$ and $(f_{\alpha})_{\alpha \in T}$ be an analysis of f. Then there exists a functional g in the norming set of the space $Y = T[S_n[\mathcal{A}_2], \frac{1}{2^n}]$ and an analysis $(g_a)_{\alpha \in T_1}$ of g, so that

the trees T and T_1 have the same terminal nodes, and the level of each terminal node is the same in both trees T and T_1 . (3.3)

It follows that $||x||_n^M \le ||x||_Y$ for every $x \in c_{00}$.

Proof. It is clear from (3.3) that the functional g has the same support as f and gives the same estimation. This gives us also that $||x||_n^M \leq ||x||_Y$ for every $x \in c_{00}$.

We shall transform \mathcal{T} in several steps in order to get the functional g. Actually in every step we construct a part of its analysis, starting from the level $h(\mathcal{T})$.

 \square

CLAIM 1. We may transform the analysis $(f_{\alpha})_{\alpha \in \mathcal{T}}$ to satisfy the following:

If
$$\alpha$$
, β are nodes on the same level with minsupp $f_{\alpha} < \text{minsupp } f_{\beta}$ and
 $\gamma \in S_{\alpha}, \delta \in S_{\beta}$ then minsupp $f_{\gamma} < \text{minsupp } f_{\delta}$. (3.4)

In particular the nodes in every level of T are ordered following the natural order of the minimum of their support.

Proof of Claim 1. To achieve this property first note that the nodes in level *j* form an S_{nj} -allowable set, and therefore {minsupp $f_{\alpha} : |\alpha| = j$ } $\in S_{nj}^M$. From Lemma 2.1 we have $S_k^M = S_k$ for every $k \in \mathbb{N}$, and especially the Claim holds. Working from the level $h(\mathcal{T})$ and moving toward the root we rearrange in every step the (new) nodes of every level *j*, so that {minsupp $f_{\alpha} : |\alpha| = j$ } $\in S_{nj}$. This gives us also that the nodes in every level of \mathcal{T} are ordered following the natural order of the minimum of their support.

For any such transformation we obtain new nodes which are also denoted by f_{α} . Lemma 2.1 and the Claim ensure that the new nodes remain functionals in the norming set of the space $T_M[S_n, \frac{1}{2^n}]$.

Note also that if we have arranged the nodes in the *j*-level to be an S_{nj} -admissible set, any such transformation in the (j - 1)-level does not have any affect in the support of nodes in the *j*-level.

Indeed, in the level $h(\mathcal{T})$ we just rearrange the terminal nodes in successive order with respect to their support, while in any level $< h(\mathcal{T})$ any such transformation takes place either between terminal nodes or between terminal nodes and nodes which have successors.

No such operation changes the estimation of the functional, since the terminal nodes do not change level and hence the new functional gives the same estimation. \Box

After we complete these transformations, it is easy to see that the nodes which prevent $(f_{\alpha})_{\alpha \in \mathcal{T}}$ to be an admissible functional are the terminal nodes. To proceed we give the following definitions.

DEFINITION 3.5. A node f_{β} is to the *lower left* of node f_{α} , if $|\beta| \ge |\alpha|$, and if γ is $\beta's$ unique predecessor in the level of α , then minsupp $f_{\gamma} < \text{minsupp } f_{\alpha}$. A terminal node $f_{\alpha} = \pm e_{m_{\alpha}}^*$ is said to be a *good terminal node* if for all nodes f_{β} to the lower left of f_{α} , we have that minsupp $f_{\beta} < \text{minsupp } f_{\alpha}$. If the terminal node is not good, we will say f_{α} is bad.

In the sequel when we consider terminal nodes $f_{\alpha} = \pm e_{m_{\alpha}}^*$ and examine the property of being good or bad terminal node, in many cases we shall omit the sign of $e_{m_{\alpha}}^*$ since this property is independent of the sign.

LEMMA 3.6. If T has only good terminal nodes, then T is admissible.

Proof of Lemma. Let α be a node in \mathcal{T} and $\beta, \gamma \in S_{\alpha}$ so that minsupp $f_{\beta} < \min p_{\gamma}$. Let $\lambda_{\beta} = \max p_{\beta} f_{\beta}$ and $m_{\gamma} = \min p_{\gamma} f_{\gamma}$. It follows that $e_{\lambda_{\beta}}^{*}$ and $e_{m_{\gamma}}^{*}$ are terminal nodes. We need to show that $e_{\lambda_{\beta}}^{*} < e_{m_{\gamma}}^{*}$ which is equivalent to maxsupp $f_{\beta} < \min p_{\gamma}$. If $|e_{\lambda_{\beta}}^{*}| \ge |e_{m_{\gamma}}^{*}|$ it follows from (3.4) that $e_{\lambda_{\beta}}^{*}$ is to the lower left of $e_{m_{\gamma}}^{*}$.

Indeed, let $\{f_{\beta} = f_{\beta_1} \prec f_{\beta_2} \prec \cdots \prec f_{\beta_m} = e_{\lambda_{\beta}}^*\}$ be the predecessors of $e_{\lambda_{\beta}}^*$ until the level of f_{β} , and $\{f_{\gamma} = f_{\gamma_1} \prec f_{\gamma_2} \prec \cdots \prec f_{\gamma_k} = e_{m_{\gamma}}^*\}$ be the predecessors of $e_{m_{\gamma}}^*$ until the level of f_{γ} . Since $|e_{\lambda_{\beta}}^*| \ge |e_{m_{\gamma}}^*|$, it follows that $k \le m$. Inductively, from (3.4), we get that

minsupp $f_{\beta_i} < \text{minsupp } f_{\gamma_i}$ for every $i \le k$. Since $e_{\lambda_\beta}^*$ is a successor of f_{β_k} we get that $e_{\lambda_\beta}^*$ is to the lower left of $e_{m_\nu}^*$ and therefore $e_{\lambda_\beta}^* < e_{m_\nu}^*$, since $e_{m_\nu}^*$ is a good terminal.

If $|e_{\lambda_{\beta}}^*| < |e_{m_{\gamma}}^*|$, let f_{δ} be the predecessor node of $e_{m_{\gamma}}^*$ in the level of $e_{\lambda_{\beta}}^*$. Let $m_{\delta} = \text{minsupp } f_{\delta}$. From the definition of the analysis it holds that $e_{m_{\delta}}^* \le e_{m_{\gamma}}^*$, and from property (3.4), as in the previous case, it follows easily that $e_{\lambda_{\beta}}^* < e_{m_{\delta}}^*$ and hence $e_{\lambda_{\beta}}^* < e_{m_{\gamma}}^*$.

Our aim is to transform \mathcal{T} in such a way that it contains only good terminal nodes, but losing the admissibility in the way that every node to have at most $S_n[\mathcal{A}_2]$ -admissible immediate successors, and obtaining the same estimation.

INDUCTIVE HYPOTHESIS. Assume that we have transformed \mathcal{T} in such way so that for the levels $\geq h(\mathcal{T}) - i$, $i \geq 0$, the following holds:

(1) The terminal nodes in the levels $\geq h(T) - i$ are good terminal nodes.

(2) Every node f_{α} in the levels $\geq h(T) - i$ belongs to the norming set of the space Y.

(3) For every node f_{α} in the levels $\geq h(\mathcal{T}) - i - 1$, the set $\{f_{\beta} : \beta \in S_{\alpha}\}$ is $S_n[\mathcal{A}_2]$ -admissible if i > 0, and S_n -admissible if i = 0.

(4) For every node f_{α} in the levels $< h(\mathcal{T}) - i - 1$, the set $\{f_{\beta} : \beta \in S_{\alpha}\}$ is S_n allowable.

Properties (2) and (3) give us also that every node in level h(T) - i - 1 is also in the norming set of the space Y.

For i = 0 properties (1) and (3) are consequences of (3.4), while property (2) follows from the definitions of the norming sets.

Assume that the inductive hypothesis holds for some $i \ge 0$. We shall transform the tree so that all the terminal nodes in the level $h(\mathcal{T}) - i - 1$ become good terminal nodes. Let $f_{\alpha} = \pm e_{m_{\alpha}}^{*}$ be a bad terminal node in the level $h(\mathcal{T}) - i - 1$, such that minsupp $f_{\alpha} \le \text{minsupp } f_{\gamma}$ for all the bad terminals nodes f_{γ} in the level $h(\mathcal{T}) - i - 1$.

Then we have that all the terminal nodes f_{β} with $|\beta| = |\alpha|$ and minsupp $f_{\beta} < \min p_{\alpha}$ are good. Also from the inductive hypothesis we have that for all the terminal nodes f_{β} , with $|\beta| > |\alpha|$ are good.

Let f_{β} be the node on the level of α with largest minsupp $f_{\beta} < \text{minsupp } f_{\alpha}$. Such a node exists otherwise there is nothing to the lower left of f_{α} and f_{α} would be a good terminal node. Also $S_{\beta} \neq \emptyset$, otherwise f_{β} would be a good terminal node and anything to the lower left of f_{α} would also be to the lower left of f_{β} , which would imply that f_{α} is also a good terminal node.

Let $m_{\beta} = \text{minsupp } f_{\beta}$. Since $\pm e_{m_{\beta}}^{*}$ is a good terminal node it follows that for every node f_{γ} to the lower left of f_{β} it holds that max supp $f_{\gamma} < \text{minsupp } f_{\beta}$.

Indeed let f_{γ} be a node to the lower left of f_{β} . If $|\gamma| = |\beta|$ and f_{γ} is terminal node, it follows readily that maxsupp $f_{\gamma} = \text{minsupp } f_{\gamma} < \text{minsupp } f_{\beta}$. If $|\gamma| \ge |\beta|$ and f_{γ} has successors or $|\gamma| > |\beta|$ and f_{γ} is a terminal node, then from the inductive hypothesis we have that $\pm e_{\lambda_{\gamma}}^*$, where $\lambda_{\gamma} = \text{maxsupp } f_{\gamma}$, is a good terminal node. Arguing as in Lemma 3.6, we get that maxsupp $f_{\gamma} < \text{minsupp } f_{\beta}$.

From this observation and (3.4) we get that any node that causes $f_{\alpha} = \pm e_{m_{\alpha}}^{*}$ to be a bad terminal node is successor of f_{β} .

Let E_{β}^{1} be the interval [minsupp f_{β}, m_{α}) of \mathbb{N} and E_{β}^{2} be the interval $(m_{\alpha}, \text{massupp } f_{\beta}]$. We set $f_{\beta}^{1} = E_{\beta}^{1}f_{\beta}$ and $f_{\beta}^{2} = E_{\beta}^{2}f_{\beta}$. By the inductive hypothesis f_{β} belongs to the norming set of the space Y, and therefore $f_{\beta}^{1}, f_{\beta}^{2}$ belong also to the norming set of Y (see comment after Definition 2.2). Since the intervals $E_{\beta}^{1}, E_{\beta}^{2}$ is a

partition of the support of f_{β} , we have that $f_{\beta} = f_{\beta}^{1} + f_{\beta}^{2}$ and moreover by the choice of these intervals it holds that $f_{\beta}^{1} < f_{\alpha} = e_{m_{\alpha}}^{*} < f_{\beta}^{2}$. We replace the node f_{β} and its successors by f_{β}^{1} and the successors of f_{β}^{1} , i.e. we take the intersection of the successors of f_{β} with the interval E_{β}^{1} .

Note that this replacement of f_{β} by the node f_{β}^1 changes automatically the immediate predecessor f_{δ} of f_{β} to f_{δ}^1 . It follows readily that minsupp $f_{\delta} = \text{minsupp } f_{\delta}^1$ and hence this replacement changes neither the number nor the admissibility of the nodes of the previous levels.

We have now to add f_{β}^2 and its successors, which are the intersection of the successors of f_{β} with the interval E_{β}^2 , as nodes of the tree, and this in combination with the replacement of f_{β} by f_{β}^1 will give us the new tree. Let

$$\mathcal{A} = \{ \gamma \in \mathcal{T} : |\gamma| = |\alpha| \text{ and minsupp } f_{\alpha} \leq \text{minsupp } f_{\gamma} \}$$

and enumerate the elements of \mathcal{A} as $\alpha_1 = \alpha, \alpha_2, \ldots$ so that the sequence (minsupp $f_{\alpha_i})_{i \ge 1}$ is increasing.

For the nodes in A which have successors the following key property holds:

If $\alpha_i \in \mathcal{A}$ and f_{α_i} has successors then maxsupp $f_{\beta}^2 = \text{maxsupp } f_{\beta} < \text{minsupp } f_{\alpha_i}$ (3.5)

Indeed, let $\alpha_i \in \mathcal{A}$ be such that f_{α_i} has successors. Then if $m_{\alpha_i} = \text{minsupp } f_{\alpha_i}$ it holds that $e^*_{m_{\alpha_i}}$ is a good terminal node, since $|f_{\alpha}| < |e^*_{m_{\alpha_i}}|$. Also $e^*_{\lambda_{\beta}}$, where $\lambda_{\beta} = \text{massupp } f_{\beta}$, is a terminal node. Arguing as in the proof of Lemma 3.6 we get that either $e^*_{\lambda_{\beta}}$ is to the lower left of $e^*_{m_{\alpha_i}}$ and hence $e^*_{\lambda_{\beta}} < e^*_{m_{\alpha_i}}$ or $e^*_{\lambda_{\beta}} < \min p_{\delta}$, where f_{δ} is the predecessor of $e^*_{m_{\alpha_i}}$ in the level of $e^*_{\lambda_{\beta}}$. Thus in any case we have that $e^*_{\lambda_{\beta}} < e^*_{m_{\alpha_i}}$ or equivalently massupp $f_{\beta}^2 = \max p_{\beta} < \min p_{\alpha_i}$.

Let

$$j = \max\left\{i : \text{minsupp } f_{\alpha_i} < \text{minsupp } f_{\beta}^2\right\}.$$
(3.6)

From (3.5) it follows that f_{α_i} , $i \leq j$, are terminal nodes. In order to preserve (3.4), f_{β}^2 must be added between f_{α_i} and $f_{\alpha_{i+1}}$.

We add f_{β}^2 to the immediate successors of the predecessor node f_{δ} of f_{α_j} and the successors of f_{β}^2 are the intersection of the successors of f_{β} (3.7) with the interval E_{β}^2 .

Note that since we add f_{β}^2 after the terminal node f_{α_j} , and as an immediate successor of the predecessor node f_{δ} of the terminal node, any such operation changes neither the number nor the admissibility of the nodes of the previous level. This gives us that property (4) of the inductive hypothesis holds. This completes the inductive step.

Let T_1 be the resulting tree. Every terminal node in T is on the same level in T_1 . The condition (3.4) remains true in T_1 by construction. We have to show now that any such transformation does not change a good terminal node in the levels $\geq h(T) - i$ into a bad terminal node.

CLAIM 2. If f_{γ} is a good terminal node in \mathcal{T} with $|\gamma| > |\alpha|$ or $|\gamma| = |\alpha|$ and minsupp $f_{\gamma} < \text{minsupp } f_{\alpha}$, then f_{γ} remains good terminal node in \mathcal{T}_1 .

Proof of Claim 2. Let f_{γ} be a good terminal node in \mathcal{T} with $|\gamma| > |\alpha|$ or $|\gamma| = |\alpha|$ and minsupp $f_{\gamma} < \text{minsupp } f_{\alpha}$. Let $f_{\beta} \in \mathcal{T}_1$ be a node which is to the lower left of f_{γ} . Then there is a node f_{δ} in \mathcal{T} to the lower left of f_{γ} such that either $f_{\beta} = f_{\delta}$ or f_{β} is the projection of f_{δ} onto E_{β}^1 or E_{β}^2 . If $|\gamma| = |\alpha|$ then it follows from the choice of α that maxsupp $f_{\delta} < \text{minsupp } f_{\gamma}$, and if $|\gamma| > |\alpha|$ then it follows from the inductive hypothesis. Hence maxsupp $f_{\beta} < \text{minsupp } f_{\gamma}$, and f_{γ} is a good terminal node in \mathcal{T}_1 .

We repeat the above steps, changing a bad terminal node into a good terminal one, for all the bad nodes in the level h(T) - i - 1. Since the nodes in the level h(T) - i - 1 is an $S_{n(h(T)-i-1)}$ allowable set and hence finite, a finite number of such transformations will turn every bad terminal node into a good.

In the final step we check that the tree T_1 satisfies properties (1)–(4) of the inductive hypothesis.

CLAIM 3. The tree T_1 satisfies properties (1)–(3) of the inductive hypothesis, in every level $\geq h(T) - i - 1$ and property (4) in every level < h(T) - i - 2

Proof of Claim 3. Property (1) follows from Claim 2. Property (2) is a consequence of the inductive hypothesis and the properties of the norming set (see remark after Definition 2.2).

From the construction it follows that in the level $h(\mathcal{T}) - i - 1$ of \mathcal{T} we add at most one node after each of its terminal nodes. Therefore after we complete the transformations in the level $h(\mathcal{T}) - i - 1$, and f_{δ} is a node in the tree \mathcal{T} in the level $h(\mathcal{T}) - i - 2$, with \mathcal{S}_n -allowable immediate successors in the level $h(\mathcal{T}) - i - 1$, then the immediate successors of (the new) f_{δ} in the new tree is at most $\mathcal{S}_n[\mathcal{A}_2]$ -admissible set. The admissibility of the successors, that is they have successive support, follows from proof of Lemma 3.6. Therefore property (3) also holds. Also as we have already observe in the proof of the inductive step, any such transformation changes neither the number nor the admissibility of the nodes in the level $h(\mathcal{T}) - i - 2$ and hence property (4) also holds.

A finite number of such transformations will give us a new tree \mathcal{T}_1 and a functional $(g_{\alpha})_{\alpha \in \mathcal{T}_1}$ in the norming set of *Y*, which is admissible and satisfies (3.3). This completes the proof of Proposition 3.4.

Let us observe that the proof of Proposition 3.4 is independent of the number $\frac{1}{2^n}$, that is, it holds also for the spaces $T_M[S_n, \theta]$ and $T[S_n[\mathcal{A}_2], \theta]$ for every $0 < \theta < 1$. Since Proposition 3.2 is also independent of the number $\frac{1}{2^n}$, Remark 3.3, combining Propositions 3.2 and 3.4 we have the following theorem.

THEOREM 3.7. Let $n \in \mathbb{N}$ and $0 < \theta < 1$. Then the spaces $T_M[S_n, \theta]$ and $T[S_n, \theta]$ are 3-isomorphic.

As we have mentioned, the special case of Theorem 3.7 when n = 1 has been proved in [3] and [4]. The isomorphic constant they provide is a function of θ .

Let us now turn to the distortion problem. E. Odell and N. Tomczak-Jaegermann [10], have introduced for every $n \in \mathbb{N}$, the following equivalent norms on Tsirelson's space:

$$\|x\|_{j}^{n} = \max\left\{\|x\|_{\infty}, \frac{1}{2^{j}}\sup\left\{\sum_{i\in F}\|E_{i}x\|_{n}: \{E_{i}: i\in F\} \text{ is } \mathcal{S}_{j}\text{-admissible}\right\}\right\}$$

for j = 0, 1, ..., n - 1. The main result of E. Odell and N. Tomczak-Jaegermann in [10], is that there exists a constant K so that the norms $\|\cdot\|_j^n$ do not K- distort any subspace of T. More precisely they have proved the following result.

THEOREM. (E. Odell and N. Tomczak-Jaegermann) There exists a constant K, so that for all $Y \prec T$ and $n \in \mathbb{N}$ there exist $Z \prec Y$ and d > 0 such that for all $0 \leq j < n$ and $z \in S_Z$,

$$d \le \|z\|_j^n \le Kd.$$

Let us define the modified version, $\|\cdot\|_{i,n}^M$ of the previous norms:

$$\|x\|_{j,M}^{n} = \max\left\{\|x\|_{\infty}, \frac{1}{2^{j}}\sup\left\{\sum_{i\in F}\|E_{i}x\|_{n}^{M}: \{E_{i}: i\in F\} \text{ is } \mathcal{S}_{j}\text{-allowable}\right\}\right\}$$

for j = 0, 1, ..., n - 1. Combining the theorem of E. Odell and N. Tomczak-Jaegermann and the 3-equivalence of the norms $\|\cdot\|_n$ and $\|\cdot\|_n^M$, $n \in \mathbb{N}$ we have the following theorem.

THEOREM 3.8. There exist a constant K > 1 so that for all $Y \prec T$ and $n \in \mathbb{N}$ there exists $Z \prec Y$ and d > 0 so that for every $z \in S_Z$,

$$d \le \|z\|_{i,M}^n \le Kd.$$

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